St. Ambrose Episcopal Church

August 30, 2026

The Fourteenth Sunday after Pentecost

900 Edgewater Blvd
Foster City, CA 94404

(650) 574-1369 - office@stambrosefostercity.org - http://www.stambrosefostercity.org
Priest-In-Charge • *pastoral calls and emergencies* The Rev. Rebecca Goldberg 650 291-5289
revrebecca@stambrosefostercity.org

THE LITURGY OF THE WORD

PRELUDE: Aria - Flor Peeters

PROCESSIONAL #473 Lift High the Cross *Hymnal 1982*



Words: George William Kitchin (1827-1912) and Michael Robert Newbolt (1874-1956). Copyright © 1974 by Hope Publishing Co., Carol Stream, IL. 60188). All rights reserved. Used by permission. Music: *Crucifer*, Sydney Hugo Nicholson (1875-1947); desc. Richard Proulx (b. 1937). Copyright © 1974 by Hope Publishing Co., Carol Stream, IL. 60188). All rights reserved. Used by permission.

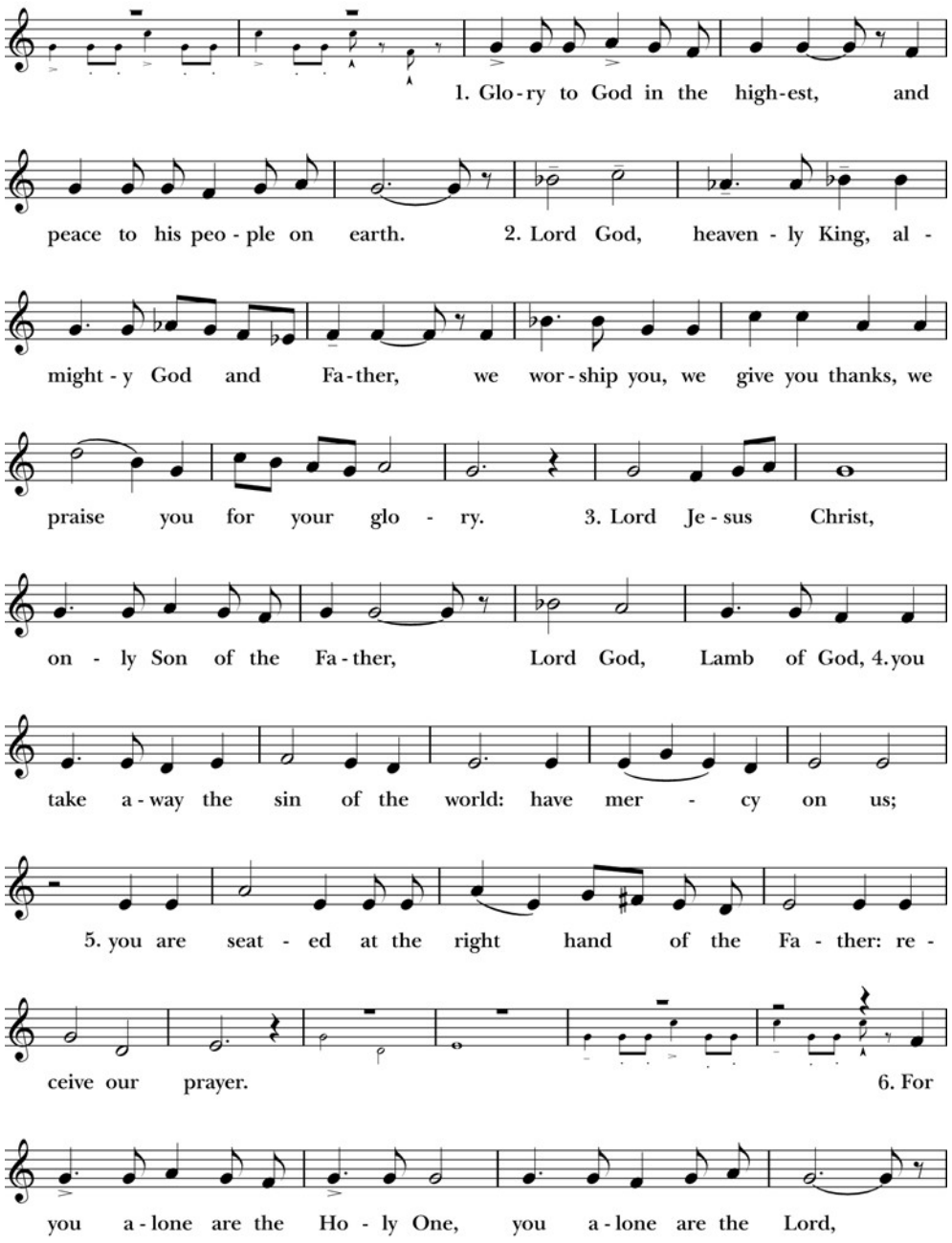
Opening Sentences

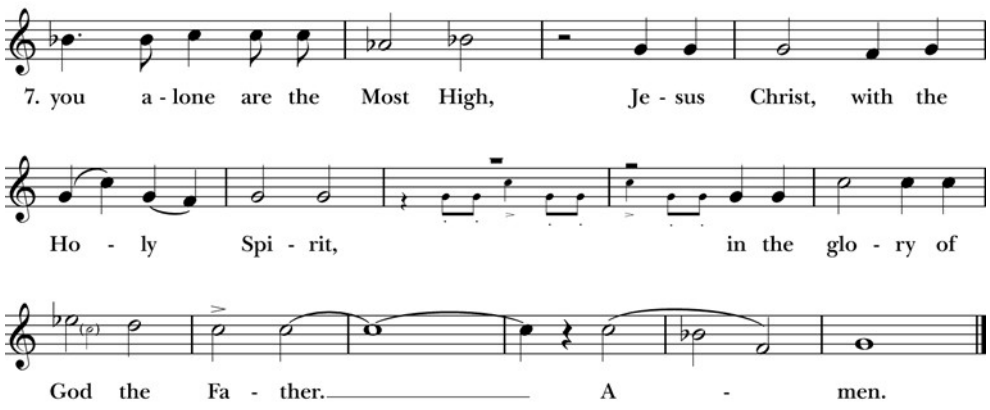
Celebrant: Blessed be God, Father, Son, and Holy Spirit.
***People*:** **And blessed be his Kingdom, now and forever. Amen.**

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

S278 Gloria





Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

The Collect of the Day

Celebrant: The Lord be with you..
People: **And also with you.**

Celebrant: Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. ***Amen.***

First Lesson Jeremiah 15:15-21

O LORD, you know;
remember me and visit me,
and bring down retribution for me
on my persecutors.
In your forbearance do not take me
away;
know that on your account I suffer
insult.
Your words were found, and I ate
them,
and your words became to me a joy
and the delight of my heart;
for I am called by your name,
O LORD, God of hosts.

I did not sit in the company of
merrymakers,
nor did I rejoice;
under the weight of your hand I sat
alone,
for you had filled me with
indignation.
Why is my pain unceasing,
my wound incurable,
refusing to be healed?
Truly, you are to me like a deceitful
brook,
like waters that fail.

Therefore, thus says the LORD:

If you turn back, I will take you back,
and you shall stand before me.
If you utter what is precious, and not what is worthless,
you shall serve as my mouth.
It is they who will turn to you,
not you who will turn to them.
And I will make you to this people
a fortified wall of bronze;
they will fight against you,
but they shall not prevail over you,
for I am with you
to save you and deliver you,
says the LORD.
I will deliver you out of the hand of the wicked,
and redeem you from the grasp of the ruthless.

Reader: Hear what the Spirit is saying to God's people.
***People*: Thanks be to God.**

The Psalm

Psalm 26:1-8

Judica me, Domine

1 Give judgment for me, O LORD,
for I have lived with integrity; *
I have trusted in the Lord and have not faltered.
2 Test me, O LORD, and try me; *
examine my heart and my mind.
3 For your love is before my eyes; *
I have walked faithfully with you.
4 I have not sat with the worthless, *
nor do I consort with the deceitful.
5 I have hated the company of evildoers; *
I will not sit down with the wicked.
6 I will wash my hands in innocence,
O LORD, *
that I may go in procession round your altar,
7 Singing aloud a song of thanksgiving *
and recounting all your wonderful deeds.
8 LORD, I love the house in which you dwell *
and the place where your glory abides.

Second Lesson Romans 12:9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not

repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

Reader: Hear what the Spirit is saying to God's people.
***People*: Thanks be to God**

Sequence Hymn Celtic Alleluia



Music © 1985, 1996, Fintan O'Carroll and Christopher Walker. Published by OCP. All rights reserved.

Holy Gospel Matthew16:21-28

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew
People: **Glory to you, Lord Christ.**

Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things."

Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

"For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

Deacon: The Gospel of the Lord.
People: **Praise to you, Lord Christ.**

Sequence Hymn Celtic Alleluia

Sermon **Reverend Rebecca Goldberg**

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form VI

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For *Sean.* our Presiding Bishop, and *Austin* our Bishop; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

The Celebrant concludes with an absolution or a suitable Collect.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

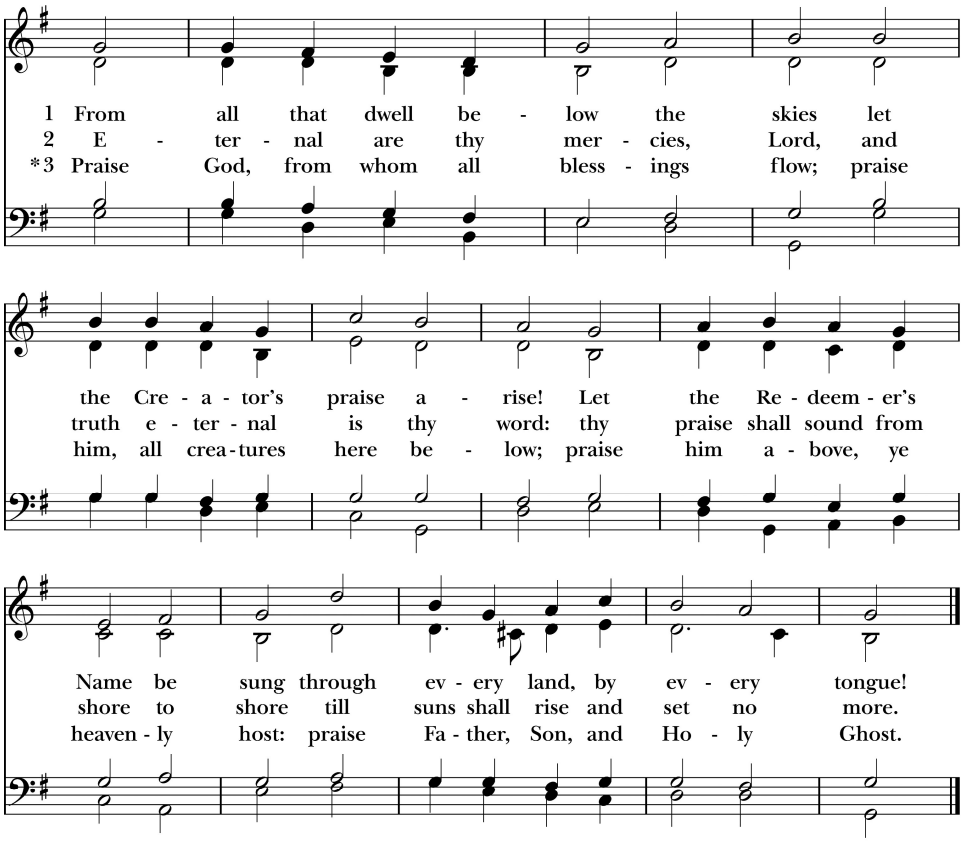
All stand. The Celebrant says to the people

Celebrant: The peace of the Lord be always with you.
People **And also with you.**

Offertory Hymn: King of Glory, King of Peace

Doxology

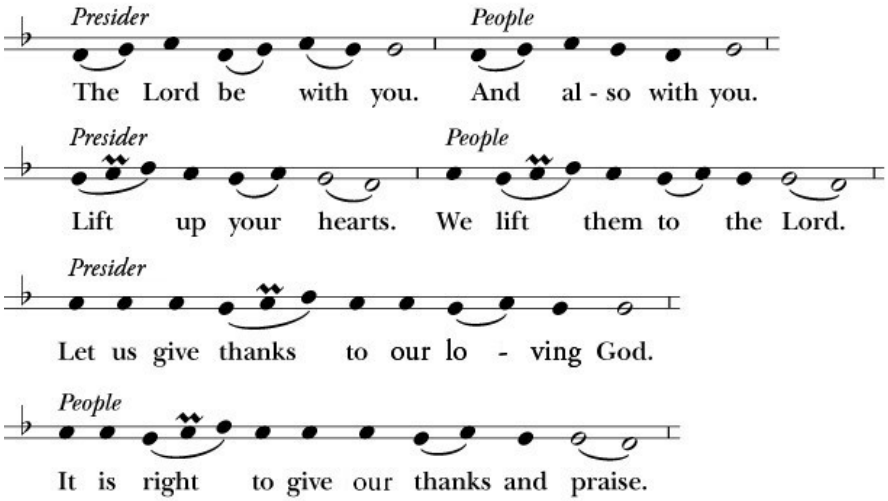
Hymn 380 From All That Dwell Below the Skies Verse 3



Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

THE HOLY COMMUNION

Eucharistic Prayer C



Celebrant The Lord be with you.
People And also with you.

Celebrant Lift up your hearts.
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

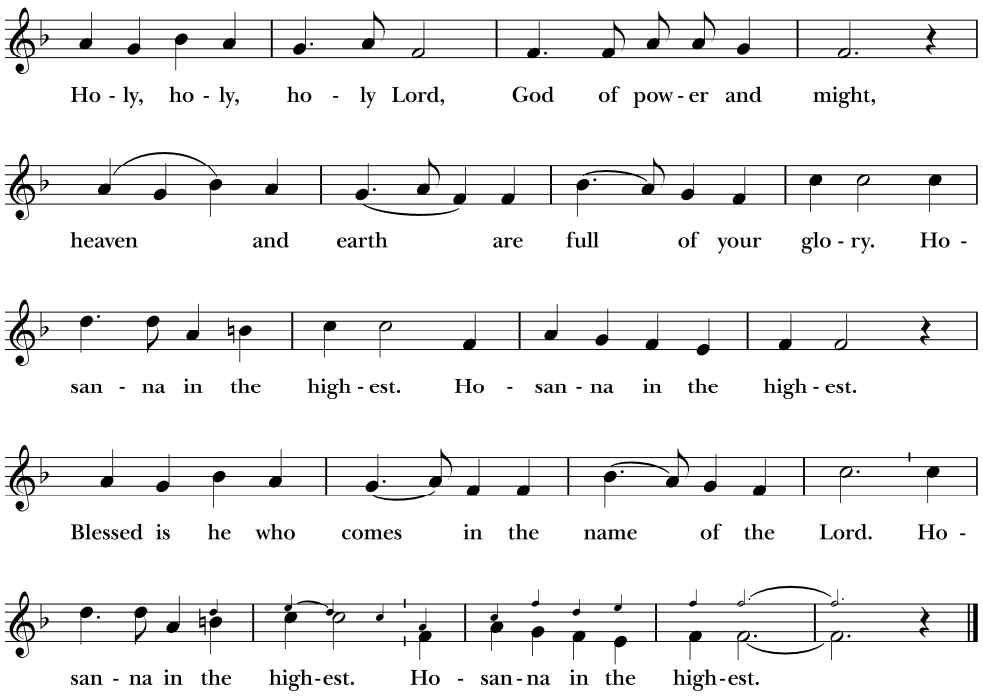
At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Sanctus S125



Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it, and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

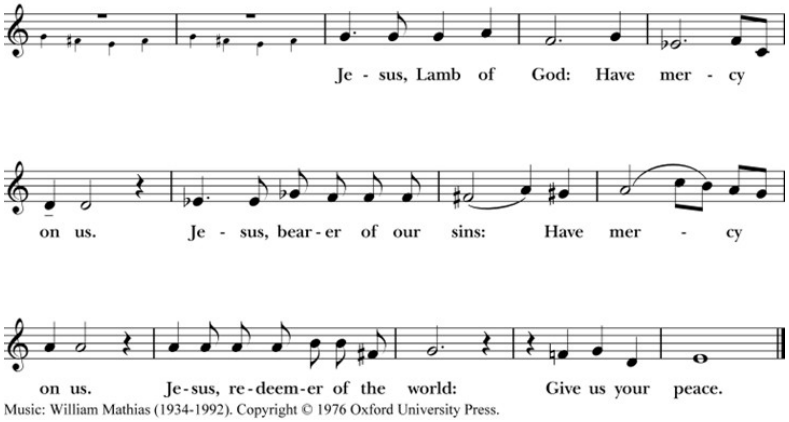
And now, as our Savior Christ has taught us, we are bold to say,	As our Savior Christ has taught us, we now pray,

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

FRACTION ANTHEM

S165

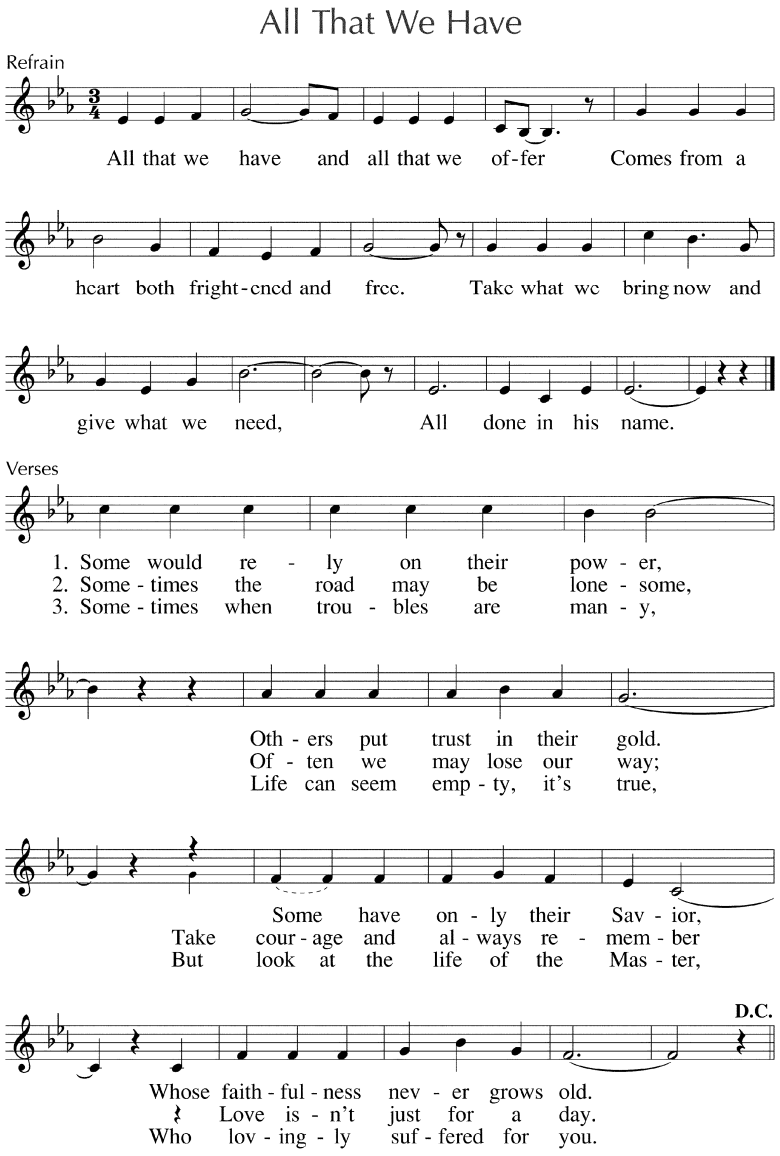


Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Invitation

COMMUNION HYMN

601 All that We Have *Gather*



Text: Gary Ault, b.1944
Tune: Gary Ault b.1944; acc. by Gary Daigle, b.1957, alt.
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Post communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Announcements

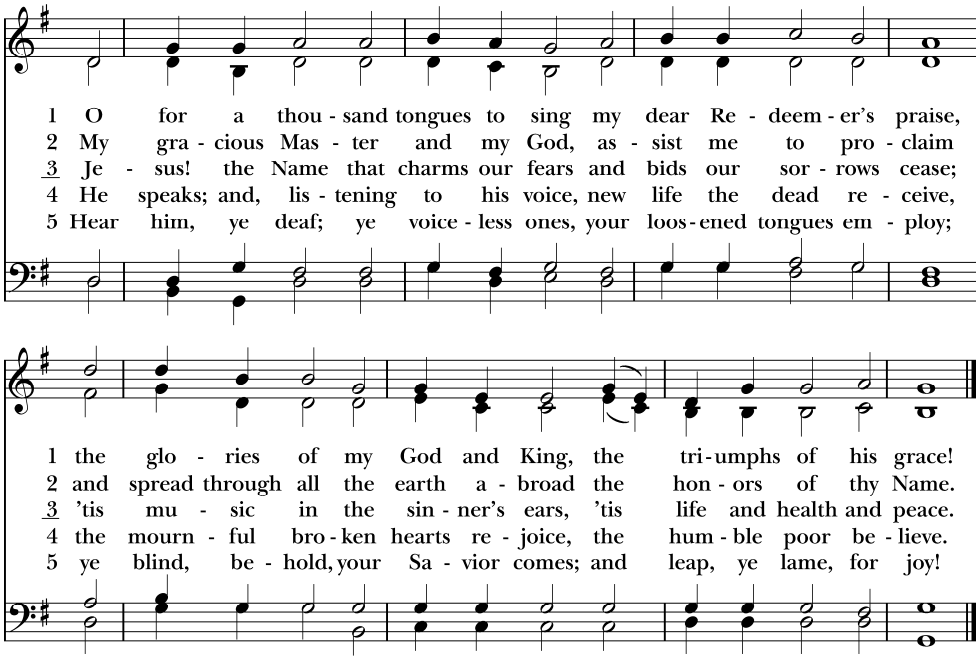
Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. Amen.

The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and his Son Jesus Christ our Lord. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen**

RECESSIONAL

#493 O For a Thousand Tongues to Sing *Hymnal 1982*



6 Glory to God and praise and love
be now and ever given
by saints below and saints above,
the Church in earth and heaven.

Words: Charles Wesley (1707-1788), alt. Music: *Azmon*, Carl Gotthilf Gläser (1784-1829); adapt. and arr. Lowell Mason (1792-1872).

THE DISMISSAL

POSTLUDE: Praise, my soul, the King of heaven – Hymnal 410

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:
Reverend Rebecca Goldberg
Amanda Yuxin Dai, Music Director
Kay Ballantyne, Sunday School Director

Worship Leader Rota:
Intercessor
Lector
Daniel Tate, Eucharistic Minister
Usher
Livestream Technician

Next Week's Scripture Lessons
Ezekiel 33:7-11
Psalm 119:33-40
Romans 13:8-14
Matthew 18:15-20

Presider	Date
Reverend Rebecca Goldberg	Sunday, August 30, 2026
Reverend Rebecca Goldberg	Sunday, September 06, 2026
Reverend Rebecca Goldberg	Sunday, September 13, 2026
Reverend Rebecca Goldberg	Sunday, September 20, 2026

St. Ambrose Episcopal Church
900 Edgewater Blvd
Foster City, CA 94404

Priest-In-Charge	Reverend Rebecca Goldberg	***Sr. Warden***	*David McIntyre*
Music Director	Amanda Yuxin Dai	***Jr. Warden***	*Elizabeth Peter*
Sunday School Director	Kay Ballantyne	***Treasurer***	*Alison LeBlanc*
Office Administrator	Angeli Labrador	***Vestry***	*Keith Adolph*
Bookkeeper	Ron Cook		*Suzanne Canada*
			Mary Loretta Davila
			George Gardiner
			Janet Gardiner
			Cathy Rincon

ANNOUNCEMENTS

Seasoned Souls of St.Ambrose
** September meeting date changed to Thursday, **September 3** due to the Labor Day Holiday. ** Come join us at 9:30 a.m. for a tour of Rethink Waste/Recology, followed by lunch at the San Carlos Airport Cafe. All seniors 55+ welcome. Please contact Kyn Dellinger or Nilda Chong if you are interested in joining us!

Lectors and Intercessors needed
Proclaiming the Word and leading the prayers of the faithful are important ministries in the life of our community. We give thanks for those who are currently serving, and we are in need of more volunteers If you would like to read or lead the intercessions, please let Mother Rebecca know. Training will be provided.

Opening for Parish Treasurer
Alison LeBlanc has resigned as our Treasurer effective **July 10**. We thank her for her years of good work! If you have financial experience and would be willing to serve the church in this important ministry, please let Mother Rebecca know. Training will be provided.

Notation of Pledge Contributions
If you are writing a check for your pledge contributions, please indicate "Pledge" in the memo portion of your check. This helps the office accurately account for what is received. Thank you!

Meditation Group
On Monday nights, at 6:30 p.m., St. Ambrose hosts a weekly in-person silent meditation group. The format follows that of the East-West Meditation Program that was offered at Mercy Center, Burlingame, for many years. The format follows the Zen tradition, with a brief introduction and then a 25-minute silent meditation, 5-minute walking meditation (you are not obligated to physically move) and another 25-minute silent meditation. This will be held in the chapel, and bring your own cushion if you wish to sit on the floor. You can also sit in a chair or pew if it is better to you. If you have any questions, please feel free to contact David McIntyre, ntkod@icloud.com

Questionable Text/Emails
There is a text and scam email that is circulating, signed Rev. Rebecca Goldberg, which requests a copy of the Church directory. Please delete it. None of the St. Ambrose or Sea Breeze staff will send you an email asking you to divulge personal information, or contribute funds to a questionable cause. Please let Mother Rebecca know if you have any questions.

Mother Rebecca's office hours
Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650 291-5289
revrebecca@stambrosefostercity.org

Coffee Hour
Join us for Coffee Hour after the service at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1

Worship Leaders Needed

Please sign up as a Lector for our 10:00* am Eucharist by emailing office@stambrosefostercity.org or the Church signup sheet. We also need Worship Leader volunteers for our 10:00* am Eucharist. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians.

Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship **No 8:30am service at this time*

Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Kay Ballantyne rose466@earthlink.net or Raphael Gerber raphaele.gerber@gmail.com

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please Warren Wong at wwong@nd.edu

Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. Currently we are working through "Reading Van Gogh: An Amateur's Search for God" by Elizabeth Barks Cox. If interested, please contact Hamilton Fong. hfongster@gmail.com

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the sanctuary to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Prayer list: We pray especially Stavros and Helen Chrysovergis, Verna Labrador Cinotti, Belinda Yuen and family, Keith Adolph, Etta Bates, Dulce Lord's sister Divina, Andra Baker Gleinn, Renee Sheldon and family, Darren Su, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Clara Padilla, Mirta Padilla, Isabella, Jerry Boykin, Carol Newman, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

***For those who have died*:** Eleanor Hui, Bettie Davis, Pat Cinotti, Juan Francisco Medina, Veronica Rutledge, Paul Rose, Stephen Yuen, Charlene Adolph, David Labrador, Don Peter, Alene Karthas, Diane Robertson, Bob Gleinn, Doreen Yuen, Veneranda Ramirez, Arthur Labrador, Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner *[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

The Altar Flowers are donated by

Valerie Mersh – In loving memory of husband Derek Mersh

Birthdays

Bill Bradford - September 1

Barbara Milligan – September 2

Anniversaries

Anita and Robert Richards - August 30

George and Janet Gardiner - August 31

