St. Ambrose Episcopal Church

August 16, 2026

The Twelfth Sunday after Pentecost

900 Edgewater Blvd
Foster City, CA 94404

(650) 574-1369 - office@stambrosefostercity.org - http://www.stambrosefostercity.org
Priest-In-Charge • *pastoral calls and emergencies* The Rev. Rebecca Goldberg 650 291-5289
revrebecca@stambrosefostercity.org

THE LITURGY OF THE WORD

PRELUDE: Lord of Glory, Who Hast Bought Us **Paul Manz**

PROCESSIONAL #577 Here in Christ we Gather *Hymnal 1982*



Words: Latin; tr. James Quinn (b. 1919), alt. Copyright © 1969, James Quinn, SJ, printed by permission of Geoffery Chapman, a division of Cassell Ltd. Music: *Ubi caritas (Murray)*, A. Gregory Murray (1905-1992). By permission of A. Gregory Murray.

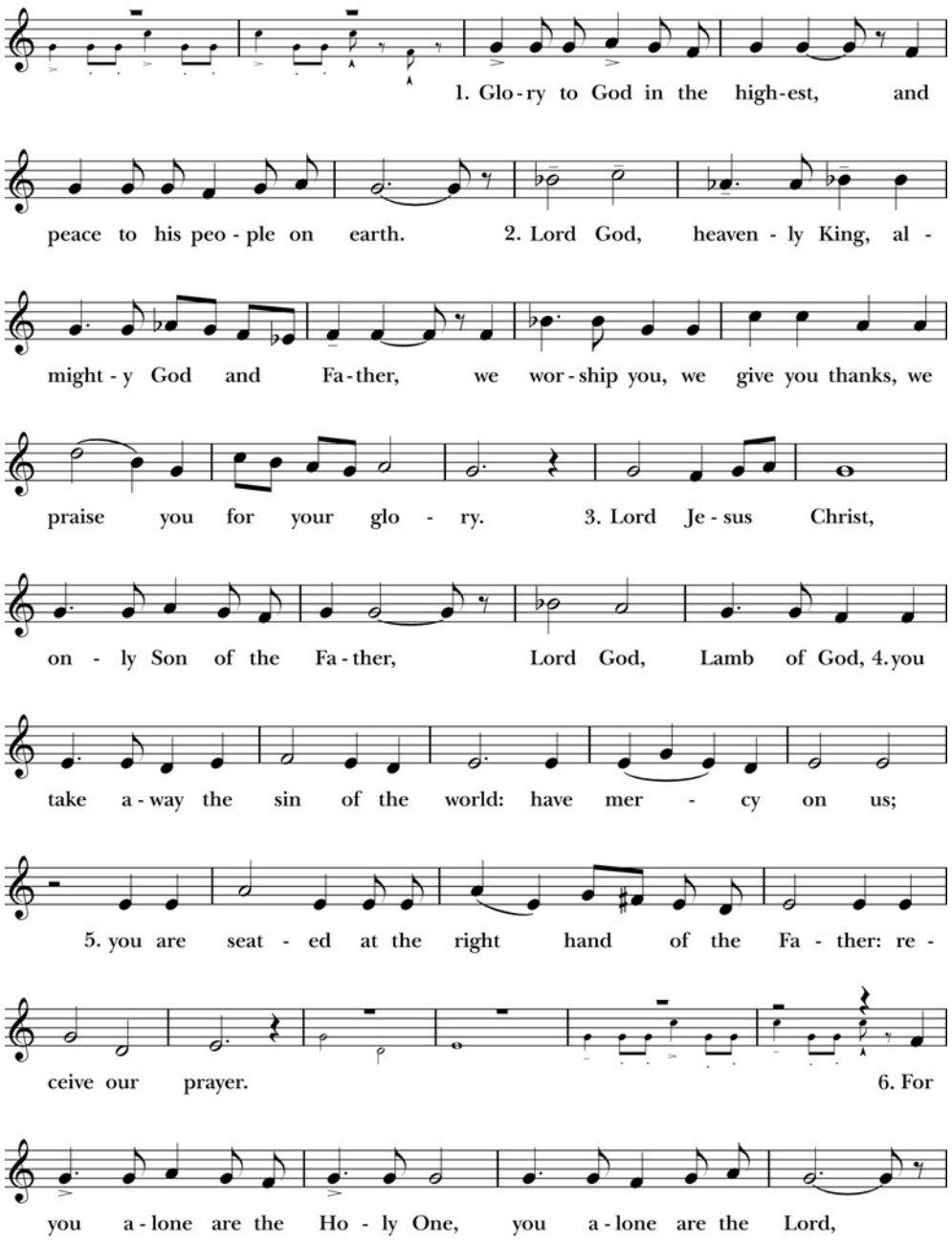
Opening Sentences

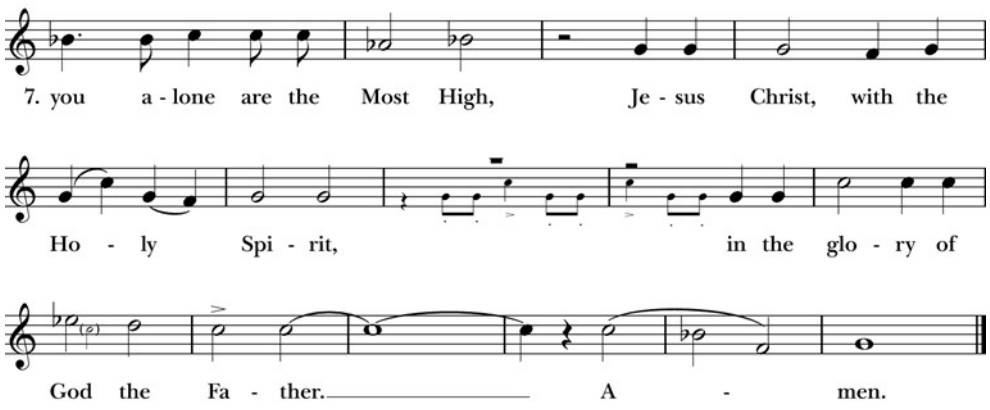
Celebrant: Blessed be God, Father, Son, and Holy Spirit.
***People*:** **And blessed be his Kingdom, now and forever. Amen.**

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

S278 Gloria





Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

The Collect of the Day

Celebrant: The Lord be with you..
People: **And also with you.**

Celebrant: Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen***

First Lesson Isaiah 56:1,6-8

Thus says the LORD:
Maintain justice, and do what is right,
for soon my salvation will come,
and my deliverance be revealed.
And the foreigners who join themselves to the LORD,
to minister to him, to love the name of the LORD,
and to be his servants,
all who keep the sabbath, and do not profane it,
and hold fast my covenant--
these I will bring to my holy mountain,
and make them joyful in my house of prayer;
their burnt offerings and their sacrifices
will be accepted on my altar;

for my house shall be called a house of prayer
for all peoples.
Thus says the Lord GOD,
who gathers the outcasts of Israel,
I will gather others to them
besides those already gathered.

Reader: Hear what the Spirit is saying to God's people.
***People*: Thanks be to God.**

The Psalm

Psalm 67

Deus misereatur

1 May God be merciful to us and bless us, *
show us the light of his countenance
and come to us.
2 Let your ways be known upon earth, *
your saving health among all nations.
3 Let the peoples praise you, O God; *
let all the peoples praise you.
4 Let the nations be glad and sing for joy, *
for you judge the peoples with equity
and guide all the nations upon earth.
5 Let the peoples praise you, O God; *
let all the peoples praise you.
6 The earth has brought forth her increase; *
may God, our own God, give us his
blessing.
7 May God give us his blessing, *
and may all the ends of the earth stand
in awe of him.

Second Lesson **Romans 11:1-2a, 29-32**

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew.

For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

Reader: Hear what the Spirit is saying to God's people.
***People*: Thanks be to God**

Sequence Hymn Celtic Alleluia



Music © 1985, 1996, Fintan O'Carroll and Christopher Walker. Published by OCP. All rights reserved.

Holy Gospel Matthew 15: (10-20), 21-28

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew
People: **Glory to you, Lord Christ.**

[Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."]

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

Deacon: The Gospel of the Lord.
People: **Praise to you, Lord Christ.**

Sequence Hymn Celtic Alleluia

Sermon **Reverend Rebecca Goldberg**

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form VI

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For *Sean.* our Presiding Bishop, and *Austin* our Bishop; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

The Celebrant concludes with an absolution or a suitable Collect.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

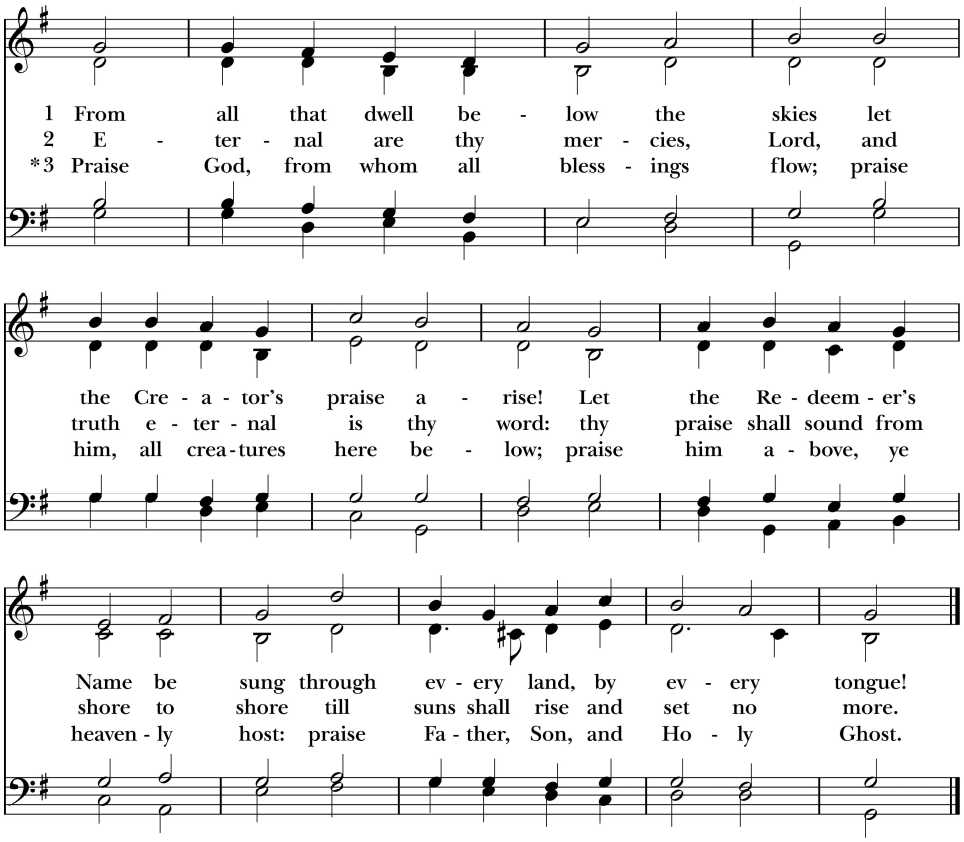
All stand. The Celebrant says to the people

Celebrant: The peace of the Lord be always with you.
People **And also with you.**

Offertory Hymn: I Come with Joy to Meet My Lord

Doxology

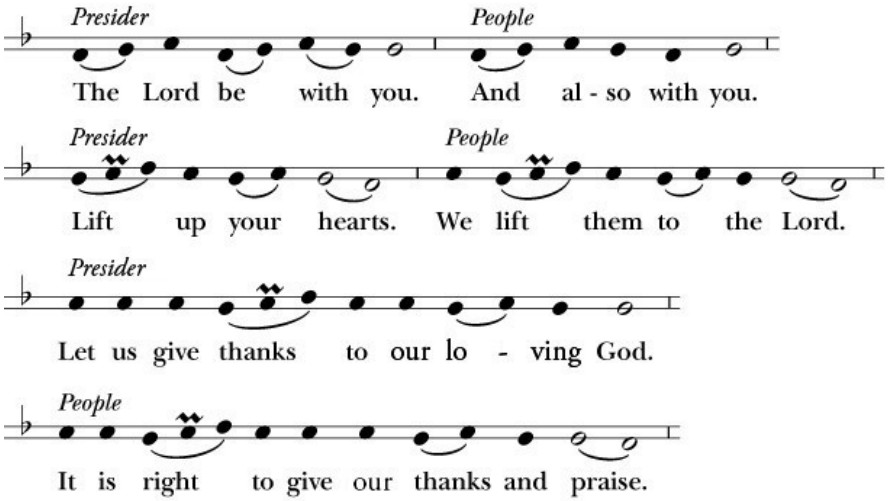
Hymn 380 From All That Dwell Below the Skies Verse 3



Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

THE HOLY COMMUNION

Eucharistic Prayer C



Celebrant The Lord be with you.
People And also with you.

Celebrant Lift up your hearts.
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

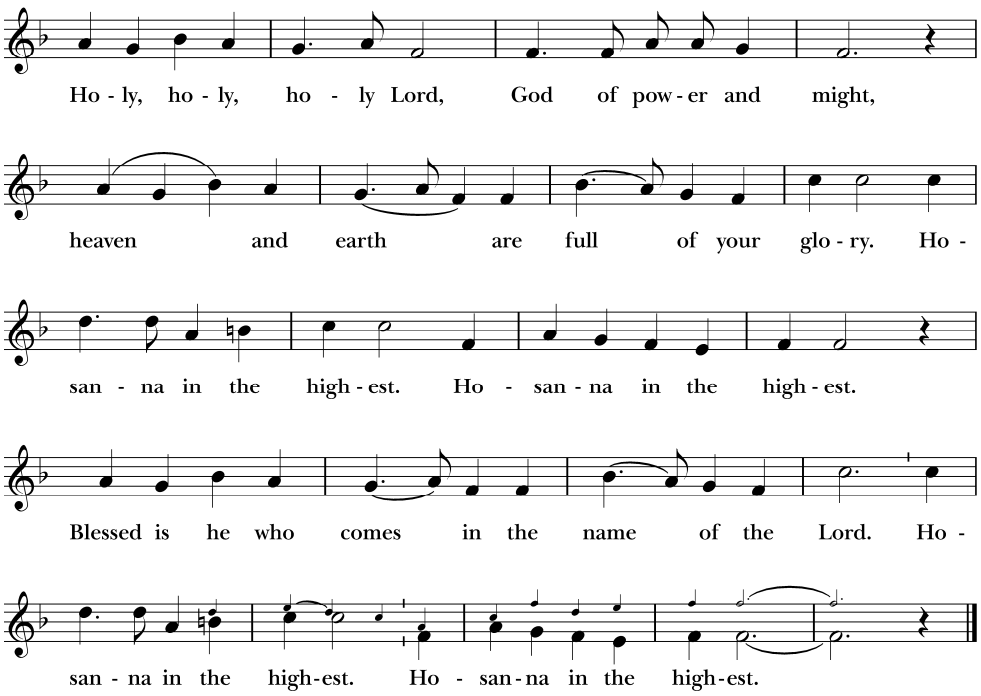
At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Sanctus



Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it, and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

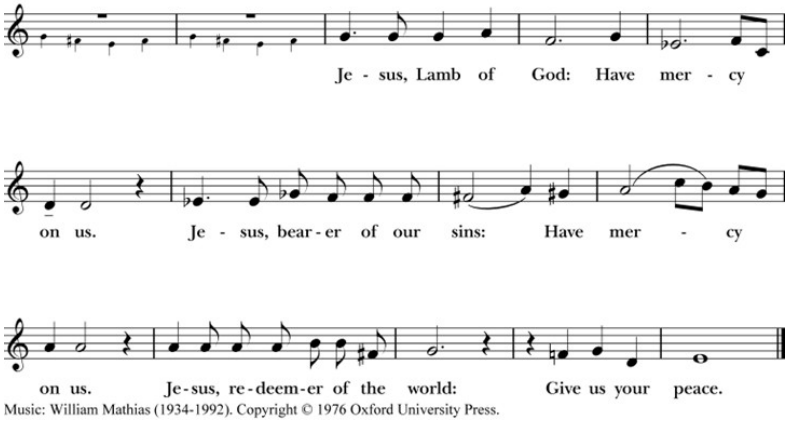
And now, as our Savior Christ has taught us, we are bold to say,	As our Savior Christ has taught us, we now pray,

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

FRACTION ANTHEM

S165



Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Invitation

COMMUNION HYMN

#325 Let us Break Bread Together



Words: African-American spiritual. Music: *Let Us Break Bread*, Afro-American spiritual; arr. and harm. David Hurd (b. 1950).

Post communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Announcements

Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. Amen.

The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and his Son Jesus Christ our Lord. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen**

RECESSIONAL

#529 In Christ There is no East or West *Hymnal 1982*



THE DISMISSAL

POSTLUDE: Wake, awake, for night is flying **Paul Manz**

All music reprinted with permission—One License # A—72047

The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:
Reverend Rebecca Goldberg
Amanda Yuxin Dai, Music Director
Kay Ballantyne, Sunday School Director

Worship Leader Rota:
Intercessor
Jim Neubert, Lector
Eucharistic Minister
Jim Neubert, Usher
Livestream Technician

Next Week's Scripture Lessons
Isaiah 51:1-6
Psalm 138
Romans 12:1-8
Matthew 16:13-20

Presider	Date
Reverend Rebecca Goldberg	Sunday, August 16, 2026
Reverend Rebecca Goldberg	Sunday, August 23, 2026
Reverend Rebecca Goldberg	Sunday, August 30, 2026
Reverend Rebecca Goldberg	Sunday, September 6, 2026

ANNOUNCEMENTS

****Drum Circle – August 17****

Our Drum Circle has returned to its regular schedule and will meet on the ****third Monday of each month****, from ****11:30 a.m. to 1:00 p.m**.** in the Parish Hall. Everyone is welcome! The next gathering is ****Monday, August 17****, facilitated by **Father Jay**.

Sandwiches on Sunday – August 30th

Come join us! We will be making sandwiches and assembling brown bag lunches Saturday, August 29th at the church from 9:00am - 11:00am. We will distribute them at the Fair Oaks Community Center in Redwood City on **Sunday, August 30th from 11:45 to 12:15 p.m**. If you would like to help or have any questions, please contact Daniel Tate (cellular phone: 650-799-7084, email: dtate@ses.cdsp.edu)

Lectors and Intercessors needed

Proclaiming the Word and leading the prayers of the faithful are important ministries in the life of our community. We give thanks for those who are currently serving, and we are in need of more volunteers If you would like to read or lead the intercessions, please let Mother Rebecca know. Training will be provided.

Opening for Parish Treasurer

Alison LeBlanc has resigned as our Treasurer effective **July 10**. We thank her for her years of good work! If you have financial experience and would be willing to serve the church in this important ministry, please let Mother Rebecca know. Training will be provided.

Notation of Pledge Contributions

If you are writing a check for your pledge contributions, please indicate "Pledge" in the memo portion of your check. This helps the office accurately account for what is received. Thank you!

Summer Days August 15-16

Come join us for this festive event in Leo J. Ryan Park, where many different businesses and community groups will have booths. St. Ambrose and Sea Breeze will have a booth this year, and we will have information about the church and school programs as we engage with the community and share our ministry. The hours are from **11:00 a.m. -6:00 p.m. on Sat 8/15, and 11: a.m. -5:00 p.m. on Sun 8/16.** Dulce Lord is chairing this event, so if you would like more information, please contact her or Mother Rebecca. A sign-up sheet is in the parish hall.

Meditation Group

On Monday nights, at 6:30 p.m., St. Ambrose hosts a weekly in-person silent meditation group. The format follows that of the East-West Meditation Program that was offered at Mercy Center, Burlingame, for many years. The format follows the Zen tradition, with a brief introduction and then a 25-minute silent meditation, 5-minute walking meditation (you are not obligated to physically move) and another 25-minute silent meditation. This will be held in the chapel, and bring your own cushion if you wish to sit on the floor. You can also sit in a chair or pew if it is better to you. If you have any questions, please feel free to contact David McIntyre, ntkod@icloud.com

Questionable Text/Emails

There is a text and scam email that is circulating, signed Rev. Rebecca Goldberg, which requests a copy of the Church directory. Please delete it. None of the St. Ambrose or Sea Breeze staff will send you an email asking you to divulge personal information, or contribute funds to a questionable cause. Please let Mother Rebecca know if you have any questions.

Mother Rebecca's office hours

Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650 291-5289 revrebecca@stambrosefostercity.org

Coffee Hour

Join us for Coffee Hour after the service at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1

Worship Leaders Needed

Please sign up as a Lector for our 10:00* am Eucharist by emailing office@stambrosefostercity.org or the Church signup sheet. We also need Worship Leader volunteers for our 10:00* am Eucharist. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians.

Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship **No 8:30am service at this time*

Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Kay Ballantyne rose466@earthlink.net or Raphael Gerber raphaele.gerber@gmail.com

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please Warren Wong at wwong@nd.edu

Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. Currently we are working through "Reading Van Gogh: An Amateur's Search for God" by Elizabeth Barks Cox. If interested, please contact Hamilton Fong. hfongster@gmail.com

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the sanctuary to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Prayer list: We pray especially Stavros and Helen Chrysovergis, Verna Labrador Cinotti, Belinda Yuen and family, Keith Adolph, Etta Bates, Dulce Lord's sister Divina, Andra Baker Gleinn, Renee Sheldon and family,

Darren Su, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Clara Padilla, Mirta Padilla, Isabella, Jerry Boykin, Carol Newman, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

***For those who have died*:** Eleanor Hui**,** Bettie Davis**,** Pat Cinotti, Juan Francisco Medina, Veronica Rutledge**,** Paul Rose, Stephen Yuen**,** Charlene Adolph**,** David Labrador**,** Don Peter**,** Alene Karthas**,** Diane Robertson, Bob Gleinn, Doreen Yuen, Veneranda Ramirez**,** Arthur Labrador**,** Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford**,** John David Tate, Martin Gardiner *[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

The Altar Flowers are given by:
The Altar Guild to the Glory of God

St. Ambrose Episcopal Church
900 Edgewater Blvd
Foster City, CA 94404

Priest-In-Charge	Reverend Rebecca Goldberg	***Sr. Warden***	*David McIntyre*
Music Director	Amanda Yuxin Dai	***Jr. Warden***	*Elizabeth Peter*
Sunday School Director	Kay Ballantyne	***Treasurer***	*Alison LeBlanc*
Office Administrator	Angeli Labrador	***Vestry***	*Keith Adolph*
Bookkeeper	Ron Cook		*Suzanne Canada*
			Mary Loretta Davila
			George Gardiner
			Janet Gardiner
			Cathy Rincon