

**First Sunday after Pentecost  
Trinity Sunday**

**May 30, 2021  
10:00 a.m.**

**Mass: Rite II**



# The Prelude: Gymnopedie #1

E. Satie

## The Welcome

### The Introit Hymn: *Nicaea* *Hymnal #362*

1 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!  
\*2 Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,  
3 Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,  
4 Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to thee:  
cast - ing down their gold - en crowns a - round the glass - y sea;  
though the sin - ful hu - man eye thy glo - ry may not see,  
All thy works shall praise thy Name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,  
cher - u - bim and ser - a - phim fall - ing down be - fore thee,  
on - ly thou art ho - ly; there is none be - side thee,  
Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Trin - i - ty.  
which wert, and art, and ev - er - more shalt be.  
per - fect in power, in love, and pu - ri - ty.  
God in three Per - sons, bless - ed Trin - i - ty.

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*The people standing*

*Priest* Alleluia. Christ is risen. *BCP, Page 355*

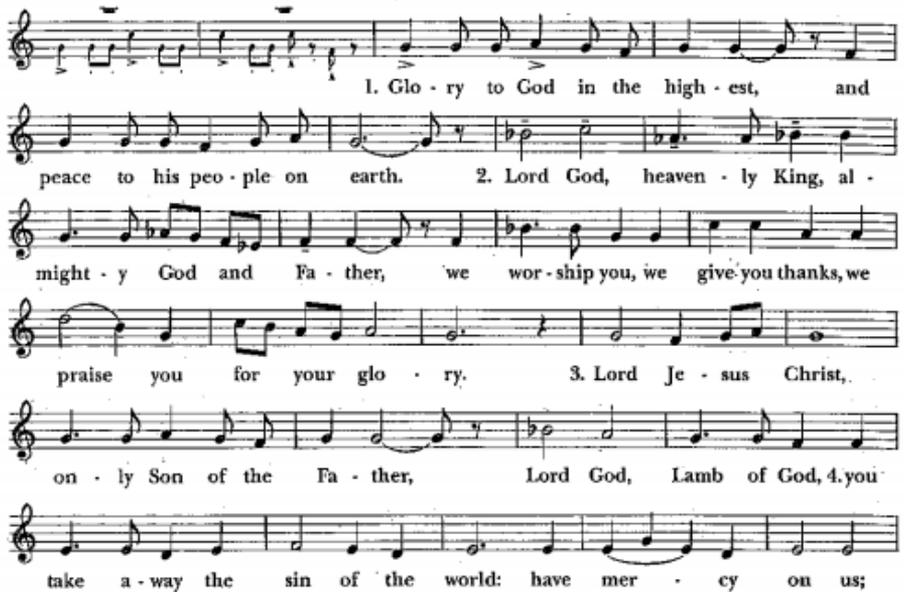
*People* **The Lord is risen indeed. Alleluia.**

### **The Collect for Purity**

**All: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

### **The Gloria**

*Hymnal #S278*



1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -  
might - y God and Fa - ther, we wor - ship you, we give you thanks, we  
praise you for your glo - ry. 3. Lord Je - sus Christ,  
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For  
 you a - lone are the Ho - ly One, you a - lone are the Lord,  
 7. you a - lone are the Most High, Je - sus Christ, with the  
 Ho - ly Spi - rit, in the glo - ry of  
 God the Fa - ther. A - men.

Setting: William Mathias (h. 1934)

## *The Collect of the Day*

*Celebrant:* The Lord be with you.

*All:* **And also with you.**

*Celebrant:* Let us pray.

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen. (Seated)*

## *The Sermon*

### *The First Lesson: Isaiah 6:1-8*

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they

covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

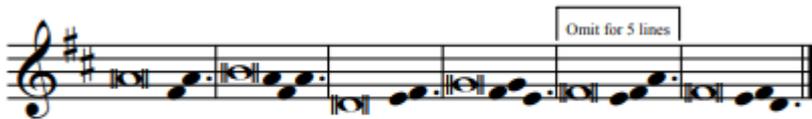
“Holy, holy, holy is the LORD of hosts;  
the whole earth is full of his glory.”

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: “Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!”

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: “Now that this has touched your lips, your guilt has departed and your sin is blotted out.” Then I heard the voice of the Lord saying, “Whom shall I send, and who will go for us?” And I said, “Here am I; send me!”

**Psalm:** *Benedictus es, Domine.*      *Canticle 13*

*St Meinrad Mode V (6-line)*



© Saint Meinrad Archabbey

*Song of the Three Young Men, 29-34*

Glory to you,

Lord God of our fathers;

you are worthy of praise;

glory to you.

Glory to you for the radiance of your holy Name;

we will praise you and highly exalt you for ever.

Glory to you,

in the splendor of your temple;  
on the throne of your majesty,  
glory to you.

Glory to you, seated between the Cherubim;  
we will praise you and highly exalt you for ever.

Glory to you,  
beholding the depths;  
in the high vault of heaven,  
glory to you.

Glory to you, Father, Son, and Holy Spirit;  
we will praise you and highly exalt you for ever.

**The New Testament:** *Romans 8:12-17*

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

*Reader:* The Word of the Lord.

*People:* **Thanks be to God.**

**The Gospel:** *John 3:1-17*

(*Standing*)

*Priest:* The Holy Gospel of our Lord Jesus Christ according to John.

*All:* **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you

are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?”

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

*Priest:*            The Gospel of the Lord.  
*All:*                 **Praise to you, Lord Christ**

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.  
Amen.**

*The Intercessions: (Kneeling)*

Intoxicate us with visions and dreams that will align us with you. Jolt us from our inertia into action. Come into our lives with power.

*Come, Holy Spirit, and stay with us.*

Transform our melancholy into joy, our worry into peace, our despair into hope. We pray for healing for those who suffer from any distress or illness. We pray especially for Isabella, Ding Jai Li, Jerry Boykin, and Carol Newman. Come into our lives with healing.

*Come, Holy Spirit, and stay with us.*

Work your ways in this world, and direct the leaders of the nations to embrace peace and justice.

*Come, Holy Spirit, and stay with us.*

Shape our weary and wounded souls into souls on fire for God's mission. We pray especially in loving memory of the birthday for Landon Creek Davis Jr.

*Come, Holy Spirit, and stay with us.*

For what else shall we pray?

**All: Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.**

### ***The Confession & Absolution***

God is love and we are his children. There is no room for fear in love. We love because he loved us first. Let us confess our sins in penitence and faith. (*Silence*)

**All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Priest:* Almighty God have mercy on you, (+) forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

### ***The Peace***

Lord Jesus Christ, you said to your apostles, "Peace I leave with you; my own peace do I give you." Regard not our sins, but the faith of your Church, and grant us peace and unity according to your will, who lives and reigns God throughout all ages, world without end. **Amen.**

(*Standing*)

*Priest:* The peace of the Lord be always with you.

All: **And also with you.**  
 Priest: Let us offer one another a sign of Peace.

**The Offertory Sentence:** When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ

**The Offertory Hymn** Here I Am, Lord

*Gather Hymn 686*  
*D. Schutte*

Verses



1. I, the Lord of sea and sky, I have heard my  
 2. I, the Lord of snow and rain, I have borne my  
 3. I, the Lord of wind and flame, I will tend the



peo - ple cry. All who dwell in dark and sin  
 peo - ple's pain. I have wept for love of them.  
 poor and lame. I will set a feast for them.



My hand will save. I who made the  
 They turn a - way. I will break their  
 My hand will save. Fin - est bread I



stars of night, I will make their dark-ness bright. Who will bear my  
 hearts of stone, Give them hearts for love a - lone. I will speak my  
 will pro - vide Till their hearts be sat - is - fied. I will give my



light to them? Whom shall I send?  
 word to them. Whom shall I send?  
 life to them. Whom shall I send?

Refrain

Here I am, Lord. Is it I, Lord? I have heard you  
call-ing in the night. I will go, Lord, if you lead me.  
I will hold your peo - ple in my heart.

Text: Isaiah 6; Dan Schutte, b.1947  
Tune: Dan Schutte, b.1947; arr. by Michael Pope, SJ, John Weissrock  
© 1981, Daniel L. Schutte and New Dawn Music

*The Eucharistic Prayer (from the Scottish Episcopal Church)*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

Worship and praise belong to you, Father, in every place and at all times.

All power is yours. You created the heavens and established the earth; you sustain in being all that is. In Christ your Son our life and yours are brought together in a wonderful exchange. He made his home among us that we might for ever dwell in you. Through your Holy Spirit you call us to new birth in a creation restored by love.

As children of your redeeming purpose,

who worship the mystery of your Godhead, Father, Son, and Holy Spirit, we offer you our praise, with angels and archangels and the whole company of heaven, singing the hymn of your unending glory:

## The Sanctus & Benedictus

*Hymnal #S128*

Ho - ly, ho - ly,  
ho - ly Lord, God of power and might,  
heaven and earth are full of your glo - ry. Ho-san-na in the  
high - est. Bless - ed is he who  
comes in the name of the Lord. Ho-san-na in the high-est.

Setting: William Mathias (b. 1934)

Glory and thanksgiving be to you, most loving Father, for the gift of your Son born in human flesh He is the Word existing beyond time, both source and final purpose, bringing to wholeness all that is made. Obedient to your will he died upon the Cross. By your power you raised him from the dead. He broke the bonds of evil and set your people free to be his Body in the world

On the night when he was given up to death, knowing that his hour had come, having loved his own, he loved them to the end. At supper with his disciples he took bread and offered you thanks. He broke the bread, and gave it to them, saying:

"Take, eat. This is my Body: it is broken for you."

After supper, he took the cup, he offered you thanks, and gave it to them saying:

"Drink this, all of you. This is my Blood of the new covenant; it is poured out for you, and for all, that sins may be forgiven. Do this in remembrance of me."

We now obey your Son's command:

**All: We recall his blessed passion and death,  
his glorious resurrection and ascension;  
and we look for the coming of his Kingdom.**

Made one with him, we offer you these gifts and with them ourselves, a single, holy, living sacrifice. Hear us, most merciful Father, and send your Holy Spirit upon us and upon this bread and this wine, that, overshadowed by his life-giving power, they may be the Body and Blood of your Son, and we may be kindled with the fire of your love and renewed for the service of your Kingdom.

Help us, who are baptised into the fellowship of Christ's Body to live and work to your praise and glory; may we grow together in unity and love until at last, in your new creation, we enter into our heritage in the company of the Virgin Mary, the apostles and prophets, S. Ambrose, and of all our brothers and sisters living and departed.

Through Jesus Christ our Lord, with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be to you, Lord of all ages, world without end. **Amen.**

*Priest:* And now, as our Savior Christ taught us, we are bold to say:  
**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.**

Give us this day our daily bread.  
 And forgive us our trespasses,  
 as we forgive those who trespass against us.  
 And lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom, and the power, and the glory  
 forever and ever. Amen

*The Fraction:*

We break this bread to share in the Body of Christ.

*All:* Though we are many, we are **One Body**, because we all share in one bread.

*The Agnus Dei:*

*Hymnal #S165*

Je - sus, Lamb of God: have mer - cy

on us. Je - sus, bear-er of our sins: have mer - cy

on us. Je - sus, re-deem-er of the world: give us your peace.

Setting: William Matthias (b. 1934)

*In this season, when our whole community of faith cannot gather together, we give thanks for the gift of the Eucharist – a gift that we hold all the more precious in these days when we cannot share the one bread and the one cup. Yet, even in the absence of this sacramental sharing, the mystical Communion between Christ and his church, and among us as members of Christ’s body, remains unbroken. And so, mindful of this deep bond of the Spirit, let us unite ourselves to Christ and one another.*

*Priest: The Gifts of God for the people of God.*

*If you would like to receive holy communion (under one kind [host] during the pandemic), please:*

- 1. Come up the center aisle keeping 6 feet distance*
- 2. Receive the host in your hand*
- 3. Wait until you are socially-distanced to lower your mask and consume the host.*

***The Post-communion Prayer:***

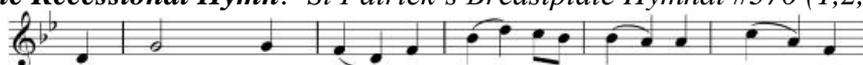
**Lord, you have nourished us with the Easter sacrament:  
fill us with the spirit of your love,  
and unite us in faith;  
that we may be witnesses to the resurrection  
and show your glory to all the world;  
through Jesus Christ our Lord. Amen**

***The Announcements***

***The Benediction:***

God the Holy Trinity make you strong in faith and love,  
defend you on every side, and guide you in truth and peace;  
And the blessing of God almighty, the Holy Trinity, (+) the Father, the  
Son, and the Holy Spirit, be upon you, and remain with you always.  
**Amen.**

*The Recessional Hymn: St Patrick's Breastplate Hymnal #370 (1,2,7)*



1. I bind un - to my - self to - day the strong Name



of the Trin - i - ty, by in - vo - ca - tion



of the same, the Three in One, and One in Three.



2. I bind this day to me for ev - er, by power of  
 \*3. I bind un - to my - self the power of the great  
 \*4. I bind un - to my - self to - day the vir - tues  
 \*5. I bind un - to mys - elf to - day the power of



faith, Christ's In - car - na - tion; his bap - tism in the  
 love of cher - u - bim; the sweet "Well done" in  
 of the star - lit heaven the glo - rious sun's life -  
 God to hold and lead, his eye to watch, his



Jor - dan riv - er; his death on cross for my sal - va - tion;  
 judg - ment hour; the ser - vice of the ser - a - phim;  
 giv - ing ray, the white - ness of the moon at even,  
 might to stay, his ear to heark - en, to my need;



his burst - ing from the spic - ed tomb; his rid - ing  
 con - fess - ors' faith, a - pos - tles' word, the pa - triarchs'  
 the flash - ing of the light - ning free, the whirl - ing  
 the wis - dom of my God to teach, his hand to



up the heav - en - ly way; his com - ing at the  
 prayers, the pro - phets' scrolls; all good deeds done un -  
 wind's tem - pes - tuous shocks, the sta - ble earth, the  
 guide, his shield to ward; the word of God to



day of doom: I bind un - to my - self to - day.  
 to the Lord, and pu - ri - ty of vir - gin souls.  
 deep salt sea, a - round the old e - ter - nal rocks.  
 give me speech, his heav - en - ly host to be my guard.

\*6. Christ be with me, Christ with - in me, Christ be - hind me,  
 Christ be - neath me, Christ a - bove me, Christ in qui - et,

Christ be - fore me, Christ be - side me, Christ to  
 Christ in dan - ger, Christ in hearts of all that

win me, Christ to com - fort and re - store me,  
 love me, Christ in mouth of friend and stran - ger.

7. I bind un - to my - self the Name, the strong Name

of the Trin - i - ty, by in - vo - ca - tion

of the same, the Three in One, and One in Three.

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**The Dismissal.**

*Priest:* Let us go forth in the name of Christ. Alleluia. Alleluia.  
*People:* **Thanks be to God. Alleluia. Alleluia.**

**The Postlude:** Go Now In Peace

N. Sleeth

**ANNOUNCEMENTS**

**Weekly Calendar**

DAY	DATE	TIME	EVENT
Sunday	May 30	10:00 am	Worship Service
		11:00 am	Zoom Coffee Hour & Courtyard
		4:00 pm	Youth Group Mtg, Courtyard
Monday	May 31	1:00 pm	Zoom Bible Study
Tuesday	Jun 1		
Wednesday	Jun 2	10:00 am	Zoom Contemplative Meditation
Thursday	Jun 3		
Friday	Jun 4		
Saturday	Jun 5		
Sunday	Jun 6	10:00 am	

We are looking for additional Lectors and Intercessors please contact Margie Lee at [stambrosefc@att.net](mailto:stambrosefc@att.net) if you are interested in joining our Sunday Services to be added to our rotation.

**TODAY**

**Sunday, May 30, 11:00 am:** Zoom Coffee Hour and Outside Courtyard contact Ali Le Blanc on 650-281-9236 for questions

Join Zoom Meeting with the following link: [Zoom Coffee Hour](#)  
Meeting ID: 872 7420 6121  
Passcode: 681474

**Sunday, May 30, 4:00 pm** Youth Group Meeting, Outside Courtyard

## **THIS WEEK**

**Monday, May 31, 1:00 pm** Zoom Bible Study. For Zoom link, please contact Daniel Tate at [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu) or 650-799-7084

### **Contemplative Meditation**

Father Shane will be guiding a thirty-minute weekly contemplative meditation on Wednesdays at 10am, We're fortunate that in his previous life Father Shane was a monk and are looking forward to sharing this experience with him. Please send an email to Hamilton Fong ([hfgongster@gmail.com](mailto:hfgongster@gmail.com)) or to Nilda Chong ([nchongmd@gmail.com](mailto:nchongmd@gmail.com)) if you wish to be included in the Zoom invitation.

**Prayer list:** We pray especially for Peggy Redmond, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Frank Brown, Barbara and John Milligan, Ed Avakoff, Peter Gee, Nellie Wong, Max Gumbert, Isabella, Ding Jai Li, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Frank Saunders, Arjun Katyan, Janet McAnnally, Mary Ota

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

### **The Altar Flowers are given by**

Bettie Davis in loving memory of Landon Cheek Davis, Jr.'s Birthday on June 6, 2021

### **In the Anglican cycle of prayer we pray for:**

The Nippon Sei Ko Kai, Diocese of Brasilia (Brazil), Diocese of Brazzaville (Congo), Diocese of Brechin (Scotland), Diocese of Brisbane (Australia), Diocese of Bristol (England)

### **In the Diocesan cycle of prayer we pray for:**

Richard Wilmington, Beth Foote, Stephen Hassett, Eric Metoyer, Richard Hess, The Ven. Malcolm Manson, Cn. Mark Stanger, James McKnight, Gary OstZoila Schoenbrun, Dr. Joseph Duggan, John PorterPaul Evans, and Lauren McCombs

## ***The Mission of St. Ambrose Church of Foster City***

Is to proclaim the Good News of God  
in Jesus Christ as we care for each other and  
our larger community. We worship in the  
Episcopal and Anglican tradition, extending  
an open and inclusive invitation to all  
people, welcoming children into our church family  
and serving those in need.

### **Worship Leaders Thank You to Each of You**

*The Rev'd Dr. Shane Scott-Hamblen, Interim Rector*  
*Warren Wong/Yvonne Sidell* Lectors  
*Jim Neubert, Intercessor*  
*Hamilton Fong, Cantor*  
*Frank Saunders, Organist*  
*Lydia McIntyre/Shelley Keefe* Technicians

Thank you to the Worship Team and virtual congregation for joining in worship.

### **Lector/Intercessor Rota:**

*30 May (R) Warren Wong/Yvonne Sidell*  
*Jim Neubert (I)*  
*6 June (R) Cathy Rincon/Shelley Keefe*  
*David McIntyre (I)*  
*13 Jun (R) Jim Neubert/Yvonne Sidell*  
*Daniel Tate (I)*  
*20 Jun (R) Warren Wong/David McIntyre*  
*Cathy Rincon (I)*  
*27 Jun (R) Maureen Fromme/Jim Neubert*  
*Yvonne Sidell (I)*  
*4 July (R) David McIntyre/Cathy Rincon*  
*Shelley Keefe (I)*

**Fr Shane** can be contacted on 845-240-4516, or at  
FrshaneSH@gmail.com