

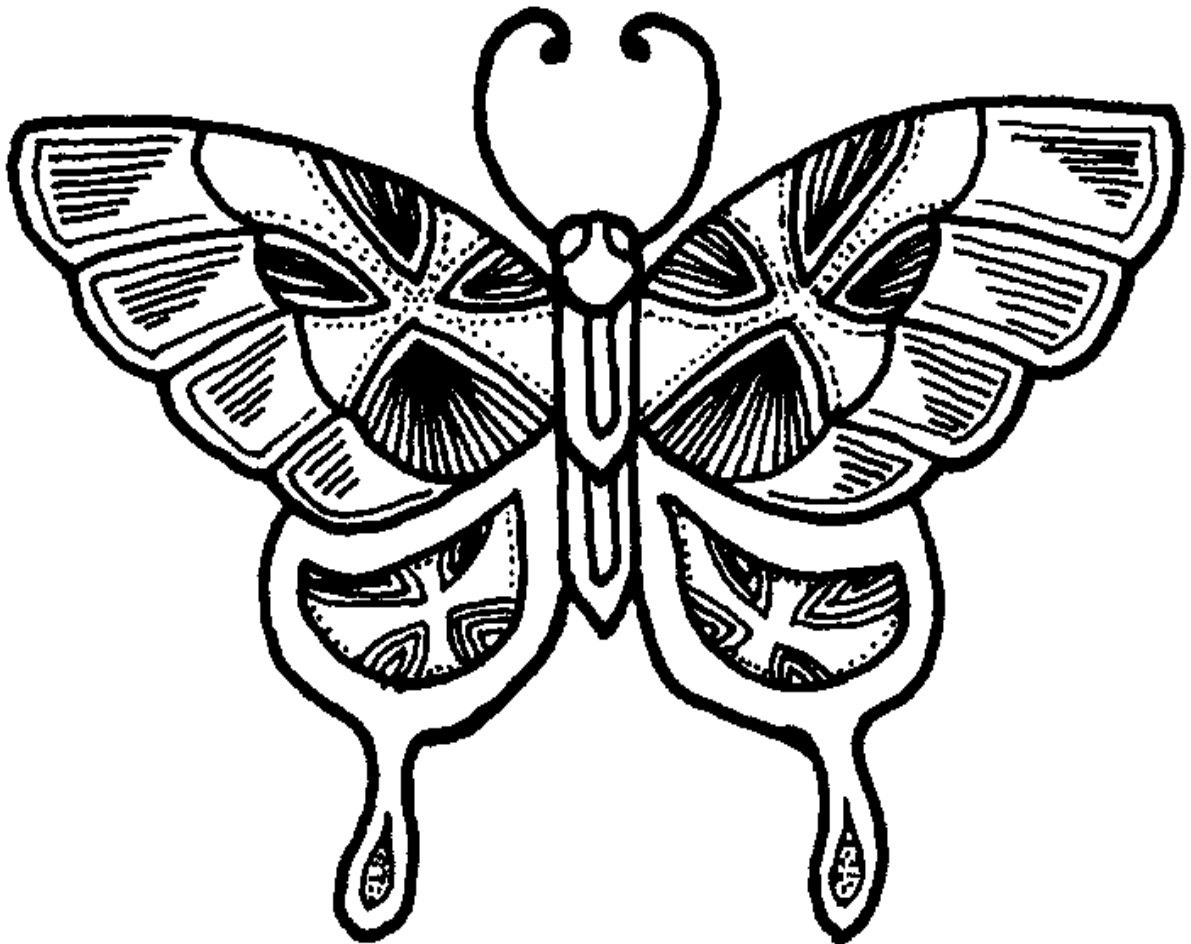


# ST. AMBROSE EPISCOPAL CHURCH

*A community where ALL are WELCOME, ALL are FED and ALL are LOVED*

MARCH 31, 2024

*Easter Day*



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*Welcome to St. Ambrose Episcopal Church a faith community where **all** are welcomed, all are fed, and all are loved.*

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HOLY EUCHARIST

## PROCESSIONAL HYMN

*Jesus Christ is Risen Today!*

1 Je - sus Christ is risen to - day, Al - le - lu - ia!  
 2 Hymns of praise then let us sing, Al - le - lu - ia!  
 3 But the pains which he en - dured, Al - le - lu - ia!  
 4 Sing we to our God a - bove Al - le - lu - ia!

our tri - um - phant ho - ly day, Al - le - lu - ia!  
 un - to Christ, our heaven - ly King, Al - le - lu - ia!  
 our sal - va - tion have pro - cured; Al - le - lu - ia!  
 praise e - ter - nal as his love; Al - le - lu - ia!

who did once up - on the cross, Al - le - lu - ia!  
 who en - dured the cross and grave, Al - le - lu - ia!  
 now a - bove the sky he's King, Al - le - lu - ia!  
 praise him, all ye heaven - ly host, Al - le - lu - ia!

suf - fer to re - deem our loss. Al - le - lu - ia!  
 sin - ners to re - deem and save. Al - le - lu - ia!  
 where the an - gels ev - er sing. Al - le - lu - ia!  
 Fa - ther, Son, and Ho - ly Ghost. Al - le - lu - ia!

# EASTER ACCLAMATION

*Celebrant*  
Al - le - lu - ia. Christ is ris - en.

*People*  
The Lord is risen indeed. Al - le - lu - ia.

# GLORIA

S280

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - mighty God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most



**COLLECT OF THE DAY**

*Presider* The Lord be with you.  
*People* **And also with you.**  
*Presider* Let us pray.

Almighty God, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with joy the day of the Lord's resurrection, may be raised from the death of sin by your life-giving Spirit; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**THE FIRST READING**

**Isaiah 25:6-9**

On this mountain the Lord of hosts will make for all peoples a feast of rich food, a feast of well-aged wines, of rich food filled with marrow, of well-aged wines strained clear. And he will destroy on this mountain the shroud that is cast over all peoples, the sheet that is spread over all nations; he will swallow up death forever. Then the Lord God will wipe away the tears from all faces, and the disgrace of his people he will take away from all the earth, for the Lord has spoken. It will be said on that day, Lo, this is our God; we have waited for him, so that he might save us. This is the Lord for whom we have waited; let us be glad and rejoice in his salvation.

*Reader* The Word of the Lord  
*People* **Thanks be to God.**

**PSALM 118:1-2, 14-24**

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1 Give thanks to the Lord, for he is good; *<br/> his mercy endures for ever.</p> <p>2 Let Israel now proclaim, *<br/> "His mercy endures for ever."</p> <p>14 The Lord is my strength and my song, *<br/> and he has become my salvation.</p> <p>15 There is a sound of exultation and victory *<br/> in the tents of the righteous:</p> <p>16 "The right hand of the Lord has triumphed! *<br/> the right hand of the Lord is exalted!<br/> the right hand of the Lord has triumphed!"</p> <p>17 I shall not die, but live, *<br/> and declare the works of the Lord.</p> | <p>18 The Lord has punished me sorely, *<br/> but he did not hand me over to death.</p> <p>19 Open for me the gates of righteousness; *<br/> I will enter them; I will offer thanks to the Lord.</p> <p>20 "This is the gate of the Lord; *<br/> he who is righteous may enter."</p> <p>21 I will give thanks to you, for you answered me *<br/> and have become my salvation.</p> <p>22 The same stone which the builders rejected *<br/> has become the chief cornerstone.</p> <p>23 This is the Lord's doing, *<br/> and it is marvelous in our eyes.</p> <p>24 On this day the Lord has acted; *<br/> we will rejoice and be glad in it.</p> |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

**THE SECOND READING**

**Acts 10:34-43**

Peter began to speak to the gentiles: "I truly understand that God shows no partiality, but in every nation anyone who fears him and does what is right is acceptable to him. You know the message he sent to the people of Israel, preaching peace by Jesus Christ—he is Lord of all. That message spread throughout Judea, beginning in Galilee after the baptism that John announced: how God anointed Jesus of Nazareth with the Holy Spirit and with power; how he went about doing good and healing all who were oppressed by the devil, for God was with him. We are witnesses to all that he did both in Judea and in Jerusalem. They put him to death by hanging him on a tree; but God raised him on the third day and allowed him to appear, not to all the people but to us who were chosen by God as witnesses, and who ate and drank with him after he rose from the dead. He commanded us to preach to the people and to testify that he is the one ordained by God as judge of the living and the dead. All the prophets testify about him that everyone who believes in him receives forgiveness of sins through his name."

*Reader*    The Word of the Lord  
*People*     **Thanks be to God.**

**SEQUENCE HYMN**

*Alleluia, Alleluia*

**Alleluia, Alleluia**

F. Saunders  
December 4, 2023

♩ = 90  
Verse 1

Voice

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -

5

V.

lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia. Verse 2

Al - le - lu - ia, Al - le -

10

V.

lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -

15

V.

lu - ia, Al - le - lu - ia.

**GOSPEL READING**

**John 20:1-18**

*Deacon*    The Holy Gospel of our Lord Jesus Christ according to John.  
*People*     **Glory to you, Lord Christ.**

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went toward the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes. But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned around and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? Whom are you looking for?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.

*Deacon* The Gospel of the Lord.  
*People* Praise to you, Lord Christ.

**SEQUENCE HYMN**

*Alleluia, Alleluia*

**Alleluia, Alleluia**

F. Saunders  
 December 4, 2023

The musical score is written in 3/4 time with a key signature of one flat (Bb). It consists of four staves. The first staff is for the Voice, starting with a tempo marking of quarter note = 90 and a 'Verse 1' label. The lyrics are: 'Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -'. The second staff is for a vocal part (V.), starting at measure 5, with a 'Verse 2' label. The lyrics are: 'lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia. Al - le - lu - ia, Al - le -'. The third staff is for another vocal part (V.), starting at measure 10. The lyrics are: 'lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -'. The fourth staff is for a final vocal part (V.), starting at measure 15. The lyrics are: 'lu - ia, Al - le - lu - ia.' The score ends with a double bar line.

**SERMON**

**The Rev. Rebecca Goldberg**

## THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God, begotten, not made, of one Being  
with the Father. Through him all things were made.  
For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.  
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead, and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.

## THANKSGIVING OVER THE WATER

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give God thanks and praise.**

*Celebrant*

We thank you, Almighty God, for the gift of water.  
Over it the Holy Spirit moved in the beginning of creation.  
Through it you led the children of Israel out of their bondage  
in Egypt into the land of promise. In it your Son Jesus  
received the baptism of John and was anointed by the Holy  
Spirit as the Messiah, the Christ, to lead us, through his death  
and resurrection, from the bondage of sin into everlasting life.  
We thank you, Father, for the water of Baptism. In it we are  
buried with Christ in his death. By it we share in his  
resurrection. Through it we are reborn by the Holy Spirit.  
Therefore in joyful obedience to your Son, we bring into his  
fellowship those who come to him in faith, baptizing them in  
the Name of the Father, and of the Son, and of the Holy Spirit.

*At the following words, the Celebrant touches the water*

Now sanctify this water, we pray you, by the power of your  
Holy Spirit, that those who here are cleansed from sin and  
born again may continue for ever in the risen life of Jesus  
Christ our Savior.

To him, to you, and to the Holy Spirit, be all honor and  
glory, now and for ever. **Amen.**

## PRAYERS OF THE PEOPLE

Loving God, we rejoice in the resurrection of our Lord, Jesus Christ, who brings us light, joy, hope, love, and peace. Alleluia, Christ is risen. **THE LORD IS RISEN INDEED. ALLELUIA!**

We pray for the church as it spreads light, joy, hope, love and peace throughout the world. Alleluia, Christ is risen. **THE LORD IS RISEN INDEED. ALLELUIA!**

We pray for an end to war, violence and oppression. Alleluia, Christ is risen. **THE LORD IS RISEN INDEED. ALLELUIA!**

We pray for all who are in need that they may be touched by Christ's light, joy, hope, love, and peace. Alleluia, Christ is risen. **THE LORD IS RISEN INDEED. ALLELUIA!**

We give thanks for our abundant blessings. May we share generously with those in need as we carry Christ's light, joy, hope, love, and peace out into the world. Alleluia, Christ is risen. **THE LORD IS RISEN INDEED. ALLELUIA!**

## PEACE

### THE HOLY COMMUNION

#### OFFERTORY

*Laudate Dominum*

*A. Mozart*  
*Sung by Tiffany Gao, Soprano*  
*Piano, Amanda Dai*

#### DOXOLOGY

H 380 v3

#### THE GREAT THANKSGIVING – Eucharistic Prayer A

*Presider*                      *People*  
The Lord be with you.      And al - so with you.

*Presider*                      *People*  
Lift up your hearts.      We lift them to the Lord.

*Presider*  
Let us give thanks to our lo - ving God.

*People*  
It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes  
 in the name of the Lord. Ho - san - na  
 in the high - est. Ho - san - na in the high - est.

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

*Celebrant*  
 There - fore we pro - claim the mys - ter - y of faith:  
*Celebrant and People*  
 Christ has died. Christ is ris - en. Christ will come a - gain.

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him.

Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**

## THE LORD'S PRAYER

*Celebrant* As our Savior Christ has taught us, we are bold to pray,

**All Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## THE BREAKING OF THE BREAD

### S154 THE HOLY EUCHARIST, FRACTION ANTHEM: CHRIST OUR PASSOVER

S154

### CHRIST OUR PASSOVER

*This setting is not used in Lent.*

The musical score is written on four staves of music in G major (one sharp) and 4/4 time. The melody is simple and uses a mix of quarter, eighth, and half notes, with some rests. The lyrics are printed below the notes.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

**THE COMMUNION** ~ *At St. Ambrose all are welcome to share in the Holy Eucharist.*

## **SPIRITUAL COMMUNION**

**(Those watching at home, may, if they wish, say this prayer during the time of Communion.)**  
**In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshipping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart, unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to our glorious kingdom and unending peace. Amen**

*Descant*

Al - le - lu - ia, al - le -

*Refrain*

Al - le - lu - ia, al - le - lu - ia! Give thanks to the

lu - ia, al - le - lu - ia!

ris - en Lord. Al - le - lu - ia, al - le - lu - ia! Give

1-4 *Final Ending*

Praise to his Name. Name.

Praise to his Name. Name.

1 Je - sus is Lord of all the earth.  
 2 Spread the good news o'er all the earth:  
 3 We have been cru - ci - fied with Christ.  
 4 Come, let us praise the liv - ing God,

*Repeat Refrain*

He is the King of cre - a - tion.  
 Je - sus has died and has ris - en. Al - le -  
 Now we shall live for ev - er.  
 joy - ful - ly sing to our Sa - vior.

## THE POSTCOMMUNION PRAYER

*Celebrant* Let us pray

*All* **Eternal God, heavenly Father, you have graciously accepted us as living member of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## EASTER BLESSING

*Celebrant:* May Almighty God, who has redeemed us and made us his children through the resurrection of his Son our Lord, bestow upon you the riches of his blessing.

*All* **Amen.**

*Celebrant:* May God, who through the water of baptism has raised us from sin into newness of life, make you holy and worthy to be united with Christ for ever.

*All* **Amen.**

*Celebrant:* May God, who has brought us out of bondage to sin into true and lasting freedom in the Redeemer, bring you to your eternal inheritance.

*All* **Amen.**

*Celebrant:* And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **AMEN**

1 Christ is a - live! Let Chris - tians sing. His cross stands  
 2 Christ is - a - live! No long - er bound to dis - tant  
 3 Not throned a - bove, re - mote - ly high, un - touched, un -  
 4 In ev - ery in - sult, rift, and war where co - lor,  
 5 Christ is a - live! His Spi - rit burns through this and

1 emp - ty to the sky. Let streets and homes with  
 2 years in Pal - es - tine, he comes to claim the  
 3 moved by hu - man pains, but dai - ly, in the  
 4 scorn or wealth di - vide, he suf - fers still, yet  
 5 ev - ery fu - ture age, till all cre - a - tion

1 prais - es ring. His love in death shall nev - er die.  
 2 here and now and con - quer ev - ery place and time.  
 3 midst of life, our Sa - vior with the Fa - ther reigns.  
 4 loves the more, and lives, though ev - er cru - ci - fied.  
 5 lives and learns his joy, his jus - tice, love, and praise.

Words: Brian A. Wren (b. 1936), rev. Copyright ©1975 Hope Publishing Company. All rights reserved. Used with permission.  
 Music: *Truro*, melody from *Psalmody Evangelica, Part II*, 1789; harm. Lowell Mason (1792-1872), alt.

## THE DISMISSAL

## POSTLUDE Toccata in Seven

*Music by: John Rutter*  
*Organ: Christopher Pluntke*

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***The Mission of St. Ambrose Church of Foster City***

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

**Worship Leaders:**

Rev. Rebecca Goldberg  
*Chaplain Daniel Tate*  
*Amanda Yuxin Dai, Music Director*  
*Star Valley Chorus*  
*Christopher Pluntke, Organist*

**Worship Leader Rota:**

*Intercessor*  
*Eugene Hetzer Lector*  
*Chaplain Daniel Tate, Eucharistic Minister*  
*Usher*  
*Ali LeBlanc, Livestream Technician*



## ANNOUNCEMENTS

### Thank you to the Star Valley Chorus for joining our Easter Celebration!

Special thanks to Christopher Pluntke for playing the organ and piano!

### Lenten Offerings:

During Lent we ask parishioners to forego some activities that they may view as “luxuries” (lattes, desserts) and donate those funds to either or both of two worthy causes.

**United Thank Offering** is a major funding source for the Episcopal Church’s international missions. If you are inclined to make a donation please write a check to St. Ambrose Episcopal Church, mark it UTO in the memo section, and drop it in the offering plate.

**RIP Medical Debt** ([ripmedicaldebt.org](http://ripmedicaldebt.org)) buys medical debt for cents on the dollar. The debt is then cancelled, relieving families from financial burdens that many find overwhelming. Debt incurred to pay for hospitalization, medicines, and treatment of chronic conditions is one of the principal causes of personal bankruptcy in the U.S. RIP Medical Debt is a 501(c)(3) organization and is rated 4 out of 4 stars by Charity Navigator. St. Ambrose joins other Peninsula Episcopal churches in this campaign during Lent. Simply write a check to St. Ambrose, mark it RIP Medical Debt, and place it in the offering plate.

The Lenten campaign will end on March 31st, Easter Sunday,

### Sandwiches on Sunday – March 31st:

We will again assemble the sandwiches and brown bags the day before, i.e., **Saturday, March 30th**, at the church from noon to 2 p.m. They will be distributed at the Fair Oaks Community Center in Redwood City on Sunday, March 31st, from 11:45 to 12:15 p.m. If you would like to help or have any questions, please contact Steve Yuen (cell 650-315-9662, [stevebyuen@aol.com](mailto:stevebyuen@aol.com))

### Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the parish hall. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

[Sign Up Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1) <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

### Worship Leaders Needed

Please sign up as a Lector for our 10:00\* am Mass by emailing [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or the Church signup sheet. We also need Worship Leader volunteers for our 10:00\* am Mass.

There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or use the following link to signup: [Signup Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship) or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

*\*No 8:30am service at this time*

### Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Raphael Gerber [raphaele.gerber@gmail.com](mailto:raphaele.gerber@gmail.com)

### Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### **Bible Study**

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu) or Warren Wong at [wwong@nd.edu](mailto:wwong@nd.edu)

### **Contemplative Meditation**

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. If interested, please contact Hamilton Fong. [hfongster@gmail.com](mailto:hfangster@gmail.com)

### **Prayer Support Group**

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

**Prayer list:** We pray especially for Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School. *For those who have died:* Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

**Easter Flowers are given to the Glory of God and . . .**

***In thanksgiving for St. Ambrose's Community from The Altar Guild***

Join us on March 31st for  
Easter Service (10am)  
& Easter Egg Hunt (11am)

Easter bunny will be there!  
Sign-up by March 28th with QR code



Coffee hour: bring appetizers or  
cookies to share!





<b>Presider</b>	<b>Date</b>
Reverend Rebecca Goldberg	Sunday, March 31, 2024
Reverend Rebecca Goldberg	Sunday, April 7, 2024
Reverend Rebecca Goldberg	Sunday, April 14, 2024
Reverend Rebecca Goldberg	Sunday, April 21, 2024
Reverend Rebecca Goldberg	Sunday, April 28, 2024