



Third Sunday after the Epiphany

January 22, 2023

Welcome to St. Ambrose!

St. Ambrose Episcopal Church

The Rev. Fr. Jason Bryan Lucas-Green, Rector

(650) 574-1369 - office@stambrosefostercity.org <http://www.stambrosefostercity.org>

THE LITURGY OF THE WORD

PRELUDE: Melodie

R. Schumann

PROCESSIONAL

Hymn 537 *Christ for the world we sing*

1 Christ for the world we sing! The world to
2 Christ for the world we sing! The world to
3 Christ for the world we sing! The world to
4 Christ for the world we sing! The world to

Christ we bring with lov - ing zeal; the poor, and
Christ we bring with fer - vent prayer; the way - ward
Christ we bring with one ac - cord; with us the
Christ we bring with joy - ful song; the new - born

them that mourn, the faint and o - ver - borne,
and the lost, by rest - less pas - sions tossed,
work to share, with us re - proach to dare,
souls, whose days, re - claimed from er - ror's ways,

sin - sick and sor - row - worn, whom Christ doth heal.
re - deemed at count - less cost from dark de - spair.
with us the cross to bear, for Christ our Lord.
in - spired with hope and praise, to Christ be - long.

Words: Samuel Wolcott (1813-1886). Music: *Moscow*, melody Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916 based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1892).

OPENING SENTENCES

Celebrant The Word became flesh and dwelt among us.

All **And we beheld His glory.**

Celebrant Blessed be God, Father, Son and Holy Spirit.

All **And blessed be His kingdom now and for ever, Amen.**

COLLECT FOR PURITY

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All **Amen.**

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Let us pray

Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE LITURGY OF THE WORD

THE LESSON Isaiah 9:1-4

There will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations.

The people who walked in darkness have seen a great light; those who lived in a land of deep darkness--on them light has shined.

You have multiplied the nation, you have increased its joy; they rejoice before you as with joy at the harvest, as people exult when dividing plunder.

For the yoke of their burden, and the bar across their shoulders, the rod of their oppressor, you have broken as on the day of Midian

Lector The Word of the Lord.

All **Thanks be to God.**

Psalm 27:1, 5-13

Dominus illuminatio

1 The LORD is my light and my
salvation;
whom then shall I fear? *
the LORD is the strength of my
life;
of whom then shall I be afraid?
5 One thing have I asked of the LORD;
one thing I seek; *
that I may dwell in the house of
the LORD all the days of my life;
6 To behold the fair beauty of
the LORD *
and to seek him in his temple.
7 For in the day of trouble he shall
keep me safe in his shelter; *
he shall hide me in the secrecy of
his dwelling and set me high
upon a rock.
8 Even now he lifts up my head *
above my enemies round about
me.

9 Therefore I will offer in his
dwelling an oblation with sounds
of great gladness; *
I will sing and make music to
the LORD.
10 Hearken to my voice, O LORD,
when I call; *
have mercy on me and answer
me.
11 You speak in my heart and say,
"Seek my face." *
Your face, LORD, will I seek.
12 Hide not your face from me, *
nor turn away your servant in
displeasure.
13 You have been my helper;
cast me not away; *
do not forsake me, O God of my
salvation.

NEW TESTAMENT 1 Corinthians 1:10-18

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Lector The Word of the Lord.

All **Thanks be to God.**

RS562 Halleluya! We Sing Your Praises (before and after the Gospel)

562 Halleluya! We Sing Your Praises

Refrain

Hal - le - lu - ya! We sing your prais-es, all our
hearts are filled with glad - ness. Hal - le - lu - ya! We sing your
prais-es, all our hearts are filled with glad - ness.

THE GOSPEL Matthew 4:12-23

Celebrant The Holy Gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, Lord Christ.**

When Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: "Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to proclaim, "Repent, for the kingdom of heaven has come near." As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the sea—for they were fishermen. And he said to them, "Follow me, and I will make you fish for people." Immediately they left their nets and followed him. As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. Immediately they left the boat and their father, and followed him.

Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

Deacon The Gospel of the Lord.

All **Praise to you, Lord Christ.**

562 Halleluya! We Sing Your Praises

THE SERMON

The Rev. Fr. Jason Lucas-Green

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen

FORM IV

Deacon or other leader

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their

troubles, and
bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have
died, that your will
for them may be fulfilled; and we pray that

we may share
with all your saints in your eternal
kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding Collect.

THE PEACE

Celebrant The peace of the Lord be always with you.

All And also with you.

OFFERTORY Come Follow Me Forever

Liebergen

THE HOLY COMMUNION

Eucharistic Prayer B

*The people remain standing. The Celebrant, whether bishop or priest,
faces them and sings or says*

The musical notation consists of four lines, each with a treble clef and a key signature of one flat (B-flat). The notes are placed on a five-line staff. The lyrics are written below the notes. The first line is for the Celebrant and the second line is for the People. The third line is for the Celebrant and the fourth line is for the People. The notes are mostly quarter notes and half notes, with some eighth notes and rests. The lyrics are: "The Lord be with you. And al- so with you." "Lift up your hearts. We lift them to the Lord." "Let us give thanks to the Lord our God." "It is right to give him thanks and praise."

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and every-
where to give thanks to you, Father Almighty, Creator of
heaven and earth.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

SANCTUS

S128

Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

Music: William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

The people stand or kneel.

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Ambrose and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

FRACTION ANTHEM

RS470

ce

1.Lamb of God, you take a - way the sins of the
 2.Lamb of God, you break the chains of ha - tred and
 3.Lamb of God, you are the way of jus - tice and
 4.Lamb of God, you are the way of mer - cy and

5
 world; have mer - cy on us, mer - cy on us, mer - cy on us.
 fear;
 peace:
 love:

10
 Lamb of God, you take a - way the sins of the world: grant us peace,

14
 grant us peace, grant us peace.

THE COMMUNION ~ *At St. Ambrose all are welcome to share in the Holy Eucharist.*

SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

COMMUNION HYMN

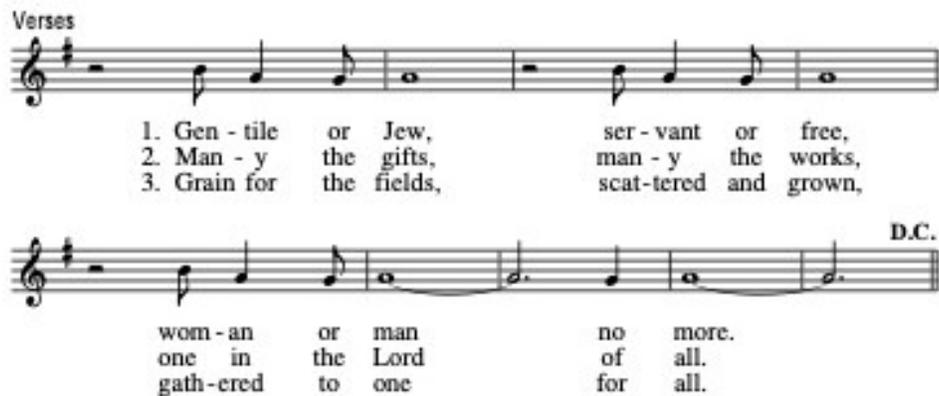
Hymn Gather 830 *One Bread one body*

Refrain



One bread, one bod-y, one Lord of all,
 one cup of bless - ing which we bless. And
 we, though man-y, through-out the earth,
 we are one bod - y in this one Lord.

Verses



1. Gen - tile or Jew, ser - vant or free,
 2. Man - y the gifts, man - y the works,
 3. Grain for the fields, scat - tered and grown,
 worn - an or man no more.
 one in the Lord of all.
 gath - ered to one for all.

D.C.

Text: 1 Corinthians 10:16, 17, 12:4, Galatians 3:28; the *Dilectio* 9, John Foley, SJ, b.1939
 Tune: John Foley, SJ, b.1939
 © 1978, John B. Foley, SJ, and New Dawn Music. Published by OCP Publications.

THE POSTCOMMUNION PRAYER

Celebrant Let us pray

All Eternal God, heavenly Father, you have graciously accepted us as living member of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

THE DISMISSAL

RECESSIONAL Hymn 539 *O Zion Haste*

O Zi - on, haste, thy mis - sion high ful - fill - ing,
 Pro - claim to ev - ery peo - ple, tongue, and na - tion
 Send her - alds forth to bear the mes - sage glo - rious;
 He comes a - gain! O Zi - on, ere thou meet him,

to tell to all the world that God is Light;
 that God, in whom they live and move, is Love:
 give of thy wealth to speed them on their way;
 make known to ev - ery heart his sav - ing grace;

that he who made all na - tions is not will - ing
 tell how he stooped to save his lost cre - a - tion,
 pour out thy soul for them in prayer vic - to - rious
 let none whom he hath ran - somed fail to greet him,

one soul should fail to know his love and might.
 and died on earth that all might live a - bove.
 till God shall bring his king - dom's joy - ful day.
 through thy ne - glect, un - fit to see his face.

Refrain

Pub - lish glad ti - dings: ti - dings of peace,

ti - dings of Je - sus, re - demp - tion and re - lease.

Words: Mary Ann Thomson (1834-1923), alt. Music: *Tidings*, James Walch (1837-1901).

The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:

The Rev. Fr. Jason Lucas-Green, *Rector*
Frank Saunders, Organist
Maureen Fromme, Choir Director

Worship Leader Rota:

Shelley Keefe, Intercessor
Maureen Fromme, Shelley Keefe/Lectors
Stephen Yuen, Usher
Daniel Tate, Eucharistic Minister
Livestream Technician

St. Ambrose Episcopal Church

Reverend Fr. Jason Lucas-Green, Rector
Angeli Labrador, Admin Assistant

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650 574-1369

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ANNOUNCEMENTS

Masks are recommended

With the updated Covid protocols released from the diocese of California masks are highly recommended, but not required in the building.

2023 Pledge envelopes

The 2023 Pledge envelopes are out in the Narthex. Last Sunday's packet contained only 4 months (Jan-April). If you picked that up last Sunday, you can now pick up the remaining 8 months. The pledge packets are also separated by families who submitted their 2023 pledge form. Please contact the office if you would like the pledge envelopes mailed or delivered to you. Thank you.

Sandwiches on Sunday – January 29th

We will again assemble the sandwiches and brown bags the day before, i.e., Saturday, January 28th, at the church from noon to 2 p.m. They will be distributed at the Fair Oaks Community Center in Redwood City on Sunday, January 29th from 11:45 to 12:15 p.m. If you would like to help or have any questions, please contact Steve Yuen (cell 650-315-9662, stevebyuen@aol.com).

All Parish Meeting

In order to ensure that financials are in proper order as well as we will be revamping the All Parish Meeting it has been decided we will postpone the meeting to a later date. If you have any questions please contact Fr. Jason at frjason@stambrosefostercity.org.

Annual Reports

Even though we are postponing our All Parish Meeting I am still collecting reports from our various ministries. Please email your reports to frjason@stambrosefostercity.org Thank you in advance.

Doughnut Hour

Sounds like a great time! I am looking to have some help me coordinate a monthly doughnut hour. We will meet during the week for an hour for doughnuts, social time, and to listen to a speaker. If you would like to help work with me on coordinating this please contact frjason@stambrosefostercity.org

Pastoral Visits

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <https://calendly.com/frjason-1> or you can email him at Frjason@stambrosefostercity.org. Now that the holidays are over my goal this year is to meet and get to know the parish better.

Spring Cleaning

I know it is still January but it is never too early to think about spring cleaning. Bayview will take clothes, shoes, and other items for their clients. Please bring them to church and we will get them to Bayview.

Chili Cook Off

Is hoping to make a comeback. If you would like to work with Fr. Jason on this project please contact him at frjason@stambrosefostercity.org

Outreach for Bayview Mission for January

We will be collecting creamy peanut butter as well as any ziplock bags (no snack size please) for our outreach to Bayview this month. Please bring them and place them in the box in the narthex. Thank you in advance for your generosity.

Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Worship Leaders Needed

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing office@stambrosefostercity.org or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Prayer list: We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Ronnie Rosen, Leo Gauthier, John David Tate, Alice Deckel, Randy Fromme, Mike Frisch, and the pupils and staff of Sea Breeze School.

For those who have died: Martin Gardiner

The Altar Flowers are given by

The Altar Guild to the Glory of God

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

FELLOWSHIP LUNCH OR DINNERS 2023

FELLOWSHIP LUNCH OR DINNERS groups will meet once a month, February through May, for pot-luck in a home or at church.

There will be a kick-off **Pot-Luck Dinner** on Saturday, January 28, at 6:00 p.m., at St. Ambrose, to meet your group to set dates, times and places for the dinners in February, March, April and May...

PLEASE BRING YOUR CALENDAR

Questions? Call or email Nellie Wong (650-372-0728, wwong@nd.edu) or Mike Lord (650-274-9244, miclord58@yahoo.com)

Deadline to sign up for Fellowship Dinners is Sunday, January 22.

Please detach the attached sign-up form and place in box labeled Fellowship Dinners in the foyer.

Retain this page for your information.

Fellowship Lunch or Dinners Sign-Up

I will come to the Saturday January 28 kick-off dinner, and plan to bring

Entree Salad Vegetable

Dessert Beverage Other

Or: I can't come to the kick-off dinner, but please sign me up

I would be willing to host in

February March

April

May

NAME & ADDRESS

PHONE

EMAIL