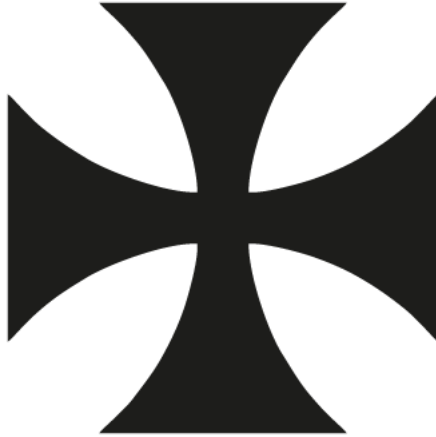


Second Sunday in Lent
February 28, 2021
10:00 a.m.



Mass: Rite II

We are delighted to welcome you to our online liturgy. During this time of Shelter in Place, we regret that we cannot administer Holy Communion to most of you. Nonetheless, we remain one in the Spirit through our receiving of Spiritual Communion.

The Prelude: *Ich Ruf Zu Dir, Herr Jesu Christ*

J.S. Bach

The Welcome

The Introit Hymn: *A Lent Prose*

Mode V

Refrain (Cantor 1st time)

Hear us, O Lord, * have mer - cy up - on us:

for we have sinn'd a - gainst thee.

Hear us, O'Lord, have mercy upon us: for we have sinned against thee.

1. To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen, O'Jesu, to our supplications. Refrain.
2. O thou chief Corner-stone, Right Hand of the Father: Way of Salvation, Gate of Life Celestial: cleanse thou our sinful souls from all defilement. Refrain
3. God, we implore thee, in thy glory seated: bow down and hearken to thy weeping children: pity and pardon all our grievous trespasses. Refrain.
4. Sins oft committed now we lay before thee: with true contrition, now no more we veil them: grant us, Redeemer, loving absolution. Refrain.
5. Innocent, captive, taken unresisting: falsely accused, and for us sinners sentenced, save us, we pray thee, Jesu our Redeemer. Refrain.

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The people standing

Priest Blessed be God: Father, Son and Holy Spirit. *BCP, Page 355*

People **And blessed be God's kingdom, now and forever. Amen.**

The Collect for Purity

All: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Kyrie

Missa de Angelis

(Congregation Repeats each line)

Ky-ri - e - le - i - son

Chris - te - le i son

Ky-ri - e - le - i - son

The Collect of the Day

Celebrant: The Lord be with you.

All: **And also with you.**

Celebrant: Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth

of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

The Old Testament: Genesis

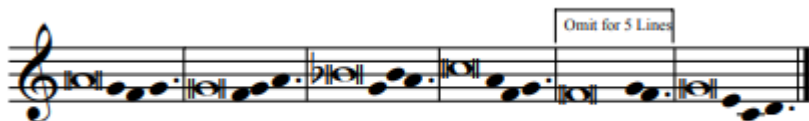
17:1-7, 15-16

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, “I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous.” Then Abram fell on his face; and God said to him, “As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.

God said to Abraham, “As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her.”

Reader: The Word of the Lord.

All: **Thanks be to God.**



© Saint Meinrad Archabbey

Praise the LORD, you that fear him;
stand in awe of him, O offspring of Israel;
all you of Jacob's line, give glory.

For he does not despise nor abhor the poor in their poverty;
neither does he hide his face from them;
but when they cry to him he hears them.

My praise is of him in the great assembly;

I will perform my vows

in the presence of those who worship him.

The poor shall eat and be satisfied,

and those who seek the LORD shall praise him:

"May your heart live for ever!"

All the ends of the earth shall remember and turn to the LORD,

and all the families of the nations shall bow before him.

For kingship belongs to the LORD;

he rules over the nations.

To him alone all who sleep in the earth bow down in worship;

all who go down to the dust fall before him.

My soul shall live for him;

my descendants shall serve him;

they shall be known as the LORD's for ever.

They shall come and make known

to a people yet unborn
the saving deeds that he has done.

The Epistle: Romans 4:13-25

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become “the father of many nations,” according to what was said, “So numerous shall your descendants be.” He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah’s womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith “was reckoned to him as righteousness.” Now the words, “it was reckoned to him,” were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

Reader: The Word of the Lord.

People: **Thanks be to God.**

The Gospel: *Mark*

8:31-38

Priest: The Holy Gospel of our Lord Jesus Christ according to Mark.

All: **Glory to you, Lord Christ.**

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.”

He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

Priest: The Gospel of the Lord.

All: **Praise to you, Lord Christ**

The Nicene Creed

BCP, page 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Intercessions:

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Lord, in your mercy
Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Lord, in your mercy
Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Lord, in your mercy
Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord, in your mercy
Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray especially for healing for Frank Saunders, Frank Brown, Barbara and John Milligan, and Ed Avakoff. We honor the Stewart and Jarrell Family.

Lord, in your mercy
Hear our prayer.

We commend to your mercy Alma Olan and Grace Direickson all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Lord, in your mercy
Hear our prayer.

For what else shall we pray? (*Silence*)

Priest: Let us all pray together,

All: Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.

The Confession & Absolution

God is love and we are his children. There is no room for fear in love. We love because he loved us first.

Let us confess our sins in penitence and faith. (*Silence*)

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have

mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Priest: Almighty God have mercy on you, (+) forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Lord Jesus Christ, you said to your apostles, “Peace I leave with you; my own peace do I give you.” Regard not our sins, but the faith of your Church, and grant us peace and unity according to your will, who lives and reigns God throughout all ages, world without end. **Amen.**

Priest: The peace of the Lord be always with you.

All: **And also with you.**

Priest: Let us offer one another some sign of Peace.

The Offertory Sentence: If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it.

1 Hum - bly I a - dore thee, Ver - i - ty un - seen,
2 Taste and touch and vi - sion to dis - cern thee fail;
3 O me - mo - rial won - drous of the Lord's own death;
4 Je - sus, whom now hid - den, I by faith be - hold,
who thy glo - ry hid - est 'neath these sha - dows mean;
faith, that comes by hear - ing, pierc - es through the veil.
liv - ing Bread that giv - est all thy crea - tures breath,
what my soul doth long for, that thy word fore - told:
lo, to thee sur - ren - dered, my whole heart is bowed,
I be - lieve what - e'er the Son of God hath told;
grant my spi - rit ev - er by thy life may live,
face to face thy splen - dor, I at last shall see,
tranced as it be - holds thee, shrined with - in the cloud.
what the Truth hath spo - ken, that for truth I hold.
to my taste thy sweet - ness nev - er - fail - ing give.
in the glo - rious vi - sion, bless - ed Lord, of thee.

The Eucharistic Prayer III (from the Scottish Episcopal Church)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

Worship and praise belong to you, maker of light and darkness.

Your wisdom draws beauty from chaos, brings a harvest out of sorrow

and leads the exiles home. In Christ your Son enemies are reconciled, debts forgiven and strangers made welcome.

Your Spirit frees us to live as sons and daughters in our Father's house. We who by Christ's power follow the way of the Cross, sharing the joy of his obedience, now offer you our praise, with angels and archangels and the whole company of heaven singing the hymn of your unending glory:

The Sanctus & Benedictus.

Hymnal #S130

Ho - ly, ho - ly, ho - ly Lord, God of power and

The first system of musical notation for the hymn. It consists of a treble and bass staff in a 2/4 time signature with a key signature of two flats (B-flat and E-flat). The melody is primarily composed of quarter and eighth notes. The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of power and".

might, — Ho - ly, ho - ly, ho - ly Lord,

The second system of musical notation. It continues the melody from the first system. The lyrics are: "might, — Ho - ly, ho - ly, ho - ly Lord,". The treble staff features a long note with a fermata over the word "might".

God of power and might, — hea - ven and earth are

The third system of musical notation. It continues the melody. The lyrics are: "God of power and might, — hea - ven and earth are". The treble staff features a long note with a fermata over the word "might".

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

Setting: From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

Glory and thanksgiving be to you, most loving Father, for Christ in whom the world is reconciled. Lifted on the Cross, his suffering and forgiveness spanned the gulf our sins had made. Through that dark struggle death was swallowed up in victory, that life and light might reign.

Before he was given up to suffering and death, recalling the night of Israel's release, the night in which the sons of Egypt died, your Chosen One, himself the First-Born, freely offered his life.

At supper with his disciples he took bread and offered you thanks. He broke the bread, and gave it to them, saying:

"Take, eat.

This is my Body: it is broken for you."

After supper, he took the cup, he offered you thanks, and gave it to them saying:

"Drink this, all of you.

This is my Blood of the new covenant; it is poured out for you, and for all, that sins may be forgiven. Do this in remembrance of me."

We now obey your Son's command.

**All: We recall his blessed passion and death,
his glorious resurrection and ascension;
and we look for the coming of his Kingdom.**

Made one with him, we offer you these gifts and with them ourselves, a single, holy, living sacrifice. Hear us, most merciful Father, and send your Holy Spirit upon us and upon this bread and this wine, that, overshadowed by his life-giving power, they may be the Body and Blood of your Son, and we may be kindled with the fire of your love and renewed for the service of your Kingdom.

Help us, who are baptised into the fellowship of Christ's Body to live and work to your praise and glory; may we grow together in unity and love until at last, in your new creation, we enter into our heritage in the company of the Virgin Mary, the apostles, and prophets, and of all our brothers and sisters living and departed.

Through Jesus Christ our Lord, with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be to you, Lord of all ages, world without end.

Amen.

Priest: And now, as our Savior Christ taught us, we are bold to say:

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory

forever and ever. Amen

The Fraction:

We break this bread to share in the Body of Christ.

All: Though we are many, we are One Body, because we all share in one bread.

The Gifts of God for the people of God. [*The Eucharist may be consumed*]

The Agnus Dei:

Hymnal #S159

O Lamb of God, that ta - kest a - way
the sins of the world, have mer - cy
up - on us. O Lamb of God,
that ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of
the world, grant us thy peace.

In this season, when our whole community of faith cannot gather together, we give thanks for the gift of the Eucharist – a gift that we hold all the more precious in these days when we cannot share the one bread and the one cup. Yet, even in the absence of this sacramental sharing, the mystical Communion between Christ and his church, and among us as members of Christ’s body, remains unbroken. And so, mindful of this deep bond of the Spirit, let us unite ourselves to Christ and one another.

The Post-communion Prayer:

Father of all, we give you thanks and praise that when we were still far off you met us in your Son and brought us home. Dying and living, he declared your love, gave us grace, and opened the gate of glory. May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

The Announcements

The Benediction:

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God Almighty, (+) The Father, the Son, and the Holy Spirit, be among you, and remain with you always, **Amen.**

1 Lord, who through-out these for - ty days for us didst fast and pray,
2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
5 A - bide with us, that so, this life of suf - fering o - ver - past,

1 teach us with thee to mourn our sins, and close by thee to stay.
2 O give us strength in thee to fight, in thee to con - quer sin.
3 to die to self, and chief - ly live by thy most ho - ly word.
4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
5 an Eas - ter of un - end - ing joy we may at - tain at last!

The image shows two systems of musical notation for a hymn. Each system consists of a vocal line (treble clef) and a piano accompaniment line (bass clef). The lyrics are printed below the vocal line. The first system contains five lines of lyrics, and the second system contains five lines of lyrics. The music is in a common time signature and features a simple, hymn-like melody.

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The Dismissal

Priest: Let us bless the Lord.

People: **Thanks be to God.**

The Postlude: *Saint Anthony Chorale*

F.J. Haydn

ANNOUNCEMENTS

We are looking for additional Lectors and Intercessors please contact Margie Lee at stambrosefc@att.net if you are interested in joining our Sunday Services to be added to our rotation.

Weekly Calendar

DAY	DATE	TIME	EVENT
Sunday	Feb 28	10:00 am	Worship Service
		11:00 am	Zoom Coffee Hour
		4:00 pm	Zoom Youth Group Meeting
Monday	Mar 1	1:00 pm	Zoom Bible Study
Tuesday	Mar 2		
Wednesday	Mar 3	10:00 am	Contemplative Meditation
Thursday	Mar 4		
Friday	Mar 5		
Saturday	Mar 6		
Sunday	Mar 7		

TODAY

Sunday, February 28, 11:00 am: Zoom Coffee Hour, contact Ali Le Blanc on 650-281-9236 for questions
 Join Zoom Meeting with the following link: [Zoom Coffee Hour](#)
 Meeting ID: 872 7420 6121
 Passcode: 681474

Sunday, February 28, 4:00 pm Zoom Youth Group Meeting
 For Zoom link, please contact Daniel Tate at ym_stambrosefc@att.net or 650-799-7084

THIS WEEK

Monday, March 1, 1:00 pm Zoom Bible Study. For Zoom link, please contact Daniel Tate at dtate@ses.cdsp.edu or 650-799-7084

Contemplative Meditation

We're very excited to announce that Father Shane will be guiding a thirty-minute weekly contemplative meditation on Wednesdays at 10am. We're fortunate that in his previous life Father Shane was a monk and are looking forward to sharing this experience with him.

Please send an email to Hamilton Fong (hfongster@gmail.com) or to Nilda Chong (nchongmd@gmail.com) if you wish to be included in the Zoom invitation.

Prayer list: We pray especially for Peggy Redmond, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Frank Brown, Barbara and John Milligan, Ed Avakoff, Peter Gee, Nellie Wong, Max Gumbert, Isabella, Ding Jai Li, Jerry Boykin, Sylvia Brooks, Carol Newman, Clara Padilla, Bettie Davis, Frank Saunders

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

In the Anglican cycle of prayer we pray for:

The Iglesia Anglicana de la Region Central de America; the Diocese of Armidale (Australia); Diocese of Arochukwu/Ohafia (Nigeria); the Diocese of Aru (Congo); Diocese of Asaba (Nigeria); the Diocese of Asante Mampong (Ghana); and the Diocese of Saint Asaph (Wales)

In the Diocesan cycle of prayer we pray for:

Michael Lemaire Jr, Jude Harmon, Margaretmary Staller, Joseph Holt, Dr. John Conger, Linda Wood, The Very Rev. Alan Jones, Cn. Sally Bingham and Dr. Alexander Blair

The Altar Flowers are given by

Daphne Rhodes in honor of the Stewart and Jarrell Family

The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God
in Jesus Christ as we care for each other and
our larger community. We worship in the
Episcopal and Anglican tradition, extending
an open and inclusive invitation to all
people, welcoming children into our church family
and serving those in need.

Worship Leaders Thank You to Each of You!

The Rev'd Dr. Shane Scott-Hamblen, Interim Rector
David McIntyre/Cathy Rincon Lectors
Shelley Keefe, Intercessor
Hamilton Fong, Cantor
Frank Saunders, Organist
Lydia McIntyre/Shelley Keefe Technicians

Thank you to the Worship Team and virtual congregation for joining in worship.

Lector/Intercessor Rota:

28 Feb (R) David McIntyre/Cathy Rincon
Shelley Keefe (I)
7 Mar (R) Warren Wong/Yvonne Sidell
Jim Neubert (I)
14 Mar (R) Cathy Rincon/Eugene Hetzer
David McIntyre (I)
21 Mar (R) Jim Neubert/Yvonne Sidell
Daniel Tate (I)
28 Mar (R) Warren Wong/David McIntyre
Cathy Rincon (I)
4 Apr (R) Maureen Fromme/Jim Neubert
Yvonne Sidell (I)

Fr Shane can be contacted on 845-240-4516, or at
FrshaneSH@gmail.com