

**THE FIFTH SUNDAY  
IN LENT**

**MARCH 29, 2020**

**10:00 A.M.**

**Holy Eucharist – Rite II  
The Liturgy of the Word**



*Lazarus, come out*

**St. Ambrose Episcopal Church  
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**WELCOME:** We gather to worship God virtually as revealed to us through our Lord Jesus Christ during the “Shelter in Place” directive. This is an experiment we are trying to create worship with a small worship team and live streaming the worship service so we can participate from our homes. Please feel free to sing the hymns along with the worship team.

During the Shelter in Place time, our worship will not include Holy Communion. However, by worshipping together we are one in the Spirit.

## Prelude

David McIntyre on the flute

A Penitential Order: Rite Two

Book of Common Prayer (BCP), page 351

Opening Hymn: "Awake, O Sleeper, Rise from Death"

Blue Hymnal, Hymn 547, verses 1-5



1 A - wake, my soul, stretch ev - ery nerve, and press with vi - gor  
2 A cloud of wit - ness - es a - round hold thee in full sur -  
3 'Tis God's all - an - i - mat - ing voice that calls thee from on  
4 Then wake, my soul, stretch ev - ery nerve, and press with vi - gor



on; a heaven - ly race de - mands thy zeal, and  
vey; for - get the steps al - read - y trod, and  
high; 'tis his own hand pre - sents the prize to  
on; a heaven - ly race de - mands thy zeal, and



an im - mor - tal crown, and an im - mor - tal crown.  
on - ward urge thy way, and on - ward urge thy way.  
thine as - pir - ing eye, to thine as - pir - ing eye.  
an im - mor - tal crown, and an im - mor - tal crown.

Words: Philip Doddridge (1702-1751)

Music: Sirož, George Frideric Handel (1685-1759); adapt. *Melodia Sacra*, 1815

86. 866

*The people standing, the Celebrant says in Lent and on other penitential occasions.*

*Presider* Bless the Lord who forgives all our sins.

*People* ***His mercy endures for ever.***

*The Decalogue may be said, the people kneeling.*

### **The Decalogue: Contemporary**

**BCP, page 350**

Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

***Amen. Lord have mercy.***

You shall not make for yourself any idol.

***Amen. Lord have mercy.***

You shall not invoke with malice the Name of the Lord your God.

***Amen. Lord have mercy.***

Remember the Sabbath day and keep it holy.

***Amen. Lord have mercy.***

Honor your father and your mother.

***Amen. Lord have mercy.***

You shall not commit murder.

***Amen. Lord have mercy.***

You shall not commit adultery.

***Amen. Lord have mercy.***

You shall not steal.

***Amen. Lord have mercy.***

You shall not be a false witness.

***Amen. Lord have mercy.***

You shall not covet anything that belongs to your neighbor.

***Amen. Lord have mercy.***

*The Celebrant may read the following sentences*

**BCP, page 352**

Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. *Hebrews 4:14,16*

*The Deacon or Celebrant then says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

***Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.***

*The Bishop when present, or the Priest, stands and says*

**BCP, page 353**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

*When this Order is used at the beginning of the Liturgy, the service continues with the Kyrie eleison.*

Kyrie Eleison

Frank Saunders

F. Saunders

Lord have mer cy u - pon us Lord have mer cy u - pon us

Lord have mer cy u - pon us

Christ have mer - cy u - pon us, Christ have mer cy u - pon us

Christ have mer - cy u - pon us

Lord have mer - cy u - pon us Lord have mer cy u - pon us

Lord have mer - cy u - pon - - us.

3/23/01

The Collect of the Day

BCP, page 357

*The Celebrant says to the people*  
*Celebrant* The Lord be with you.  
*People* **And also with you.**  
*Celebrant* Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

**A Prayer for Living in these times**

**Written by the Rev. Karen Swanson**

Holy Jesus, You have walked the earth as we do, and you understand what we experience: the fear, the pain, the exhaustion, the loneliness, the guilt, the sorrow, the anger. You promise to be with us through thick and thin. Be with us now, and with all humanity, as we struggle with the impact of the COVID-19 virus. Draw us closer to You, that in Your companionship, our wisdom and compassion may grow. Bind us to one another, and strengthen us, that we may give and receive help from each another, and know our connectedness to all of humankind. This we ask in your name. *Amen.*

**The Lessons**

*The people sit.*

**The First Lesson Ezekiel 37:1-14**

The hand of the LORD came upon me, and he brought me out by the spirit of the LORD and set me down in the middle of a valley; it was full of bones. He led me all around them; there were very many lying in the valley, and they were very dry. He said to me, "Mortal, can these bones live?" I answered, "O Lord GOD, you know." Then he said to me, "Prophesy to these bones, and say to them: O dry bones, hear the word of the Lord. Thus says the Lord GOD to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the LORD."

So I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. Then he said to me, "Prophesy to the breath, prophesy, mortal, and say to the breath: Thus says the Lord GOD: Come from the four winds, O breath, and breathe upon these slain, that they may live." I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude.

Then he said to me, "Mortal, these bones are the whole house of Israel. They say, 'Our bones are dried up, and our hope is lost; we are cut off completely.' Therefore prophesy, and say to them, Thus says the Lord GOD: I am going to open your graves, and bring you up from your graves, O my people; and I will bring you back to the land of Israel. And you shall know that I am the LORD, when I open your graves, and bring you up from your graves, O my people. I will put my spirit within you, and you shall live, and I will place you on your own soil; then you shall know that I, the LORD, have spoken and will act," says the LORD.

Hear what the Spirit is saying to God's people.

*People: Thanks be to God.*

*De profundis*

- 1 Out of the depths have I called to you, O LORD;  
LORD, hear my voice; \*  
let your ears consider well the voice of my supplication.
- 2 If you, LORD, were to note what is done amiss, \*  
O Lord, who could stand?
- 3 For there is forgiveness with you; \*  
therefore you shall be feared.
- 4 I wait for the LORD; my soul waits for him; \*  
in his word is my hope.
- 5 My soul waits for the LORD,  
more than watchmen for the morning, \*  
more than watchmen for the morning.
- 6 O Israel, wait for the LORD, \*  
for with the LORD there is mercy;
- 7 With him there is plenteous redemption, \*  
and he shall redeem Israel from all their sins.

**The Second Lesson Romans 8:6-11**

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

*After the reading, the Reader says*

Hear what the Spirit is saying to God's people.

*People:      Thanks be to God.*

Sequence Hymn: Breathe on Me Breath of God

Blue Hymnal, 508, verses 1-4

1 Breathe on me, Breath of God, fill me with life a - new,  
 2 Breathe on me, Breath of God, un - til my heart is pure,  
 3 Breathe on me, Breath of God, till I am whol - ly thine,  
 4 Breathe on me, Breath of God, so shall I nev - er die;

that I may love what thou dost love, and do what thou wouldst do.  
 un - til with thee I will one will, to do or to en - dure.  
 till all this earth - ly part of me glows with thy fire di - vine.  
 but live with thee the per - fect life of thine e - ter - ni - ty.

Words: Edwin Hatch (1835-1889), alt.  
 Music: *Nova Vita*, Lister R. Peace (1885-1969)

SM

*Then all standing, the Deacon or a Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to John.

*People: Glory to you, Lord Christ.*

The Gospel: **John 11:1-45**

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, "Lord, he whom you love is ill." But when Jesus heard it, he said, "This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it." Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was.

Then after this he said to the disciples, "Let us go to Judea again." The disciples said to him, "Rabbi, the Jews were just now trying to stone you, and are you going there again?" Jesus answered, "Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them." After saying this, he told them, "Our friend Lazarus has fallen asleep, but I am going there to awaken

him.” The disciples said to him, “Lord, if he has fallen asleep, he will be all right.” Jesus, however, had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, “Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him.” Thomas, who was called the Twin, said to his fellow disciples, “Let us also go, that we may die with him.”

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, “Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him.” Jesus said to her, “Your brother will rise again.” Martha said to him, “I know that he will rise again in the resurrection on the last day.” Jesus said to her, “I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?” She said to him, “Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.”

When she had said this, she went back and called her sister Mary, and told her privately, “The Teacher is here and is calling for you.” And when she heard it, she got up quickly and went to him. Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, “Lord, if you had been here, my brother would not have died.” When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, “Where have you laid him?” They said to him, “Lord, come and see.” Jesus began to weep. So the Jews said, “See how he loved him!” But some of them said, “Could not he who opened the eyes of the blind man have kept this man from dying?”

Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, “Take away the stone.” Martha, the sister of the dead man, said to him, “Lord, already there is a stench because he has been dead four days.” Jesus said to her, “Did I not tell you that if you believed, you would see the glory of God?” So they took away the stone. And Jesus looked upward and said, “Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me.” When he had said this, he cried with a loud voice, “Lazarus, come out!” The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, “Unbind him, and let him go.”

Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

*After the Gospel, the Reader says:*

The Gospel of the Lord.

*People: Praise to you, Lord Christ*

**The Sermon**

**Rev. David Ota**

*There will be some silence for reflection following the sermon.*

## The Nicene Creed

BCP, page 358

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary, and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. *Amen.*

## The Prayers of the People Form IV

BCP, page 388

*Deacon or other leader*

Let us pray for the Church and for the world.

In the Anglican Cycle of Prayer, we pray for the Anglican Provinces of Uganda, Southern India, South India, Kenya and Congo.

In the Diocesan Cycle of Prayer, we pray for the Revs. Scott Sinclair, PhD., Susanna Singer, Richard Peterson, Richard Hewetson, Anna Horen and Dr. Robert Weldy

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

Lord, in your mercy

***Hear our prayer.***

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy

***Hear our prayer.***

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy

***Hear our prayer.***

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

We give thanks for Eunice and Kenny Chee who celebrates an anniversary this week.

Lord, in your mercy

***Hear our prayer.***

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

We pray for healing for Ariel Rallos, Yvonne Sidell and Charles Saunders. We pray for all who suffer from the Coronavirus, for Health Care Workers, and all essential workers.

We pray for comfort for Peggy Redmond.

Lord, in your mercy

***Hear our prayer.***

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

We pray for all have died due to the COVID-19 disease and their families.

*Silence*

Lord, in your mercy

***Hear our prayer.***

*The people are invited to offer prayers of thanksgiving, intercession and petition*

*The Celebrant adds a concluding Collect*

**BCP, page 395**

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. ***Amen.***

*Celebrant*

And now, as our Savior Christ taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. *Amen.***

**The Peace**

*Celebrant:* The peace of the Lord be always with you.

*People:* ***And also with you.***

**Anniversary Prayers for Eunice and Kenny Chee**

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send your blessing upon Eunice and Kenny and grant them your grace, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their lives together may be a witness to your love and forgiveness, and that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. ***Amen.***

**Announcements**

**Blessing**

Life is short and we do not have much time to gladden the hearts of those who walk the way with us. So let us be swift to love. Make haste to be kind. And the blessing of God: Father, Son and Holy Spirit be among you always. **Amen.**

**Closing Hymn: “Though the Mountains May Fall”**

**Green Hymnal, 602,**

# THOUGH THE MOUNTAINS MAY FALL

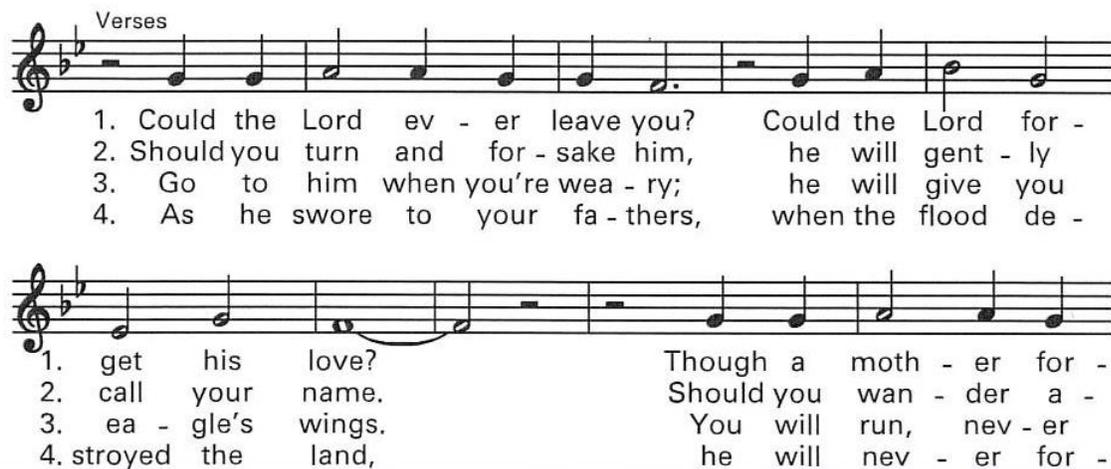
Dan Schutte

Refrain



Though the moun - tains may fall and the hills turn to dust,  
yet the love of the Lord will stand  
as a shel - ter for all who will call on his name.  
Sing the praise and the glo - ry of God.

Verses



1. Could the Lord ev - er leave you? Could the Lord for -  
2. Should you turn and for - sake him, he will gent - ly  
3. Go to him when you're wea - ry; he will give you  
4. As he swore to your fa - thers, when the flood de -  
1. get his love? Though a moth - er for -  
2. call your name. Should you wan - der a -  
3. ea - gle's wings. You will run, nev - er  
4. stroyed the land, he will nev - er for -



to Refrain

1. sake her child, he will not a - ban - don you.  
2. way from him, he will al - ways take you back.  
3. tire, \_\_\_\_\_ for your God will be your strength.  
4. sake you; \_\_\_\_\_ he will swear to you a - gain.

Text: Based on Isaiah 54:6-10; 49:15; 40:31-32; Dan Schutte. Text and music © 1975, OCP. All rights reserved.

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## Dismissal

*Leader:* Go in peace to love and serve the Lord.

*People:* **Thanks be to God.**

**The Mission of St. Ambrose Church  
of Foster City**

Is to proclaim the Good News of God in Jesus Christ  
as we care for each other and our larger community.  
We worship in the Episcopal and Anglican tradition,  
extending an open and inclusive invitation to all people,  
welcoming children unto our church family  
and serving those in need.

**BLESSING**

Life is short, and we do not have much time to gladden the hearts of those who walk the way with us. So be swift to love. Make haste to be kind. And the blessing of God: Father, Son and Holy Spirit be among you always. *Amen.*

**Worship Leaders**

The Rev. Karen Swanson, Presider  
The Rev. David Ota, Assisting and Preacher  
David McIntyre, Flautist for prelude and Intercessor  
Shelley Keefe, Lector  
Daniel Tate, Lector  
Hamilton Fong, Leader in singing the chants and hymns  
Lydia McIntyre, Technician and Flautist for the postlude  
Frank Saunders, Pianist taped the music for the service

Thank you to David and Lydia McIntyre for putting together the equipment and being the technical support for our Live Streaming Worship on You Tube and for offering the talents to play the flute for a prelude and postlude.

Thank you to the Rev. Karen Swanson for writing a “Prayer for Living in these times.”

Thank you to Frank Saunders for recording and taping music to accompany our singing.

Thank you to Hamilton Fong for leading the worship team in singing.

Thank you to Shelley Keefe, Daniel Tate, David McIntyre and the Rev. David Ota for reading the scripture for the day and for leading the Prayers of the People.

Glory to God who working in us can do infinitely more than we can ask or imagine.  
Glory to God in Christ Jesus who through the Church proclaims the gospel through the Holy Spirit.  
Amen.