



# St. Ambrose Episcopal Church

June 4, 2023, First Sunday after Pentecost:

Trinity Sunday

900 Edgewater Blvd  
Foster City, CA 94404

(650) 574-1369 - [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) - <http://www.stambrosefostercity.org>

Rector • pastoral calls and emergencies The Rev. Jason B. Lucas-Green 612.865.54422  
[frjason@stambrosefostercity.org](mailto:frjason@stambrosefostercity.org)

## THE LITURGY OF THE WORD

### Welcome and Announcements

### Prelude: Kyrie, kyrie, kyrie eleison

### Processional Hymn 365 *Come, Thou Almighty King*

1 Come, thou al-might-y King, help us thy Name to sing,  
2 Come, thou in-car-nate Word, by heaven and earth a-dored;  
3 Come, ho-ly Com-fort-er, thy sa-cred wit-ness bear  
4 To Thee, great One in Three, the high-est prais-es be,  
help us to praise. Fa-ther whose love un-known all things cre-  
our prayer at-tend: come, and thy peo-ple bless; come, give thy  
in this glad hour: thou, who al-might-y art, now rule in  
hence ev-er-more; thy sov-ereign ma-jes-ty may we in  
at-ed own, build in our hearts thy throne, An-cient of Days.  
word suc-cess; stab-lish thy right-eous-ness, Sa-vior and friend.  
ev-ery heart, and ne'er from us de-part, Spi-rit of power.  
glo-ry see, and to e-ter-ni-ty love and a-dore.

Words: Anonymous, ca. 1757. alt. Music: *Moscow*, Felice de Giardini (1716-1796); harm. *The New Hymnal*, 1916, based on *Hymns Ancient and Modern*, 1875, and Lowell Mason (1792-1872).

## Opening Sentences

*Celebrant:* Blessed be the One, Holy, and Living God.

*People:* **Glory to God for ever and ever. *Amen.***

## The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ. *Amen.*

## The Collect of the Day

*Celebrant:* God be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

.

## First Lesson Genesis 1:1-2:4a

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

And God said, "Let there be a dome in the midst of the waters, and let it separate the waters from the waters." So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, "Let the waters under the sky be gathered together into one place, and let the dry land appear." And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, "Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it." And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, “Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.” And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, “Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.” So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, “Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.” And there was evening and there was morning, the fifth day.

And God said, “Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.” And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, “Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.”

So God created humankind in his image,  
in the image of God he created them;  
male and female he created them.

God blessed them, and God said to them, “Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.” God said, “See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.” And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

These are the generations of the heavens and the earth when they were created.

*Reader:* The Word of the Lord.

***People:* Thanks be to God.**

## Psalm 8

*Domine, Dominus noster*

1 O Lord our Governor, \*  
how exalted is your Name in all the world!

2 Out of the mouths of infants and children  
\*  
your majesty is praised above the heavens.

3 You have set up a stronghold against your  
adversaries, \*  
to quell the enemy and the avenger.

4 When I consider your heavens, the work  
of your fingers, \*  
the moon and the stars you have set in their  
courses,

5 What is man that you should be mindful  
of him? \*

the son of man that you should seek him  
out?

6 You have made him but little lower than  
the angels; \*  
you adorn him with glory and honor;

7 You give him mastery over the works of  
your hands; \*  
you put all things under his feet:

8 All sheep and oxen, \*  
even the wild beasts of the field,

9 The birds of the air, the fish of the sea, \*  
and whatsoever walks in the paths of the  
sea.

10 O Lord our Governor, \*  
how exalted is your Name in all the world!

## Second Lesson 2 Corinthians 13:11-13

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

*Reader:* The Word of the Lord

***People:* Thanks be to God.**

## Hymn Caribbean Alleluia – *two times through* RS 396



## Holy Gospel Matthew 28:16-20

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People:* **Glory to you, Lord Christ.**

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

*Deacon:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

## Hymn Caribbean Alleluia – *one time through* RS 396

**Sermon**                      **Rev. Rebecca Goldberg**

## THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the  
Father, God from God, Light from Light, true God from true God, begotten, not  
made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead, and his kingdom will  
have no end.  
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father  
and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **INTERCESSION A BEATITUDE PEOPLE**

Lord Jesus Christ,  
we pray once more for your Church and for its ministry to the world.  
May it be a source of love, hope and comfort, compassion, challenge and inspiration.  
Lord, in your mercy,  
**hear our prayer.**

May your followers in every place find the faith and courage,  
vision and commitment, to live as beatitude people,  
poor and humble in spirit, merciful in attitude,  
pure in heart, hungry for peace and thirsty for righteousness,  
and so, as individuals and together, may your Church testify to your redeeming love  
and renewing power, speaking through word and deed of your care for all,  
your desire for justice, and your willingness to show mercy.

Lord, in your mercy,  
**hear our prayer.**

Reach out through all you specially call to proclaim your name -  
those gifted as evangelists, those working abroad as missionaries  
or here in our own country, each seeking to share their faith  
and to make your love known. But reach out also through everyday believers such as us,  
ordinary Christians telling others about their experience of your goodness  
and about the difference you have made to their lives.

Lord, in your mercy,  
**hear our prayer.**

Grant to all your people the inspiration of your Holy Spirit  
and the light of Christ in their hearts.  
Help them to recognise the opportunities you provide,  
to respond to your guidance and so faithfully to proclaim the good news.

Lord, in your mercy,  
hear **our prayer**.

For we ask it in your name. **Amen.**

## **CONFESSION AND ABSOLUTION**

### **Leader and People**

**Have mercy upon us, most merciful God; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ. *Amen.***

*Celebrant:* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ.

*People:* **Amen.**

### **The Peace**

*Celebrant:* The peace of Christ be always with you.

*People:* **And also with you.**

## **THE HOLY COMMUNION**

**Offertory Hymn    Father in Whom We Live**

**Hicks**

**The Great Thanksgiving    Supplementary Eucharistic Prayer 2 (S2)**

*Celebrant*    God be with you.

**People    And also with you.**

*Celebrant*    Lift up your hearts.

**People    We lift them to God.**

*Celebrant*    Let us give thanks to God.

**People    It is right to give our thanks and praise.**

*Celebrant*    Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world. When those we trust betray us, unfailingly you remain with us.

When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first. Therefore we raise our voices with angels and archangels, forever praising you and saying

## Sanctus - Land of Rest R442

Ho - ly, ho - ly, ho - ly Lord God of pow-er and

might, heav - en and earth are

full of your glo-ry. Ho - san - na in the high - est.

Bless - ed is he who comes in the name of the

Lord. Ho - san - na in the high - est, Ho -

san - na in the high - est.

Blessed are you, O Holy One. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river Babylon and carried them home. At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them. He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love. On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope. Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.



Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. *Amen.*

### The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### Fraction Anthem

WLP 874

*Principal Canon*

Who - ev - er eats this bread will live for - ev - er.

Who - ev - er eats this bread will live for - ev - er.

*Secondary Canons*

A

This is the true bread which comes down from heaven, and gives life to the world.

B

Who - ev - er be - lieves in me shall not hun - ger or thirst, for the bread which I give for the life of the world is my flesh.

### Invitation

### Spiritual Communion

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

**In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation**

and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

## Communion Hymn At That First Eucharist #922

EUCARIST

### At That First Eucharist

The musical score is written for a four-part choir (Soprano, Alto, Tenor, Bass) in C major, 4/4 time. It consists of eight staves of music. The lyrics are printed below the staves, with some lines having multiple verses. The hymn is a hymn of thanksgiving and prayer for the Eucharist.

1. At that first Eu - cha - rist be - fore you died,  
 2. For all your church, O Lord, we in - ter - cede;  
 3. We pray for those who wan - der from the fold;

O Lord, you prayed that all be one in you;  
 O make our lack of char - i - ty to cease;  
 O bring them back, Good Shep - herd of the sheep,

At this our Eu - cha - rist a - gain pre - side,  
 Draw us the near - er each to each we plead,  
 Back to the faith which saints be - lieved of old,

And in our hearts your law of love re - new.  
 By draw - ing all to you, O Prince of Peace.  
 Back to the Church which still that faith does keep.

Thus may we all one Bread, one Bod - y be;

Through this blest Sac - ra - ment of U - ni - ty.

Text: William H. Tutton, 1859-1936, alt.  
 Tune: UNDE ET MEMORES, 10 10 10 10 with refrain; William H. Monk, 1823-1889, alt.

## Postcommunion Prayer

Eternal God, your Son at supper prayed that the disciples might be one, as he is one with you. Draw us daily closer to him, that in common love and service to you we may be united with one another in your Spirit through the same Jesus Christ, your Son, our Lord. **Amen**

## The Blessing

Go now,  
 Not to serve yourself,  
 But to serve others;  
 Not to seek your glory, but the glory of God the Father;  
 And so may all you are and do make him known,  
 And the Blessing of God Almighty, Father, Son, and Holy Spirit  
 Be with you always. **Amen**

## The Dismissal

## Closing Hymn 607 | *You Give the Great Commission*

### 607 Lord, You Give the Great Commission



1. Lord, you give the great com - mis - sion:  
 2. Lord, you call us to your serv - ice:  
 3. Lord, you make the com - mon ho - ly:  
 4. Lord, you show us love's true meas - ure:  
 5. Lord, you bless with words as - sur - ing:



"Heal the sick and preach the word."  
 "In my name bap - tize and teach."  
 "This my bod - y, this my blood."  
 "Fa - ther, what they do, for - give."  
 "I am with you to the end."



Lest the Church ne - glect its mis - sion,  
 That the world may trust your prom - ise,  
 Let us all, for earth's true glo - ry,  
 Yet we hoard as pri - vate treas - ure  
 Faith and hope and love re - stor - ing,



And the Gos - pel go un - heard,  
 Life a - bun - dant meant for each,  
 Dai - ly lift life heav - en - ward,  
 All that you so free - ly give,  
 May we serve as you in - tend,

Help us wit - ness to your pur - pose  
 Give us all new fer - vor, draw us  
 Ask - ing that the world a - round us  
 May your care and the mer - cy lead us  
 And, a - mid the cares that claim us,

With re - newed in - teg - ri - ty;  
 Clos - er in com - mun - i - ty;  
 Share your chil - dren's lib - er - ty;  
 To a just so - ci - e - ty;  
 Hold in mind e - ter - ni - ty;

With the Spir - it's gifts em - pow'r us

For the work of min - is - try.

Text: Jeffery Rowthorn, b.1934, © 1978, Hope Publishing Co.  
 Tune: ABBOT'S LEIGH, 8 7 8 7 D; Cyril V. Taylor, 1907-1991, © 1942, 1970, Hope Publishing Co.

## Postlude The Rainbow Song

A. Chiang

*All music reprinted with permission—One License # A—72047*

**The Mission of St. Ambrose Church of Foster City**

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community.  
We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people,  
welcoming children into our church family and serving those in need.

**Worship Leaders:**

The Rev. Fr. Jason Lucas-Green, Rector  
*Frank Saunders, Organist*  
*Maureen Fromme, Choir Director*

**Worship Leader Rota:**

*Intercessor*  
*Stephen Yuen/Lector*  
*Stephen Yuen/Usher*  
*Alison LeBlanc, Livestream Technician*

## **ANNOUNCEMENTS**

### **Pastoral Visits**

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <https://calendly.com/frjason-1> or you can email him at [Frjason@stambrosefostercity.org](mailto:Frjason@stambrosefostercity.org). Now that the holidays are over my goal this year is to meet and get to know the parish better.

### **Choir and Music Directors**

Friends, with Frank announcing his retirement I have taken a look over our current staffing for our music directors. The common practice in the diocese is that the choir and music director be the same person. With that said, in our search for a new music director, we will be looking for a person who can do both organist as well as direct our choir. With that said, our amazing Choir director will be leaving us. Her last day will be August 31. I am so thankful to Maureen and Frank for the many amazing years of service to our community.

If you would like to be apart of the search committee for our new music director please let me know. [frjason@stambrosefostercity.org](mailto:frjason@stambrosefostercity.org)

### **Bayview Mission Outreach for the Summer**

Our outreach focus for this summer will be dental supplies for our friends at Bayview Mission. We are collecting toothbrushes, toothpaste (Travel size preferred), floss, and mouthwash (travel size). Please bring in your items and I will transport them to Bayview.

We also have purchased 60 laundry bags for our unhoused friends served by Bayview Mission. Many thanks in advance for your generosity.

### **Sunday School is back!**

Teacher Fe and Teacher Raphaelle will conduct the class outdoors every week for children Pre-K and up. Class will offer story time, songs, and lots of fun! We are looking forward to seeing your kids, with their big smiles!

To support this program, we would like to engage our community. We are calling for helpers as we (Fe and Raphaelle) will each teach every other week and **will need one helper every week** (no special skills required).

Please reach to [saintambrosesundayschool@gmail.com](mailto:saintambrosesundayschool@gmail.com) for more information.

### **St. Ambrose Choir**

The choir will resume rehearsals on Thursdays at 7:30 p.m. We will be masked and correctly distanced, and would be happy for anyone who wishes to join us. If you wish to join us, please let Maureen know so she can prepare a folder for you. You may contact her at [mhfromme@yahoo.com](mailto:mhfromme@yahoo.com) OR 415.990.6758.

### **Volunteers Needed**

We are looking for volunteers for coffee hour, summer days and stewardship dinner. If you are interested, please contact me at [valentin\\_fe@yahoo.com](mailto:valentin_fe@yahoo.com)! *Thank you*

### **Coffee Hour**

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

### **Worship Leaders Needed**

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or use the following link to signup: [Signup Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship) or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

### **Rides for Gene Hetzer**

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### **Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

**Prayer list:** We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Ronnie Rosen, Leo Gauthier, Alice Deckel, Mike Frisch, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Judi Guilford, John David Tate, Martin Gardiner

### **The Altar Flowers are donated by:**

Robert and Anita Richards in loving memory of Wilfred Gallegos  
Bettie Jean Davis in memory of Landon Cheek

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*