



May 14, 2023 • Sixth Sunday of Easter

## Welcome to St. Ambrose!

St. Ambrose Episcopal Church

The Rev. Fr. Jason Bryan Lucas-Green, Rector

(650) 574-1369 - [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) - <http://www.stambrosefostercity.org>

**Rector** • *pastoral calls and emergencies*

The Rev. Jason B. Lucas-Green

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# THE LITURGY OF THE WORD

**PRELUDE: Mazurka in A minor**

**F. Chopin**

**PROCESSIONAL I Sing the Almighty Power of God #398**

1 I sing the al-might - y power of God, that made the moun-tains rise,  
2 I sing the good-ness of the Lord, that filled the earth with food;  
3 There's not a plant or flower be - low, but makes thy glo - ries known;

that spread the flow - ing seas a - broad and built the lof - ty skies.  
he formed the crea-tures with his Word, and then pro-nounced them good.  
and clouds a - rise, and tem-pests blow, by or - der from thy throne;

I sing the wis - dom that or - dained the sun to rule the day;  
Lord, how thy won - ders are dis - played, wher - e'er I turn my eye,  
while all that bor - rows life from thee is ev - er in thy care,

the moon shines full at his com-mand, and all the stars o - bey.  
if I sur - vey the ground I tread, or gaze up - on the sky!  
and ev - ery-where that I could be, thou, God, art pres-ent there.

Words: Isaac Watts (1674-1748), alt. Music: *Forest Green*, English melody; adapt. and harm. Ralph Vaughan Williams (1872-1958).

## Opening Sentences

*Celebrant:* Alleluia! Christ is RISEN!

*People:* The Lord is RISEN INDEED!! Alleluia!

## The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

## **The Collect of the Day**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

O God, you have prepared for those who love you such good things as surpass our understanding: Pour into our hearts such love towards you, that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## **First Lesson Acts 17:22-31**

Paul stood in front of the Areopagus and said, “Athenians, I see how extremely religious you are in every way. For as I went through the city and looked carefully at the objects of your worship, I found among them an altar with the inscription, ‘To an unknown god.’ What therefore you worship as unknown, this I proclaim to you. The God who made the world and everything in it, he who is Lord of heaven and earth, does not live in shrines made by human hands, nor is he served by human hands, as though he needed anything, since he himself gives to all mortals life and breath and all things. From one ancestor he made all nations to inhabit the whole earth, and he allotted the times of their existence and the boundaries of the places where they would live, so that they would search for God and perhaps grope for him and find him—though indeed he is not far from each one of us. For ‘In him we live and move and have our being’; as even some of your own poets have said, ‘For we too are his offspring.’

Since we are God’s offspring, we ought not to think that the deity is like gold, or silver, or stone, an image formed by the art and imagination of mortals. While God has overlooked the times of human ignorance, now he commands all people everywhere to repent, because he has fixed a day on which he will have the world judged in righteousness by a man whom he has appointed, and of this he has given assurance to all by raising him from the dead.”

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

## Psalm 66:7-18

### *Jubilate Deo*

7 Bless our God, you peoples; \*  
make the voice of his praise to be heard;  
8 Who holds our souls in life, \*  
and will not allow our feet to slip.  
9 For you, O God, have proved us; \*  
you have tried us just as silver is tried.  
10 You brought us into the snare; \*  
you laid heavy burdens upon our backs.  
11 You let enemies ride over our heads;  
we went through fire and water; \*  
but you brought us out into a place of  
refreshment.  
12 I will enter your house with burnt-offerings  
and will pay you my vows, \*  
which I promised with my lips

and spoke with my mouth when I was in  
trouble.  
13 I will offer you sacrifices of fat beasts  
with the smoke of rams; \*  
I will give you oxen and goats.  
14 Come and listen, all you who fear God, \*  
and I will tell you what he has done for me.  
15 I called out to him with my mouth, \*  
and his praise was on my tongue.  
16 If I had found evil in my heart, \*  
the Lord would not have heard me;  
17 But in truth God has heard me; \*  
he has attended to the voice of my prayer.  
18 Blessed be God, who has not rejected my  
prayer, \*  
nor withheld his love from me.

## Second Lesson 1 Peter 3:13-22

Now who will harm you if you are eager to do what is good? But even if you do suffer for doing what is right, you are blessed. Do not fear what they fear, and do not be intimidated, but in your hearts sanctify Christ as Lord. Always be ready to make your defense to anyone who demands from you an accounting for the hope that is in you; yet do it with gentleness and reverence. Keep your conscience clear, so that, when you are maligned, those who abuse you for your good conduct in Christ may be put to shame. For it is better to suffer for doing good, if suffering should be God's will, than to suffer for doing evil. For Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

*Reader:*       The Word of the Lord.  
*People:*       **Thanks be to God**

*Please Stand*

**Hymn Celtic Alleluia – two times through**

### CELTIC ALLELUIA

*Celtic Mass*

Fintan O'Carroll and Christopher Walker



Music © 1985, 1996, Fintan O'Carroll and Christopher Walker. Published by OCP. All rights reserved.

### **Holy Gospel John 14:15-21**

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to John.

*People:* **Glory to you, Lord Christ.**

Jesus said, "If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you.

"I will not leave you orphaned; I am coming to you. In a little while the world will no longer see me, but you will see me; because I live, you also will live. On that day you will know that I am in my Father, and you in me, and I in you. They who have my commandments and keep them are those who love me; and those who love me will be loved by my Father, and I will love them and reveal myself to them."

*Deacon:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

### **Hymn Celtic Alleluia – one time through**

**Sermon**

*Rev. Rebecca Goldberg*

## THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the  
Father, God from God, Light from Light, true God from true God, begotten, not  
made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will  
have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from

the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

## The Prayers of the People

Good and gracious God, we rejoice in the glorious resurrection of your Son, Jesus Christ,  
our Lord. Help us to remain Christ centered in all that we do .

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for the church; for unity in the midst of diversity; for all who teach, preach, and  
administer the sacraments, especially Michael, our presiding bishop; Marc, our bishop;  
Jason, our priest; all other clergy, and the faithful lay people who serve the church.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for an end to war, violence, and oppression; for refugees and those who care for  
them; for all who live in fear and chaos. Bless our armed forces and all who strive to make  
the world a better place. Guide the leaders of the world, especially President Biden, that  
they might make decisions leading to justice, freedom, and peace for all and the  
preservation of creation.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for all who are in need; the victims of domestic violence and child abuse; those affected by natural disasters; those who live in poverty; the homeless, the hungry, and those sick or suffering in body, mind, or spirit, especially (reader names those on our prayer list) (people may speak additional names). We pray for those who mourn (pause for names) and those who have died (pause for names).

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We give thanks for all our blessings; our families, friends, and the St. Ambrose community. We are grateful for spring with the new life all around us. We are grateful for the abundance with which we live. May we share generously from our abundance with those in need.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

### **The Peace**

*Celebrant:* The peace of the Lord be always with you.

*People:* **And also with you.**

**Offertory Hymn** If Ye Love Me, Keep My Commandments                      Tallis/ Hopson

## **THE HOLY COMMUNION**

**The Great Thanksgiving      Eucharistic Prayer IALC Prayer for Unity B**

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give him thanks and praise.**

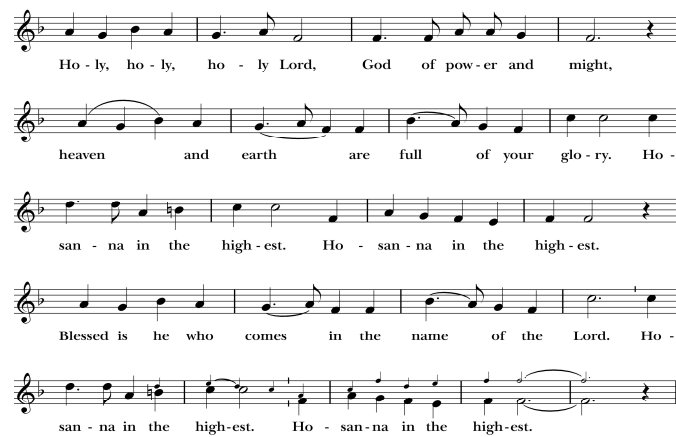
With one heart and mind we give you thanks, eternal God, friend of sinners, teacher of truth. In the beginning, you spoke the word, and all beauty, order, and infinite possibility came forth in goodness and delight.

You entrusted us, the people you made in your own image, with the care of this earth and of each other. But we were hasty and greedy. We chose power and fought for domination. Through creation's own witness, through the law and the prophets, you constantly called us back, but we kept turning away. Our sins broke all your plans for love and life.

So you sent Jesus into the world. Your Son and Mary's child, he was born as one of us. He came to live and serve, to teach and heal, to show by his joyful example the path to communion with you. He gave up his life to save us, and in his cross and his glorious resurrection, sin and death were swallowed up for ever. So we praise you, in unity with all the saints and angels, in this eternal song:

## THE SANCTUS

### *Hymnal #S125*



Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

God of grace, your scattered people are hungry for the bread of heaven and the cup of life. Send your Spirit on us and on our celebration, and make us one in Christ as we share this sacrament of his body and his blood.

On the night before he died, Jesus shared a meal with the people he loved. He took the bread, gave you thanks, broke it to give to them, and said: “Take and eat this it is my body.”

Then he took a cup of wine. Again he thanked you and told them: “Drink this, all of you: it is my blood, shed for you and for many so that sins may be forgiven. Whenever you do this, do it in memory of me.”

So we delight to remember Jesus: the faithfulness of his life, the victory of his cross, the glory of his resurrection, the joy of the Holy Spirit poured out for the Church, and we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

As we share this bread and this cup, refresh our compassion for one another. Renew our care for the people you call us to love, and for the earth and all its creatures, whose life you have woven with our own. Make us agents of justice and messengers of peace, healing division, finding common ground, forgiving as we have been forgiven.

Through Christ, with Christ and in Christ, and in the communion of the Holy Spirit, we worship you, eternal God, with all we have and all we are, in single-hearted praise. Blessing and honour and glory and power are yours for ever and ever. ***Amen.***



## The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## FRACTION ANTHEM S-154

*This setting is not used in Lent.*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Christ our Pass - o - ver is sac - ri - ficed for us;

there - fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

## Invitation

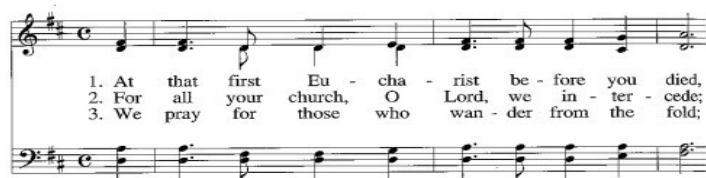
### SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

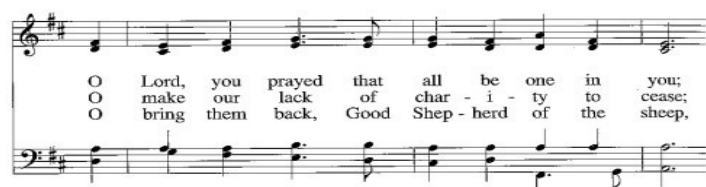
In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

# COMMUNION HYMN    At That First Eucharist #852

## 852    At That First Eucharist



1. At that first Eu - cha - rist be - fore you died,  
 2. For all your church, O Lord, we in - ter - cede;  
 3. We pray for those who wan - der from the fold;



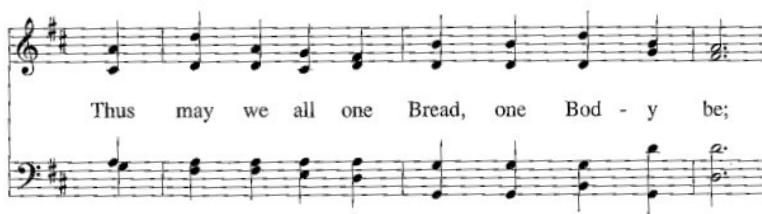
O Lord, you prayed that all be one in you;  
 O make our lack of char - i - ty to cease;  
 O bring them back, Good Shep - herd of the sheep,



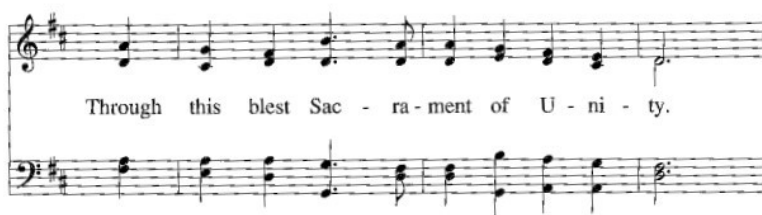
At this our Eu - cha - rist a - gain pre - side,  
 Draw us the near - er each to each we plead,  
 Back to the faith which saints be - lieved of old,



And in our hearts your law of love re - new.  
 By draw - ing all to you, O Prince of Peace.  
 Back to the Church which still that faith does keep.



Thus may we all one Bread, one Bod - y be;



Through this blest Sac - ra - ment of U - ni - ty.

Text: William H. Tunson, 1859-1938, alt.  
 Tune: UNDE ET MEMORES, 10 10 10 10 with refrain; William H. Mosak, 1823-1889, alt.

## Postcommunion Prayer

Eternal God, your Son at supper prayed that the disciples might be one, as he is one with you. Draw us daily closer to him, that in common love and service to you we may be united with one another in your Spirit through the same Jesus Christ, your Son, our Lord. Amen

## The Blessing

### RECESSIONAL: Lord, Dismiss Us #344

1 Lord, dis - miss us with thy bless - ing; fill our hearts with  
2 Thanks we give and a - dor - a - tion for thy Gos - pel's  
3 so that when thy love shall call us, Sa - vior, from the

joy and peace; let us each, thy love pos - sess - ing,  
joy - ful sound: may the fruits of thy sal - va - tion  
world a - way, fear of death shall not ap - pall us,

tri - umph in re - deem - ing grace: O re - fresh us,  
in our hearts and lives a - bound: ev - er faith - ful,  
glad thy sum - mons to o - bey. May we ev - er,

O re - fresh us trav - eling through this wil - der - ness.  
ev - er faith - ful to thy truth may we be found;  
may we ev - er reign with thee in end - less day.

Words: Att. to John Fawcett (1739/40-1817). Music: Sicilian Mariners, Sicilian melody; first published *The European Magazine and London Review*, 1792, alt.

### Postlude: Go Now In Peace

N. Sleeth

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**The Mission of St. Ambrose Church of Foster City**

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

**Worship Leaders:**

The Rev. Fr. Jason Lucas-Green, Rector

*Frank Saunders, Organist*

*Maureen Fromme, Choir Director*

**Worship Leader Rota:**

*Intercessor*

*Lectors*

*Livestream Technician*

## **ANNOUNCEMENTS**

### **Pastoral Visits**

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <https://calendly.com/frjason-1> or you can email him at [Frjason@stambrosefoftercity.org](mailto:Frjason@stambrosefoftercity.org). Now that the holidays are over my goal this year is to meet and get to know the parish better.

### **Spring Cleaning**

It is time for spring cleaning. Bayview will take clothes, shoes, and other items for their clients. Please bring them to church and we will get them to Bayview.

### **Sunday School is back!**

Teacher Fe and Teacher Raphaelle will conduct the class outdoors every week for children Pre-K and up. Class will offer story time, songs, and lots of fun! We are looking forward to seeing your kids, with their big smiles!

To support this program, we would like to engage our community. We are calling for helpers as we (Fe and Raphaelle) will each teach every other week and **will need one helper every week** (no special skills required).

Please reach to [saintambrosesundayschool@gmail.com](mailto:saintambrosesundayschool@gmail.com) for more information.

### **St. Ambrose Choir**

The choir will resume rehearsals on Thursdays at 7:30 p.m. We will be masked and correctly distanced, and would be happy for anyone who wishes to join us. If you wish to join us, please let Maureen know so she can prepare a folder for you. You may contact her at [mhfromme@yahoo.com](mailto:mhfromme@yahoo.com) OR 415.990.6758.

### **Volunteers Needed**

We are looking for volunteers for coffee hour, summer days and stewardship dinner. If you are interested, please contact me at [valentin\\_fe@yahoo.com](mailto:valentin_fe@yahoo.com)! *Thank you*

### **Coffee Hour**

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

### **Worship Leaders Needed**

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing [office@stambrosefoftercity.org](mailto:office@stambrosefoftercity.org) or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at [office@stambrosefoftercity.org](mailto:office@stambrosefoftercity.org) or use the following link to signup: Signup Genius or Click on the following link

<https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

### **Rides for Gene Hetzer**

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### **Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

**Prayer list:** We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Ronnie Rosen, Leo Gauthier, Alice Deckel, Randy Fromme, Mike Frisch, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Judi Guilford, John David Tate, Martin Gardiner

### **The Altar Flowers are given by:**

Elizabeth Peter in honor of: Mary Nicholson, Muriel Peter and Helen Del Biaggio

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*