



*April 21, 2024 • Fourth Sunday of Easter*  
**Welcome to St. Ambrose!**

**St. Ambrose Episcopal Church**  
(650) 574-1369 - [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) - <http://www.stambrosefostercity.org>



# THE LITURGY OF THE WORD

Prelude: Praeludium No. 1 in C major

J.S.Bach

Welcome and Announcements

Processional Hymn 213 Come Away to the Skies

*Unison or harmony*

The musical score is written for a unison or harmony setting. It consists of three systems, each with a vocal line and a piano accompaniment line. The key signature is one flat (B-flat major), and the time signature is 4/4. The vocal line is in a soprano or alto clef, and the piano accompaniment is in a bass clef. The lyrics are printed below the vocal line.

1 Come a - way to the skies, my be - lov - ed, a - rise and re -  
2 Now with sing - ing and praise, let us spend all the days, by our  
3 For the glo - ry we were first cre - a - ted to share, both the  
4 We with thanks do ap - prove the de - sign of that love which hath  
\*5 Hal - le - lu - jah we sing, to our Fa - ther and King, and his

1 joice in the day thou wast born; — on this fes - ti - val day,  
2 hea - ven - ly Fa - ther be - stowed, — while his grace we re - ceive  
3 na - ture and king - dom di - vine! — Now cre - a - ted a - gain  
4 joined us to Je - sus' — Name; — so u - ni - ted in heart,  
5 rap - tu - rous prais - es, re - peat: — to the Lamb that was slain,

1 come ex - ult - ing a - way, and with sing - ing to Zi - on re - turn. —  
2 from his boun - ty, and live to the hon - or and glo - ry of God. —  
3 that our lives may re - main, through - out time and e - ter - ni - ty thine. —  
4 let us nev - er - more part, till we meet at the feast of the Lamb. —  
5 hal - le - lu - jah a - gain, sing, all heav - en, and fall at his feet. —

Words: Charles Wesley (1707-1788). Music: *Middlebury*, melody from *The Southern Harmony*, 1835; harm. Jack W. Burnam (b. 1946); alt. acc. Marilyn J. Keiser (b. 1941). Harmonization Copyright © 1984, Jack W. Burnam.

## Opening Sentences

*Celebrant:* Alleluia! Christ is RISEN!

*People:* The Lord is RISEN INDEED!! Alleluia!

## The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

## Gloria S280

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly  
King, al - mighty God and Fa - ther, we wor - ship you, we  
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy  
on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
ceive our prayer. 6. For you a - lone are the Ho - ly One,  
you a - lone are the Lord, 7. you a - lone are the Most



## The Collect of the Day

*Celebrant:* The Lord be with you.

***People:* And also with you.**

*Celebrant:* Let us pray.

O God, whose Son Jesus is the good shepherd of your people: Grant that when we hear his voice we may know him who calls us each by name, and follow where he leads; who, with you and the Holy Spirit, lives and reigns, one God, for ever and ever. ***Amen.***

## First Lesson Acts 4:5-12

The rulers, elders, and scribes assembled in Jerusalem, with Annas the high priest, Caiaphas, John, and Alexander, and all who were of the high-priestly family. When they had made the prisoners stand in their midst, they inquired, "By what power or by what name did you do this?" Then Peter, filled with the Holy Spirit, said to them, "Rulers of the people and elders, if we are questioned today because of a good deed done to someone who was sick and are asked how this man has been healed, let it be known to all of you, and to all the people of Israel, that this man is standing before you in good health by the name of Jesus Christ of Nazareth, whom you crucified, whom God raised from the dead. This Jesus is

`the stone that was rejected by you, the builders;  
it has become the cornerstone.'

There is salvation in no one else, for there is no other name under heaven given among mortals by which we must be saved."

*Reader:* The Word of the Lord.

***People:* Thanks be to God.**

## Psalm 23

### *Dominus regit me*

- 1 The Lord is my shepherd; \*  
I shall not be in want.
- 2 He makes me lie down in green pastures \*  
and leads me beside still waters.
- 3 He revives my soul \*  
and guides me along right pathways for his Name's sake.
- 4 Though I walk through the valley of the shadow of death,  
I shall fear no evil; \*  
for you are with me;  
your rod and your staff, they comfort me.
- 5 You spread a table before me in the presence of those who trouble me; \*  
you have anointed my head with oil,  
and my cup is running over.
- 6 Surely your goodness and mercy shall follow me all the days of my life, \*  
and I will dwell in the house of the Lord for ever.

## Second Lesson 1 John 3:16-24

We know love by this, that he laid down his life for us-- and we ought to lay down our lives for one another. How does God's love abide in anyone who has the world's goods and sees a brother or sister in need and yet refuses help?

Little children, let us love, not in word or speech, but in truth and action. And by this we will know that we are from the truth and will reassure our hearts before him whenever our hearts condemn us; for God is greater than our hearts, and he knows everything. Beloved, if our hearts do not condemn us, we have boldness before God; and we receive from him whatever we ask, because we obey his commandments and do what pleases him.

And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us. All who obey his commandments abide in him, and he abides in them. And by this we know that he abides in us, by the Spirit that he has given us.

*Reader:* The Word of the Lord.

*People:* **Thanks be to God**

Sequence Hymn

*Alleluia, Alleluia*

Alleluia, Alleluia

F. Saunders  
December 4, 2023

♩ = 90  
Verse 1

Voice

Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -

5

V.

lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia. Verse 2

Al - le - lu - ia, Al - le -

10

V.

lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le - lu - ia, Al - le -

15

V.

lu - ia, Al - le - lu - ia.

**Holy Gospel John 10:11-18**

*Deacon:* The Holy Gospel of our Lord Jesus Christ according to John.

*People:* **Glory to you, Lord Christ.**

Jesus said, “I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father.”

*Deacon:* The Gospel of the Lord.

*People:* **Praise to you, Lord Christ.**

Sequence Hymn

Alleluia, Alleluia

Alleluia, Alleluia

F. Saunders  
December 4, 2023

Sermon

Rev. Rebecca Goldberg

THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;**

**he ascended into heaven and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead, and the life of the world to come. Amen.**

# The Prayers of the People

## Form VI

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;  
*For our families, friends, and neighbors, and for those who are alone.*

For this community, the nation, and the world;  
*For all who work for justice, freedom, and peace.*

For the just and proper use of your creation;  
*For the victims of hunger, fear, injustice, and oppression.*

For all who are in danger, sorrow, or any kind of trouble;  
*For those who minister to the sick, the friendless, and the needy.*

For the peace and unity of the Church of God;  
*For all who proclaim the Gospel, and all who seek the Truth.*

For Michael our Presiding Bishop, and Marc our Bishop; and  
for all bishops and other ministers;  
*For all who serve God in his Church.*

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions*

Hear us, Lord;  
*For your mercy is great.*

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings*

We will exalt you, O God our King;  
*And praise your Name for ever and ever.*



We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;  
*Who put their trust in you.*

*The Celebrant concludes with an absolution or a suitable Collect.*

## The Peace

*Celebrant:* The peace of the Lord be always with you.

*People:* **And also with you.**

## Offertory Hymn H205 Good Christians all, rejoice and sing

## Doxology

### Hymn380 From all that dwell below the skies

1 From all that dwell be - low the skies let  
2 E - ter - nal are thy mer - cies, Lord, and  
\*3 Praise God, from whom all bless - ings flow; praise

the Cre - a - tor's praise a - rise! Let the Re - deem - er's  
truth e - ter - nal is thy word: thy praise shall sound from  
him, all crea - tures here be - low; praise him a - bove, ye

Name be sung through ev - ery land, by ev - ery tongue!  
shore to shore till suns shall rise and set no  
heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Isaac Watts (1674-1748), para. of Psalm 117. St. 3. Thomas Ken (1637-1711). Music: *Old 100th*, melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?).



He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.  
Christ is risen.  
Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior  
Christ has taught us,  
we are bold to say,

As our Savior Christ  
has taught us,  
we now pray,

## The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## Fraction Anthem

S154

### CHRIST OUR PASSOVER

*This setting is not used in Lent.*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.  
Christ our Pass - o - ver is sac - ri - ficed for us;  
there - fore let us keep the feast.  
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

## Invitation

### SPIRITUAL COMMUNION

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into

my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

**Communion Hymn 316** | *This is the hour of Banquet and of Song*



1 This is the hour of banquet and of song;  
 2 Too soon we rise; we go our sev - eral ways;  
 3 Feast af - ter feast thus comes and pass - es by,



this is the heaven - ly ta - ble spread for me;  
 the feast, though not the love, is past and gone,  
 yet, pass - ing, points to the glad feast a - bove,



here let me feast, and feast - ing, still pro - long the  
 the Bread and Wine con - sumed: yet all our days thou  
 giv - ing us fore - taste of the fes - tal joy, the



brief, bright hour of fel - low - ship with thee.  
 still art here with us— our Shield and Sun.  
 Lamb's great mar - riage feast of bliss and love.

Words: Horatius Bonar (1808-1889), alt. Music: *Canticum refectiois*, David McKinley Williams (1887-1978). Copyright © The Church Pension Fund.

**Postcommunion Prayer**

**Eternal God, your Son at supper prayed that the disciples might be one, as he is one with you. Draw us daily closer to him, that in common love and service to you we may be united with one another in your Spirit through the same Jesus Christ, your Son, our Lord. Amen**

**Announcements**

**The Blessing**

May the peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be with you and remain with you always. **Amen**

## Closing Hymn 416 | *For the Beauty of the Earth*

1 For the beau - ty of the earth, for the beau - ty of the skies,  
 2 For the beau - ty of each hour of the day and of the night,  
 3 For the joy of ear and eye, for the heart and mind's de - light,  
 4 For the joy of hu-man love, bro-ther, sis - ter, par - ent, child,  
 5 For the Church which ev - er - more lift - eth ho - ly hands a - bove,

1 for the love which from our birth o - ver and a - round us lies,  
 2 hill and vale, and tree and flower, sun and moon, and stars of light,  
 3 for the mys - tic har - mo - ny link - ing sense to sound and sight,  
 4 friends on earth, and friends a - bove, for all gen - tle thoughts and mild,  
 5 of - fer - ing up on ev - ery shore thy pure sac - ri - fice of love,

*Refrain*

Christ our God, to thee we raise this our hymn of grate-ful praise.

6 For each perfect gift of thine  
 to the world so freely given,  
 faith and hope and love divine,  
 peace on earth and joy in heaven,

*Refrain*

Words: Folliot Sandford Pierpoint (1835-1917), alt. Music: *Lucerna Laudoniae*, David Evans (1874-1948). By permission of Oxford University Press.

## The Dismissal

### Postlude Meditation in C major

**F. Saunders**

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#### *The Mission of St. Ambrose Church of Foster City*

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

#### **Worship Leaders:**

Reverend. Rebecca Goldberg  
 Frank Saunders, Music Director

#### **Worship Leader Rota:**

*Intercessor*  
 Warren Wong, Lector  
 Chaplain Daniel Tate, Eucharistic Minister  
 Usher  
 Livestream Technician

## ANNOUNCEMENTS

### May 5<sup>th</sup> - Celebration in honor of Bishop Rio's ordination

On Sunday, May 5 at 2 pm, you are warmly invited to join the Peninsula Deanery for a special bilingual celebration in honor of Bishop Rios' ordination, to be held at St. Peter's Episcopal Church in Redwood City. Both Bishops Austin Rios and Marc Andrus will be there. Food and festivities will follow! Please let Mother Rebecca or Hamilton Fong know if you would like to come, so we can arrange transportation.

### Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the parish hall. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

### Worship Leaders Needed

Please sign up as a Lector for our 10:00\* am Mass by emailing [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or the Church signup sheet. We also need Worship Leader volunteers for our 10:00\* am Mass.

There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream

Technicians. Contact us at [office@stambrosefostercity.org](mailto:office@stambrosefostercity.org) or use the following link to signup: Signup Genius or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

*\*No 8:30am service at this time*

### Sunday School 10 AM

Sunday school is at 10:00am every week Please contact Raphael Gerber [raphaele.gerber@gmail.com](mailto:raphaele.gerber@gmail.com)

### Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

### Bible Study

Every Tuesday at 1:00pm, we meet for Bible Study on Zoom and discuss the Scriptures for the upcoming Sunday Service. Join us! For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu) or Warren Wong at [wwong@nd.edu](mailto:wwong@nd.edu)

### Contemplative Meditation

Every Wednesday 10am-11am we meet for Contemplative Meditation on Zoom. We read a variety of authors. We have read Jimmy Carter's book 'Faith'; a couple of prayers from Jean-Pierre Isbouts 'Ten Prayers That Have Changed The World'. If interested, please contact Hamilton Fong. [hfongster@gmail.com](mailto:hfangster@gmail.com)

### Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu)

Prayer list: We pray especially for Stephen Yuen, Valerie Merish and her son Darren, Carol Frisch and the Frisch family, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan,

Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Peggy Chapman, Ronnie Rosen, Leo Gauthier, Alice Deckel, and the pupils and staff of Sea Breeze School.

***For those who have died:*** Zaw-Sing Su Mike Frisch, John Miller, Eva Rios Chong, Judi Guilford, John David Tate, Martin Gardiner

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

**The Altar Flowers are donated by:**

Bettie J. Davis: In loving memory of Gregory Landon Cozzi's birthday – April 16

Teresa J. Murakami: In loving memory of Shirley Ige

<b>Presider</b>	<b>Date</b>
Reverend Rebecca Goldberg	Sunday, April 21, 2024
Chaplain Daniel Tate	Sunday, April 28, 2024
Reverend Rebecca Goldberg	Sunday, May 5, 2024
Reverend Rebecca Goldberg	Sunday, May 12, 2024