



FIFTH SUNDAY IN LENT

March 26, 2023

Welcome to St. Ambrose!

St. Ambrose Episcopal Church

The Rev. Fr. Jason Bryan Lucas-Green, Rector

(650) 574-1369 - office@stambrosefostercity.org - <http://www.stambrosefostercity.org>

THE LITURGY OF THE WORD

Prelude: Praeludium XXII in B flat minor

J. S. Bach

All Enter in Silence

Opening Sentences

Celebrant Bless the Lord who forgives all our sins

All His mercy endures forever. Amen.

The Collect for Purity

Kryie S100 Trisagion

Ho - ly God, Ho - ly and Might - y, Ho - ly Im -
mor - tal One, Have mer - cy up - on us. Ho - ly God,
Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy
up - on us. Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

First Lesson Ezekiel 37:1-14

The hand of the Lord came upon me, and he brought me out by the spirit of the Lord and set me down in the middle of a valley; it was full of bones. He led me all around them; there were very many lying in the valley, and they were very dry. He said to me, "Mortal, can these bones live?" I answered, "O Lord God, you know." Then he said to me, "Prophecy to these bones, and say to them: O dry bones, hear the word of the Lord. Thus says the Lord God to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the Lord."

So I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. Then he said to me, "Prophecy to the breath, prophecy, mortal, and say to the breath: Thus says the Lord God: Come from the four winds, O breath, and breathe upon these slain, that they may live." I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude.

Then he said to me, "Mortal, these bones are the whole house of Israel. They say, 'Our bones are dried up, and our hope is lost; we are cut off completely.' Therefore prophecy, and say to them, Thus says the Lord God: I am going to open your graves, and bring you up from your graves, O my people; and I will bring you back to the land of Israel. And you shall know that I am the Lord, when I open your graves, and bring you up from your graves, O my people. I will put my spirit within you, and you shall live, and I will place you on your own soil; then you shall know that I, the Lord, have spoken and will act," says the Lord.

Reader The Word of the Lord

People **Thanks be to God**

Psalm 130

De profundis

1 Out of the depths have I called to you, O Lord;
Lord, hear my voice; *
let your ears consider well the voice of my
supplication.

2 If you, Lord, were to note what is done amiss, *
O Lord, who could stand?

3 For there is forgiveness with you; *
therefore you shall be feared.

4 I wait for the Lord; my soul waits for him; *
in his word is my hope.

5 My soul waits for the Lord,
more than watchmen for the morning, *
more than watchmen for the morning.

6 O Israel, wait for the Lord, *
for with the Lord there is mercy;

7 With him there is plenteous redemption, *
and he shall redeem Israel from all their
sins

Second Lesson Romans 8:6-11

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader The Word of the Lord

People Thanks be to God

Hymn RS546 | *Deep Within v.1-2*

Refrain

Deep within I will plant my law, not on stone, but in your heart. Follow me,

10

Verses

I will bring you back, you will be my own, and I will be your God.

1. I will give you a
2. Seek my
3. Re - turn to

18

D.C.

new heart, a new spir - it with - in you, for I will be your strength.
face. and see your God for I will be your hope.
me, with all your heart, and I will bring you back.

Holy Gospel John 11:1-45

Deacon The Holy Gospel of our Lord Jesus Christ according to John

People **Glory to you Lord Christ**

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, "Lord, he whom you love is ill." But when Jesus heard it, he said, "This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it." Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was.

Then after this he said to the disciples, "Let us go to Judea again." The disciples said to him, "Rabbi, the Jews were just now trying to stone you, and are you going there again?" Jesus answered, "Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them." After saying this, he told them, "Our friend Lazarus has fallen asleep, but I am going there to awaken him." The disciples said to him, "Lord, if he has fallen asleep, he will be all right." Jesus, however, had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, "Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him." Thomas, who was called the Twin, said to his fellow disciples, "Let us also go, that we may die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him." Jesus said to her, "Your brother will rise again." Martha said to him, "I know that he will rise again in the resurrection on the last day." Jesus said to her, "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world."

When she had said this, she went back and called her sister Mary, and told her privately, "The Teacher is here and is calling for you." And when she heard it, she got up quickly and went to him. Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, "Lord, if you had been here, my brother would not have

died.” When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, “Where have you laid him?” They said to him, “Lord, come and see.” Jesus began to weep. So the Jews said, “See how he loved him!” But some of them said, “Could not he who opened the eyes of the blind man have kept this man from dying?”

Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, “Take away the stone.” Martha, the sister of the dead man, said to him, “Lord, already there is a stench because he has been dead four days.” Jesus said to her, “Did I not tell you that if you believed, you would see the glory of God?” So they took away the stone. And Jesus looked upward and said, “Father, I thank you for having heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me.” When he had said this, he cried with a loud voice, “Lazarus, come out!” The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, “Unbind him, and let him go.”

Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

Deacon The Gospel of the Lord
People Praise to you Lord Christ

Hymn RS546 | *Deep Within v.3*

Sermon Rev. Dr. Lizette Larson-Miller

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the

Father, God from God, Light from Light, true God from true God, begotten, not

made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will

have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from

**the Father and the Son.
With the Father and the Son he is
worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and
apostolic Church.**

The Prayers of the People

God of love hear the cry of those who
yearn for love; fractured families, broken
homes neglected, unwanted, alone.

God of love **Hear our prayer**

God of justice hear the cry of those who
yearn for justice; persecuted and
oppressed, exploited, ill-treated, broken.

God of justice **Hear our prayer**

God of peace hear the cry of those who
yearn for peace; in battle zones and
broken states, frightened, fearful, anxious

God of peace **Hear our prayer**

God of healing hear the cry of those who
yearn for healing; physical and spiritual

**We acknowledge one baptism for the
forgiveness of sins.**

**We look for the resurrection of the
dead, and the life of the world to come.
Amen.**

Common Worship Church of England

hurting, weakened, depressed
God of healing **Hear our prayer**

God of mercy hear the cry of those who
yearn for mercy; convicted, in need of
your Grace, contrite, humble, bowed
down, God of mercy **Hear our prayer**

Celebrant:

May you know

The peace of God

The love of God

The justice of God

The healing and mercy of God

This day and all days

Amen

Confession of Sin

Common Worship Church of England

The Deacon or Celebrant says:

Let us admit to God the sin which always confronts us.

**Lord God, we have done evil in your sight. We are sorry and repent. Have mercy on us
according to your love. Wash away our wrongdoing and cleanse us from our sin.
Renew a right spirit within us and restore us to the joy of your salvation, through Jesus
Christ our Lord. Amen**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ,
strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

The Peace

Presider The peace of Lord be always with you.

People **And also with you.**

THE HOLY COMMUNION

The Great Thanksgiving Eucharistic Prayer F Church of England

Celebrant: The Lord be with you

People: **And also with you**

Celebrant: Lift up your hearts

People: **We lift them to the Lord**

Celebrant: Let us give thanks to the Lord our God

People: **It is right to give him thanks and praise**

The Celebrant continues...

Lord God of truth, for by the breath of your mouth you have spoken your word, and all things have come into being. You fashioned us in your image and placed us in the garden of your delight. Though we chose the path of rebellion you would not abandon your own. Again and again you drew us into your covenant of grace. You gave your people the law and taught us by your prophets to look for your reign of justice, mercy and peace. As we watch for the signs of your kingdom on earth, we echo the song of the angels in heaven, evermore praising you and saying:

Sanctus RS124 *Land of Rest*

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and
 might, heav - en and earth are full of your glo - ry. Ho -
 san - na in the high - est. Bless - ed is
 he who comes in the name of the Lord. Ho -
 san - na in the high - est, ho - san - na in the high - est.

The Celebrant continues . . .

Lord God, you are the most holy one, enthroned in splendour and light, yet in the coming of your Son Jesus Christ you reveal the power of your love made perfect in our human weakness.

Embracing our humanity, Jesus showed us the way of salvation; loving us to the end, he gave himself to death for us; dying for his own, he set us free from the bonds of sin, that we might rise and reign with him in glory.

On the night he gave up himself for us all he took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore we proclaim the death that he suffered on the cross, we celebrate his resurrection, his bursting from the tomb, we rejoice that he reigns at your right hand on high and we long for his coming in glory.

As we recall the one, perfect sacrifice of our redemption, by your Holy Spirit let these gifts of your creation be to us the body and blood of our Lord Jesus Christ; form us into the likeness of Christ and make us a perfect offering in your sight. Look with favour on your people, and in your mercy hear the cry of our hearts. Bless the earth, heal the sick, let the oppressed go free and fill your Church with power from on high. Gather your people from the ends of the earth to feast with all your saints at the table in your kingdom, where the new creation is brought to perfection in Jesus Christ our Lord; by whom, and with whom, and in who, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem S164

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

The musical score consists of four systems, each with a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#). The lyrics are: "Je - sus, Lamb of God: have mer - cy on us." (System 1), "Je - sus, bear - er of our sins: have mer - cy on us." (System 2), "Je - sus, re - deem - er, re - deem - er of the world:" (System 3), and "give us your peace, give us your peace." (System 4). The piano accompaniment features a steady bass line with chords and some melodic movement in the right hand.

Invitation

SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

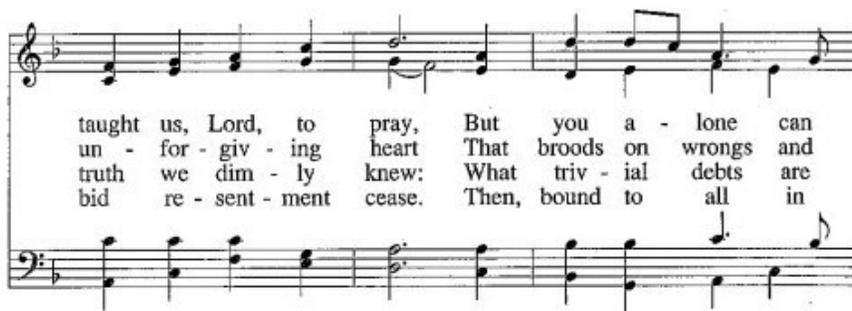
In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

COMMUNION HYMN 952 *Forgive Our Sins*

952 Forgive Our Sins



1. "For - give our sins as we for - give," You
2. How can your par - don reach and bless The
3. In blaz - ing light your Cross re - veals The
4. Lord, cleanse the depths with - in our souls And



taught us, Lord, to pray, But you a - lone can
un - for - giv - ing heart, That broods on wrongs and
truth we dim - ly knew: What triv - ial debts are
bid re - sent - ment cease. Then, bound to all in



grant us grace To live the words we say.
will not let Old bit - ter - ness de - part?
owed to us, How great our debt to you!
bonds of love, Our lives will spread your peace.

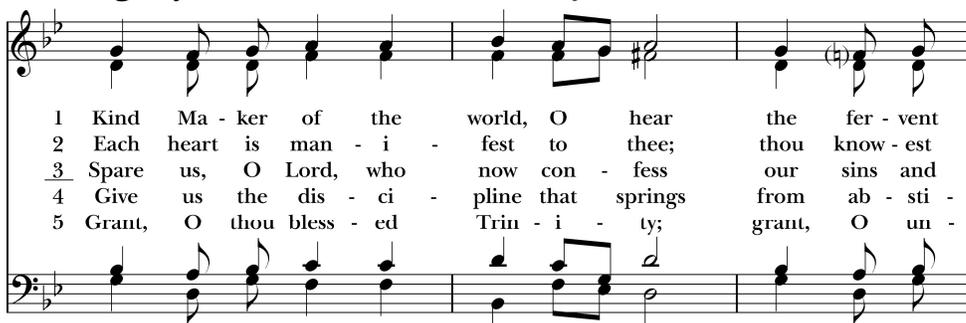
Text: Rosamond Herklots, 1905-1987, © Oxford University Press
Tune: DETROIT, CM; Supplement to *Kentucky Harmony*, 1820; hcm. by Gerald H. Knight, 1908-1979, © The Royal School of Church Music

Post Communion Prayer Common Worship Church of England

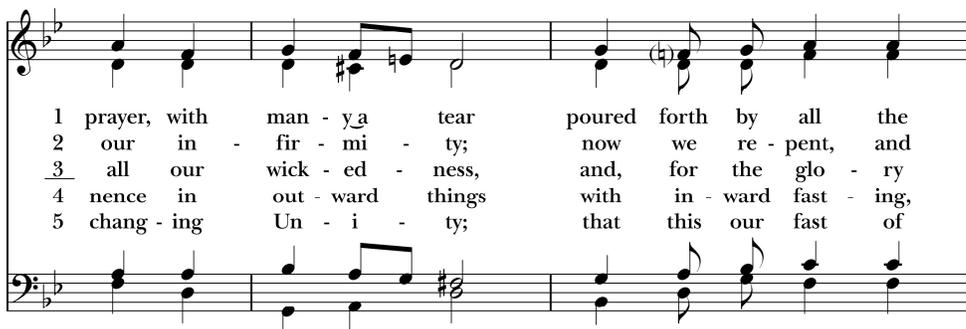
Lord Jesus Christ, you have taught us that what we do for the least of our brothers and sisters we do also for you. Give us the will to be the servant of others as you were the servant of all, and gave up your life and died for us, but are alive and reign, now and forever. *Amen.*

The Blessing

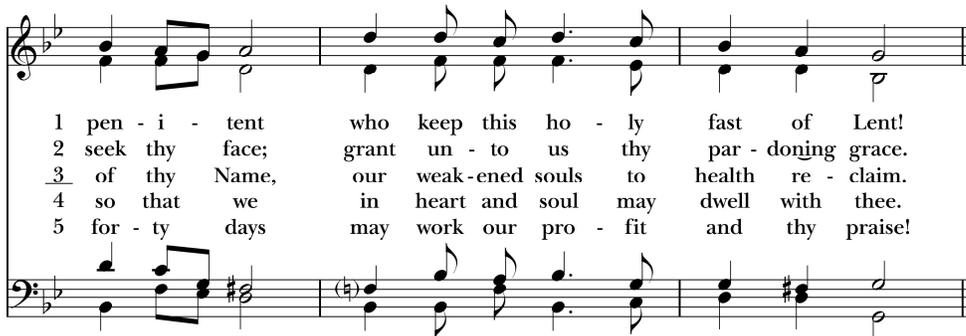
Closing Hymn H152 | *Kind Maker of the World*



1 Kind Ma - ker of the world, O hear the fer - vent
2 Each heart is man - i - fest to thee; thou know - est
3 Spare us, O Lord, who now con - fess our sins and
4 Give us the dis - ci - pline that springs from ab - sti -
5 Grant, O thou bless - ed Trin - i - ty; grant, O un -



1 prayer, with man - ya tear poured forth by all the
2 our in - fir - mi - ty; now we re - pent, and
3 all our wick - ed - ness, and, for the glo - ry
4 nence in out - ward things with in - ward fast - ing,
5 chang - ing Un - i - ty; that this our fast of



1 pen - i - tent who keep this ho - ly fast of Lent!
2 seek thy face; grant un - to us thy par - doning grace.
3 of thy Name, our weak - ened souls to health re - claim.
4 so that we in heart and soul may dwell with thee.
5 for - ty days may work our pro - fit and thy praise!

Words: St. Gregory the Great (540-604); ver. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *A la venue de Noël*, melody from *Fleurs des noëls*, 1535.

Postlude: In The Garden

C. A. Miles

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:

Rev. Fr. Jason Lucas-Green, Rector

Rev. Dr. Lizette Larson-Miller

Frank Saunders, Organist

Maureen Fromme, Choir Director

Worship Leader Rota:

Dulce Lord, Intercessor

Dulce Lord, Warren Wong, Lector

Usher

Daniel Tate, Eucharistic Minister

Livestream Technician

ANNOUNCEMENTS

Pastoral Visits

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <https://calendly.com/frjason-1> or you can email him at Frjason@stambrosefostercity.org. Now that the holidays are over my goal this year is to meet and get to know the parish better.

Spring Cleaning

Spring is here! It is time for spring cleaning. Bayview will take clothes, shoes, and other items for their clients. Please bring them to church and we will get them to Bayview.

Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Worship Leaders Needed

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing office@stambrosefostercity.org or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Prayer list: We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Ronnie Rosen, Leo Gauthier, John David Tate, Alice Deckel, Randy Fromme, Mike Frisch, and the pupils and staff of Sea Breeze School.

For those who have died: Judi Guilford, John David Tate, Martin Gardiner

The Altar Flowers are given by:

The Altar Guild to the Glory of God

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]