



May 28, 2023 • The Day of Pentecost

Welcome to St. Ambrose!

St. Ambrose Episcopal Church

The Rev. Fr. Jason Bryan Lucas-Green, Rector

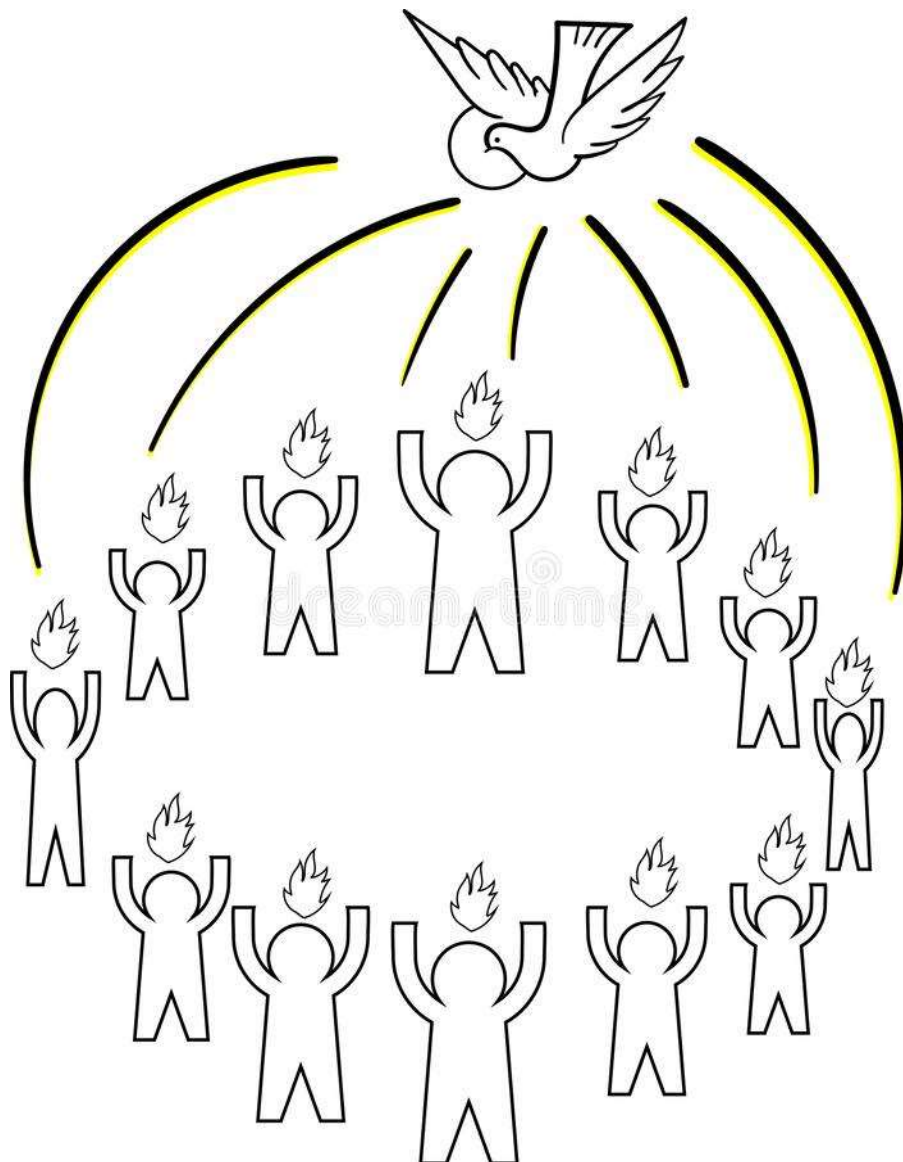
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Rector • *pastoral calls and emergencies*

The Rev. Jason B. Lucas-Green

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THE LITURGY OF THE WORD

PRELUDE: Sing A New Song Unto The Lord

D. Schutte

PROCESSIONAL Hail Thee, Festival Day #225

Refrain



Hail thee, fes - ti - val day! blest day that art hal - lowed for



ev - er, day when the Ho - ly Ghost shone in the



world with God's grace. grace.



1 Lo, in the like - ness of fire, on those who a -
3 Hark! for in myr - i - ad tongues Christ's own, his



wait his ap - pear - ing, he whom the
cho - sen a - pos - tles, preach to the



Lord fore - told sud - den - ly, swift - ly, de - scends:
ends of the earth Christ and his won - der - ful works:



2 Forth from the Fa - ther he comes with seven - fold
4 Praise to the Spi - rit of Life, all praise to the



my - sti - cal of - fering, pou - ring on all hu - man
fount of our be - ing, light that dost light - en



souls in - fin - ite rich - es of God:
all, life that in all dost a - bide:

The refrain may be sung once by choir alone and repeated by all. The stanzas may be sung by choir alone, alternately by contrasted groups, or by all.

Words: Venantius Honorius Fortunatus (540?-600?); tr. *English Hymnal*, 1906, alt. By permission of Oxford University Press.
Music: *Salve festa dies*, Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

Opening Sentences

Celebrant: Alleluia! Christ is RISEN!

People: **The Lord is RISEN INDEED!! Alleluia!**

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

The Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

O God, who on this day taught the hearts of your faithful people by sending to them the light of your Holy Spirit: Grant us by the same Spirit to have a right judgment in all things, and evermore to rejoice in his holy comfort; through Jesus Christ your Son our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.
Amen.

First Lesson Acts 2:1-21

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs-- in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

'In the last days it will be, God declares,
that I will pour out my Spirit upon all flesh,
and your sons and your daughters shall prophesy,
and your young men shall see visions,
and your old men shall dream dreams.

Even upon my slaves, both men and women,
in those days I will pour out my Spirit;
and they shall prophesy.

And I will show portents in the heaven above
and signs on the earth below,
blood, and fire, and smoky mist.

The sun shall be turned to darkness
and the moon to blood,
before the coming of the Lord's great and glorious day.

Then everyone who calls on the name of the Lord shall be saved.' "

Reader: The Word of the Lord.

***People:* Thanks be to God.**

Psalm 104:25-35, 37

Benedic, anima mea

25 O Lord, how manifold are your works! *
in wisdom you have made them all;
the earth is full of your creatures.
26 Yonder is the great and wide sea
with its living things too many to number, *
creatures both small and great.
27 There move the ships,
and there is that Leviathan, *
which you have made for the sport of it.

28 All of them look to you *
to give them their food in due season.
29 You give it to them; they gather it; *
you open your hand, and they are filled with
good things.
30 You hide your face, and they are terrified; *
you take away their breath,
and they die and return to their dust.

31 You send forth your Spirit, and they are created; *
and so you renew the face of the earth.
32 May the glory of the Lord endure for ever;
*
may the Lord rejoice in all his works.
33 He looks at the earth and it trembles; *
he touches the mountains and they smoke.

34 I will sing to the Lord as long as I live; *
I will praise my God while I have my being.
35 May these words of mine please him; *
I will rejoice in the Lord.
37 Bless the Lord, O my soul. *
Hallelujah!

Second Lesson 1 Corinthians 12:3b-13

No one can say “Jesus is Lord” except by the Holy Spirit. Now there are varieties of gifts, but the same Spirit; and there are varieties of services, but the same Lord; and there are varieties of activities, but it is the same God who activates all of them in everyone. To each is given the manifestation of the Spirit for the common good. To one is given through the Spirit the utterance of wisdom, and to another the utterance of knowledge according to the same Spirit, to another faith by the same Spirit, to another gifts of healing by the one Spirit, to another the working of miracles, to another prophecy, to another the discernment of spirits, to another various kinds of tongues, to another the interpretation of tongues. All these are activated by one and the same Spirit, who allots to each one individually just as the Spirit chooses. For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body-- Jews or Greeks, slaves or free-- and we were all made to drink of one Spirit.

Reader: The Word of the Lord.

People: Thanks be to God

Please Stand

Hymn Celtic Alleluia – two times through

CELTIC ALLELUIA

Celtic Mass
Fintan O'Carroll and Christopher Walker



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Holy Gospel John 20:19-23

Deacon: The Holy Gospel of our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

Deacon: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Hymn Celtic Alleluia – *one time through*

Sermon *The Rev. Fr. Jason Lucas-Green*

THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the
Father, God from God, Light from Light, true God from true God, begotten, not
made, of one Being with the Father. Through him all things were made.**

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.**

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will
have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from
the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Good and gracious God, we rejoice in the glorious resurrection of your Son, Jesus Christ, our Lord. Help us to remain Christ centered in all that we do .

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for the church; for unity in the midst of diversity; for all who teach, preach, and administer the sacraments, especially Michael, our presiding bishop; Marc, our bishop; Jason, our priest; all other clergy, and the faithful lay people who serve the church.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for an end to war, violence, and oppression; for refugees and those who care for them; for all who live in fear and chaos. Bless our armed forces and all who strive to make the world a better place. Guide the leaders of the world, especially President Biden, that they might make decisions leading to justice, freedom, and peace for all and the preservation of creation.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We pray for all who are in need; the victims of domestic violence and child abuse; those affected by natural disasters; those who live in poverty; the homeless, the hungry, and those sick or suffering in body, mind, or spirit, especially (reader names those on our prayer list) (people may speak additional names). We pray for those who mourn (pause for names) and those who have died (pause for names).

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

We give thanks for all our blessings; our families, friends, and the St. Ambrose community. We are grateful for spring with the new life all around us. We are grateful for the abundance with which we live. May we share generously from our abundance with those in need.

Loving God, **YOU ARE OUR STRENGTH AND SALVATION.**

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Offertory Hymn Come, Holy Spirit, God and Lord

Miller

THE HOLY COMMUNION

The Great Thanksgiving Eucharistic Prayer IALC Prayer for Unity B

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give him thanks and praise.**

With one heart and mind we give you thanks, eternal God, friend of sinners, teacher of truth. In the beginning, you spoke the word, and all beauty, order, and infinite possibility came forth in goodness and delight.

You entrusted us, the people you made in your own image, with the care of this earth and of each other. But we were hasty and greedy. We chose power and fought for domination. Through creation's own witness, through the law and the prophets, you constantly called us back, but we kept turning away. Our sins broke all your plans for love and life.

So you sent Jesus into the world. Your Son and Mary's child, he was born as one of us. He came to live and serve, to teach and heal, to show by his joyful example the path to communion with you. He gave up his life to save us, and in his cross and his glorious resurrection, sin and death were swallowed up for ever. So we praise you, in unity with all the saints and angels, in this eternal song:

THE SANCTUS

Hymnal #S125

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

Music: From *A Community Mass*; Richard Proulx (b. 1937). Copyright © 1971, 1977 GIA Publications, Inc.

God of grace, your scattered people are hungry for the bread of heaven and the cup of life. Send your Spirit on us and on our celebration, and make us one in Christ as we share this sacrament of his body and his blood.

On the night before he died, Jesus shared a meal with the people he loved. He took the bread, gave you thanks, broke it to give to them, and said: "Take and eat this it is my body."

Then he took a cup of wine. Again he thanked you and told them: "Drink this, all of you: it is my blood, shed for you and for many so that sins may be forgiven. Whenever you do this, do it in memory of me."

So we delight to remember Jesus: the faithfulness of his life, the victory of his cross, the glory of his resurrection, the joy of the Holy Spirit poured out for the Church, and we proclaim the mystery of faith:

**Christ has died.
Christ is risen.
Christ will come again.**

As we share this bread and this cup, refresh our compassion for one another. Renew our care for the people you call us to love, and for the earth and all its creatures, whose life you have woven with our own. Make us agents of justice and messengers of peace, healing division, finding common ground, forgiving as we have been forgiven.

Through Christ, with Christ and in Christ, and in the communion of the Holy Spirit, we worship you, eternal God, with all we have and all we are, in single-hearted praise. Blessing and honour and glory and power are yours for ever and ever. *Amen.*

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

FRACTION ANTHEM S-154

This setting is not used in Lent.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Christ our Pass - o - ver is sac - ri - ficed for us;

there - fore let us keep the feast.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Invitation

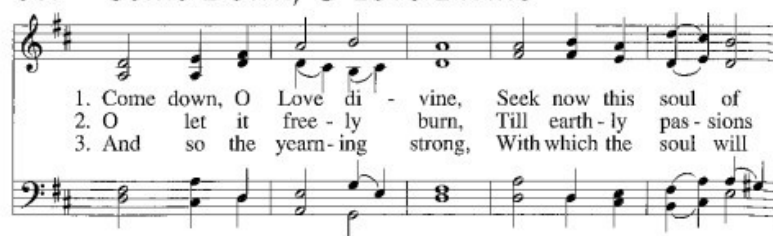
SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

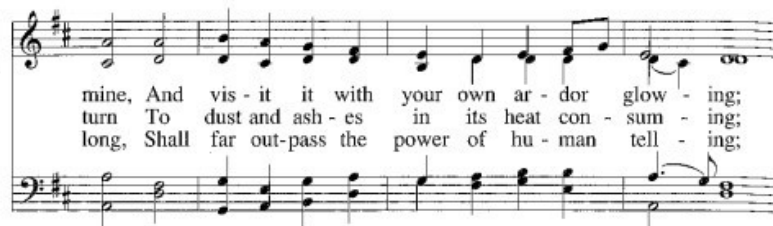
In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshipping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

COMMUNION HYMN Come Down, O Love Divine # 617

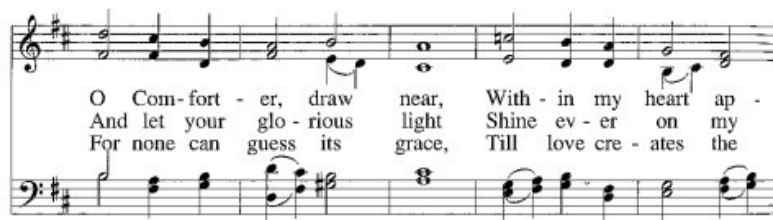
617 Come Down, O Love Divine



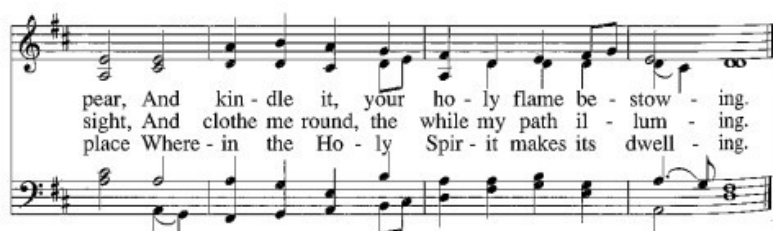
1. Come down, O Love di - vine, Seek now this soul of
2. O let it free - ly burn, Till earth - ly pas - sions
3. And so the yearn - ing strong, With which the soul will



mine, And vis - it it with your own ar - dor glow - ing;
turn To dust and ash - es in its heat con - sum - ing;
long, Shall far out-pass the power of hu - man tell - ing;



O Com - fort - er, draw near, With - in my heart ap -
And let your glo - rious light Shine ev - er on my
For none can guess its grace, Till love cre - ates the



pear, And kin - dle it, your ho - ly flame be - stow - ing.
sight, And clothe me round, the while my path il - lum - ing.
place Where - in the Ho - ly Spir - it makes its dwell - ing.

Text: *Discepoli, Amor Santo*; Biscione da Siena, d.c.1434; tr. by Richard F. Littledale, 1833-1899
Tune: DOWN AMPNEY, 66 11 D; Ralph Vaughan Williams, 1872-1958, © Oxford University Press

Postcommunion Prayer

Eternal God, your Son at supper prayed that the disciples might be one, as he is one with you. Draw us daily closer to him, that in common love and service to you we may be united with one another in your Spirit through the same Jesus Christ, your Son, our Lord. Amen

The Blessing

RECESSIONAL: Awake, O Sleeper #729

Awake, O Sleeper, Rise from Death 729

1. A - wake, O sleep - er, rise from death,
 2. To us on earth he came to bring
 3. There is one Bod - y and one Hope,
 4. Then walk in love as Christ has loved
 5. For us Christ lived, for us he died

And Christ shall give you light.
 From sin and fear re - lease,
 One Spir - it and one Call,
 Who died that he might save;
 And con - quered in the strife.

So learn his love— its length and breadth,
 To give the Spir - it's u - ni - ty,
 One Lord, one Faith, and one Bap - tism,
 With kind and gen - tle hearts for - give
 A - wake, a - rise, go forth in faith,

Its full - ness, depth and height.
 The ver - y bond of peace.
 One Fa - ther of all.
 As God in Christ for - gave.
 And Christ shall give you life.

Postlude: Let Us Praise God Together

African American Spiritual

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community.
We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people,
welcoming children into our church family and serving those in need.

Worship Leaders:

The Rev. Fr. Jason Lucas-Green, Rector

Frank Saunders, Organist

Maureen Fromme, Choir Director

Worship Leader Rota:

Shaiji Ajit Intercessor

Eugene Hetzer, Shaiji Ajit/Lector

Usher

Alison LeBlanc, Livestream Technician

ANNOUNCEMENTS

Pastoral Visits

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <https://calendly.com/frjason-1> or you can email him at Frjason@stambrosefostercity.org. Now that the holidays are over my goal this year is to meet and get to know the parish better.

Choir and Music Directors

Friends, with Frank announcing his retirement I have taken a look over our current staffing for our music directors. The common practice in the diocese is that the choir and music director be the same person. With that said, in our search for a new music director, we will be looking for a person who can do both organist as well as direct our choir. With that said, our amazing Choir director will be leaving us. Her last day will be August 31. I am so thankful to Maureen and Frank for the many amazing years of service to our community.

If you would like to be apart of the search committee for our new music director please let me know. frjason@stambrosefostercity.org

Bayview Mission Outreach for the Summer

Our outreach focus for this summer will be dental supplies for our friends at Bayview Mission. We are collecting toothbrushes, toothpaste (Travel size preferred), floss, and mouthwash (travel size). Please bring in your items and I will transport them to Bayview.

We also have purchased 60 laundry bags for our unhoused friends served by Bayview Mission. Many thanks in advance for your generosity.

Sunday School is back!

Teacher Fe and Teacher Raphaelle will conduct the class outdoors every week for children Pre-K and up. Class will offer story time, songs, and lots of fun! We are looking forward to seeing your kids, with their big smiles!

To support this program, we would like to engage our community. We are calling for helpers as we (Fe and Raphaelle) will each teach every other week and **will need one helper every week** (no special skills required).

Please reach to saintambrosesundayschool@gmail.com for more information.

St. Ambrose Choir

The choir will resume rehearsals on Thursdays at 7:30 p.m. We will be masked and correctly distanced, and would be happy for anyone who wishes to join us. If you wish to join us, please let Maureen know so she can prepare a folder for you. You may contact her at mhfromme@yahoo.com OR 415.990.6758.

Volunteers Needed

We are looking for volunteers for coffee hour, summer days and stewardship dinner. If you are interested, please contact me at valentin_fe@yahoo.com! *Thank you*

Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

Worship Leaders Needed

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing office@stambrosefostercity.org or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at office@stambrosefostercity.org or use the following link to signup: [Signup Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship) or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Prayer list: We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Ronnie Rosen, Leo Gauthier, Alice Deckel, Randy Fromme, Mike Frisch, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Judi Guilford, John David Tate, Martin Gardiner

The Altar Flowers are given by:

The Altar Guild to the Glory of God

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]