

Third Sunday of Easter

April 18, 2021

10:00 a.m.

Mass: Rite II



We are delighted to welcome you to our online liturgy. During this time of Shelter in Place, we regret that we cannot administer Holy Communion to most of you. Nonetheless, we remain one in the Spirit through our receiving of Spiritual Communion.

The Prelude: *Sinfonia #9 in F minor*

J. S. Bach

The Welcome

The Introit Hymn: *O Filii et Filiae*

Hymn #206



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!



1 O sons and daught - ers, let us sing!
2 That night the a - pos - tles met in fear;
3 When Thom - as first the tid - ings heard,
4 "My pierc - ed side, O Thom - as, see;
5 No long - er Thom - as then de - nied,
6 How blest are they who have not seen,



1 The King of heaven, the glo - rious King,
2 a - midst them came their Lord most dear,
3 how they had seen the ris - en Lord,
4 my hands, my feet, I show to thee;
5 he saw the feet, the hands, the side;
6 and yet whose faith has con - stant been,



1 o'er death and hell rose tri - umph - ing. Al - le - lu - ia!
2 and said, "My peace be on all here." Al - le - lu - ia!
3 he doubt - ed the dis - ci - ples' word. Al - le - lu - ia!
4 not faith - less, but be - liev - ing be." Al - le - lu - ia!
5 "Thou art my Lord and God," he cried. Al - le - lu - ia!
6 for they e - ter - nal life shall win. Al - le - lu - ia! [Ant.]



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

This hymn is for the Second Sunday of Easter and St. Thomas' Day.

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The people standing

Priest Alleluia. Christ is risen. *BCP, Page 355*

People **The Lord is risen indeed. Alleluia.**

The Collect for Purity

***All:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

The Gloria

Hymnal #S280

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

Setting: Robert Powell (b. 1932)

The Collect of the Day

Celebrant: The Lord be with you.

All: **And also with you.**

Celebrant: Let us pray.

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

(Seated)

The First Lesson: Acts 3:12-19

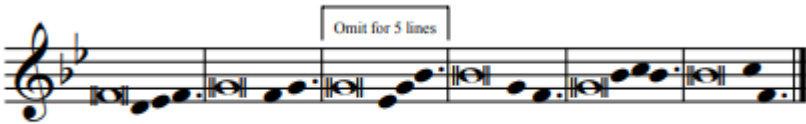
Peter addressed the people, “You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. But you rejected the Holy and Righteous One and asked to have a murderer given to you, and you killed the Author of life, whom God raised from the dead. To this we are witnesses. And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you.

“And now, friends, I know that you acted in ignorance, as did also your rulers. In this way God fulfilled what he had foretold through all the prophets, that his Messiah would suffer. Repent therefore, and turn to God so that your sins may be wiped out.”

Reader: The Word of the Lord.

All: **Thanks be to God.**

St Meinrad Mode VIII (6-line)



© Saint Meinrad Archabbey

Answer me when I call O God, defender of my cause;
you set me free when I am hard-pressed;
have mercy on me and hear my prayer.

"You mortals, how long will you dishonor my glory;
how long will you worship dumb idols
and run after false gods?"

Know that the LORD does wonders for the faithful;
when I call upon the LORD, he will hear me.

Tremble, then, and do not sin;
speak to your heart in silence upon your bed.

Offer the appointed sacrifices
and put your trust in the LORD.

Many are saying, "Oh that we might see better times!"
Lift up the light of your countenance upon us, O LORD.

You have put gladness in my heart,
more than when grain and wine and oil increase.

I lie down in peace; at once I fall asleep;
for only you LORD, make me dwell in safety.

The Epistle: *1 John 3:1-7*

See what love the Father has given us, that we should be called children of God; and that is what we are. The reason the world does not know us is that it did not know him. Beloved, we are God's

children now; what we will be has not yet been revealed. What we do know is this: when he is revealed, we will be like him, for we will see him as he is. And all who have this hope in him purify themselves, just as he is pure.

Everyone who commits sin is guilty of lawlessness; sin is lawlessness. You know that he was revealed to take away sins, and in him there is no sin. No one who abides in him sins; no one who sins has either seen him or known him. Little children, let no one deceive you. Everyone who does what is right is righteous, just as he is righteous.

Reader: The Word of the Lord.

People: **Thanks be to God.**

The Gospel: Luke 24:36b-48 (Standing)

Priest: The Holy Gospel of our Lord Jesus Christ according to Luke.

All: **Glory to you, Lord Christ.**

Jesus himself stood among the disciples and said to them, “Peace be with you.” They were startled and terrified, and thought that they were seeing a ghost. He said to them, “Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have.” And when he had said this, he showed them his hands and his feet. While in their joy they were disbelieving and still wondering, he said to them, “Have you anything here to eat?” They gave him a piece of broiled fish, and he took it and ate in their presence.

Then he said to them, “These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.” Then he opened their minds to understand the scriptures, and he said to them, “Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness

of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.”

Priest: The Gospel of the Lord.
All: Praise to you, Lord Christ

The Nicene Creed

BCP, page 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Intercessions: (Kneeling)

You have no equal, God. We come before you humbled, asking for your healing presence. Heal us, raise us so that we may serve you.

We are amazed at your creative genius—how you have stretched the heavens like curtains, and yet you bend to be with us.

We are amazed, God. We raise our hearts in awe.

Our world and our lives are in need of healing and direction. We ask you to guide your church and heal it where it is worn out and self-centered. Direct those who lead the church: bishops, priests and deacons; all those in positions of leadership.

We ask for direction. Raise our hearts to you, God.

We ask you to heal the relationships between nations, and neighbors. Give the leaders of the nations the courage to pursue justice and speak peace as an example for the world.

We ask for healing. Raise our hearts to you, God.

Many of us suffer from addiction, anxiety, and illness. Break their chains which bind them and heal them, God. Surround them with supportive people, the resources they need, and a tangible sense of your love. We pray especially for Peter Gee, Nellie Wong, Max Gumbert, and Isabella.

We ask for healing. Raise our hearts to you, God.

We pray for those who have died, that they may know the fullness of your love in the life you have prepared for them. Comfort those who grieve their loss and give them the confidence of your love which knows no limits of time or space. We pray especially for Justo L. Padilla.

We ask for assurance of your love.

Raise our hearts to you, God.

For what else shall we pray?

All: Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.

The Confession & Absolution

God is love and we are his children. There is no room for fear in love. We love because he loved us first. Let us confess our sins in penitence and faith. (*Silence*)

All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Priest: Almighty God have mercy on you, (+) forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Lord Jesus Christ, you said to your apostles, “Peace I leave with you; my own peace do I give you:” Regard not our sins, but the faith of your Church, and grant us peace and unity according to your will, who lives and reigns God throughout all ages, world without end. **Amen.**

(Standing)

Priest: The peace of the Lord be always with you.

All: **And also with you.**

Priest: Let us offer one another some sign of Peace.

The Offertory Sentence: “Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.”

The Offertory Hymn Come Away to the Skies, v. 1-3



1. Come a - way to the skies, My be -
 2. Now with sing - ing and praise, Let us
 3. For the glo - ry we were First cre -
 4. We with thanks do ap - prove The de -
 5. Hal - le - lu - jah we sing, To our



lov - ed, a - rise And re - joice in the
 spend all the days, By our heav - en - ly
 at - ed to share, Both the na - ture and
 sign of that love Which has joined us to
 Fa - ther and King, And his rap - tu - rous



day you were born; On this
 Fa - ther be - stowed, While his
 king - dom di - vine! Now cre -
 Je - sus' name; So u -
 prais - es, re - peat: To the



fes - ti - val day, Come ex - ult - ing a -
 grace we re - ceive From his boun - ty, and
 at - ed a - gain That our lives may re -
 nit - ed in heart, Let us nev - er - more
 Lamb that was slain, Hal - le - lu - jah a -



way, And with sing - ing to Zi - on re - turn.
 live To the hon - or and glo - ry of God.
 main, Through-out time and e - ter - ni - ty, thine.
 part, Till we meet at the feast of the Lamb.
 gain, Sing, all heav - en, and fall at his feet.

Text: Anonymous, *Southern Harmony*, 1835, alt.

Tune: MIDDLEBURY, no 9 66 9; *Southern Harmony*, 1835; harm. by Jack W. Burton, b.1946, © 1964

The Eucharistic Prayer (from the Scottish Episcopal Church)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

Worship and praise belong to you, Author of all being.
Your power sustains, your love restores, our broken world.

You are unceasingly at work, from chaos bringing order
and filling emptiness with life.

Christ, raised from the dead,
proclaims the dawn of hope.
He lives in us that we may walk in light.

Your Spirit is fire in us,
your breath is power
to purge our sin and warm our hearts to love.

As children of your redeeming purpose,
freed by him who burst from the tomb
and opened the gate of life,
we offer you our praise,
with angels and archangels
and the whole company of heaven,
singing the hymn of your unending glory:

The Sanctus & Benedictus

Hymnal #S125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

The image shows a musical score for a hymn. It consists of five staves of music in a single system. The first staff begins with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The music is in a common time signature (C). The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heaven and earth are full of your glo - ry. Ho - san - na in the high - est. Ho - san - na in the high - est. Blessed is he who comes in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est." The notes are primarily quarter and eighth notes, with some longer notes and rests.

Setting: From *A Community Mass*; Richard Proulx (b. 1937)

Praise and thanksgiving be to you, Lord of all, for by the Cross eternal life is ours and death is swallowed up in victory.

In the first light of Easter, glory broke from the tomb
and changed the women's sorrow into joy.
From the Garden the mystery shone clear
that he whom they had loved and lost
is with us now, in every place for ever.

Making himself known in the breaking of the bread,
speaking peace to the fearful disciples,
welcoming weary fishermen on the shore,
he renewed the promise of his presence
and of new birth in the Spirit
who sets the seal of freedom on your sons and daughters.

Before he was given up to suffering and death,

recalling the night of Israel's release,
the night in which slaves walked free,
at supper with his disciples
he took bread and offered you thanks.

He broke the bread, and gave it to them, saying:
"Take, eat. This is my Body: it is broken for you."

After supper, he took the cup,
he offered you thanks, and gave it to them saying:
"Drink this, all of you.

This is my Blood of the new covenant;
it is poured out for you, and for all,
that sins may be forgiven.
Do this in remembrance of me."

We now obey your Son's command:

**All: We recall his blessed passion and death,
his glorious resurrection and ascension;
and we look for the coming of his Kingdom.**

Made one with him, we offer you these gifts
and with them ourselves, a single, holy living sacrifice.

Hear us, most merciful Father,
and send your Holy Spirit upon us
and upon this bread and this wine,
that, overshadowed by your Spirit's life-giving power,
they may be the Body and Blood of your Son,
and we may be kindled with the fire of your love
and renewed for the service of your Kingdom.

Help us, who are baptised
into the fellowship of Christ's Body

to live and work to your praise and glory;
may we grow together in unity and love
until at last, in your new creation,
we enter into our heritage
in the company of the Virgin Mary,
the apostles, and prophets,
and of all our brothers and sisters
living and departed.

Through Jesus Christ our Lord,
with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be to you,
Lord of all ages,
world without end.**Amen.**

Amen.

Priest: And now, as our Savior Christ taught us, we are bold to say:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory
forever and ever. Amen**

The Fraction:

We break this bread to share in the Body of Christ.

All: **Though we are many, we are One Body, because we all share in one bread.**

The Gifts of God for the people of God. [*The Eucharist may be consumed*]

The Agnus Dei:

Hymnal #S164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

Setting: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

In this season, when our whole community of faith cannot gather together, we give thanks for the gift of the Eucharist – a gift that we hold all the more precious in these days when we cannot share the one bread

and the one cup. Yet, even in the absence of this sacramental sharing, the mystical Communion between Christ and his church, and among us as members of Christ's body, remains unbroken. And so, mindful of this deep bond of the Spirit, let us unite ourselves to Christ and one another.

The Post-communion Prayer:

**Lord, you have nourished us with the Easter sacrament:
fill us with the spirit of your love,
and unite us in faith;
that we may be witnesses to the resurrection
and show your glory to all the world;
through Jesus Christ our Lord. Amen**

The Announcements

The Benediction:

The God of peace,
who brought again from the dead our Lord Jesus,
that great shepherd of the sheep,
through the blood of the eternal covenant,
make you perfect in every good work;
working in you that which is pleasing and good;

And the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be upon you, and remain with you always. **Amen**

The Recessional Hymn: Ellacombe

Hymnal #210

Descant

3 Now let the heavens be joy - ful, let earth her song be - gin,
1 The day of re - sur - rec - tion! Earth, tell it out a - broad;
2 Our hearts be pure from e - vil, that we may see a - right
3 Now let the heavens be joy - ful, let earth her song be - gin,

the round world keep high tri - umph, and all that is there - in;
the Pass - o - ver of glad - ness, the Pass - o - ver of God,
the Lord in rays e - ter - nal of re - sur - rec - tion light;
the round world keep high tri - umph, and all that is there - in;

let all things seen and un - seen their notes to - geth - er blend,
From death to life e - ter - nal, from earth un - to the sky,
and, lis - tening to his ac - cents, may hear so calm and plain
let all things seen and un - seen their notes to - geth - er blend,

for Christ the Lord is ris - en, our joy that hath no end.
 our Christ hath brought us o - ver with hymns of vic - to - ry.
 his own "All hail!" and, hear - ing, may raise the vic - tor strain.
 for Christ the Lord is ris - en, our joy that hath no end.

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The Dismissal.

Priest: Let us go forth in the name of Christ. Alleluia. Alleluia.
People: **Thanks be to God. Alleluia. Alleluia.**

The Postlude: Ode to Joy, from Symphony #9 L. V. Beethoven

ANNOUNCEMENTS

Weekly Calendar

DAY	DATE	TIME	EVENT
Sunday	Apr 18	10:00 am	Worship Service
		11:00 am	Zoom Coffee Hour
		4:00 pm	Zoom Youth Group Meeting
Monday	Apr 19	1:00 pm	Zoom Bible Study
Tuesday	Apr 20		
Wednesday	Apr 21	10:00 am	Contemplative Meditation
Thursday	Apr 22		
Friday	Apr 23		
Saturday	Apr 24		
Sunday	Apr 25		

We are looking for additional Lectors and Intercessors please contact Margie Lee at stambrosefc@att.net if you are interested in joining our Sunday Services to be added to our rotation.

TODAY

Sunday, Apr 18, 11:00 am: Zoom Coffee Hour, contact

Ali Le Blanc on 650-281-9236 for questions

Join Zoom Meeting with the following link: [Zoom Coffee Hour](#)

Meeting ID: 872 7420 6121

Passcode: 681474

Sunday, Apr 18, 4:00 pm Zoom Youth Group Meeting

For Zoom link, please contact Daniel Tate at

ym_stambrosefc@att.net or 650-799-7084

THIS WEEK

Monday, Apr 19, 1:00 pm Zoom Bible Study. For Zoom link, please contact Daniel Tate at dtate@ses.cdsp.edu or 650-799-7084

UPCOMING

Wednesday, April 28, 6:00 pm Building and Grounds Meeting

Wednesday, April 28, 7:00 pm Vestry Meeting

Join Zoom Meeting

<https://us02web.zoom.us/j/85473029713?pwd=UGFoR0tmNUtDOVRRTXJaMENoalYrdz09>

Meeting ID: 854 7302 9713

Passcode: 292699

Contemplative Meditation

Father Shane will be guiding a thirty-minute weekly contemplative meditation on Wednesdays at 10am, We're fortunate that in his previous life Father Shane was a monk and are looking forward to sharing this experience with him. Please send an email to Hamilton Fong (hffongster@gmail.com) or to Nilda Chong (nchongmd@gmail.com) if you wish to be included in the Zoom invitation.

Prayer list: We pray especially for Peggy Redmond, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Frank Brown, Barbara and John Milligan, Ed Avakoff, Peter Gee, Nellie Wong, Max Gumbert, Isabella, Ding Jai Li, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Frank Saunders, Arjun Katyan

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

The Altar Flowers are given by

Clara Padilla in loving memory of her brother Justo L. Padilla

In the Anglican cycle of prayer we pray for:

The Church of Ireland, Diocese of Boga (Congo), Diocese of Bolivia, Diocese of Bondo (Kenya), Diocese of Bor (South Sudan), Diocese of Botswana, and Diocese of Brandon (Canada)

In the Diocesan cycle of prayer we pray for:

Andrea Felsovanyi, Hailey McKeefry Delmas, Philip Griffin, Frances Kieschnick, Eric Nefstead BCC, ACPE Supervisor, Dr. Horace Griffin, Dr. Bonnie Ring Ed. D., Mary Moore Gaines, H Sox, and Dr. Mauricio Wilson

The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God
in Jesus Christ as we care for each other and
our larger community. We worship in the
Episcopal and Anglican tradition, extending
an open and inclusive invitation to all
people, welcoming children into our church family
and serving those in need.

Worship Leaders Thank You to Each of You!

The Rev'd Dr. Shane Scott-Hamblen, Interim Rector
Warren Wong/Yvonne Sidell Lectors
Jim Neubert, Intercessor
Hamilton Fong, Cantor
Frank Saunders, Organist
Lydia McIntyre/Shelley Keefe Technicians

Thank you to the Worship Team and virtual congregation for joining in worship.

Lector/Intercessor Rota:

18 Apr(R) Warren Wong/Yvonne Sidell
Jim Neubert (I)
25 Apr (R) Cathy Rincon/Shelley Keefe
David McIntyre (I)
2 May (R) Jim Neubert/Yvonne Sidell
Daniel Tate (I)
9 May (R) Warren Wong/David McIntyre
Cathy Rincon (I)
16 May (R) Maureen Fromme/Jim Neubert
Yvonne Sidell (I)
23May (R) David McIntyre/Cathy Rincon
Shelley Keefe (I)

Fr Shane can be contacted on 845-240-4516, or at
FrshaneSH@gmail.com