

# St. Ambrose Episcopal Church August 13, 2023, Eleventh Sunday after Pentecost

900 Edgewater Blvd Foster City, CA 94404 (650) 574-1369 - office@stambrosefostercity.org - http://www.stambrosefostercity.org

Rector • pastoral calls and emergencies The Rev. Jason B. Lucas-Green 612.865.5442

frjason@stambrosefostercity.org

### THE LITURGY OF THE WORD

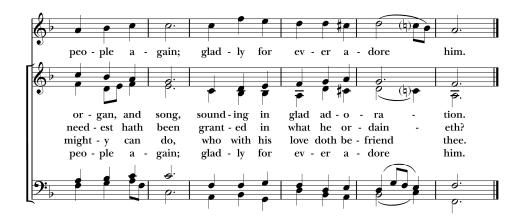
#### Welcome and Announcements

Prelude: Theme from the Symphonic Dances

### S. Rachmaninoff

Processional Hymn 390 Praise to the Lord





Words: Joachim Neander (1650-1680); tr. *Hymnal 1940*, alt. Copyright © The Church Pension Fund. Music: *Lobe den Herren*, melody from *Erneuerten Gesangbuch*, 1665; harm. *The Chorale Book for England*, 1863; desc. Craig Sellar Lang (1891-1971). Descant, Copyright © 1953, Novello and Company Limited. Used by permission.

# **Opening Sentences**

Celebrant: Blessed be the God, Father, Son, and Holy Spirit

People: And blessed be his kingdom now and forever. Amen.

# The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ. *Amen.* 

## The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.* 

# First Lesson 1 Kings 19:9-18

At Horeb, the mount of God, Elijah came to a cave, and spent the night there. Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the Lord said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

Reader: The Word of the Lord. **People: Thanks be to God.** 

### Psalm 85:8-13

### Benedixisti, Domine

8 I will listen to what the Lord God is saying, \* for he is speaking peace to his faithful people and to those who turn their hearts to him.

9 Truly, his salvation is very near to those who fear him, \* that his glory may dwell in our land.

10 Mercy and truth have met together; \* righteousness and peace have kissed each other.

11 Truth shall spring up from the earth, \* and righteousness shall look down from heaven.

12 The Lord will indeed grant prosperity, \* and our land will yield its increase.

13 Righteousness shall go before him, \* and peace shall be a pathway for his feet.

### Second Lesson Romans 10:5-15

Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down) "or 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say?

"The word is near you, on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!"

**Reader:** The Word of the Lord **People:** Thanks be to God.

# Hymn Caribbean Alleluia – two times through RS 396



### Holy Gospel Matthew 14:22-33

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: Glory to you, Lord Christ.

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

Deacon: The Gospel of the Lord.People: Praise to you, Lord Christ.

Hymn Caribbean Alleluia – one time through RS 396

Sermon Rev. Rebecca Goldberg

### THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will

have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

#### Form IV

Deacon or other leader

Let us pray for the Church and for the world. Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy *Hear our prayer.* 

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy *Hear our prayer*.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy *Hear our prayer*.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy *Hear our prayer*.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy *Hear our prayer*.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy *Hear our prayer*.

The Celebrant adds a concluding Collect.

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.** 

### **CONFESSION AND ABSOLUTION**

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen*.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

People: Amen.

The Peace

*Celebrant*: The peace of the Lord be always with you.

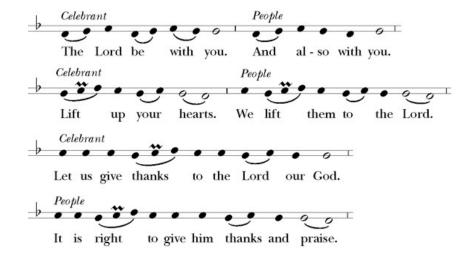
People: And also with you.

### THE HOLY COMMUNION

### Offertory Hymn: Lullaby, from Hansel and Gretel

### E. Humperdinck

# **Eucharistic Prayer B**

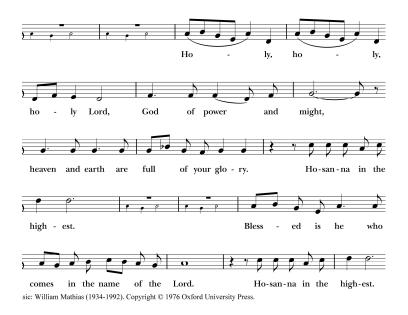


Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and every- where to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

### Sanctus - S128



The people stand

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

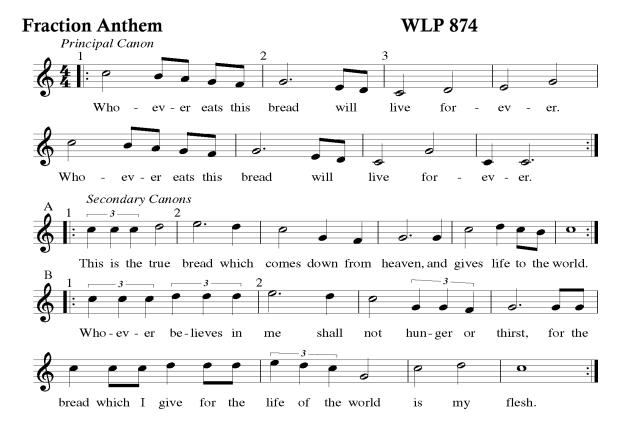
We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with <u>Ambrose</u> and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

And now, as our Savior Christ has taught us, we are bold to say,

### The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.



### Invitation

# **Spiritual Communion**

(Those watching at home, may, if they wish, say this prayer during the time of Communion.) In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation

and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

# Communion Hymn All Are Welcome 753 v. 1-3



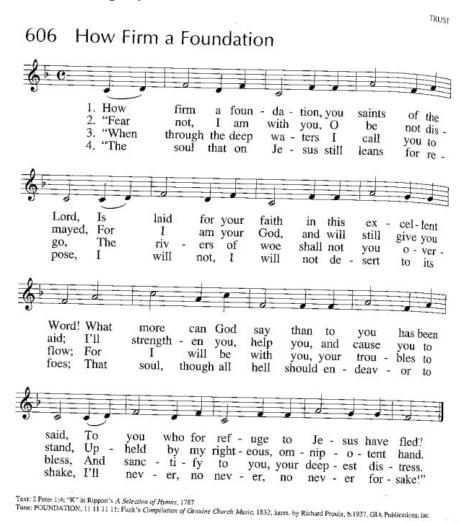


# **Postcommunion Prayer**

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

### The Dismissal

### **Closing Hymn 606** | *How Firm a Foundation*



## Postlude: Alleluia, Alleluia

arr. F. Saunders

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### The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

### **Worship Leaders:**

The Rev. Fr. Jason Lucas-Green, Rector Rev. Rebecca Goldberg Frank Saunders, Organist Maureen Fromme, Choir Director

#### **Worship Leader Rota:**

Intercessor
Warren Wong, Lector
Eucharistic Minister, Daniel Tate
Usher
Alison LeBlanc, Livestream Technician

# **ANNOUNCEMENTS**

#### **Pastoral Visits**

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <a href="https://calendly.com/frjason-1">https://calendly.com/frjason-1</a> or you can email him at <a href="frjason@stambrosefostercity.org">Frjason@stambrosefostercity.org</a>. Now that the holidays are over my goal this year is to meet and get to know the parish better.

#### Hello from our New Music Director

Greetings to all in the name of Jesus Christ our Lord and Savior! Please allow me to introduce myself. My name is Michael Glick. I studied Mathematics at UC Santa Cruz for my Bachelor's degree and at the San Francisco Conservatory for my Master's in Organ Performance. I am delighted to have been selected to be your Music Director and organist. I have served in this capacity at Episcopal churches twice before and will this time be particularly blessed to serve here in Foster City. This ministry is one that I, through the spirit, feel especially called to. To be able to serve with musical gifts is what I am here to do. —Michael Glick

#### **Celebration Lunch for Maureen Fromme and Frank Saunders**

Join us on August 20 for a celebration of Maureen and Frank. We will be holding a church potluck. If you have any questions please reach out to Valerie Mersh.

### Bayview Mission Needs (Updated 7/10/2023)

I have been in communication with Deacon Nina at Bayview Mission. Their needs have changed; they are asking if we can supply Peanut Butter, Tuna, and Feminine Hygiene Products. I thank you for your continued generosity of our Outreach Project.

### Sunday School 2023-2024

For the upcoming school year, we are looking for:

- Helpers for welcoming new families at the Blessing of the backpack (end of August/ beginning of September)
- Helpers for Sunday School class: Youth and older
- Materials for godly play activities (crafts to illustrate God's creation, Nativity, Protecting our planet etc.) All suggestions of games/songs/activities are welcome.

#### St. Ambrose Choir

The choir will resume rehearsals on Thursdays at 7:30 p.m. We will be masked and correctly distanced, and would be happy for anyone who wishes to join us. If you wish to join us, please let Maureen know so she can prepare a folder for you. You may contact her at mhfromme@yahoo.com OR 415.990.6758.

### **Volunteers Needed**

We are looking for volunteers for coffee hour, summer days and stewardship dinner. If you are interested, please contact me at valentin fe@yahoo.com! Thank you

#### **Coffee Hour**

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the <u>first Sunday</u> of the month. Please volunteer for the <u>other weeks</u> by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1

### **Worship Leaders Needed**

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing office@stambrosefostercity.org or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at <a href="mailto:office@stambrosefostercity.org">office@stambrosefostercity.org</a> or use the following link to signup: <a href="mailto:Signup Genius">Signup Genius</a> or Click on the following link <a href="https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship">https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship</a>

### **Rides for Gene Hetzer**

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### **Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or <a href="mailto:dtate@ses.cdsp.edu">dtate@ses.cdsp.edu</a>

<u>Prayer list:</u> We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, Mike Frisch, and the pupils and staff of Sea Breeze School. *For those who have died:* Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

### The Altar Flowers are given by:

The Altar Guild to the Glory of God

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]



St. Ambrose Episcopal Church 900 Edgewater Blvd, Foster City, corner of Edgewater & Beach Park Blvd

Knickknacks, houseware and clothing and more!

Beautiful plants for your home or garden!

Scan this QR code to access our online plant sale!



Questions? Call or text Brenda (650) 520-1140 or Call St. Ambrose Church (650) 574-1369



