



*St. Ambrose Episcopal Church*  
*March 17, 2024*  
*The Fifth Sunday in Lent*

900 Edgewater Blvd  
Foster City, CA 94404

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<http://www.stambrosefostercity.org>

**THE LITURGY OF THE WORD**

**Prelude: Maurice Ravel – Prelude**

**Welcome and Announcements**

**Processional Hymn #488 Be thou my vision, O Lord of my heart**

1 Be thou my vi - sion, O Lord of my heart;  
2 Be thou my wis - dom, and thou my true word;  
3 High King of hea - ven, when vic - tory is won,  
all else be nought to me, save that thou art—  
I ev - er with thee and thou with me, Lord;  
may I reach hea - ven's joys, bright hea - ven's Sun!  
thou my best thought, — by day or by night,  
thou my great Fa - ther; thine own may I be;  
Heart of my heart, — what - ev - er be - fall,  
wak - ing or sleep - ing, thy pres - ence my light.  
thou in me dwell - ing, and I one with thee.  
still be my vis - ion, O Ru - ler of all.

Words: Irish, ca. 700; versified Mary Elizabeth Byrne (1880-1931); tr. Eleanor H. Hull (1860-1935), alt. Music: *Slane*, Irish ballad melody; adapt. *The Church Hymnary*, 1927; harm. David Evans (1874-1948). By permission of Oxford University Press.

**Opening Sentences**

**Celebrant:** Bless the Lord who forgives all our sins.

**People:** His mercy endures forever.

## The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Lord, have mercy.

*Christ, have mercy.*

Lord, have mercy.

## The Collect of the Day

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*

## First Lesson Jeremiah 31:31-34

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt—a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, “Know the Lord,” for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

## The Response

## Psalm 51:1-13

### *Miserere mei, Deus*

1 Have mercy on me, O God, according to  
your loving-kindness; \*  
in your great compassion blot out my  
offenses.

2 Wash me through and through from my  
wickedness \*  
and cleanse me from my sin.

3 For I know my transgressions, \*  
and my sin is ever before me.

4 Against you only have I sinned \*  
and done what is evil in your sight.

5 And so you are justified when you speak  
\*  
and upright in your judgment.

6 Indeed, I have been wicked from my  
birth, \*  
a sinner from my mother's womb.

7 For behold, you look for truth deep  
within me, \*  
and will make me understand wisdom  
secretly.

8 Purge me from my sin, and I shall be  
pure; \*  
wash me, and I shall be clean indeed.

9 Make me hear of joy and gladness, \*  
that the body you have broken may rejoice.

10 Hide your face from my sins \*  
and blot out all my iniquities.

11 Create in me a clean heart, O God, \*  
and renew a right spirit within me.

12 Cast me not away from your presence \*  
and take not your holy Spirit from me.

13 Give me the joy of your saving help  
again \*  
and sustain me with your bountiful Spirit.

## The Epistle

### Second Lesson Hebrews 5:5-10

Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,

“You are my Son,  
today I have begotten you”;  
as he says also in another place,

“You are a priest forever,  
according to the order of Melchizedek.”

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

**Reader:** The Word of the Lord

**People:** Thanks be to God.

## Hymn Deep Within, verse 1

LENT

Deep Within 399

Refrain



Deep with - in I will plant my law,  
not on stone, but in your heart.  
Fol - low me, I will bring you back, you will  
be my own, and I will be your God.

Verses



1. I will give you a new heart, a new spir - it with -  
2. I Seek my face, and see your  
3. Re - turn to me, with all your  
in you, for I will be your strength.  
God, for I will be your hope.  
heart, and I will bring you back.

D. C.

Text: Jeremiah 31:33, Ezekiel 36:26, Joel 2:12; David Haas, b.1957  
Tune: David Haas, b.1957; acc. by Jeanne Cotter, b.1964  
©1987, GIA Publications, Inc.

## Holy Gospel John 12:20-33

**Deacon:** The Holy Gospel of our Lord Jesus Christ according to John.

**People:** Glory to you, Lord Christ.

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, “Sir, we wish to see Jesus.” Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, “The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.

“Now my soul is troubled. And what should I say—‘Father, save me from this hour’? No, it is for this reason that I have come to this hour. Father, glorify your name.” Then a voice came from heaven, “I have glorified it, and I will glorify it again.” The crowd standing there heard it and said that it was thunder. Others said, “An angel has spoken to him.” Jesus answered, “This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself.” He said this to indicate the kind of death he was to die.

*Deacon:* The Gospel of the Lord.

*People:* Praise to you, Lord Christ.

## **Deep Within, verse 2**

**Sermon**

**Rev. Rebecca Goldberg**

## **THE NICENE CREED**

**We believe in one God, the Father, the Almighty, maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the  
Father, God from God, Light from Light, true God from true God, begotten, not  
made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will  
have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

## **Form IV**

Deacon or other leader

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

*Silence*

Lord, in your mercy

*Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

*Silence*

Lord, in your mercy

*Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

*Silence*

Lord, in your mercy

*Hear our prayer.*

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy  
*Hear our prayer.*

*The Celebrant adds a concluding Collect.*

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord.  
**Amen.**

## CONFESSION AND ABSOLUTION

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.***

*Celebrant:* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

***People:* Amen.**

## The Peace

*Celebrant:* The peace of the Lord be always with you.

*People:* And also with you.

Offertory Hymn: H144 Lord Jesus, Sun of Righteousness

Harold Darke

## Doxology

### Hymn380 From all that dwell below the skies

1 From all that dwell be - low the skies let  
2 E - ter - nal are thy mer - cies, Lord, and  
\*3 Praise God, from whom all bless - ings flow; praise

the Cre - a - tor's praise a - rise! Let the Re - deem - er's  
truth e - ter - nal is thy word: thy praise shall sound from  
him, all crea - tures here be - low; praise him a - bove, ye

Name be sung through ev - ery land, by ev - ery tongue!  
shore to shore till suns shall rise and set no more.  
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).



## THE HOLY COMMUNION

### Eucharistic Prayer B

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff is for the Celebrant and the People, with the lyrics "The Lord be with you. And al - so with you." The second staff is for the Celebrant and the People, with the lyrics "Lift up your hearts. We lift them to the Lord." The third staff is for the Celebrant, with the lyrics "Let us give thanks to the Lord our God." The fourth staff is for the People, with the lyrics "It is right to give him thanks and praise."

*Celebrant*      *People*  
The Lord be with you. And al - so with you.

*Celebrant*      *People*  
Lift up your hearts. We lift them to the Lord.

*Celebrant*  
Let us give thanks to the Lord our God.

*People*  
It is right to give him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and every- where to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

### Sanctus - S130

## Sanctus – S130

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes

in the name of the Lord. Ho - san - na

in the high - est. Ho - san - na in the high - est.

Music: From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Copyright © 1985 GIA Publications, Inc.

*The people stand or kneel.*

*Then the Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

*Celebrant and People*

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Ambrose and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

### **The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

### **Fraction Anthem**

**S164 Jesus, Lamb of God: *Agnus Dei***

## S164 Jesus, Lamb of God: *Agnus Dei*

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

The musical score is written for voice and piano. It consists of four systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is one sharp (F#). The tempo and style are not explicitly marked, but the notation suggests a moderate, reverent pace. The lyrics are written below the vocal line, with hyphens indicating syllables that span across notes. The piano accompaniment features a steady, rhythmic pattern in the left hand and more melodic lines in the right hand.

Music: From *Deutsche Messe*; Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937). Adaptation: Copyright © 1985 GIA Publications, Inc.

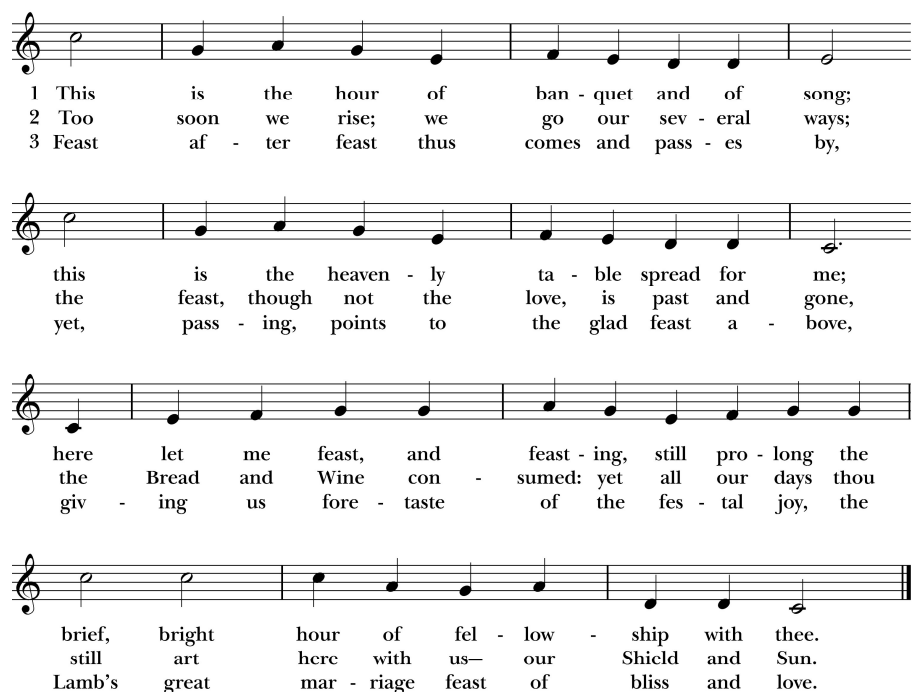
## Invitation

### Spiritual Communion

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

**In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen**

## Communion Hymn 316 This is the hour of banquet and of song



1 This is the hour of ban - quet and of song;  
2 Too soon we rise; we go our sev - eral ways;  
3 Feast af - ter feast thus comes and pass - es by,  
this is the heaven - ly ta - ble spread for me;  
the feast, though not the love, is past and gone,  
yet, pass - ing, points to the glad feast a - bove,  
here let me feast, and feast - ing, still pro - long the  
the Bread and Wine con - sumed: yet all our days thou  
giv - ing us fore - taste of the fes - tal joy, the  
brief, bright hour of fel - low - ship with thee.  
still art here with us—our Shield and Sun.  
Lamb's great mar - riage feast of bliss and love.

Words: Horatius Bonar (1808-1889), alt. Music: *Canticum refectiois*, David McKinley Williams (1887-1978). Copyright © The Church Pension Fund.

## Post Communion Prayer

**Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.**

## Announcements

### The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you and remain with you always. **Amen**

# Closing Hymn # 475 Jesus Christ our Lord

475

Jesus Christ our Lord

1 God him-self is with us; let us all a - dore him,  
 2 Glad - ly, Lord, we of - fer thine to be for ev - er,  
 3 Thou per - vad - est all things; let thy rad - iant beau - ty  
 4 Come, a - bide with - in me; let my soul, like Ma - ry,

and with awe ap - pear be - fore him. God is here with -  
 soul and life and each en - deav - or. Help us to sur -  
 light mine eyes to see my du - ty. As the ten - der  
 be thine earth - ly sanc - tu - ar - y. Come, in - dwell - ing

in us; souls in si - lence fear him, hum - bly, fer - vent -  
 rend - er earth's de - ceit - ful trea - sures, pride of life, and  
 flow - ers ea - ger - ly un - fold them, to the sun - light  
 Spi - rit, with trans - fi - guring splen - dor; love and hon - or

ly draw near him. Now his own who have known  
 sin - ful plea - sures: thou a - lone shalt be known  
 calm - ly hold them, so let me qui - et - ly  
 will I ren - der. Where I go here be - low,

God, in wor - ship low - ly, yield their spi - rits whol - ly.  
 Lord of all our be - ing, life's true way de - cree - ing.  
 in thy rays im - bue me; let thy light shine through me.  
 let me bow be - fore thee, know thee, and a - dore thee.

Words: Gerhardt Tersteegen (1697-1769); tr. *Hymnal* 1940, alt.;  
 st. 3, tr. Henry Sloane Coffin (1877-1954)  
 Music: Tyok, from *Psaln und Choralbuch*, 1719

668. 668. 666

**The Dismissal**

**Postlude: Amazing Grace**

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**The Mission of St. Ambrose Church of Foster City**

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community.  
We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people,  
welcoming children into our church family and serving those in need.

**Worship Leaders:**

Rev. Rebecca Goldberg  
*Amanda Yuxin Dai, Music Director*

**Worship Leader Rota:**

*Intercessor*  
*Warren Wong, Lector*  
*Daniel Tate, Eucharist Minister*  
*Usher*  
*Ali LeBlanc, Livestream Technician*

Rev. Rebecca Goldberg	Sunday, March 17, 2024
Rev. Rebecca Goldberg	Sunday, March 24, 2024
Rev. Rebecca Goldberg	Sunday, March 31, 2024
Rev. Rebecca Goldberg	Sunday April 07, 2024



## **ANNOUNCEMENTS**

### **Stations of the Cross**

Stations of the Cross will be observed on Wednesdays: 3/20, and 3/27 at 7:30 pm.

### **Lenten Offerings:**

During Lent we ask parishioners to forego some activities that they may view as “luxuries” (lattes, desserts) and donate those funds to either or both of two worthy causes.

**United Thank Offering** is a major funding source for the Episcopal Church’s international missions. If you are inclined to make a donation please write a check to St. Ambrose Episcopal Church, mark it UTO in the memo section, and drop it in the offering plate.

**RIP Medical Debt** ([ripmedicaldebt.org](http://ripmedicaldebt.org)) buys medical debt for cents on the dollar. The debt is then cancelled, relieving families from financial burdens that many find overwhelming. Debt incurred to pay for hospitalization, medicines, and treatment of chronic conditions is one of the principal causes of personal bankruptcy in the U.S. RIP Medical Debt is a 501(c)(3) organization and is rated 4 out of 4 stars by Charity Navigator. St. Ambrose joins other Peninsula Episcopal churches in this campaign during Lent. Simply write a check to St. Ambrose, mark it RIP Medical Debt, and place it in the offering plate.

The Lenten campaign will end on March 31st, Easter Sunday,

### **Sandwiches on Sunday – March 31st:**

We will again assemble the sandwiches and brown bags the day before, i.e., **Saturday, March 30th**, at the church from noon to 2 p.m. They will be distributed at the Fair Oaks Community Center in Redwood City on Sunday, March 31st, from 11:45 to 12:15 p.m. If you would like to help or have any questions, please contact Steve Yuen (cell 650-315-9662, [stevebyuen@aol.com](mailto:stevebyuen@aol.com))

### **Coffee Hour**

Join us for Coffee Hour after mass at 11:00 am in the parish hall. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

### **Worship Leaders Needed**

Please sign up as a Lector for our 10:00\* am Mass by emailing [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or the Church signup sheet. We also need Worship Leader volunteers for our 10:00\* am Mass.

There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream

Technicians. Contact us at [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or use the following link to signup: Signup Genius or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

*\*No 8:30am service at this time*

### **Sunday School 10 AM**

Sunday school is at 10:00am every week Please contact Raphael Gerber [raphaele.gerber@gmail.com](mailto:raphaele.gerber@gmail.com)

### Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu) or Warren Wong at [wwong@nd.edu](mailto:wwong@nd.edu)

### Contemplative Meditation

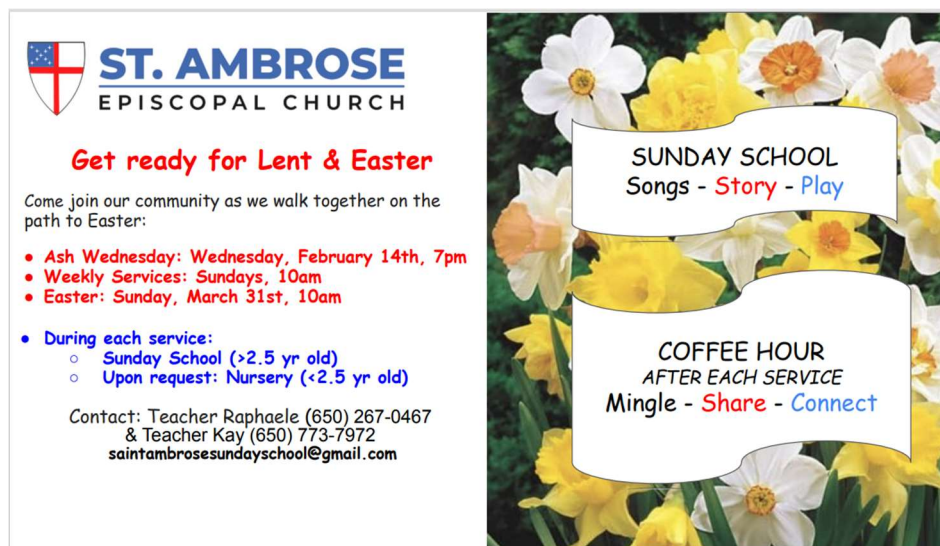
Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. If interested, please contact Hamilton Fong. [hfongster@gmail.com](mailto:hongster@gmail.com)

### Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

**Prayer list:** We pray especially for Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*



The graphic is a two-part announcement for St. Ambrose Episcopal Church. The left side is a white box with a red border containing text about Lent and Easter services. The right side is a background of yellow and white daffodils with two white text boxes overlaid. The top text box says 'SUNDAY SCHOOL Songs - Story - Play' and the bottom text box says 'COFFEE HOUR AFTER EACH SERVICE Mingle - Share - Connect'.

**ST. AMBROSE**  
EPISCOPAL CHURCH

**Get ready for Lent & Easter**

Come join our community as we walk together on the path to Easter:

- Ash Wednesday: Wednesday, February 14th, 7pm
- Weekly Services: Sundays, 10am
- Easter: Sunday, March 31st, 10am

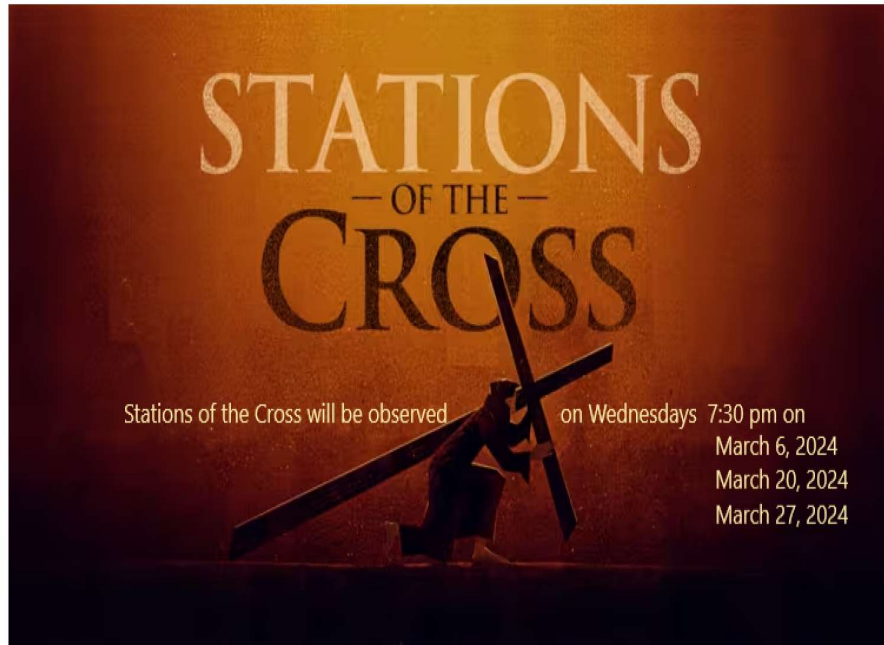
• During each service:

- Sunday School (>2.5 yr old)
- Upon request: Nursery (<2.5 yr old)

Contact: Teacher Raphaelle (650) 267-0467  
& Teacher Kay (650) 773-7972  
[saintambrosesundayschool@gmail.com](mailto:saintambrosesundayschool@gmail.com)

**SUNDAY SCHOOL**  
Songs - Story - Play

**COFFEE HOUR**  
AFTER EACH SERVICE  
Mingle - Share - Connect



Presider	Date
Reverend Rebecca Goldberg	Wednesday, March 20, 2024
Reverend Rebecca Goldberg	Wednesday, March 27, 2024
Reverend Rebecca Goldberg	Thursday, March 28, 2024
Reverend Rebecca Goldberg	Friday, March 29, 2024
Reverend Rebecca Goldberg	Saturday, March 30, 2024
Reverend Rebecca Goldberg	Sunday, March 31, 2024



## **Holy Week and Easter Service Schedule**

**Thursday, March 28 ~ Maundy Thursday**

**Service at 7:00 pm**

**Friday, March 29 ~ Good Friday**

**Service at 7:00 pm**

**Saturday, March 30 ~ Easter Vigil**

**Service at 7:00 pm**

**Sunday, March 31 ~ Easter**

**Service at 10:00 am**