



# St. Ambrose Episcopal Church

July 30, 2023,

Ninth Sunday after Pentecost

900 Edgewater Blvd  
Foster City, CA 94404

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Rector • pastoral calls and emergencies The Rev. Jason B. Lucas-Green 612.865.5442  
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## THE LITURGY OF THE WORD

### Welcome and Announcements

### Prelude: Pentatonic meditation

### Processional Hymn 435 *At the Name of Jesus*



1 At the Name of Je - sus ev - ery knee shall bow,  
2 Hum - bled for a sea - son, to re - ceive a Name  
3 bore it up tri - um - phant, with its hu - man light,  
4 Name him, Chris - tians, name him, with love strong as death,  
\* 5 In your hearts en - throne him; there let him sub - due  
\* 6 Chris - tians, this Lord Je - sus shall re - turn a - gain,



1 ev - ery tongue con - fess him King of glo - ry now;  
2 from the lips of sin - ners, un - to whom he came,  
3 through all ranks of crea - tures, to the cen - tral height,  
4 name with awe and won - der and with bat - ed breath;  
5 all that is not ho - ly, all that is not true;  
6 with his Fa - ther's glo - ry o'er the earth to reign;



1 'tis the Fa - ther's plea - sure we should call him Lord  
2 faith - ful - ly he bore it spot - less to the last,  
3 to the throne of God - head, to the Fa - ther's breast;  
4 he is God the Sa - vior, he is Christ the Lord,  
5 crown him as your Cap - tain in temp - ta - tion's hour;  
6 for all wreaths of em - pire meet up - on his brow,



1 who from the be - gin - ning was the might - y Word.  
2 brought it back vic - to - rious, when from death he passed;  
3 filled it with the glo - ry of that per - fect rest.  
4 ev - er to be wor - shipped, trust - ed, and a - dored.  
5 let his will en - fold you in its light and power.  
6 and our hearts con - fess him King of glo - ry now.

Words: Caroline Maria Noel (1817-1877), alt. Music: *King's Weston*, Ralph Vaughan Williams (1872-1958). By permission of Oxford University Press.

## Opening Sentences

*Celebrant:* Blessed be the God, Father, Son, and Holy Spirit

*People:* **And blessed be his kingdom now and forever. Amen.**

### The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ. **Amen.**

### The Collect of the Day

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## First Lesson 1 Kings 3:5-12

At Gibeon the Lord appeared to Solomon in a dream by night; and God said, "Ask what I should give you." And Solomon said, "You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart toward you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?"

It pleased the Lord that Solomon had asked this. God said to him, "Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you."

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

## Psalm 119:129-136

### *Mirabilia*

129 Your decrees are wonderful; \*  
therefore I obey them with all my heart.

130 When your word goes forth it gives  
light; \*  
it gives understanding to the simple.

131 I open my mouth and pant; \*  
I long for your commandments.

132 Turn to me in mercy, \*  
as you always do to those who love your  
Name.

133 Steady my footsteps in your word; \*  
let no iniquity have dominion over me.

134 Rescue me from those who oppress  
me, \*  
and I will keep your commandments.

135 Let your countenance shine upon  
your servant \*  
and teach me your statutes.

136 My eyes shed streams of tears, \*  
because people do not keep your law.

## Second Lesson Romans 8:26-39

The Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

We know that all things work together for good for those who love God, who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified.

What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? Who will bring any charge against God's elect? It is God who justifies. Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written,

“For your sake we are being killed all day long; we are accounted as sheep to be slaughtered.”

No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

**Reader:** The Word of the Lord

**People:** Thanks be to God.

**Hymn Caribbean Alleluia – *two times through* RS 396**

Hal - le, hal - le, hal - le - lu - jah!

5 Hal - le, hal - le, hal - le - lu - jah!

9 Hal - le, hal - le, Hal - le - lu - jah! Hal - le -

13 lu - jah! Hal - le - lu - jah!

**Holy Gospel Matthew 13:31-33,44-52**

**Deacon:** The Holy Gospel of our Lord Jesus Christ according to Matthew.

**People:** Glory to you, Lord Christ.

Jesus put before the crowds another parable: “The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches.”

He told them another parable: “The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened.”

“The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field.

“Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it.

“Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad. So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth.

“Have you understood all this?” They answered, “Yes.” And he said to them, “Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old.”

*Deacon:* The Gospel of the Lord.

*People:* Praise to you, Lord Christ.

**Hymn Caribbean Alleluia – *one time through* RS 396**

**Sermon                      The Rev. Fr. Jason Lucas-Green**

## **THE NICENE CREED**

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the  
Father, God from God, Light from Light, true God from true God, begotten, not  
made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will  
have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father  
and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

## Form IV

Deacon or other leader

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

Lord, in your mercy

*Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy

*Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy

*Hear our prayer.*

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

Lord, in your mercy

*Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

Lord, in your mercy

*Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

*The Celebrant adds a concluding Collect.*

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord.  
**Amen.**

## CONFESSION AND ABSOLUTION

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.***

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

***People:* Amen.**

## The Peace

*Celebrant:* The peace of the Lord be always with you.

***People:* And also with you.**

## THE HOLY COMMUNION

**Offertory Hymn: Just As I Am**

### *Eucharistic Prayer B*

The musical notation is presented in four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes, with 'Celebrant' and 'People' labels above the respective parts.

**Staff 1:** Celebrant: The Lord be with you. People: And al - so with you.

**Staff 2:** Celebrant: Lift up your hearts. People: We lift them to the Lord.

**Staff 3:** Celebrant: Let us give thanks to the Lord our God.

**Staff 4:** People: It is right to give him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and every- where to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

## Sanctus - S128

The musical score for Sanctus - S128 is written on five staves. The first staff begins with a treble clef and a key signature of one flat (B-flat). The melody starts with a half rest, followed by a quarter note G4, a half note A4, and a quarter note Bb4. The second staff continues with a half rest, a quarter note G4, a half note A4, and a quarter note Bb4. The third staff features a half note Bb4, a quarter note A4, a quarter note G4, and a half note F4. The fourth staff has a half note E4, a quarter note D4, a quarter note C4, and a half note B3. The fifth staff concludes with a half note A3, a quarter note G3, a quarter note F3, and a half note E3. The lyrics are: "Ho - ly, ho - ly, ho - ly Lord, God of power and might, heaven and earth are full of your glo - ry. Ho-san-na in the high - est. Bless - ed is he who comes in the name of the Lord. Ho-san-na in the high-est."

Ho - ly, ho - ly,

ho - ly Lord, God of power and might,

heaven and earth are full of your glo - ry. Ho-san-na in the

high - est. Bless - ed is he who

comes in the name of the Lord. Ho-san-na in the high-est.

Music by William Mathias (1934-1992). Copyright © 1976 Oxford University Press.

*The people stand*

*Then the Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."



After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Ambrose and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

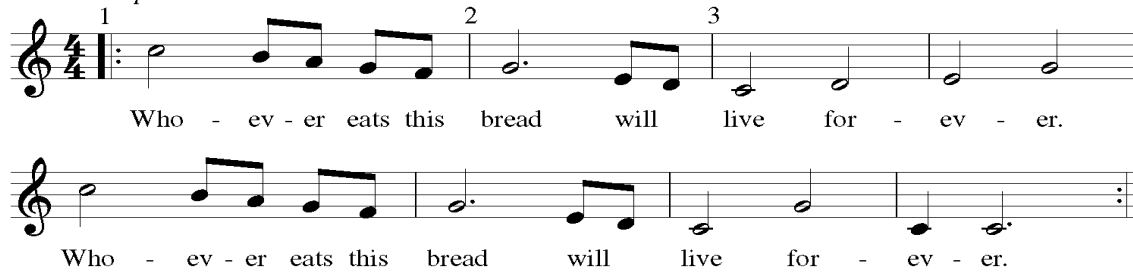
### **The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## Fraction Anthem

WLP 874

### *Principal Canon*



Who - ev - er eats this bread will live for - ev - er.

Who - ev - er eats this bread will live for - ev - er.

### *Secondary Canons*



A 1 3 2  
This is the true bread which comes down from heaven, and gives life to the world.

B 1 3 2  
Who - ev - er be-lieves in me shall not hun-ger or thirst, for the  
bread which I give for the life of the world is my flesh.

## Invitation

## Spiritual Communion

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

**In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen**

## Communion Hymn    **Blest Are the Pure in Heart**    #656

The image shows a musical score for a four-part hymn. It consists of two systems of music, each with a soprano, alto, tenor, and bass part. The key signature is one sharp (F#), and the time signature is common time (C). The lyrics are printed below the vocal staves. The first system contains the first four lines of the hymn, and the second system contains the final four lines. The music is written in a simple, hymn-like style with block chords and moving lines.

1 Blest are the pure in heart, for they shall see our God; the  
2 The Lord, who left the heavens our life and peace to bring, to  
3 he to the low - ly soul will still him - self im - part and  
4 Lord, we thy pres - ence seek; may ours this bless - ing be; give

se - cret of the Lord is theirs, their soul is Christ's a - bode.  
dwell in low - li - ness with us, our pat - tern and our King;  
for his dwell - ing and his throne will choose the pure in heart.  
us a pure and low - ly heart, a tem - ple fit for thee.

Words: Sts. 1 and 3, John Keble (1792-1866), alt.; sts. 2 and 4, William John Hall (1793-1861), alt. Music: *Franconia*, melody Johann Balthasar König (1691-1758); adapt. and harm. William Henry Havergal (1793-1870).

## Postcommunion Prayer

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## The Dismissal

## Closing Hymn 380 | *From All That Dwell Below the Skies*

1 From all that dwell be - low the skies let  
2 E - ter - nal are thy mer - cies, Lord, and  
\*3 Praise God, from whom all bless - ings flow; praise

the Cre - a - tor's praise a - rise! Let the Re - deem - er's  
truth e - ter - nal is thy word: thy praise shall sound from  
him, all crea - tures here be - low; praise him a - bove, ye

Name be sung through ev - ery land, by ev - ery tongue!  
shore to shore till suns shall rise and set no more.  
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

## Postlude: Go Now In Peace

N. Sleeth

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### **The Mission of St. Ambrose Church of Foster City**

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

#### **Worship Leaders:**

The Rev. Fr. Jason Lucas-Green, Rector  
*Frank Saunders, Organist*  
*Maureen Fromme, Choir Director*

#### **Worship Leader Rota:**

*Shaiji Ajit/Intercessor*  
*Shaiji Ajit, Warren Wong/Lectors*  
*Usher*  
*Alison LeBlanc, Livestream Technician*

## **ANNOUNCEMENTS**

### **Pastoral Visits**

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <https://calendly.com/frjason-1> or you can email him at [Frjason@stambrosefostercity.org](mailto:Frjason@stambrosefostercity.org). Now that the holidays are over my goal this year is to meet and get to know the parish better.

### **Hello from our New Music Director**

Greetings to all in the name of Jesus Christ our Lord and Savior! Please allow me to introduce myself. My name is Michael Glick. I studied Mathematics at UC Santa Cruz for my Bachelor's degree and at the San Francisco Conservatory for my Master's in Organ Performance. I am delighted to have been selected to be your Music Director and organist. I have served in this capacity at Episcopal churches twice before and will this time be particularly blessed to serve here in Foster City. This ministry is one that I, through the spirit, feel especially called to. To be able to serve with musical gifts is what I am here to do. —Michael Glick

### **Celebration Lunch for Maureen Fromme and Frank Saunders**

Join us on August 20 for a celebration of Maureen and Frank. We will be holding a church potluck. If you have any questions please reach out to Valerie Mersh.

### **Bayview Mission Needs** (Updated 7/10/2023)

I have been in communication with Deacon Nina at Bayview Mission. Their needs have changed; they are asking if we can supply Peanut Butter, Tuna, and Feminine Hygiene Products. I thank you for your continued generosity of our Outreach Project.

### **Sunday School Summer 2023**

Sunday School will be on a break from July 15 to July 31st.

### **Sunday School 2023-2024**

For the upcoming school year, we are looking for:

- Helpers for welcoming new families at the Blessing of the backpack (end of August/ beginning of September)
- Helpers for Sunday School class: Youth and older
- Materials for godly play activities (crafts to illustrate God's creation, Nativity, Protecting our planet etc.)

All suggestions of games/songs/activities are welcome.

### **St. Ambrose Choir**

The choir will resume rehearsals on Thursdays at 7:30 p.m. We will be masked and correctly distanced, and would be happy for anyone who wishes to join us. If you wish to join us, please let Maureen know so she can prepare a folder for you. You may contact her at [mhfromme@yahoo.com](mailto:mhfromme@yahoo.com) OR 415.990.6758.

### **Volunteers Needed**

We are looking for volunteers for coffee hour, summer days and stewardship dinner. If you are interested, please contact me at [valentin\\_fe@yahoo.com](mailto:valentin_fe@yahoo.com)! *Thank you*

### **Coffee Hour**

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

### **Worship Leaders Needed**

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or use the following link to signup: [Signup Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship) or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

### **Rides for Gene Hetzer**

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### **Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

**Prayer list:** We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, Mike Frisch, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

### **The Altar Flowers are donated by:**

Nilda Chong in memory of her mother, Eva Rios Chong who passed away in June.

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*