



ST. AMBROSE EPISCOPAL CHURCH

*A community where ALL are WELCOME, ALL are FED and
ALL are LOVED*

MARCH 24, 2024
Sunday of the Passion: Palm Sunday



*H refers to Hymnal 1982, the blue book. BCP refers to Book of Common Prayer, the red book.
S refers to service music from The Hymnal 1982, and is found in the front section of the hymnal.*

LITURGY OF THE PALMS

Celebrant Blessed is the King who comes in the name of the Lord.

All **Peace in heaven and glory in the highest.**

Celebrant Let us pray.

Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Lord. *Amen.*

Holy Gospel

Mark 11:1-11

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.

All **Glory to you Lord Christ.**

When they were approaching Jerusalem, at Bethphage and Bethany, near the Mount of Olives, Jesus sent two of his disciples and said to them, "Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. If anyone says to you, 'Why are you doing this?' just say this, 'The Lord needs it and will send it back here immediately.'" They went away and found a colt tied near a door, outside in the street. As they were untying it, some of the bystanders said to them, "What are you doing, untying the colt?" They told them what Jesus had said; and they allowed them to take it. Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. Then those who went ahead and those who followed were shouting,

"Hosanna!

Blessed is the one who comes in the name of the Lord!

Blessed is the coming kingdom of our ancestor David!

Hosanna in the highest heaven!"

Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.

Celebrant The Gospel of the Lord.

All **Praise to you Lord Christ.**

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Let us give thanks to the Lord our God.

All **It is right to give him thanks and praise.**

It is right to praise you, Almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. On this day he entered the holy city of Jerusalem in triumph, and was proclaimed as King of kings by those who spread their garments and branches of palm along his way. Let these branches be for us signs of his victory, and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever. *Amen.*

Celebrant Blessed is he who comes in the name of the Lord.

All **Hosanna in the highest.**

Celebrant Let us go forth in peace.

All **In the name of Christ. Amen.**

Refrain

All glo - ry, laud, and hon - or to thee, Re - deem - er, King!

to whom the lips of chil - dren made sweet ho - san - nas ring.

1 Thou art the King of Is - ra - el, thou Da - vid's roy - al Son,
 2 The com - pa - ny of an - gels is prais - ing thee on high;
 3 The peo - ple of the He - brews with palms be - fore thee went;
 4 To thee be - fore thy pas - sion they sang their hymns of praise;
 5 Thou didst ac - cept their prais - es; ac - cept the prayers we bring,

Repeat Refrain

1 who in the Lord's Name com - est, the King and Bless - ed One.
 2 and we with all cre - a - tion in cho - rus make re - ply.
 3 our praise and prayers and an - thems be - fore thee we pre - sent.
 4 to thee, now high ex - al - ted, our mel - o - dy we raise.
 5 who in all good de - light - est, thou good and gra - cious King.

OPENING SENTENCES

Celebrant Blessed be God, Father, Son and Holy Spirit.

All And blessed be His kingdom now and for ever, Amen.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Let us Pray: Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All **Amen.**

LITURGY OF THE WORD

First Lesson

Isaiah 50:4-9a

Reader A reading from the Prophet Isaiah

The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens--wakens my ear to listen as those who are taught. The Lord GOD has opened my ear, and I was not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord GOD helps me; therefore, I have not been disgraced; therefore, I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord GOD who helps me; who will declare me guilty?

Reader The Word of the Lord.

All **Thanks be to God.**

Psalm 31:9-16

9 Have mercy on me, O Lord, for I am in trouble; *

my eye is consumed with sorrow, and also my throat and my belly.

10 For my life is wasted with grief, and my years with sighing; *

my strength fails me because of affliction, and my bones are consumed.

11 I have become a reproach to all my enemies and even to my neighbors,

a dismay to those of my acquaintance; *

when they see me in the street they avoid me.

12 I am forgotten like a dead man, out of mind; *

I am as useless as a broken pot.

13 For I have heard the whispering of the crowd;

fear is all around; *

they put their heads together against me; they plot to take my life.

14 But as for me, I have trusted in you, O Lord. *

I have said, "You are my God.

15 My times are in your hand; *

rescue me from the hand of my enemies, and from those who persecute me.

16 Make your face to shine upon your servant, *

and in your loving-kindness save me."

Second Lesson

Philippians 2:5-11

Reader A reading from Paul's Letter to the Philippians

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death-- even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Reader The Word of the Lord.


All Thanks be to God.

SEQUENCE HYMN

Deep Within


RS 546

Refrain



Deep with in I will plant my law, not on stone, but in your heart. Follow me,


Verses



I will bring you back, you will be my own, and I will be your God.

1. I will give you a
2. Seek my
3. Re - turn to

D.C.



new heart, a new spir - it with - in you, for I will be your strength.
face. and see your God for I will be your hope.
me, with all your heart, and I will bring you back.

The Passion According to Mark

The congregation remaining seated, the Passion Gospel is read in parts, led by a narrator who begins by saying: The Passion of our Lord Jesus Christ according to Saint Mark

NARRATOR: Hear the passion of Our Lord Jesus Christ, according to Mark.

NARRATOR: It was two days before the Passover and the festival of Unleavened Bread. The chief priests and the scribes were looking for a way to arrest Jesus by stealth and kill him; for they said,

Chief Priests: Not during the festival, or there may be a riot among the people.

NARRATOR: While he was at Bethany in the house of Simon the leper, as he sat at the table, a woman came with an alabaster jar of very costly ointment of nard, and she broke open the jar and poured the ointment on his head. But some were there who said to one another in anger,

Crowd: Why was the ointment wasted in this way? For this ointment could have been sold for more than three hundred denarii, and the money given to the poor.

NARRATOR: And they scolded her. But Jesus said,

Jesus: Let her alone; why do you trouble her? She has performed a good service for me. For you always have the poor with you, and you can show kindness to them whenever you wish; but you will not always have me. She has done what she could; she has anointed my body beforehand for its burial. Truly I tell you, wherever the good news is proclaimed in the whole world, what she has done will be told in remembrance of her.

NARRATOR: Then Judas Iscariot, who was one of the twelve, went to the chief priests in order to betray him to them. When they heard it, they were greatly pleased, and promised to give him money. So he began to look for an opportunity to betray him.

On the first day of Unleavened Bread, when the Passover lamb is sacrificed, the disciples said to Jesus,

Disciples: Where do you want us to go and make the preparations for you to eat the Passover?

NARRATOR: So he sent two of his disciples, saying to them,

Jesus: Go into the city, and a man carrying a jar of water will meet you; follow him, and wherever he enters, say to the owner of the house, 'The Teacher asks, Where is my guest room where I may eat the Passover with my disciples?' He will show you a large room upstairs, furnished and ready. Make preparations for us there.

NARRATOR: So the disciples set out and went to the city, and found everything as he had told them; and they prepared the Passover meal.

When it was evening, Jesus came with the twelve. And when they had taken their places and were eating, Jesus said,

Jesus: Truly I tell you, one of you will betray me, one who is eating with me.

NARRATOR: They began to be distressed and to say to him one after another,

Disciples: Surely, not I?

NARRATOR: Jesus said to them,

Jesus: It is one of the twelve, one who is dipping bread into the bowl with me. For the Son of Man goes as it is written of him, but woe to that one by whom the Son of Man is betrayed! It would have been better for that one not to have been born.

NARRATOR: While they were eating, he took a loaf of bread, and after blessing it he broke it, gave it to them, and said,

Jesus: Take; this is my body.

NARRATOR: Then he took a cup, and after giving thanks he gave it to them, and all of them drank from it. He said to them,

Jesus: This is my blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God.

NARRATOR: When they had sung the hymn, they went out to the Mount of Olives. And Jesus said to them,

Jesus: You will all become deserters; for it is written, 'I will strike the shepherd, and the sheep will be scattered.' But after I am raised up, I will go before you to Galilee.

NARRATOR: Peter said to him,

Peter: Even though all become deserters, I will not.

NARRATOR: Jesus said to him,

Jesus: Truly I tell you, this day, this very night, before the cock crows twice, you will deny me three times.

NARRATOR: But Peter said vehemently,

Peter: Even though I must die with you, I will not deny you.

NARRATOR: And all of them said the same.

They went to a place called Gethsemane; and Jesus said to his disciples,

Jesus: Sit here while I pray.

NARRATOR: He took with him Peter and James and John, and began to be distressed and agitated. And said to them,

Jesus: I am deeply grieved, even to death; remain here, and keep awake.

NARRATOR: And going a little farther, he threw himself on the ground and prayed that, if it were possible, the hour might pass from him. He said,

Jesus: Abba, Father, for you all things are possible; remove this cup from me; yet, not what I want, but what you want.

NARRATOR: Jesus came and found them sleeping; and he said to Peter,

Jesus: Simon, are you asleep? Could you not keep awake one hour? Keep awake and pray that you may not come into the time of trial; the spirit indeed is willing, but the flesh is weak.

NARRATOR: And again he went away and prayed, saying the same words. And once more he came and found them sleeping, for their eyes were very heavy; and they did not know what to say to him. He came a third time and said to them,

Jesus: Are you still sleeping and taking your rest? Enough! The hour has come; the Son of Man is betrayed into the hands of sinners. Get up, let us be going. See, my betrayer is at hand.

NARRATOR: Immediately, while he was still speaking, Judas, one of the twelve, arrived; and with him there was a crowd with swords and clubs, from the chief priests, the scribes, and the elders. Now the betrayer had given them a sign, saying,

Judas: The one I will kiss is the man; arrest him and lead him away under guard.

NARRATOR: So when he came, he went up to him at once and said,

Judas: Rabbi!

NARRATOR: and kissed him. Then they laid hands on him and arrested him. But one of those who stood near drew his sword and struck the slave of the high priest, cutting off his ear. Then Jesus said to them,

Jesus: Have you come out with swords and clubs to arrest me as though I were a bandit? Day after day I was with you in the temple teaching, and you did not arrest me. But let the scriptures be fulfilled.

NARRATOR: All of them deserted him and fled. A certain young man was following him, wearing nothing but a linen cloth. They caught hold of him, but he left the linen cloth and ran off naked.

They took Jesus to the high priest; and all the chief priests, the elders, and the scribes were assembled. Peter had followed him at a distance, right into the courtyard of the high priest; and he was sitting with the guards, warming himself at the fire. Now the chief priests and the whole council were looking for testimony against Jesus to put him to death; but they found none. For many gave false testimony against him, and their testimony did not agree. Some stood up and gave false testimony against him, saying,

Crowd: We heard him say, 'I will destroy this temple that is made with hands, and in three days I will build another, not made with hands.'

NARRATOR: But even on this point their testimony did not agree. Then the high priest stood up before them and asked Jesus,

High Priest: Have you no answer? What is it that they testify against you?

NARRATOR: But he was silent and did not answer. Again the high priest asked him,

High Priest: Are you the Messiah, the Son of the Blessed One?

NARRATOR: Jesus said,

Jesus: I am; and 'you will see the Son of Man seated at the right hand of the Power,' and 'coming with the clouds of heaven.'

NARRATOR: Then the high priest tore his clothes and said,

High Priest: Why do we still need witnesses? You have heard his blasphemy! What is your decision?

NARRATOR: All of them condemned him as deserving death. Some began to spit on him, to blindfold him, and to strike him, saying to him,

Chief Priests: Prophecy!

NARRATOR: The guards also took him over and beat him.

While Peter was below in the courtyard, one of the servant-girls of the high priest came by. When she saw Peter warming himself, she stared at him and said,

Servant Girl: You also were with Jesus, the man from Nazareth.

NARRATOR: But he denied it, saying,

Peter: I do not know or understand what you are talking about.

NARRATOR: And he went out into the forecourt. Then the cock crowed. And the servant-girl, on seeing him, began again to say to the bystanders,

Servant Girl: This man is one of them.

NARRATOR: But again he denied it. Then after a little while the bystanders again said to Peter,

Crowd: Certainly you are one of them; for you are a Galilean.

NARRATOR: But he began to curse, and he swore an oath,

Peter: I do not know this man you are talking about.

NARRATOR: At that moment the cock crowed for the second time. Then Peter remembered that Jesus had said to him, 'Before the cock crows twice, you will deny me three times.' And he broke down and wept.

NARRATOR: As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over to Pilate. Pilate asked him,

Pilate: Are you the King of the Jews?

NARRATOR: Jesus answered him,

Jesus: You say so.

NARRATOR: Then the chief priests accused him of many things. Pilate asked him again,

Pilate: Have you no answer? See how many charges they bring against you.

NARRATOR: But Jesus made no further reply, so that Pilate was amazed.

Now at the festival he used to release a prisoner for them, anyone for whom they asked. Now a man called Barabbas was in prison with the rebels who had committed murder during the insurrection. So the crowd came and began to ask Pilate to do for them according to his custom. Then he answered them,

Pilate: Do you want me to release for you the King of the Jews?

NARRATOR: For he realized that it was out of jealousy that the chief priests had handed him over. But the chief priests stirred up the crowd to have him release Barabbas for them instead. Pilate spoke to them again,

Pilate: Then what do you wish me to do with the man you call the King of the Jews?

NARRATOR: They shouted back,

Crowd: Crucify him!

NARRATOR: Pilate asked them,

Pilate: Why, what evil has he done?

NARRATOR: But they shouted all the more,

Crowd: Crucify him!

NARRATOR: So Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

Then the soldiers led him into the courtyard of the palace (that is, the governor's headquarters); and they called together the whole cohort. And they clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. And they began saluting him,

Soldiers: Hail, King of the Jews!

NARRATOR: They struck his head with a reed, spat upon him, and knelt down in homage to him. After mocking him, they stripped him of the purple cloak and put his own clothes on him. Then they led him out to crucify him.

(At the mention of Golgotha, all stand as able)

They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus. Then they brought Jesus to the place called Golgotha (which means the place of a skull). And they offered him wine mixed with myrrh; but he did not take it. And they crucified him, and divided his clothes among them, casting lots to decide what each should take.

It was nine o'clock in the morning when they crucified him. The inscription of the charge against him read, 'The King of the Jews.' And with him they crucified two bandits, one on his right and one on his left. Those who passed by derided him, shaking their heads and saying,

Crowd: Aha! You who would destroy the temple and build it in three days, save yourself, and come down from the cross!

NARRATOR: In the same way the chief priests, along with the scribes, were also mocking him among themselves and saying,

Chief Priests: He saved others; he cannot save himself. Let the Messiah, the King of Israel, come down from the cross now, so that we may see and believe.

NARRATOR: Those who were crucified with him also taunted him.

When it was noon, darkness came over the whole land until three in the afternoon. At three o'clock Jesus cried out with a loud voice,

Jesus: Eloi, Eloi, lema sabachthani?

NARRATOR: which means,

Jesus: My God, my God, why have you forsaken me?

NARRATOR: When some of the bystanders heard it, they said,

Crowd: Listen, he is calling for Elijah.

NARRATOR: And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying,

Bystander: Wait, let us see whether Elijah will come to take him down.

NARRATOR: Then Jesus gave a loud cry and breathed his last. And the curtain of the temple was torn in two, from top to bottom. Now when the centurion, who stood facing him, saw that in this way he breathed his last, he said,

Centurion: Truly this man was God's Son!

NARRATOR: There were also women looking on from a distance; among them were Mary Magdalene, and Mary the mother of James the younger and of Joses, and Salome. These used to follow him and provided for him when he was in Galilee; and there were many other women who had come up with him to Jerusalem.

When evening had come, and since it was the day of Preparation, that is, the day before the sabbath, Joseph of Arimathea, a respected member of the council, who was also himself waiting expectantly for the kingdom of God, went boldly to Pilate and asked for the body of Jesus. Then Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he had been dead for some time. When he learned from the centurion that he was dead, he granted the

body to Joseph. Then Joseph bought a linen cloth, and taking down the body, wrapped it in the linen cloth, and laid it in a tomb that had been hewn out of the rock. He then rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where the body was laid.

No response is made and the Passion is followed by silence.

HOMILY

Reverend Rebecca Goldberg

THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God, begotten, not made, of one Being
with the Father. Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come. Amen.**

Form IV

Deacon or other leader

Let us pray for the Church and for the world.
Grant, Almighty God, that all who confess your Name may
be united in your truth, live together in your love, and reveal
your glory in the world.

Silence

Lord, in your mercy
Hear our prayer.

Guide the people of this land, and of all the nations, in the
ways of justice and peace; that we may honor one another
and serve the common good.

Silence

Lord, in your mercy
Hear our prayer.

Give us all a reverence for the earth as your own creation,
that we may use its resources rightly in the service of others

and to your honor and glory.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Celebrant adds a concluding Collect.

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord.

Amen.

CONFESSION AND ABSOLUTION

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

THE PEACE

Celebrant: The peace of the Lord be always with you.

People: And also with you.

DOXOLOGY - Verse 3 only

Hymn 380 From all that dwell below the skies

1 From all that dwell be - low the skies let
2 E - ter - nal are thy mer - cies, Lord, and
*3 Praise God, from whom all bless - ings flow; praise

the Cre - a - tor's praise a - rise! Let the Re - deem - er's
truth e - ter - nal is thy word: thy praise shall sound from
him, all crea - tures here be - low; praise him a - bove, ye

Name be sung through ev - ery land, by ev - ery tongue!
shore to shore till suns shall rise and set no more.
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

THE HOLY COMMUNION

OFFERTORY

HOSANNA

John Dykes

Celebrant The Lord be with you.

All **And also with you.**

Celebrant Lift up your hearts.

All **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

All **It is right to give him thanks and praise.**

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord. For our sins he was lifted high upon the cross, that he might draw the whole world to himself; and, by his suffering and death, he became the source of eternal salvation for all who put their trust in him. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS

S124



Celebrant Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

ALL: Christ had died. Christ is risen. Christ will come again!

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN!**

THE LORD'S PRAYER

BCP 364

Celebrant As our Savior Christ has taught us, we are bold to pray,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

FRACTION ANTHEM

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

THE INVITATION

SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)
In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshipping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

THE COMMUNION ~ *At St. Ambrose all are welcome to share in the Holy Eucharist.*

COMMUNION HYMN

"My song is love unknown"

H458

1 My song is love un - known, my Sa - vior's love to me, love
2 He came from his blest throne sal - va - tion to be - stow, but
*3 Some - times they strew his way, and his strong prais - es sing, re -
*4 Why, what hath my Lord done? What makes this rage and spite? He
*5 They rise, and needs will have my dear Lord made a - way; a

1 to the love - less shown that they might love - ly be. O
2 men made strange, and none the longed - for Christ would know. But
3 sound - ing all the day ho - san - nas to their King. Then
4 made the lame to run, he gave the blind their sight. Sweet
5 mur - der - er they save, the Prince of Life they slay. Yet

1 who am I that for my sake my Lord should take frail flesh, and die?
2 O my friend, my friend in - deed, who at my need his life did spend.
3 "Cru - ci - fy!" is all their breath, and for his death they thirst and cry.
4 in - ju - ries! Yet they at these them-selves dis - please, and 'gainst him rise.
5 stead-fast he to suf - fering goes, that he his foes from thence might free.

THE POSTCOMMUNION PRAYER

Celebrant Let us pray.

All Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

RECESSIONAL (please recess in silence)

THE DISMISSAL

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:

Rev. Rebecca Goldberg
Amanda Yuxin Dai, Music Director

Worship Leader Rota:

Intercessor
Lector
Daniel Tate, Eucharistic Minister
Usher
Ali LeBlanc, Livestream Technician



ANNOUNCEMENTS

Stations of the Cross

Stations of the Cross will be observed on Wednesday 3/27 at 7:30 pm.

Lenten Offerings:

During Lent we ask parishioners to forego some activities that they may view as “luxuries” (lattes, desserts) and donate those funds to either or both of two worthy causes.

United Thank Offering is a major funding source for the Episcopal Church’s international missions. If you are inclined to make a donation please write a check to St. Ambrose Episcopal Church, mark it UTO in the memo section, and drop it in the offering plate.

RIP Medical Debt (ripmedicaldebt.org) buys medical debt for cents on the dollar. The debt is then cancelled, relieving families from financial burdens that many find overwhelming. Debt incurred to pay for hospitalization, medicines, and treatment of chronic conditions is one of the principal causes of personal bankruptcy in the U.S. RIP Medical Debt is a 501(c)(3) organization and is rated 4 out of 4 stars by Charity Navigator. St. Ambrose joins other Peninsula Episcopal churches in this campaign during Lent. Simply write a check to St. Ambrose, mark it RIP Medical Debt, and place it in the offering plate.

The Lenten campaign will end on March 31st, Easter Sunday,

Sandwiches on Sunday – March 31st:

We will again assemble the sandwiches and brown bags the day before, i.e., **Saturday, March 30th**, at the church from noon to 2 p.m. They will be distributed at the Fair Oaks Community Center in Redwood City on Sunday, March 31st, from 11:45 to 12:15 p.m. If you would like to help or have any questions, please contact Steve Yuen (cell 650-315-9662, steveyuen@aol.com)

Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the parish hall. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

Worship Leaders Needed

Please sign up as a Lector for our 10:00* am Mass by emailing office@stambrosefostercity.org or the Church signup sheet. We also need Worship Leader volunteers for our 10:00* am Mass.

There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream

Technicians. Contact us at office@stambrosefostercity.org or use the following link to signup: Signup Genius or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

**No 8:30am service at this time*

Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Raphael Gerber raphaele.gerber@gmail.com

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu or Warren Wong at wwong@nd.edu

Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. If interested, please contact Hamilton Fong. hfongster@gmail.com

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Prayer list: We pray especially for Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]



ST. AMBROSE
EPISCOPAL CHURCH

Get ready for Lent & Easter

Come join our community as we walk together on the path to Easter:

- Ash Wednesday: Wednesday, February 14th, 7pm
- Weekly Services: Sundays, 10am
- Easter: Sunday, March 31st, 10am

- During each service:
 - Sunday School (>2.5 yr old)
 - Upon request: Nursery (<2.5 yr old)

Contact: Teacher Raphaela (650) 267-0467
& Teacher Kay (650) 773-7972
saintambrosesundayschool@gmail.com



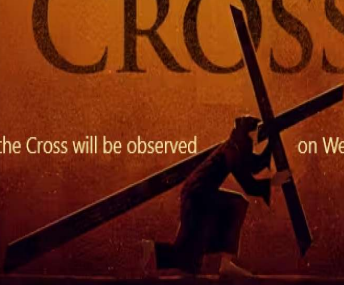
SUNDAY SCHOOL
Songs - Story - Play

COFFEE HOUR
AFTER EACH SERVICE
Mingle - Share - Connect

STATIONS — OF THE — CROSS

Stations of the Cross will be observed on Wednesdays 7:30 pm on

- March 6, 2024
- March 20, 2024
- March 27, 2024



Presider	Date
Reverend Rebecca Goldberg	Sunday, March 24, 2024
Reverend Rebecca Goldberg	Wednesday, March 27, 2024
Reverend Rebecca Goldberg	Thursday, March 28, 2024
Reverend Rebecca Goldberg	Friday, March 29, 2024
Reverend Rebecca Goldberg	Saturday, March 30, 2024
Reverend Rebecca Goldberg	Sunday, March 31, 2024



Holy Week and Easter Service Schedule

Thursday, March 28 ~ Maundy Thursday

Service at 7:00 pm

Friday, March 29 ~ Good Friday

Service at 7:00 pm

Saturday, March 30 ~ Easter Vigil

Service at 7:00 pm

Sunday, March 31 ~ Easter

Service at 10:00 am