St. Ambrose Episcopal Church

July 12, 2026

The Seventh Sunday after Pentecost

900 Edgewater Blvd
Foster City, CA 94404
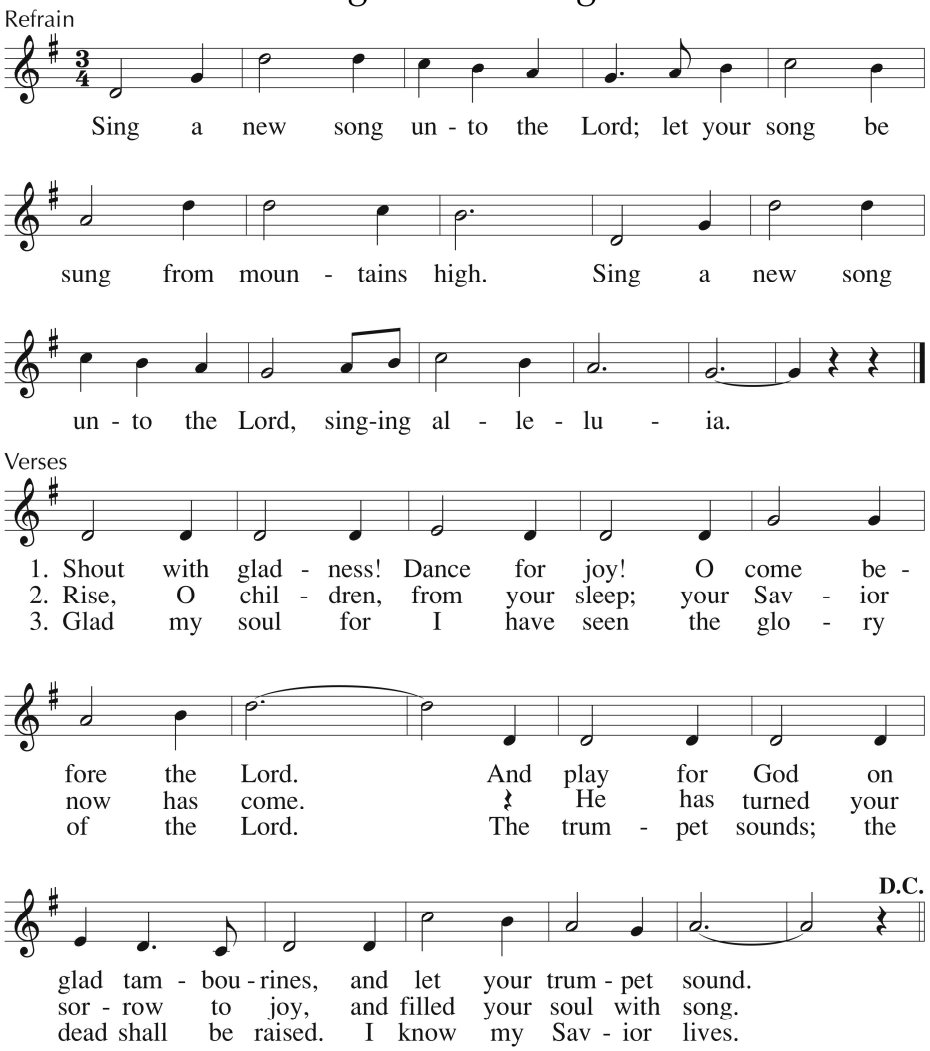
(650) 574-1369 - office@stambrosefostercity.org - http://www.stambrosefostercity.org
Priest-In-Charge • *pastoral calls and emergencies* The Rev. Rebecca Goldberg 650 291-5289
revrebecca@stambrosefostercity.org

THE LITURGY OF THE WORD

PRELUDE: Jesus bleibet meine Freude **J.S.Bach**

PROCESSIONAL #537 Sing a New Song unto the Lord *Gather*

Sing a New Song



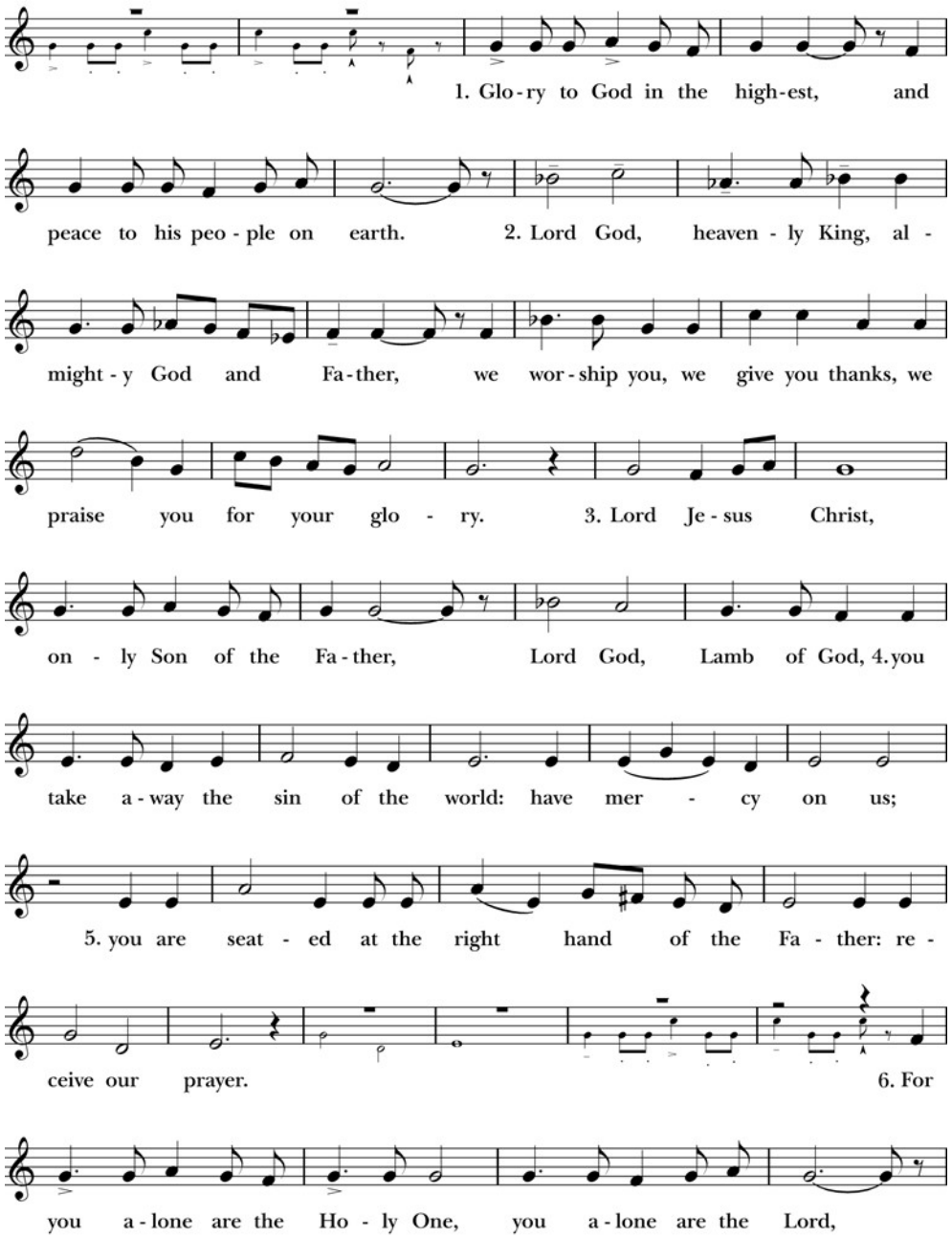
Text: Psalm 98; Dan Schutte, b.1947
Tune: Dan Schutte, b.1947
© 1972, 1974, OCP

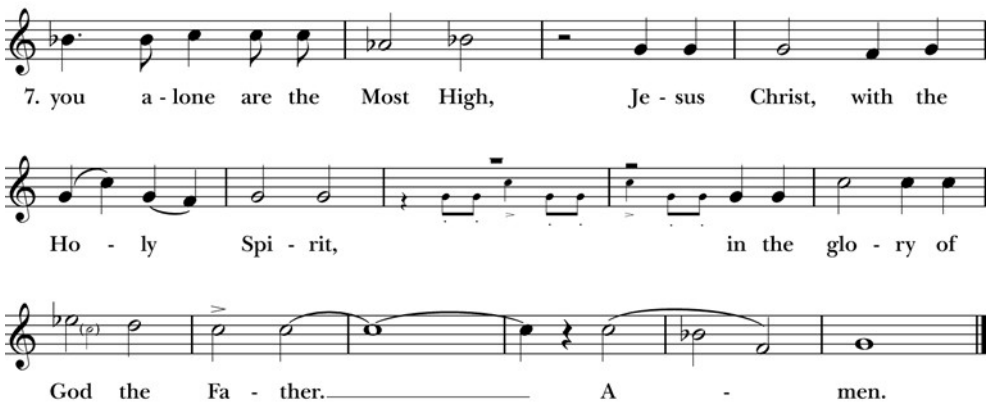
Opening Sentences

Celebrant: Blessed be God, Father, Son, and Holy Spirit.
***People*:** **And blessed be his Kingdom, now and forever. Amen.**

The Collect for Purity
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

S278 Gloria





Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

The Collect of the Day

Celebrant: The Lord be with you..
People: **And also with you.**

Celebrant: Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

First Lesson Isaiah 55:10-13

As the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it.

For you shall go out in joy, and be led back in peace; the mountains and the hills before you shall burst into song, and all the trees of the field shall clap their hands.

Instead of the thorn shall come up the cypress; instead of the brier shall come up the myrtle; and it shall be to the LORD for a memorial, for an everlasting sign that shall not be cut off.

Reader: Hear what the Spirit is saying to God's people.
***People*: Thanks be to God.**

The Psalm

Psalm 65: (1-8), 9-14

Te decet hymnus

[1 You are to be praised, O God, in Zion; *
to you shall vows be performed in Jerusalem.

2 To you that hear prayer shall all flesh come, *
because of their transgressions.

3 Our sins are stronger than we are, *
but you will blot them out.

4 Happy are they whom you choose
and draw to your courts to dwell there! *
they will be satisfied by the beauty of your house,
by the holiness of your temple.

5 Awesome things will you show us in your righteousness,
O God of our salvation, *
O Hope of all the ends of the earth
and of the seas that are far away.

6 You make fast the mountains by your power; *
they are girded about with might.

7 You still the roaring of the seas, *
the roaring of their waves,
and the clamor of the peoples.

8 Those who dwell at the ends of the earth will tremble at your marvelous signs; *
you make the dawn and the dusk to sing for joy.]

9 You visit the earth and water it abundantly;
you make it very plenteous; *
the river of God is full of water.

10 You prepare the grain, *
for so you provide for the earth.

11 You drench the furrows and smooth out the ridges; *
with heavy rain you soften the ground
and bless its increase.

12 You crown the year with your goodness, *
and your paths overflow with plenty.

13 May the fields of the wilderness be rich for grazing, *
and the hills be clothed with joy.

14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with grain; *
let them shout for joy and sing.
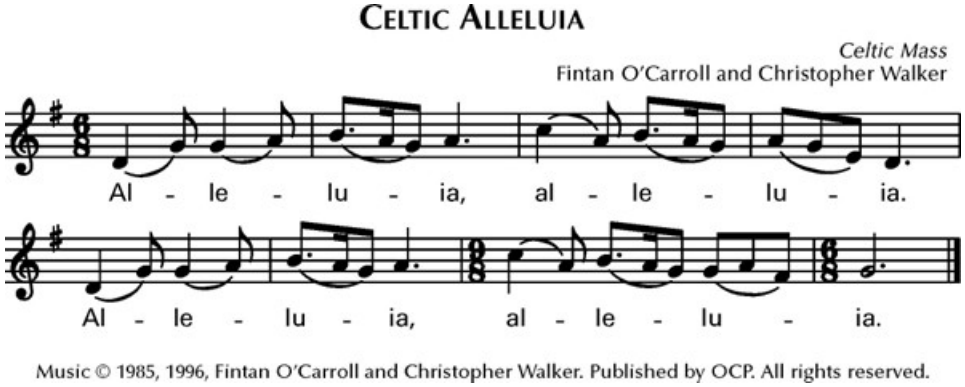
Second Lesson Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader: Hear what the Spirit is saying to God's people.
***People*: Thanks be to God**

Sequence Hymn Celtic Alleluia



Music © 1985, 1996, Fintan O'Carroll and Christopher Walker. Published by OCP. All rights reserved.

Holy Gospel Matthew 13:1-9,18-23

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew
***People:* Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

Deacon: The Gospel of the Lord.
People: **Praise to you, Lord Christ.**

Sequence Hymn Celtic Alleluia

Sermon **Reverend Rebecca Goldberg**

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form VI

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For *Sean.* our Presiding Bishop, and *Austin* our Bishop; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

The Celebrant concludes with an absolution or a suitable Collect.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

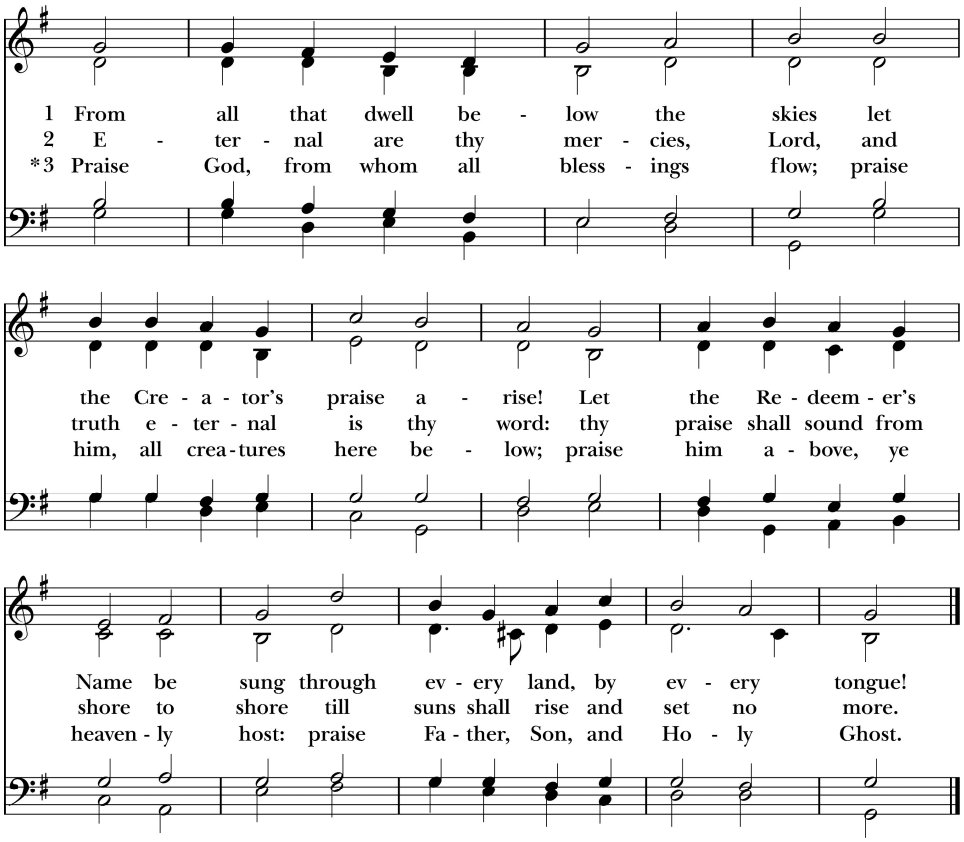
All stand. The Celebrant says to the people

Celebrant: The peace of the Lord be always with you.
People **And also with you.**

Offertory Hymn: I Want to Walk as a Child of the Light

Doxology

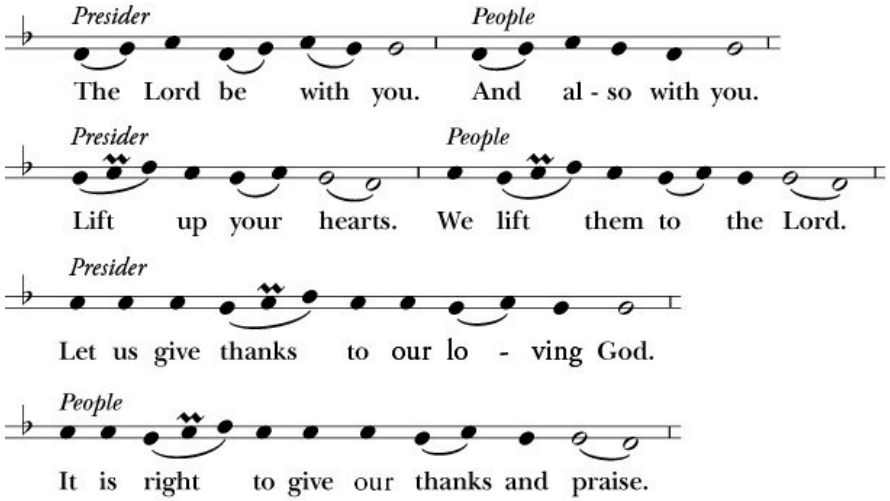
Hymn 380 From All That Dwell Below the Skies Verse 3



Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

THE HOLY COMMUNION

Eucharistic Prayer C



Celebrant The Lord be with you.
People And also with you.

Celebrant Lift up your hearts.
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

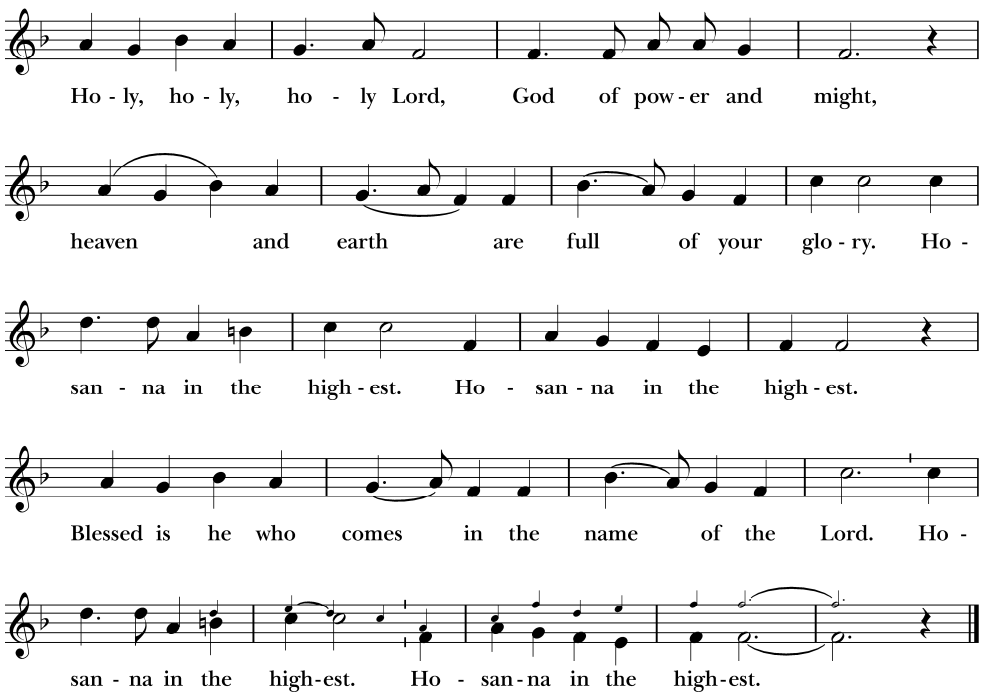
From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Sanctus

S125



Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it, and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

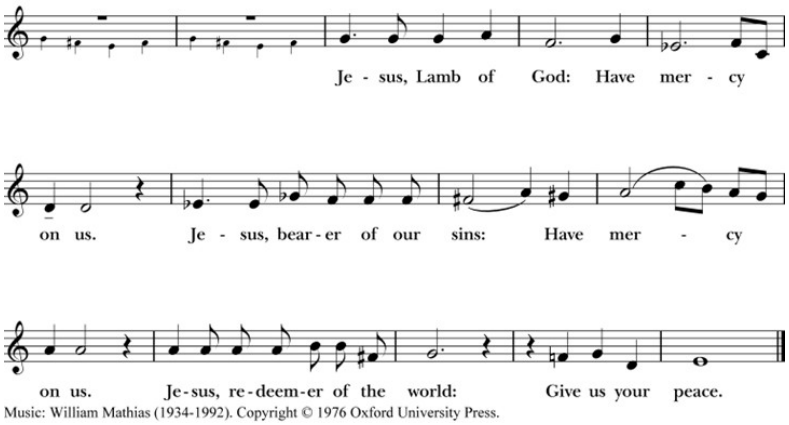
And now, as our Savior Christ has taught us, we are bold to say,	As our Savior Christ has taught us, we now pray,

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

FRACTION ANTHEM

S165
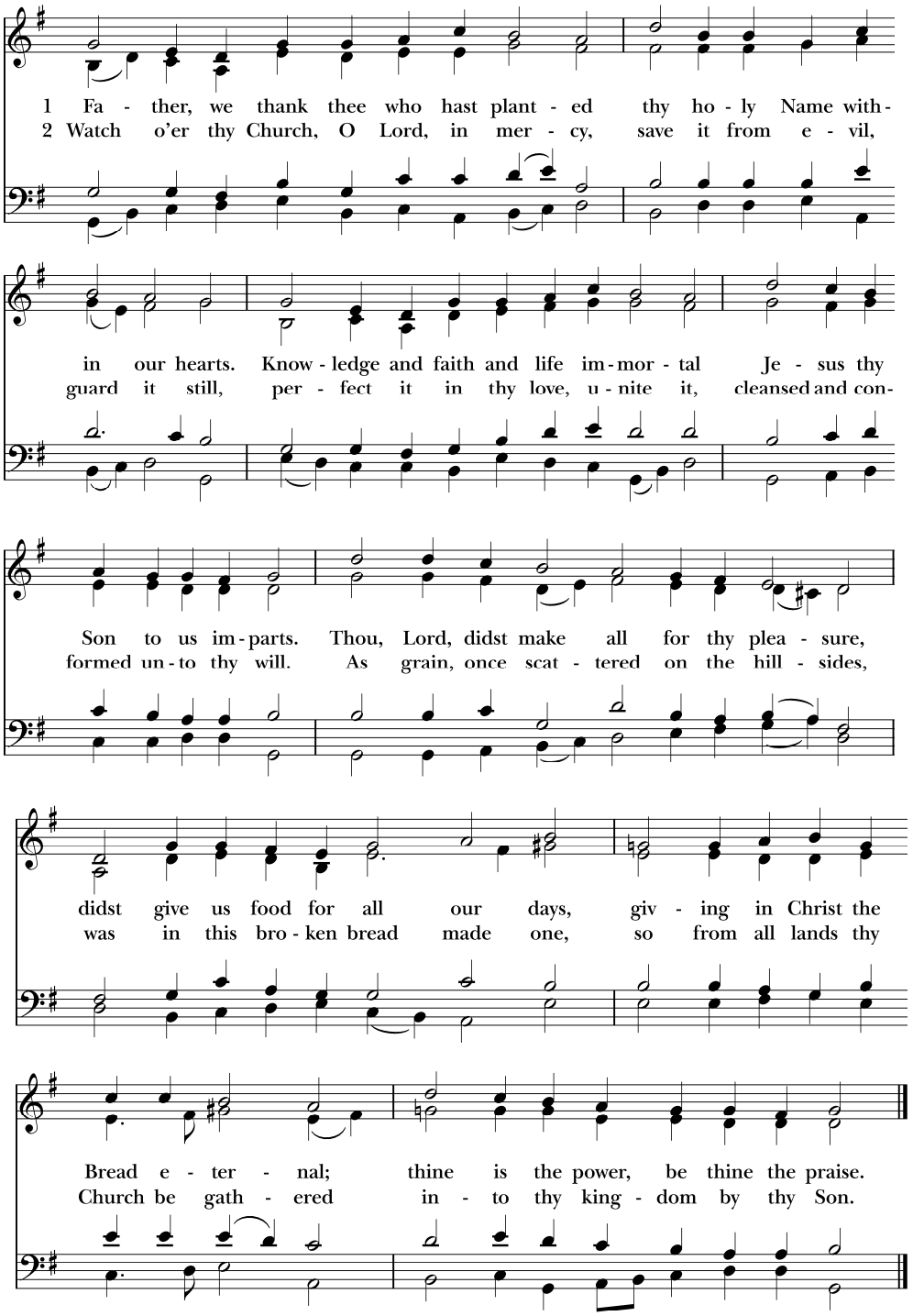


Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Invitation

COMMUNION HYMN

#302 Father We Thank Thee Who Has Planted

Hymnal 1982



Words: Greek, ca. 110; tr. F. Bland Tucker (1895-1984), rev. Copyright © The Church Pension Fund. Music: *Rendez à Dieu*, melody and harm. att. Louis Bourgeois (1510?-1561?).

Post communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Announcements
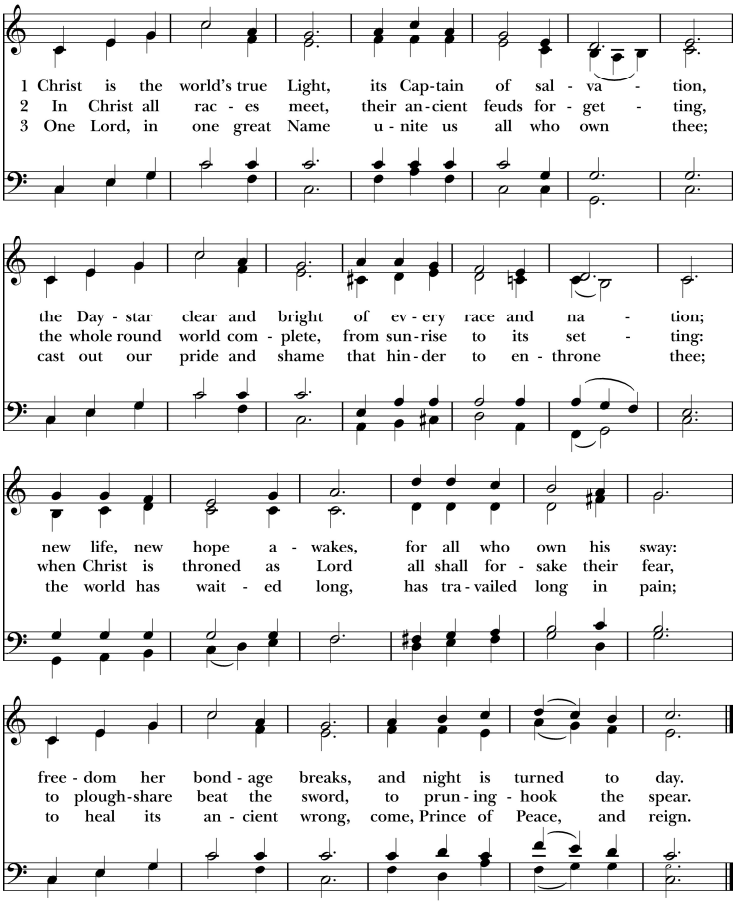
Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. Amen.

The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and his Son Jesus Christ our Lord. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen**

RECESSIONAL

#542 Christ is the World's True Light *Hymnal 1982*



Words: George Wallace Briggs (1892-1955), alt. By permission of Oxford University Press. Music: *St. Joan*, Percy E. B. Coller (1892-?). Copyright © The Church Pension Fund.

THE DISMISSAL

POSTLUDE: Be My Thou Vision - Traditional Irish

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:
Reverend Rebecca Goldberg
Irene Long, Organist
Kay Ballantyne, Sunday School Director

Worship Leader Rota:
Intercessor
Jim Neubert, Eugene Hetzer Lectors
Eucharistic Minister
Jim Neubert,Usher
Livestream Technician

Next Week's Scripture Lessons
Isaiah 44:6-8
Psalm 86:11-17
Romans 8:12-25
Matthew 13:24-30,36-43

Presider	Date
Reverend Rebecca Goldberg	Sunday, July 12, 2026
Reverend Rebecca Goldberg	Sunday, July 19, 2026
Reverend Rebecca Goldberg	Sunday, July 26, 2026
Reverend Rebecca Goldberg	Sunday, August 02, 2026

St. Ambrose Episcopal Church
900 Edgewater Blvd
Foster City, CA 94404

Priest-In-Charge	Reverend Rebecca Goldberg	***Sr. Warden***	*David McIntyre*
Music Director	Amanda Yuxin Dai	***Jr. Warden***	*Elizabeth Peter*
Sunday School Director	Kay Ballantyne	***Treasurer***	*Alison LeBlanc*
Office Administrator	Angeli Labrador	***Vestry***	*Keith Adolph*
Bookkeeper	Ron Cook		*Suzanne Canada*
			Mary Loretta Davila
			George Gardiner
			Janet Gardiner
			Cathy Rincon

ANNOUNCEMENTS

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Opening for Parish Treasurer
Alison LeBlanc has resigned as our Treasurer effective **July 10**. We thank her for her years of good work! If you have financial experience and would be willing to serve the church in this important ministry, please let Mother Rebecca know. Training will be provided.

Assignment of Deacon
Bishop Austin and his staff are working to assign a deacon to each parish in our diocese. We are working with the diocesan staff on a possible placement. More to follow.

Notation of Pledge Contributions
If you are writing a check for your pledge contributions, please indicate "Pledge" in the memo portion of your check. This helps the office accurately account for what is received. Thank you!

Summer Days August 15-16
St. Ambrose and Sea Breeze School will be taking part in this annual festival this year, held in Leo J. Ryan Park. We will have a booth on **Saturday, 8/15 and Sunday, 8/16,** and there will be information about our school and church community and the programs we offer. The hours are from **11:00 a.m- 6:00 p.m** on **Sat 8/15** and **11 am. 5:00 p.m. on Sunday 8/16**. Please volunteer for a slot and be part of sharing the great work we are doing with the Foster City Community. There is a sign up-sheet in the parish Hall.

Meditation Group
On Monday nights, at 6:30 p.m., St. Ambrose hosts a weekly in-person silent meditation group. The format follows that of the East-West Meditation Program that was offered at Mercy Center, Burlingame, for many years. The format follows the Zen tradition, with a brief introduction and then a 25-minute silent meditation, 5-minute walking meditation (you are not obligated to physically move) and another 25-minute silent meditation. This will be held in the chapel, and bring your own cushion if you wish to sit on the floor. You can also sit in a chair or pew if it is better to you. If you have any questions, please feel free to contact David McIntyre, ntkod@icloud.com

Questionable Text/Emails
There is a text and scam email that is circulating, signed Rev. Rebecca Goldberg, which requests a copy of the Church directory. Please delete it. None of the St. Ambrose or Sea Breeze staff will send you an email asking you to divulge personal information, or contribute funds to a questionable cause. Please let Mother Rebecca know if you have any questions.

Mother Rebecca's office hours
Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650 291-5289
revrebecca@stambrosefostercity.org

Coffee Hour

Join us for Coffee Hour after the service at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1

Worship Leaders Needed

Please sign up as a Lector for our 10:00* am Eucharist by emailing office@stambrosefostercity.org or the Church signup sheet. We also need Worship Leader volunteers for our 10:00* am Eucharist. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians.

Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship **No 8:30am service at this time*

Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Kay Ballantyne rose466@earthlink.net or Raphael Gerber raphaele.gerber@gmail.com

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please Warren Wong at wwong@nd.edu

Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. Currently we are working through "Reading Van Gogh: An Amateur's Search for God" by Elizabeth Barks Cox. If interested, please contact Hamilton Fong. hfongster@gmail.com

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the sanctuary to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Prayer list: We pray especially Stavros and Helen Chrysovergis, Verna Labrador Cinotti, Belinda Yuen and family, Keith Adolph, Etta Bates, Dulce Lord's sister Divina, Andra Baker Gleinn, Renee Sheldon and family, Darren Su, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Clara Padilla, Mirta Padilla, Isabella, Jerry Boykin, Carol Newman, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

***For those who have died*:** Eleanor Hui**,** Bettie Davis**,** Pat Cinotti, Juan Francisco Medina, Veronica Rutledge**,** Paul Rose, Stephen Yuen**,** Charlene Adolph**,** David Labrador**,** Don Peter**,** Alene Karthas**,** Diane Robertson, Bob Gleinn, Doreen Yuen, Veneranda Ramirez**,** Arthur Labrador**,** Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford**,** John David Tate, Martin Gardiner *[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

The Altar Flowers are given by:
The Altar Guild to the Glory of God

Birthdays
Joanne Kerseg - 15 July
Nathan Frisch/Sweeney - 16 Jul