St. Ambrose Episcopal Church

September 20, 2026

The Seventeenth Sunday after Pentecost

900 Edgewater Blvd
Foster City, CA 94404

(650) 574-1369 - office@stambrosefostercity.org - http://www.stambrosefostercity.org
Priest-In-Charge • *pastoral calls and emergencies* The Rev. Rebecca Goldberg 650 291-5289
revrebecca@stambrosefostercity.org

THE LITURGY OF THE WORD

PRELUDE: All That We Have

PROCESSIONAL #398 I Sing the Almighty Power of God *Hymnal 1982*



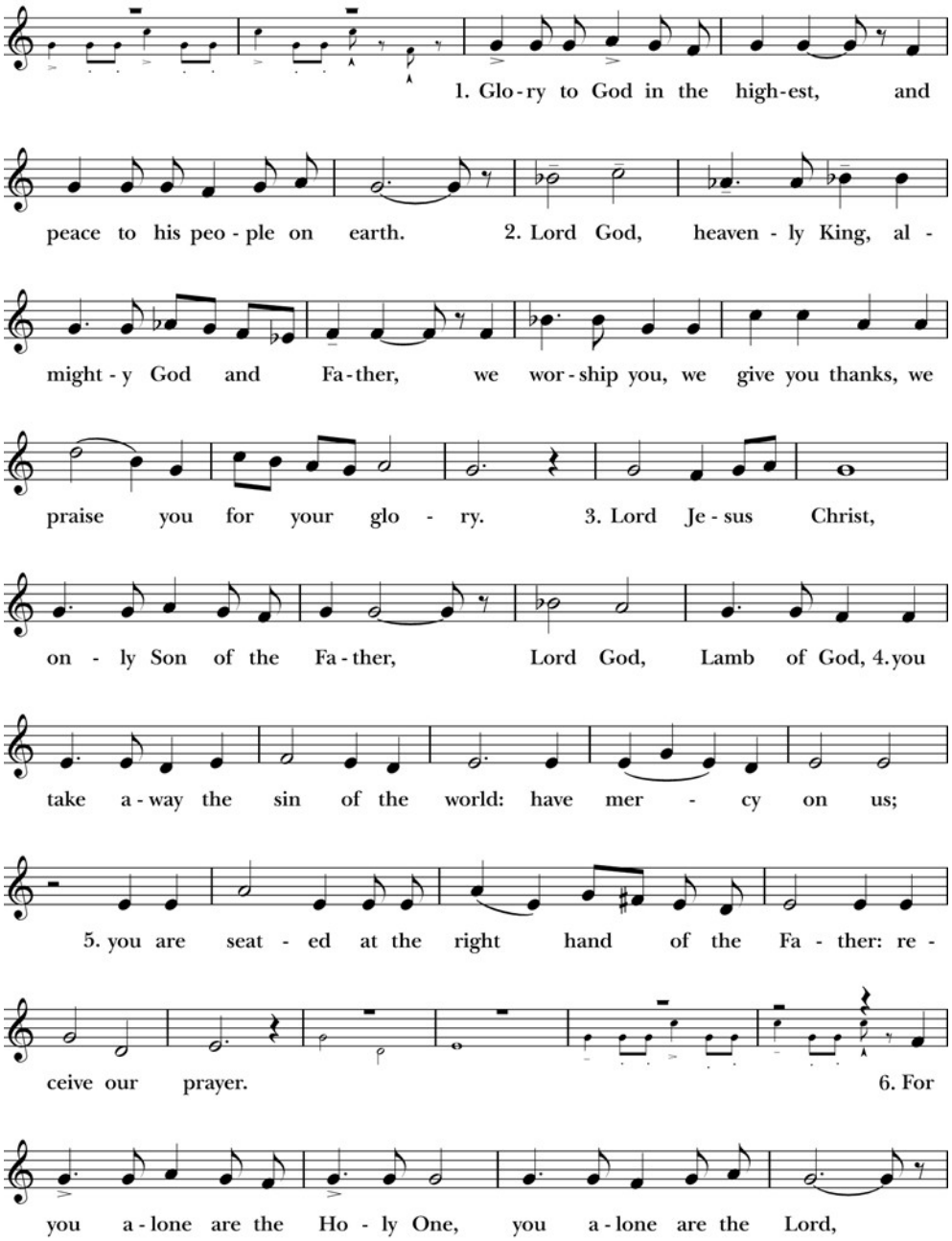
Words: Isaac Watts (1674-1748), alt. Music: *Forest Green*, English melody; adapt. and harm. Ralph Vaughan Williams (1872-1958).

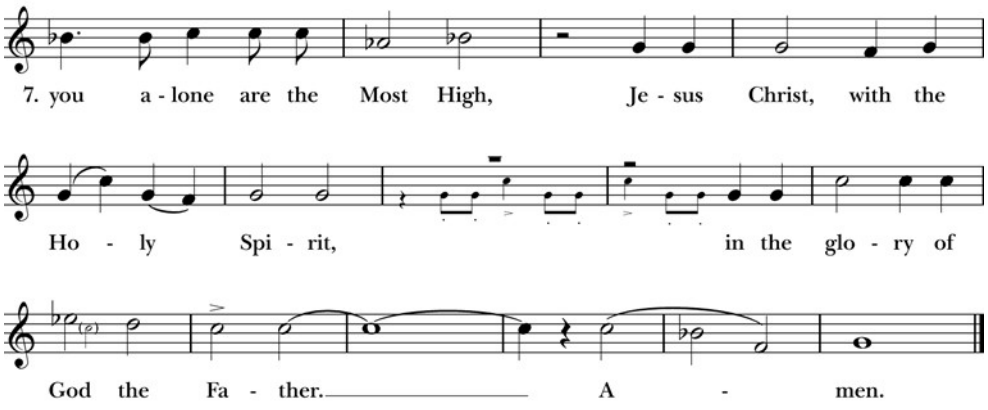
Opening Sentences

Celebrant: Blessed be God, Father, Son, and Holy Spirit.
***People*:** **And blessed be his Kingdom, now and forever. Amen.**

The Collect for Purity
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

S278 Gloria





Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

The Collect of the Day

Celebrant: The Lord be with you..
People: **And also with you.**

Celebrant: Let us pray.

Grant us, Lord, not to be anxious about earthly things, but to love things heavenly; and even now, while we are placed among things that are passing away, to hold fast to those that shall endure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever ***Amen.***

First Lesson Jonah 3:10-4:11

When God saw what the people of Nineveh did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

But this was very displeasing to Jonah, and he became angry. He prayed to the LORD and said, "O LORD! Is not this what I said while I was still in my own country? That is why I fled to Tarshish at the beginning; for I knew that you are a gracious God and merciful, slow to anger, and abounding in steadfast love, and ready to relent from punishing. And now, O LORD, please take my life from me, for it is better for me to die than to live." And the LORD said, "Is it right for you to be angry?" Then Jonah went out of the city and sat down east of the city, and made a booth for himself there. He sat under it in the shade, waiting to see what would become of the city.

The LORD God appointed a bush, and made it come up over Jonah, to give shade over his head, to save him from his discomfort; so Jonah was very happy about the bush. But when dawn came up the next day, God appointed a worm that attacked the bush, so that it withered. When the sun rose, God prepared a sultry east wind, and the sun beat

down on the head of Jonah so that he was faint and asked that he might die. He said, "It is better for me to die than to live."

But God said to Jonah, "Is it right for you to be angry about the bush?" And he said, "Yes, angry enough to die." Then the LORD said, "You are concerned about the bush, for which you did not labor and which you did not grow; it came into being in a night and perished in a night. And should I not be concerned about Nineveh, that great city, in which there are more than a hundred and twenty thousand persons who do not know their right hand from their left, and also many animals?"

Reader: Hear what the Spirit is saying to God's people.
***People*: Thanks be to God.**

The Psalm

Psalm 145:1-8

Exaltabo te, Deus

1 I will exalt you, O God my King, *
and bless your Name for ever and ever.
2 Every day will I bless you *
and praise your Name for ever and ever.
3 Great is the LORD and greatly to be praised; *
there is no end to his greatness.
4 One generation shall praise your works to another *
and shall declare your power.
5 I will ponder the glorious splendor of your majesty *
and all your marvelous works.
6 They shall speak of the might of your wondrous acts, *
and I will tell of your greatness.
7 They shall publish the remembrance of your great goodness; *
they shall sing of your righteous deeds.
8 The LORD is gracious and full of compassion, *
slow to anger and of great kindness.

Second Lesson Philippians 1:21-30

To me, living is Christ and dying is gain. If I am to live in the flesh, that means fruitful labor for me; and I do not know which I prefer. I am hard pressed between the two: my desire is to depart and be with Christ, for that is far better; but to remain in the flesh is more necessary for you. Since I am convinced of this, I know that I will remain and continue with all of you for your progress and joy in faith, so that I may share abundantly in your boasting in Christ Jesus when I come to you again.

Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel, and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing. For he has graciously granted you the privilege not only of believing in Christ, but of suffering for him as well-- since you are having the same struggle that you saw I had and now hear that I still have.

Reader: Hear what the Spirit is saying to God's people.
***People*: Thanks be to God**

Sequence Hymn Celtic Alleluia



Music © 1985, 1996, Fintan O'Carroll and Christopher Walker. Published by OCP. All rights reserved.

Holy Gospel Matthew 20:1-16

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew
***People:* Glory to you, Lord Christ.**

Jesus said, "The kingdom of heaven is like a landowner who went out early in the morning to hire laborers for his vineyard. After agreeing with the laborers for the usual daily wage, he sent them into his vineyard. When he went out about nine o'clock, he saw others standing idle in the marketplace; and he said to them, 'You also go into the vineyard, and I will pay you whatever is right.' So they went. When he went out again about noon and about three o'clock, he did the same. And about five o'clock he went out and found others standing around; and he said to them, 'Why are you standing here idle all day?' They said to him, 'Because no one has hired us.' He said to them, 'You also go into the vineyard.' When evening came, the owner of the vineyard said to his manager, 'Call the laborers and give them their pay, beginning with the last and then going to the

first.' When those hired about five o'clock came, each of them received the usual daily wage. Now when the first came, they thought they would receive more; but each of them also received the usual daily wage. And when they received it, they grumbled against the landowner, saying, 'These last worked only one hour, and you have made them equal to us who have borne the burden of the day and the scorching heat.' But he replied to one of them, 'Friend, I am doing you no wrong; did you not agree with me for the usual daily wage? Take what belongs to you and go; I choose to give to this last the same as I give to you. Am I not allowed to do what I choose with what belongs to me? Or are you envious because I am generous?' So the last will be first, and the first will be last."

Deacon: The Gospel of the Lord.
People: **Praise to you, Lord Christ.**

Sequence Hymn Celtic Alleluia

Sermon **Reverend Rebecca Goldberg**

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form VI

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For *Sean.* our Presiding Bishop, and *Austin* our Bishop; and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.

The Celebrant concludes with an absolution or a suitable Collect.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

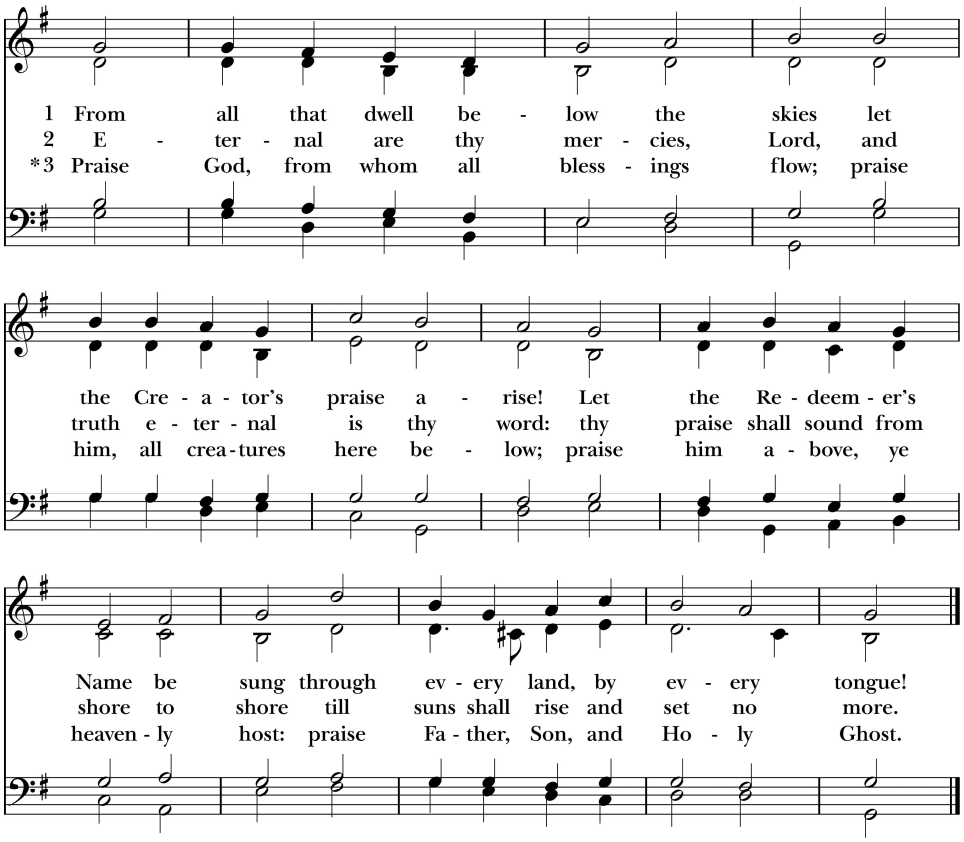
All stand. The Celebrant says to the people

Celebrant: The peace of the Lord be always with you.
People **And also with you.**

Offertory Hymn: Come, labor on

Doxology

Hymn 380 From All That Dwell Below the Skies Verse 3



Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

THE HOLY COMMUNION

Eucharistic Prayer C



Celebrant The Lord be with you.
People And also with you.

Celebrant Lift up your hearts.
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

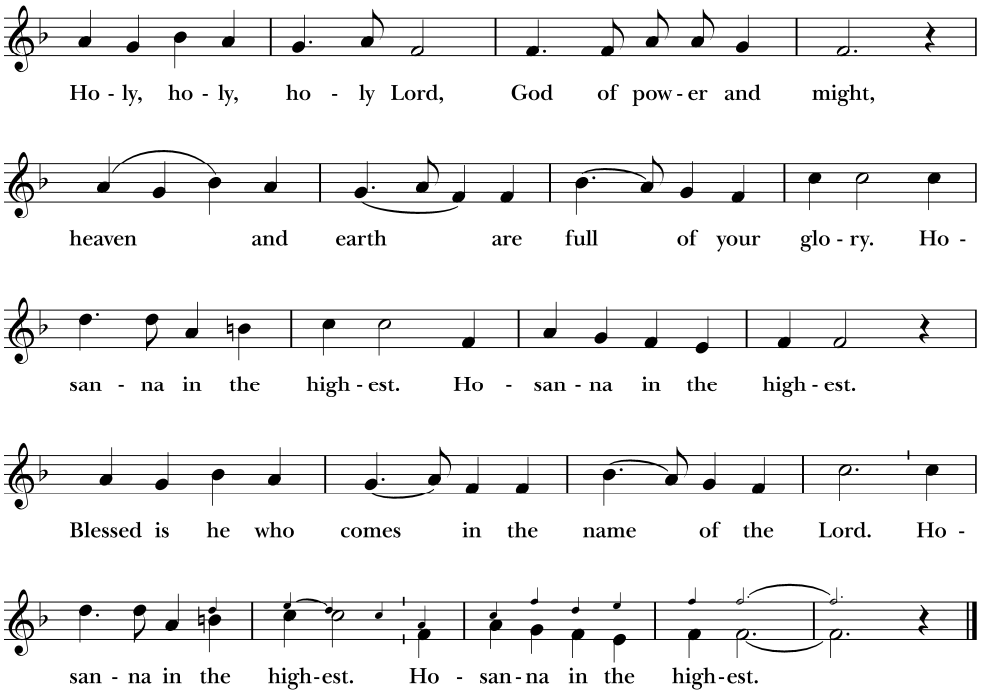
At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Sanctus S125



Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it, and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

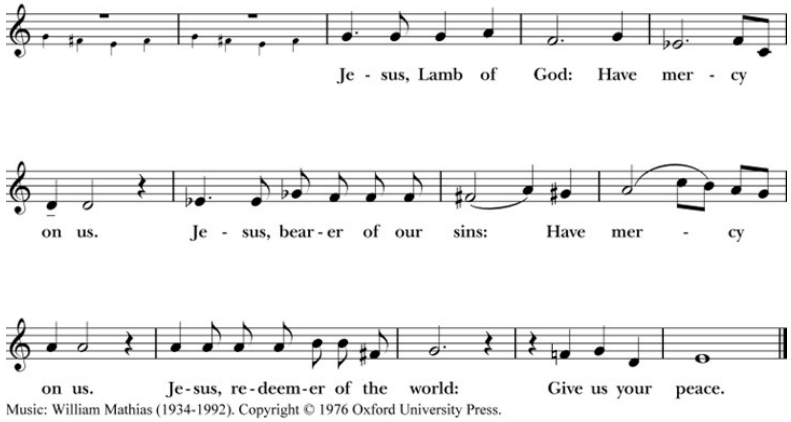
And now, as our Savior Christ has taught us, we are bold to say,	As our Savior Christ has taught us, we now pray,

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

FRACTION ANTHEM

S165



Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

Invitation

COMMUNION HYMN

#321 My God, Thy Table Now is Spread *Hymnal 1982*



Words: Sts. 1-3, Philip Doddridge (1702-1751), alt.; st. 4, Isaac Watts (1674-1748), alt. Music: *Rockingham*, melody from *Second Supplement to Psalmody in Miniature*, ca. 1780; adapt. Edward Miller (1731-1807); harm. Samuel Webbe (1740-1816).

Post communion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Announcements

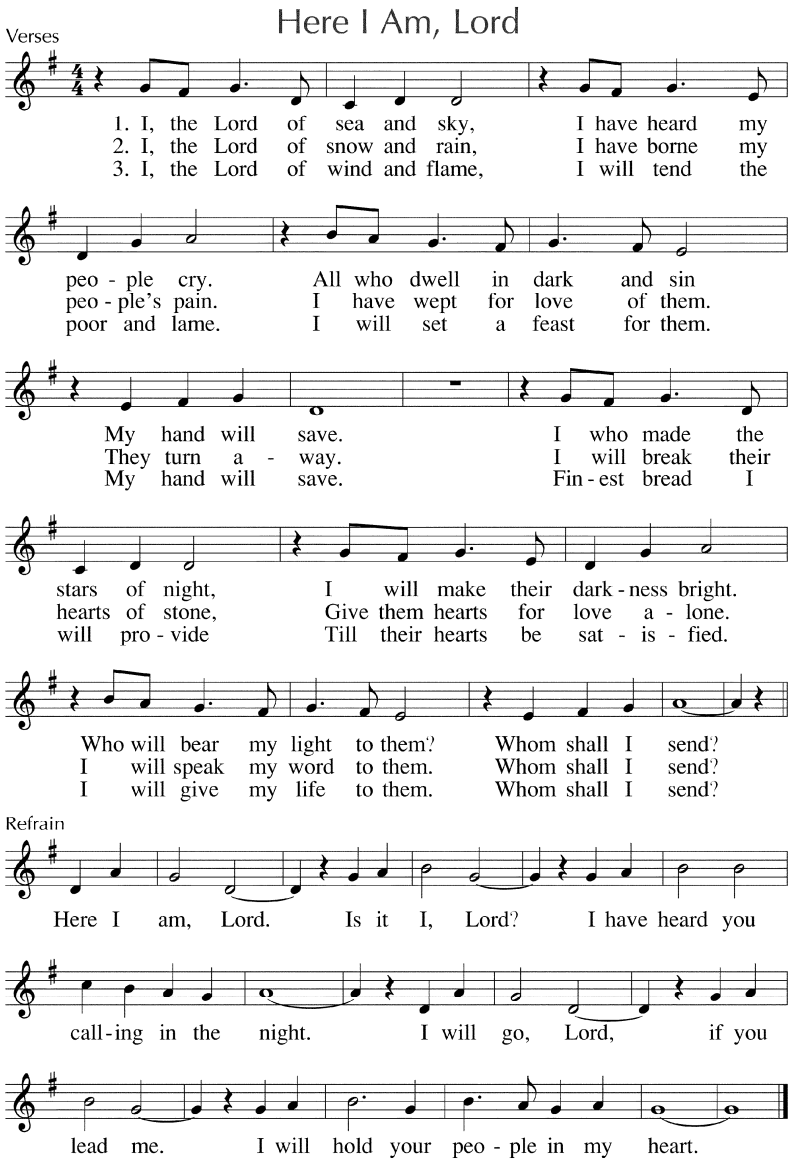
Eternal God, in whose perfect kingdom no sword is drawn but the sword of righteousness, no strength known but the strength of love: So mightily spread abroad your Spirit, that all peoples may be gathered under the banner of the Prince of Peace, as children of one Father; to whom be dominion and glory, now and for ever. Amen.

The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and his Son Jesus Christ our Lord. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you always. **Amen**

RECESSIONAL

#686 Here I Am Lord *Gather*



Text: Isaiah 6; Dan Schutte, b.1947
Tune: Dan Schutte, b.1947; arr. by Michael Pope, SJ, John Weissrock
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THE DISMISSAL

POSTLUDE: Purcell: Trumpet Tune

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:
Reverend Rebecca Goldberg
Amanda Yuxin Dai, Music Director
Kay Ballantyne, Sunday School Director

Worship Leader Rota:
Intercessor
Lector
Eucharistic Minister
Usher
Livestream Technician

Next Week's Scripture Lessons
Ezekiel 18:1-4,25-32
Psalm 25:1-8
Philippians 2:1-13
Matthew 21:23-32

Presider	Date
Reverend Rebecca Goldberg	Sunday, September 20, 2026
Rev. Gilbert Otuo-Acheampong	Sunday, September 27, 2026
Reverend Rebecca Goldberg	Sunday, October 04, 2026
Reverend Rebecca Goldberg	Sunday, October 11, 2026

St. Ambrose Episcopal Church
900 Edgewater Blvd
Foster City, CA 94404

Priest-In-Charge	Reverend Rebecca Goldberg	***Sr. Warden***	*David McIntyre*
Music Director	Amanda Yuxin Dai	***Jr. Warden***	*Elizabeth Peter*
Sunday School Director	Kay Ballantyne	***Treasurer***	*Alison LeBlanc*
Office Administrator	Angeli Labrador	***Vestry***	*Keith Adolph*
Bookkeeper	Ron Cook		*Suzanne Canada*
			Mary Loretta Davila
			George Gardiner
			Janet Gardiner
			Cathy Rincon

ANNOUNCEMENTS

Vestry Meeting 9/22
The St. Ambrose Vestry will meet Tuesday, **September 22 at 6:00 p.m**. in the Parish Hall**.**

Drum Circle
The St. Ambrose Drum Circle, convened by the Rev. Jay Watan, meets in the Parish Hall the **3rd Monday of each month at 11:30 a.m**. Please bring a bag lunch, drums are provided. All are welcome!

Off the Grid Wednesday Food Truck Night - 09/23
Sea Breeze School will be represented at the Off the Grid Wednesday Food Truck Night at Leo J Ryan Park on **September 23, from 5-9 PM**. Come and enjoy good food, and get to know your neighbors! For every food purchase made that night, Sea Breeze will receive $1.00. If you have any questions, please contact school principal Jerelyn Weber.

Mother Rebecca's time away
Mother Rebecca will be away at the Parish Retreat at Bishop's Ranch 9/25-9/27. We are happy to welcome the Rev. Gilbert Otuo-Acheampong as our Guest Preacher and Presider. The Rev. Otuo-Acheampong is a priest in the Anglican Church in Ghana and is a doctoral student at the Church Divinity School of the Pacific. Mother Rebecca will return to the office on **Monday 9/28** and then leave **9/29 for the Clergy Retreat 9/29-10/1**, returning to the office on **Friday, 10/2**. She can be reached on her cell phone at 650-291-5289 in case of pastoral emergency.

St. Francis Day Blessing of the Animals
At our Sunday service of Holy Eucharist on **October 4**, we will learn about the life and witness of St. Francis of Assisi. In his honor, and in keeping with his great love of all creation, you are invited to bring your animal companions for a special blessing during the Peace. Stuffed animals and photos of your beloved companions will also be blessed. Then, from **2-4:30 pm** at the Foster City Dog Park, we will offer blessings for the companion animals of our community. All are welcome! Please let Mother Rebecca know if you would like to come to the Dog Park. Thank you.

Lectors and Intercessors needed
Proclaiming the Word and leading the prayers of the faithful are important ministries in the life of our community. We give thanks for those who are currently serving, and we are in need of more volunteers If you would like to read or lead the intercessions, please let Mother Rebecca know. Training will be provided.

Opening for Parish Treasurer
Alison LeBlanc has resigned as our Treasurer effective **July 10**. We thank her for her years of good work! If you have financial experience and would be willing to serve the church in this important ministry, please let Mother Rebecca know. Training will be provided.

Notation of Pledge Contributions
If you are writing a check for your pledge contributions, please indicate "Pledge" in the memo portion of your check. This helps the office accurately account for what is received. Thank you!

Meditation Group
On Monday nights, at 6:30 p.m., St. Ambrose hosts a weekly in-person silent meditation group. The format follows that of the East-West Meditation Program that was offered at Mercy Center, Burlingame, for many years.

The format follows the Zen tradition, with a brief introduction and then a 25-minute silent meditation, 5-minute walking meditation (you are not obligated to physically move) and another 25-minute silent meditation. This will be held in the chapel, and bring your own cushion if you wish to sit on the floor. You can also sit in a chair or pew if it is better to you. If you have any questions, please feel free to contact David McIntyre, ntkod@icloud.com

Questionable Text/Emails

There is a text and scam email that is circulating, signed Rev. Rebecca Goldberg, which requests a copy of the Church directory. Please delete it. None of the St. Ambrose or Sea Breeze staff will send you an email asking you to divulge personal information, or contribute funds to a questionable cause. Please let Mother Rebecca know if you have any questions.

Mother Rebecca's office hours

Mother Rebecca will be in her office on Tuesday, Wednesday, and Friday 9:30-4:30. She can be reached during office hours at 650-574-1369. If you have a pastoral emergency, please call 650 291-5289 revrebecca@stambrosefostercity.org

Coffee Hour

Join us for Coffee Hour after the service at 11:00 am in the parish hall. Please volunteer to contribute (cakes, cookies, finger food or sandwiches) by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board: Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1

Worship Leaders Needed

Please sign up as a Lector for our 10:00* am Eucharist by emailing office@stambrosefostercity.org or the Church signup sheet. We also need Worship Leader volunteers for our 10:00* am Eucharist. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians.

Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship **No 8:30am service at this time*

Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Kay Ballantyne rose466@earthlink.net or Raphael Gerber raphaele.gerber@gmail.com

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please Warren Wong at wwong@nd.edu

Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. Currently we are working through "Reading Van Gogh: An Amateur's Search for God" by Elizabeth Barks Cox. If interested, please contact Hamilton Fong. hfongster@gmail.com

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the sanctuary to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Prayer list: We pray especially Stavros and Helen Chrysovergis, Verna Labrador Cinotti, Belinda Yuen and family, Keith Adolph, Etta Bates, Dulce Lord's sister Divina, Andra Baker Gleinn, Renee Sheldon and family, Darren Su, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Clara Padilla, Mirta Padilla, Isabella, Jerry Boykin, Carol Newman, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

***For those who have died*:** Eleanor Hui**,** Bettie Davis**,** Pat Cinotti, Juan Francisco Medina, Veronica Rutledge**,** Paul Rose, Stephen Yuen**,** Charlene Adolph**,** David Labrador**,** Don Peter**,** Alene Karthas**,** Diane Robertson, Bob Gleinn, Doreen Yuen, Veneranda Ramirez**,** Arthur Labrador**,** Buck Schott, Ercira Puig, Zaw-Sing Su, Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford**,** John David Tate, Martin Gardiner *[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

The Altar Flowers are given by

The Altar Guild for the Glory of God

Birthdays

April Cherrington – September 21
Jerelyn Weber – September 26
Angeli Labrador – September 27