

June
2023
Edition



The Ambrosian

The Monthly Newsletter of St. Ambrose Episcopal Church
900 Edgewater Boulevard, Foster City, California 94404

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Editor
Yvonne Sidell

Reflections from the Rector

Dear Brothers and Sisters,

During the Eucharist, I make the invitation, "Brothers and Sisters draw near with faith. Come to this Holy Table where All are Welcome, ALL are Fed, and ALL are Loved." I make this invitation that all people are welcome to communion, but not just to communion, ALL people are welcome to our community and in the House of God.

This month we celebrate Pride Month. It is a month where we celebrate our LGBT brothers and sisters. Often, we have seen people in the LGBT community treated poorly and even violently. We, at St. Ambrose, are here to provide a safe place where all people can encounter the Divine.

This month I ask you to give thanks for our LGBT brothers and sisters, to pray for a world where rights of humans are welcome, and where people are safe to be who they are, and love who they want.

This month I also remind you of our Outreach project for Bayview Mission where we will be collecting dental products for our friends. I am also planning on spending Mondays at Bayview helping our friends. If you would like to join me, please let me know.

Peace in Christ,

Rev. Fr. Jason Lucas-Green
Rector

Announcements

SCAM ALERT:

Bishop Marc, Father Jason and diocesan staff will NEVER ask you to buy gift cards or money orders. Beware of these emails requesting these items.

Intercession Prayers

The apostle James tells us to “pray for one another, that you may be healed” (James 5:16).

If you would like the St. Ambrose community to pray with you, please write your intercession in the Blessing book placed in the Narthex or send your request to stambrosefc@att.net. Your prayer will be included at the following mass service. Please leave your name and contact information in the booklet, in case clarifications are needed.

Thank you!
Raphael

St. Ambrose Choir

The choir will resume rehearsals on Thursdays at 7:30 p.m. We will be masked and correctly distanced, and would be happy for anyone who wishes to join us. If you wish to join us, please let Father Jason know!

Volunteers Needed

We are looking for volunteers for coffee hour, summer days and stewardship dinner. If you are interested, please contact me at valentin_fe@yahoo.com! *Thank you!*

Announcements (continued)

Contemplative Meditation Group

Welcome to our "Contemplative Meditation" group. We meet weekly on **Wednesdays at 10:00 a.m.**

That's right! We find the week kicks into gear...before you know it, we are two hectic days into it. Take a respite. Take time (40 minutes) and mindful breaths with us. Join and listen with our compassionate, contemplative, and mindful community. Be heard if you choose to share.

We choose to continue meeting on Zoom for convenience and minimal disruption of life. If you wish, an email-list reminder can arrive in your inbox Tuesday nights -- write to:

hfongster@gmail.com (Questions are welcome here)

[Click this link on Wednesday's 10am to join Zoom.](#)

Or use this QR code:



We currently are exploring excerpts from Henri Nouwen's *The Wounded Healer: Ministry in Contemporary Society*. Nouwen looks at lifting each other up with compassion from both perspectives, healer and wounded.

Thank you!
Hamilton

***Please see other valuable Announcements in the
St. Ambrose Worship Bulletins***

Sunday School News – by Fe Valentin and Raphaelae Gerber

Sunday School is back!

Teacher Fe and Teacher Raphaelae will conduct the class outdoors every week for children Pre-K and up. Class will offer story time, songs, and lots of fun! We are looking forward to seeing your kids, with their big smiles!

To support this program, we would like to engage our community. We are calling for helpers as we (Fe and Raphaelae) will each teach every other week and **will need one helper every week** (no special skills required).

Please reach to saintambrosesundayschool@gmail.com for more information.

Respectfully Yours,

Fe Valentin and Raphaelae Gerber

June Outreach – by Steve Yuen

Sandwiches on Sunday

We had our second Sandwiches on Sunday of 2023 at the end of April.

On Saturday, April 29, Mary Loretta Davila, Hamilton Fong, Valerie Mersh, and Steve Yuen spent 2½ hours assembling 80 brown paper bags containing sandwiches, snacks, and fruit.

Mary and Hamilton were welcome additions to the assembly line; we were short-handed because our usual crew had other appointments or were indisposed.



On Sunday, April 30, the Fair Oaks Community Center held its annual Day of the Child (“El Día Del Niño”) celebration. The parking lot was filled with community displays, music, and fairgoers, which meant that we had to move to the back entrance of the Center.

Phoebe and Shai Venkat began passing out the food and drink at 11:45 a.m.



Some passersby wandered over from the festival and were handed a lunch and a bottle of water.

Being a recipient is never conditional, and all who came by received at least one brown bag.

The next Sandwiches on Sunday is **July 30**, and we will be making the sandwiches at the Parish Hall on **July 29**.

If you have any questions, please contact Steve Yuen (650-315-9662 or by email at stevebyuen@aol.com).

Respectfully Yours,

Steve Yuen

Sea Breeze School – by Jerelyn Weber

Please stay tuned for school activities in July.

Respectfully Yours,

Jerelyn Weber

The Editor's Corner—by Yvonne Sidell



“Let no debt remain outstanding, except the continuing debt to love one another, for whoever loves others has fulfilled the law.”

--Romans 13:8

One day, just before leaving school, a boy brought his mother a list.

It was a bill for services rendered. “For mowing the lawn, \$2. For emptying the trash, \$2. For cleaning my room, \$2. For doing the dishes this week, \$2. Mama, you owe me \$8.”

When he got back home after school, the boy received the eight dollars and along with the payment a “bill” from his mom. It read:

For carrying you nine months, with all the accompanying inconvenience and nausea, \$0.

For cooking three meals a day for fifteen years, \$0.

For working overtime to buy you those new sneakers you love so much, \$0.

For losing sleep and wages when I had to stay home with you after you broke your leg, \$0.

Son, you owe me—nothing.

Looking over the piece of paper, the boy recognized the price his mother had paid, and he offered to give back the money in response to the goodness of his mother.

Our problem sometimes is that we’ve grown accustomed to the kindness and love of Jesus.

We’ve forgotten all that He has done for us. That He laid down His life for us at no charge, purely out of love and a desire for us to be in relationship with God. We’ve forgotten how freely He offers Himself to us, even though we don’t do the same thing in return. We’ve forgotten how good He really is.

When you really recognize God’s goodness, you want to serve Him. When you think about all He has given—and continues to give—serving Him becomes a passion, an opportunity and a privilege.

June Birthdays & Anniversaries

Birthdays

Reuben Ajit Philip	5
Michael Lord	5
Sal Censoprano	6
Janet Gardiner	8
Ryan Nagar	8
Kirsten Padgett	13
Barbara Saunders	14
Belinda Yuen	25
Fe Valentin	27
Jon Stephens	27
Michele Kimmins	28
Poppy Bradford	30
Don Gundry	30



Anniversaries

Jessica and Kirk Morales	5
Carolyn and Hugo Franco	7
Gwen and Hani Juha	7
Carolyn and David Moriarty	14
Michelle and James Kimmins	23
Olivia and Wilfredo Nagar	27