



*April 07, 2024 • Second Sunday of Easter*  
**Welcome to St. Ambrose!**

**St. Ambrose Episcopal Church**  
(650) 574-1369 - [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) - <http://www.stambrosefostercity.org>



# THE LITURGY OF THE WORD

Prelude: Christ ist erstanden

Robert Lind

Welcome and Announcements

Processional Hymn H460 | Alleluia! Sing to Jesus

1 Al - le - lu - ia! sing to Je - sus! his the  
\*2 Al - le - lu - ia! not as or - phans are we  
3 Al - le - lu - ia! bread of Hea - ven, Thou on  
4 Al - le - lu - ia! King e - ter - nal, thee the  
\*5 Al - le - lu - ia! sing to Je - sus! his the

1 scep - ter, his the throne; Al - le - lu - ia! his the  
2 left in sor - row now; Al - le - lu - ia! he is  
3 earth our food, our stay! Al - le - lu - ia! here the  
4 Lord of lords we own: Al - le - lu - ia! born of  
5 scep - ter, his the throne; Al - le - lu - ia! his the

1 tri - umph, his the vic - to - ry a - lone; Hark! the  
2 near us, faith be - lieves, nor ques - tions how: though the  
3 sin - ful flee to thee from day to day: In - ter -  
4 Ma - ry, earth thy foot - stool, heaven thy throne: thou with -  
5 tri - umph, his the vic - to - ry a - lone; Hark! the

1 songs of peace - ful Zi - on thun - der like a  
 2 cloud from sight re - ceived him, when the for - ty  
 3 ces - sor, friend of sin - ners, earth's Re - deem - er,  
 4 in the veil hast en - tered, robed in flesh, our  
 5 songs of ho - ly Zi - on thun - der like a

1 might - y flood; Je - sus out of ev - ery  
 2 days were o'er, shall our hearts for - get his  
 3 plead for me, where the songs of all the  
 4 great High Priest: thou on earth both Priest and  
 5 might - y flood; Je - sus out of ev - ery

1 na - tion hath re - deemed us by his blood.  
 2 prom - ise, "I am with you ev - er - more"?  
 3 sin - less sweep a - cross the crys - tal sea.  
 4 Vic - tim in the eu - cha - ris - tic feast.  
 5 na - tion hath re - deemed us by his blood.

Words: William Chatterton Dix (1837-1898) Music: *Hyfrydol*, Rowland Hugh Prichard (1811-1887)

### Opening Sentences

*Celebrant:*

Alleluia! Christ is RISEN!

*People:*

The Lord is RISEN INDEED!! Alleluia!

## The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

## Gloria S280

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - might - y God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most

## The Collect of the Day

*Celebrant:* The Lord be with you.

***People:* And also with you.**

*Celebrant:* Let us pray.

Almighty and everlasting God, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

## First Lesson Acts 4:32-35

Now the whole group of those who believed were of one heart and soul, and no one claimed private ownership of any possessions, but everything they owned was held in common. With great power the apostles gave their testimony to the resurrection of the Lord Jesus, and great grace was upon them all. There was not a needy person among them, for as many as owned lands or houses sold them and brought the proceeds of what was sold. They laid it at the apostles' feet, and it was distributed to each as any had need.

*Reader:* The Word of the Lord.

***People:* Thanks be to God.**

## Psalm 133

*Ecce, quam bonum!*

- 1 Oh, how good and pleasant it is, \*  
when brethren live together in unity!
- 2 It is like fine oil upon the head \*  
that runs down upon the beard,
- 3 Upon the beard of Aaron, \*  
and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon \*  
that falls upon the hills of Zion.
- 5 For there the LORD has ordained the blessing: \*  
life for evermore.

## Second Lesson 1 John 1:1-2:2

We declare to you what was from the beginning, what we have heard, what we have seen with our eyes, what we have looked at and touched with our hands, concerning the word of life-- this life was revealed, and we have seen it and testify to it, and declare to you the eternal life that was with the Father and was revealed to us-- we declare to you what we have seen and heard so that you also may have fellowship with us; and truly our fellowship is with the Father and with his Son Jesus Christ. We are writing these things so that our joy may be complete.

This is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all. If we say that we have fellowship with him while we are walking in darkness, we lie and do not do what is true; but if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness. If we say that we have not sinned, we make him a liar, and his word is not in us.

My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous; and he is the atoning sacrifice for our sins, and not for ours only but also for the sins of the whole world..

*Reader:* The Word of the Lord.  
*People:* **Thanks be to God**

### Sequence Hymn *Alleluia, Alleluia*

#### Alleluia, Alleluia

F. Saunders  
December 4, 2023

♩ = 90  
Verse 1

Voice  
Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -

5  
V.  
lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia. Al - le - lu - ia, Al - le -

10  
V.  
lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -

15  
V.  
lu - ia, Al - le - lu - ia.

## **Holy Gospel    John 20:19-31**

*Deacon:*    The Holy Gospel of our Lord Jesus Christ according to John.

*People:*    **Glory to you, Lord Christ.**

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

*Deacon:*    The Gospel of the Lord.

*People:*    **Praise to you, Lord Christ.**

# Sequence Hymn

# Alleluia, Alleluia

## Alleluia, Alleluia

F. Saunders  
December 4, 2023

The musical score is written in 3/4 time with a key signature of one flat (B-flat). It consists of four staves. The first staff is labeled 'Voice' and 'Verse 1', with a tempo marking of '♩ = 90'. The lyrics are: 'Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -'. The second staff is labeled 'V.' and 'Verse 2', with lyrics: 'lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia. Al - le - lu - ia, Al - le -'. The third staff is labeled 'V.' and has lyrics: 'lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -'. The fourth staff is labeled 'V.' and has lyrics: 'lu - ia, Al - le - lu - ia.' The music features a mix of eighth and quarter notes, with some rests and dynamic markings.

# Sermon

Rev. Rebecca Goldberg

## THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**



# The Prayers of the People

## Form VI

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;  
*For our families, friends, and neighbors, and for those who are alone.*

For this community, the nation, and the world;  
*For all who work for justice, freedom, and peace.*

For the just and proper use of your creation;  
*For the victims of hunger, fear, injustice, and oppression.*

For all who are in danger, sorrow, or any kind of trouble;  
*For those who minister to the sick, the friendless, and the needy.*

For the peace and unity of the Church of God;  
*For all who proclaim the Gospel, and all who seek the Truth.*

For Michael our Presiding Bishop, and Marc our Bishop; and  
for all bishops and other ministers;  
*For all who serve God in his Church.*

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions*

Hear us, Lord;  
*For your mercy is great.*

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings*

We will exalt you, O God our King;  
*And praise your Name for ever and ever.*

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;  
*Who put their trust in you.*

*The Celebrant concludes with an absolution or a suitable Collect.*

## The Peace

*Celebrant:* The peace of the Lord be always with you.

*People:* **And also with you.**

## Offertory Hymn Hilariter

**Music: Richard Dirksen**

**Words: Friedrich von Spee**

## Doxology

### Hymn380 From all that dwell below the skies

1 From all that dwell be - low the skies let  
2 E - ter - nal are thy mer - cies, Lord, and  
\*3 Praise God, from whom all bless - ings flow; praise

the Cre - a - tor's praise a - rise! Let the Re - deem - er's  
truth e - ter - nal is thy word: thy praise shall sound from  
him, all crea - tures here be - low; praise him a - bove, ye

Name be sung through ev - ery land, by ev - ery tongue!  
shore to shore till suns shall rise and set no more.  
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).

## THE HOLY COMMUNION

### The Great Thanksgiving Eucharistic Prayer A

*Celebrant:* The Lord be with you.

*People:* **And also with you.**

*Celebrant:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Celebrant:* Let us give thanks to the Lord our God.

*People:* **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you:

This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.  
Christ is risen.  
Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior  
Christ has taught us,  
we are bold to say,

As our Savior Christ  
has taught us,  
we now pray,

## **The Lord's Prayer**

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## **Fraction Anthem**

**S154**

## CHRIST OUR PASSOVER

*This setting is not used in Lent.*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

## Invitation

### SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

**In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshipping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen**

Communion Hymn 343 | *Shepherd of souls, refresh and bless*

1 Shep - herd of souls, re - fresh and bless thy cho - sen  
 2 We would not live by bread a - lone, but by thy  
 3 Be known to us in break - ing bread, and do not  
 4 Lord, sup with us in love di - vine thy Bo - dy

pil - grim flock with man - na in the  
 word of grace, in strength of which we  
 then de - part; Sa - vior, a - bide with  
 and thy Blood, that liv - ing bread, that

wil - der - ness, with wa - ter from the rock.  
 trav - el on to our a - bid - ing - place.  
 us, and spread thy ta - ble in our heart.  
 heaven - ly wine, be our im - mor - tal food.

Words: James Montgomery (1771-1854), alt. Music: *St. Agnes*, melody John Bacchus Dykes (1823-1876); harm. Richard Proulx (b. 1937), after John Bacchus Dykes (1823-1876) Copyright ©1985, G.I.A. Publications, Inc. All rights reserved. Used with permission.

**Postcommunion Prayer**

**Eternal God, your Son at supper prayed that the disciples might be one, as he is one with you. Draw us daily closer to him, that in common love and service to you we may be united with one another in your Spirit through the same Jesus Christ, your Son, our Lord. Amen**

# Announcements

## The Blessing

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you and remain with you always. **Amen**

## Closing Hymn 210 | *The day of resurrection*

*Descant*

3 Now let the heavens be joy - ful, let earth her song be - gin,  
1 The day of re - sur - rec - tion! Earth, tell it out a - broad;  
2 Our hearts be pure from e - vil, that we may see a - right  
3 Now let the heavens be joy - ful, let earth her song be - gin,  
the round world keep high tri - umph, and all that is there - in;  
the Pass - o - ver of glad - ness, the Pass - o - ver of God.  
the Lord in rays e - ter - nal of re - sur - rec - tion light;  
the round world keep high tri - umph, and all that is there - in;  
let all things seen and un - seen their notes to - geth - er blend,  
From death to life e - ter - nal, from earth un - to the sky,  
and, lis - tening to his ac - cents, may hear so calm and plain  
let all things seen and un - seen their notes to - geth - er blend,

for Christ the Lord is risen, our joy that hath no end.

our Christ hath brought us over with hymns of victory.  
his own "All hail!" and, hearing, may raise the victor strain.  
for Christ the Lord is risen, our joy that hath no end.

Words: John of Damascus (8th cent.); tr. John Mason Neale (1818-1866), alt. Music: *Ellacombe*, melody from *Gesangbuch der Herzoglich-Württembergischen katholischen Hofkapelle*, 1784, alt.; adapt. *Katholisches Gesangbuch*, 1863; harm. William Henry Monk (1823-1889); desc. Cyril Winn (1884-1973). Descant by permission of Oxford University Press.

## The Dismissal

### Postlude Ach Herr, du allerhöchster Gott

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*The Mission of St. Ambrose Church of Foster City*

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

#### **Worship Leaders:**

Reverend. Rebecca Goldberg  
Chaplain Daniel Tate  
Amanda Yuxin Dai, Music Director

#### **Worship Leader Rota:**

Intercessor  
Warren Wong, Lector  
Chaplain Daniel Tate, Eucharistic Minister  
Usher  
Ali LeBlanc, Livestream Technician



# ANNOUNCEMENTS

## Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the parish hall. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

## Worship Leaders Needed

Please sign up as a Lector for our 10:00\* am Mass by emailing [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or the Church signup sheet. We also need Worship Leader volunteers for our 10:00\* am Mass.

There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream

Technicians. Contact us at [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or use the following link to signup: Signup Genius or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

*\*No 8:30am service at this time*

## Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Raphael Gerber [raphaele.gerber@gmail.com](mailto:raphaele.gerber@gmail.com)

## Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

## Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu) or Warren Wong at [wwong@nd.edu](mailto:wwong@nd.edu)

## Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. If interested, please contact Hamilton Fong. [hfongster@gmail.com](mailto:hfangster@gmail.com)

## Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

**Prayer list:** We pray especially for Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

## **The Altar Flowers are given by:**

The Altar Guild to the Glory of God