



April 30, 2023 • Fourth Sunday of Easter
Welcome to St. Ambrose!

St. Ambrose Episcopal Church
The Rev. Fr. Jason Bryan Lucas-Green, Rector

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Rector • *pastoral calls and emergencies*

The Rev. Jason B. Lucas-Green

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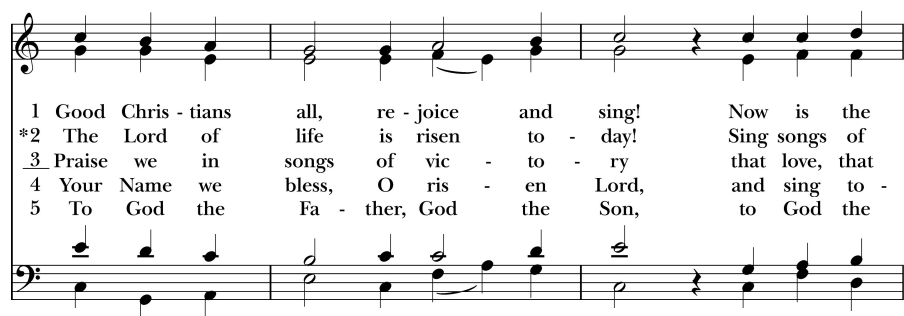
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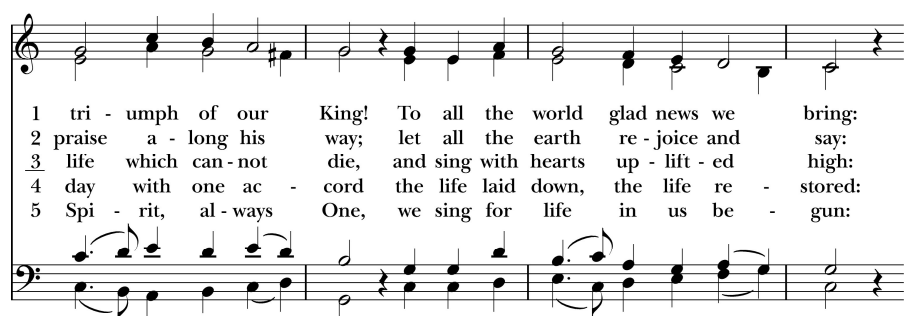
THE LITURGY OF THE WORD

PRELUDE: Improvisation in G major

PROCESSIONAL Good Christians All #205



1 Good Chris - tians all, re - joice and sing! Now is the
*2 The Lord of life is risen to - day! Sing songs of
3 Praise we in songs of vic - to - ry that love, that
4 Your Name we bless, O ris - en Lord, and sing to -
5 To God the Fa - ther, God the Son, to God the



1 tri - umph of our King! To all the world glad news we bring;
2 praise a - long his way; let all the earth re - joice and say:
3 life which can - not die, and sing with hearts up - lift - ed high:
4 day with one ac - cord the life laid down, the life re - stored:
5 Spi - rit, al - ways One, we sing for life in us be - gun:



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

Words: Cyril A. Alington (1872-1955), alt. St. 5, Norman Mealy (1923-1987). Copyright © 1958, renewal 1986, by Hope Publishing company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. St.5, Copyright © 1971 by Walton Music Corporation. Used by permission. Music: *Gelobt sei Gott*, Melchior Vulpius (1560?-1616).

Opening Sentences

Celebrant: Alleluia! Christ is RISEN!

People: The Lord is RISEN INDEED!! Alleluia!

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

The Collect of the Day

Celebrant: The Lord be with you.

***People:* And also with you.**

Celebrant: Let us pray.

O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. **Amen.**

First Lesson Acts 2:42-47

Those who had been baptized devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers.

Awe came upon everyone, because many wonders and signs were being done by the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

Reader: The Word of the Lord.

***People:* Thanks be to God.**

Psalm 23 *Di Dominus regit me*

1 The Lord is my shepherd; *

I shall not be in want.

2 He makes me lie down in green pastures *
and leads me beside still waters.

3 He revives my soul *

and guides me along right pathways for his Name's sake.

4 Though I walk through the valley of the shadow of death, I shall fear no evil; *

for you are with me;

your rod and your staff, they comfort me.

5 You spread a table before me in the presence of those who trouble me; *

you have anointed my head with oil,
and my cup is running over.

6 Surely your goodness and mercy shall follow me all the days of my life, *

and I will dwell in the house of the Lord for ever.

Second Lesson 1 Peter 2:19-25

It is a credit to you if, being aware of God, you endure pain while suffering unjustly. If you endure when you are beaten for doing wrong, what credit is that? But if you endure when you do right and suffer for it, you have God's approval. For to this you have been called, because Christ also suffered for you, leaving you an example, so that you should follow in his steps.

“He committed no sin, and no deceit was found in his mouth.”

When he was abused, he did not return abuse; when he suffered, he did not threaten; but he entrusted himself to the one who judges justly. He himself bore our sins in his body on the cross, so that, free from sins, we might live for righteousness; by his wounds you have been healed. For you were going astray like sheep, but now you have returned to the shepherd and guardian of your souls.

Reader: The Word of the Lord.

People: Thanks be to God

Holy Gospel John 10:1-10

Deacon: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

Jesus said, "Very truly, I tell you, anyone who does not enter the sheepfold by the gate but climbs in by another way is a thief and a bandit. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes ahead of them, and the sheep follow him because they know his voice. They will not follow a stranger, but they will run from him because they do not know the voice of strangers." Jesus used this figure of speech with them, but they did not understand what he was saying to them.

So again Jesus said to them, "Very truly, I tell you, I am the gate for the sheep. All who came before me are thieves and bandits; but the sheep did not listen to them. I am the gate. Whoever enters by me will be saved, and will come in and go out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life, and have it abundantly."

Deacon: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sermon *The Rev. Fr. Jason Lucas-Green*

THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the
Father, God from God, Light from Light, true God from true God, begotten, not
made, of one Being with the Father. Through him all things were made.**

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,

and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Good and gracious God, we rejoice in the glorious resurrection of your Son, Jesus Christ, our Lord. Help us to remain Christ centered in all that we do .

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for the church; for unity in the midst of diversity; for all who teach, preach, and administer the sacraments, especially Michael, our presiding bishop; Marc, our bishop; Jason, our priest; all other clergy, and the faithful lay people who serve the church.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for an end to war, violence, and oppression; for refugees and those who care for them; for all who live in fear and chaos. Bless our armed forces and all who strive to make the world a better place. Guide the leaders of the world, especially President Biden, that they might make decisions leading to justice, freedom, and peace for all and the preservation of creation.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for all who are in need; the victims of domestic violence and child abuse; those affected by natural disasters; those who live in poverty; the homeless, the hungry, and those sick or suffering in body, mind, or spirit, especially (reader names those on our prayer list) (people may speak additional names). We pray for those who mourn (pause for names) and those who have died (pause for names).

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We give thanks for all our blessings; our families, friends, and the St. Ambrose community. We are grateful for spring with the new life all around us. We are grateful for the abundance with which we live. May we share generously from our abundance with those in need.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Offertory Hymn My Shepherd

Page and Shafferman

THE HOLY COMMUNION

The Great Thanksgiving Eucharistic Prayer IALC Prayer for Unity B

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

With one heart and mind we give you thanks, eternal God, friend of sinners, teacher of truth. In the beginning, you spoke the word, and all beauty, order, and infinite possibility came forth in goodness and delight.

You entrusted us, the people you made in your own image, with the care of this earth and of each other. But we were hasty and greedy. We chose power and fought for domination. Through creation's own witness, through the law and the prophets, you constantly called us back, but we kept turning away. Our sins broke all your plans for love and life.

So you sent Jesus into the world. Your Son and Mary's child, he was born as one of us. He came to live and serve, to teach and heal, to show by his joyful example the path to communion with you. He gave up his life to save us, and in his cross and his glorious resurrection, sin and death were swallowed up for ever. So we praise you, in unity with all the saints and angels, in this eternal song:

Celebrant and People

**Holy, holy, holy Lord; God of power and might,
Heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

God of grace, your scattered people are hungry for the bread of heaven and the cup of life. Send your Spirit on us and on our celebration, and make us one in Christ as we share this sacrament of his body and his blood.

On the night before he died, Jesus shared a meal with the people he loved. He took the bread, gave you thanks, broke it to give to them, and said: "Take and eat this it is my body."

Then he took a cup of wine. Again he thanked you and told them: "Drink this, all of you: it is my blood, shed for you and for many so that sins may be forgiven. Whenever you do this, do it in memory of me."

So we delight to remember Jesus: the faithfulness of his life, the victory of his cross, the glory of his resurrection, the joy of the Holy Spirit poured out for the Church, and we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

As we share this bread and this cup, refresh our compassion for one another. Renew our care for the people you call us to love, and for the earth and all its creatures, whose life you have woven with our own. Make us agents of justice and messengers of peace, healing division, finding common ground, forgiving as we have been forgiven.

Through Christ, with Christ and in Christ, and in the communion of the Holy Spirit, we worship you, eternal God, with all we have and all we are, in single-hearted praise.

Blessing and honour and glory and power are yours for ever and ever. *Amen.*

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Invitation

SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own

parish and those worshipping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

COMMUNION HYMN The King of Love #645

1 The King of love my shep-herd is, whose good-ness
 2 Where streams of liv-ing wa-ter flow, my ran-somed
 * 3 Per-verse and fool-ish oft I strayed, but yet in
 * 4 In death's dark vale I fear no ill with thee, dear
 5 Thou spread'st a ta-ble in my sight; thy unc-tion
 6 And so through all the length of days thy good-ness

1 fail-eth nev-er; I noth-ing lack if
 2 soul he lead-eth, and where the ver-dant
 3 love he sought me, and on his shoul-der
 4 Lord, be-side me; thy rod and staff my
 5 grace be-stow-eth; and oh, what trans-port
 6 fail-eth nev-er: Good Shep-herd, may I

1 I am his, and he is mine for ev-er.
 2 pas-tures grow, with food ce-les-tial feed-eth.
 3 gent-ly laid, and home, re-joic-ing, brought me.
 4 com-fort still, thy cross be-fore to guide me.
 5 of de-light from thy pure chal-ice flow-eth!
 6 sing thy praise with-in thy house for ev-er.

Words: Henry Williams Baker (1821-1877); para. Psalm 23. Music: *St. Columba*, Irish melody, harm. *Hymnal* 1982.

Postcommunion Prayer

Eternal God, your Son at supper prayed that the disciples might be one, as he is one with you. Draw us daily closer to him, that in common love and service to you we may be united with one another in your Spirit through the same Jesus Christ, your Son, our Lord. Amen

The Blessing

RECESSIONAL: Christus Paradox #699

Christus Paradox 699



1. You, Lord, are both Lamb and Shep-herd. You, Lord, are both
2. Clothed in light up - on the moun-tain, Stripped of might up -
3. You, who walk each day be - side us, Sit in pow - er
4. Wor - thy is our earth - ly Je - sus! Wor - thy is our

prince and slave. You, peace-mak - er and sword-bring - er
on the cross, Shin - ing in e - ter - nal glo - ry,
at God's side. You, who preach a way that's nar - row,
cos - mic Christ! Wor - thy your de - feat and vic - t'ry.

Of the way you took and gave. You, the ev - er -
Beg - gar'd by a sol - dier's toss, You, the ev - er -
Have a love that reach - es wide. You, the ev - er -
Wor - thy still your peace and strife. You, the ev - er -

last - ing in - stant; You, whom we both scorn and crave.
last - ing in - stant; You, who are both gift and cost.
last - ing in - stant; You, who are our pil - grim guide.
last - ing in - stant; You, who are our death and life.

Text: Sylvia G. Dunstan, 1955-1993, © 1991, GIA Publications, Inc.
Tune: WESTMINSTER ABBEY, 8 7 8 7 8 7; adapt. from an anthem of Henry Purcell, 1659-1695

Postlude: Go Now In Peace

N. Sleeth

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:

The Rev. Fr. Jason Lucas-Green, Rector

Frank Saunders, Organist

Maureen Fromme, Choir Director

Worship Leader Rota:

Intercessor

Eugene Hetzer/Lector

Usher

Alison LeBlanc, Livestream Technician

ANNOUNCEMENTS

Pastoral Visits

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <https://calendly.com/frjason-1> or you can email him at Frjason@stambrosefostercity.org. Now that the holidays are over my goal this year is to meet and get to know the parish better.

Spring Cleaning

It is time for spring cleaning. Bayview will take clothes, shoes, and other items for their clients. Please bring them to church and we will get them to Bayview.

Sunday School is back!

Teacher Fe and Teacher Raphaelle will conduct the class outdoors every week for children Pre-K and up. Class will offer story time, songs, and lots of fun! We are looking forward to seeing your kids, with their big smiles!

To support this program, we would like to engage our community. We are calling for helpers as we (Fe and Raphaelle) will each teach every other week and **will need one helper every week** (no special skills required).

Please reach to saintambrosesundayschool@gmail.com for more information.

St. Ambrose Choir

The choir will resume rehearsals on Thursdays at 7:30 p.m. We will be masked and correctly distanced, and would be happy for anyone who wishes to join us. If you wish to join us, please let Maureen know so she can prepare a folder for you. You may contact her at mhfromme@yahoo.com OR 415.990.6758.

Volunteers Needed

We are looking for volunteers for coffee hour, summer days and stewardship dinner. If you are interested, please contact me at valentin_fe@yahoo.com! *Thank you*

Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

Worship Leaders Needed

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing office@stambrosefostercity.org or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link

<https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Prayer list: We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Ronnie Rosen, Leo Gauthier, John David Tate, Alice Deckel, Randy Fromme, Mike Frisch, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Judi Guilford, John David Tate, Martin Gardiner

The Altar Flowers are donated by:

Valerie Mersh in loving memory of her mother Violet Carter

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]