

# PENTECOST IV

## Fathers' Day

20. June. 2021

10:00 a.m.



### **Liturgy of the Word with Reserved Sacrament: Rite II**

*We are delighted to welcome you to our online/in-person hybrid liturgy. During this time of pandemic, we regret that we cannot administer Holy Communion to some of you. Nonetheless, we remain one in the Spirit through our receiving of Spiritual Communion.*

# The Prelude: Can A Little Child Like Me

## The Welcome

### The Introit Hymn: *St Catherine* *Hymnal #558*

1 Faith of our fa - thers! liv - ing still in spite of dun - geon,  
2 Faith of our fa - thers! faith and prayer shall win all na - tions  
3 Faith of our fa - thers! we will love both friend and foe in

fire and sword: O how our hearts beat high with joy,  
un - to thee; and through the truth that comes from God,  
all our strife: and preach thee, too, as love knows how,

*Refrain*

when - e'er we hear that glo - rious word:  
man - kind shall then in - deed be free. Faith of our fa - thers,  
by kind - ly deeds and vir - tuous life.

ho - ly faith! We will be true to thee till death.

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*The people standing*

*Officiant:* Blessed be God, Father, Son, and Holy Spirit. *BCP, Page 355*

*People* And blessed be God's kingdom, now and forever. Amen. *The*

**Collect for Purity**

**All:** Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

**The Gloria**

*Hymnal #S278*

1. Glo - ry to God in the high - est, and  
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -  
might - y God and Fa - ther, we wor - ship you, we give you thanks, we  
praise you for your glo - ry. 3. Lord Je - sus Christ,  
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For  
 you a - lone are the Ho - ly One, you a - lone are the Lord,  
 7. you a - lone are the Most High, Je - sus Christ, with the  
 Ho - ly Spi - rit, in the glo - ry of  
 God the Fa - ther. A - men.

Setting: William Mathias (b. 1934)

### *The Collect of the Day*

*Celebrant:* The Lord be with you.

*All:* **And also with you.**

*Celebrant:* Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your lovingkindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.** (*Seated*)

*The First Lesson:* 1 Samuel 17: (1a, 4-11, 19-23), 32-49

[The Philistines gathered their armies for battle. And there came out from the camp of the Philistines a champion named Goliath, of Gath, whose height was six cubits and a span. He had a helmet of bronze on his head, and he was armed with a coat of mail; the weight of the coat was five thousand shekels of bronze. He had greaves of bronze on his legs and a javelin of bronze slung between his shoulders. The shaft of his spear was like a weaver's beam, and his spear's head weighed six hundred shekels of iron; and his

shield-bearer went before him. He stood and shouted to the ranks of Israel, “Why have you come out to draw up for battle? Am I not a Philistine, and are you not servants of Saul? Choose a man for yourselves, and let him come down to me. If he is able to fight with me and kill me, then we will be your servants; but if I prevail against him and kill him, then you shall be our servants and serve us.” And the Philistine said, “Today I defy the ranks of Israel! Give me a man, that we may fight together.” When Saul and all Israel heard these words of the Philistine, they were dismayed and greatly afraid.

Now Saul, and they, and all the men of Israel, were in the valley of Elah, fighting with the Philistines. David rose early in the morning, left the sheep with a keeper, took the provisions, and went as Jesse had commanded him. He came to the encampment as the army was going forth to the battle line, shouting the war cry. Israel and the Philistines drew up for battle, army against army. David left the things in charge of the keeper of the baggage, ran to the ranks, and went and greeted his brothers. As he talked with them, the champion, the Philistine of Gath, Goliath by name, came up out of the ranks of the Philistines, and spoke the same words as before. And David heard him.]

David said to Saul, “Let no one’s heart fail because of him; your servant will go and fight with this Philistine.” Saul said to David, “You are not able to go against this Philistine to fight with him; for you are just a boy, and he has been a warrior from his youth.” But David said to Saul, “Your servant used to keep sheep for his father; and whenever a lion or a bear came, and took a lamb from the flock, I went after it and struck it down, rescuing the lamb from its mouth; and if it turned against me, I would catch it by the jaw, strike it down, and kill it. Your servant has killed both lions and bears; and this uncircumcised Philistine shall be like one of them, since he has defied the armies of the living God.” David said, “The LORD, who saved me from the paw of the lion and from the paw of the bear, will save me from the hand of this Philistine.” So Saul said to David, “Go, and may the LORD be with you!” Saul clothed David with his armor; he put a bronze helmet on his head and clothed him

with a coat of mail. David strapped Saul's sword over the armor, and he tried in vain to walk, for he was not used to them. Then David said to Saul, "I cannot walk with these; for I am not used to them." So David removed them. Then he took his staff in his hand, and chose five smooth stones from the wadi, and put them in his shepherd's bag, in the pouch; his sling was in his hand, and he drew near to the Philistine.

The Philistine came on and drew near to David, with his shield-bearer in front of him. When the Philistine looked and saw David, he disdained him, for he was only a youth, ruddy and handsome in appearance. The Philistine said to David, "Am I a dog, that you come to me with sticks?" And the Philistine cursed David by his gods. The Philistine said to David, "Come to me, and I will give your flesh to the birds of the air and to the wild animals of the field." But David said to the Philistine, "You come to me with sword and spear and javelin; but I come to you in the name of the LORD of hosts, the God of the armies of Israel, whom you have defied. This very day the LORD will deliver you into my hand, and I will strike you down and cut off your head; and I will give the dead bodies of the Philistine army this very day to the birds of the air and to the wild animals of the earth, so that all the earth may know that there is a God in Israel, and that all this assembly may know that the LORD does not save by sword and spear; for the battle is the LORD's and he will give you into our hand."

When the Philistine drew nearer to meet David, David ran quickly toward the battle line to meet the Philistine. David put his hand in his bag, took out a stone, slung it, and struck the Philistine on his forehead; the stone sank into his forehead, and he fell face down on the ground.

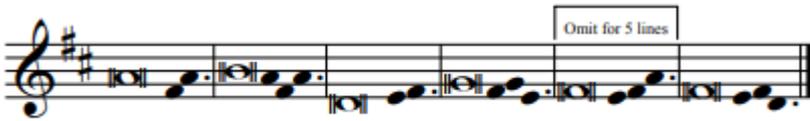
**Reader:** The Word of the Lord.

**All:** **Thanks be to God.**

**Psalm:** *Confitebor tibi*

*Psalm 9:9-20*

*St Meinrad Mode V (6-line)*



© Saint Meinrad Archabbey

The LORD will be a refuge for the oppressed,  
a refuge in time of trouble.

Those who know your Name will put their trust in you,  
for you never forsake those who seek you, O LORD.

Sing praise to the LORD who dwells in Zion;  
proclaim to the peoples the things he has done.

Have pity on me, O LORD;  
see the misery I suffer from those who hate me,  
O you who lift me up from the gate of death;

So that I may tell of all your praises  
and rejoice in your salvation  
in the gates of the city of Zion.

The ungodly have fallen into the pit they dug,  
and in the snare they set is their own foot caught.

The LORD is known by his acts of justice;  
the wicked are trapped in the works of their own hands.

The wicked shall be given over to the grave,  
and also all the peoples that forget God.

For the needy shall not always be forgotten,  
and the hope of the poor shall not perish for ever.

Rise up, O LORD, let not the ungodly have the upper hand;  
let them be judged before you.

Put fear upon them, O LORD;  
let the ungodly know they are but mortal.

### **The Epistle: 2 Corinthians 6:1-13**

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says,

“At an acceptable time I have listened to you,  
and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return-- I speak as to children-- open wide your hearts also.

*Reader:*           The Word of the Lord.

*People:*           **Thanks be to God.**

### **The Gospel: Mark 4:35-41**

*(Standing)*

*Officiant:* The Holy Gospel of our Lord Jesus Christ according to Mark.

*All:*           **Glory to you, Lord Christ.**

When evening had come, Jesus said to his disciples, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, "Teacher, do you not care that we are perishing?" He woke up and rebuked the wind, and said to the sea, "Peace! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"

*Officiant:* The Gospel of the Lord.

*All:* **Praise to you, Lord Christ**

### *The Sermon*

#### *The Nicene Creed*

*BCP, page 358*

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We**

**acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

***The Intercessions: (Kneeling)***

Throughout our days, throughout our lives, in all our wanderings, we come before you, seeking your favor and blessing. We hunger for your kingdom even as we sing songs of praise. At the beginning of each day's journey, give us grace to say yes to you, God.

***Silence***

Gathered as the Body of Christ, your faithful people stand before you with grateful hearts. Work your purpose in us and through us. Grant that your Holy Spirit focus us on your will and bring us together. Pray for the church.

***Silence***

The world you have made is aching for peace between nations and neighbors. We pray for those who work for justice and reconciliation. Turn the hearts of those who sow discord and wage war, who benefit while others suffer. Pray for the world.

***Silence***

In times of pain and uncertainty, give us the strength to carry on. We pray for those who are struggling physically and those paralyzed by fear and anxiety. Make us your agents of healing and comfort. We pray especially for Frank Saunders, Arjun Katyan, Janet McAnnally, and Mary Ota

***Silence***

We pray for those who are at the end of their lives, and for those who have ended their journey. We pray especially for Krish Venkat and Daphne and Trevor Gardiner. Grant them the peace you have promised, an eternal home that you have fashioned for them.

***Silence***

For what else shall we pray?

**All: Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.**

### ***The Confession & Absolution***

*Officiant:* God is love and we are his children. There is no room for fear in love. We love because he loved us first. Let us confess our sins in penitence and faith. (*Silence*)

**All: Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*Officiant:* Almighty God have mercy on us, (+) forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.

### ***The Peace***

Lord Jesus Christ, you said to your apostles, "Peace I leave with you; my own peace do I give you." Regard not our sins, but the faith of your Church, and grant us peace and unity according to your will, who lives and reigns God throughout all ages, world without end. **Amen.**

*(Standing)*

*Officiant:* The peace of the Lord be always with you.

*All:* **And also with you.**

*Officiant:* Let us offer one another some sign of Peace.

***The Offertory Sentence:*** Jesus said to them, "Why are you afraid? Have you still no faith?" And they were filled with great awe and said to one another, "Who then is this, that even the wind and the sea obey him?"



1. Abba,  
Abba Father.  
You are the potter, we are the clay,  
the work of Your hands.

2. Mold us,  
mold us and fashion us  
Into the image of Jesus Your Son,  
Of Jesus Your Son.

3. Father,  
may we be one in You.  
May we be one in You as He is in You  
And You are in Him.

4. Glory,  
glory and praise to you.  
Glory and praise to You  
forever, amen, forever, amen.

*Officiant:* And now, as our Savior Christ taught us, we are bold to say:

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,**

on earth as it is in heaven.  
 Give us this day our daily bread.  
 And forgive us our trespasses,  
 as we forgive those who trespass against us.  
 And lead us not into temptation,  
 but deliver us from evil.  
 For thine is the kingdom, and the power, and the glory  
 forever and ever. Amen

**The Fraction:**

We break this bread to share in the Body of Christ.

*All:* Though we are many, we are **One Body**, because we all share in one bread.

The Gifts of God for the people of God.  
*[The Eucharist may be consumed]*

**The Agnus Dei:**

**Hymnal #S165**

Je - sus, Lamb of God: have mer - cy

on us. Je - sus, bear-er of our sins: have mer - cy

on us. Je - sus, re-deem-er of the world: give us your peace.

Setting: William Matthias (b. 1934)

*In this season, when our whole community of faith cannot gather together, we give thanks for the gift of the Eucharist – a gift that we hold all the more precious in these days when we cannot share the one bread and the one cup. Yet, even in the absence of this sacramental sharing, the mystical Communion between Christ and his church, and among us as members of Christ's body, remains unbroken. And so, mindful of this deep bond of the Spirit, let us unite ourselves to Christ and one another.*

*If you would like to receive holy communion (under one kind [host] during the pandemic), please:*

- 1. Come up the center aisle keeping 6 feet distance*
- 2. Receive the host in your hand*
- 3. Wait until you are socially-distanced to lower your mask and consume the host.*

***The Post-communion Prayer:***

**Eternal God, whose Son prayed at table that his disciples might be one, even as you and he are one; draw us closer to him, that in common love and obedience, we may be United to one another in the fellowship of the one Spirit, that the world may believe that he is Lord, to your eternal glory; through the same Christ, our Lord. Amen.**

***The Announcements***

***The Benediction:***

**All: The grace (+) of our Lord, Jesus Christ, the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.**

*The Recessional Hymn: Melita*

*Hymnal #608*

1 E - ter - nal Fa - ther, strong to save, whose arm hath bound the  
2 O Christ, whose voice the wa - ters heard and hushed their ra - ging  
3 Most Ho - ly Spi - rit, who didst brood up - on the cha - os  
4 O Trin - i - ty of love and power, thy chil - dren shield in

rest - less wave, who bidd'st the might - y o - cean deep its  
at thy word, who walk - eadst on the foam - ing deep, and  
dark and rude, and bid its an - gry tu - mult cease, and  
dan - ger's hour; from rock and tem - pest, fire and foe, pro -

own ap - point - ed lim - its keep: O hear us when we  
calm a - mid its rage didst sleep: O hear us when we  
give, for wild con - fu - sion, peace; O hear us when we  
tect them where - so - e'er they go; thus ev - er - more shall

cry to thee for those in per - il on the sea.  
cry to thee for those in per - il on the sea.  
cry to thee for those in per - il on the sea.  
rise to thee glad hymns of praise from land and sea.

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***The Dismissal.***

*Officiant:* Let us go forth in the name of Christ.

*People:* **Thanks be to God.**

**The Postlude:** Sea Breeze School Prayer Song

**ANNOUNCEMENTS**

**Weekly Calendar**

<b>DAY</b>	<b>DATE</b>	<b>TIME</b>	<b>EVENT</b>
Sunday	June 20	10:00 am	Worship Service
		11:00 am	Zoom Coffee Hour & Courtyard
		4:00 pm	Youth Group Mtg, Courtyard
Monday	June 21	1:00 pm	Zoom Bible Study
Tuesday	June 22		
Wednesday	June 23	10:00 am	Contemplative Meditation
Thursday	June 24		
Friday	June 25		
Saturday	June 26		
Sunday	June 27		

We are looking for additional Lectors and Intercessors please contact Margie Lee at [stambrosefc@att.net](mailto:stambrosefc@att.net) if you are interested in joining our Sunday Services to be added to our rotation.

**TODAY**

**Sunday, June 20, 11:00 am:** Zoom Coffee Hour & Courtyard, contact Ali Le Blanc on 650-281-9236 for questions

Join Zoom Meeting with the following link: [Zoom Coffee Hour Meeting ID: 872 7420 6121](#)

Passcode: 681474

**Sunday, June 20, 4:00 pm** Youth Group Meeting, Courtyard

## **THIS WEEK**

**Monday, June 21, 1:00 pm** Zoom Bible Study. For Zoom link, please contact Daniel Tate at [dtate@ses.cdsp.edu](mailto:dtate@ses.cdsp.edu) or 650-799-7084

### **Contemplative Meditation**

Father Shane will be guiding a thirty-minute weekly contemplative meditation on Wednesdays at 10am, We're fortunate that in his previous life Father Shane was a monk and are looking forward to sharing this experience with him. Please send an email to Hamilton Fong ([hfongster@gmail.com](mailto:hfongster@gmail.com)) or to Nilda Chong ([nchongmd@gmail.com](mailto:nchongmd@gmail.com)) if you wish to be included in the Zoom invitation.

**Prayer list:** We pray especially for Peggy Redmond, Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Frank Brown, Barbara and John Milligan, Ed Avakoff, Max Gumbert, Isabella, Ding Jai Li, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Frank Saunders, Arjun Katyan, Janet McAnnally, Mary Ota

*[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]*

### **The Altar Flowers are given by**

Janet and George Gardiner in memory of Daphne and Trevor Gardiner

### **In the Anglican cycle of prayer we pray for:**

Diocese of Colorado (USA), Diocese of Colombo (Sri Lanka), Diocese of Concepcion (Brazil), Diocese of Connor (Ireland), Diocese of Connecticut (USA), Diocese of Cork, Cloyne, and Ross (Ireland), Diocese of Costa Rica)

### **In the Diocesan cycle of prayer we pray for Revs:**

David Green, Robert King-Smith SSF, Dr. Clayton Morris, Arlinda Cosby, Donald DeCoss, Richard Kerr, Dr. David Abernethy-Deppe, Charlton Fotch Jr, and Lauren Moyer





## ***The Mission of St. Ambrose Church of Foster City***

Is to proclaim the Good News of God  
in Jesus Christ as we care for each other and  
our larger community. We worship in the  
Episcopal and Anglican tradition, extending  
an open and inclusive invitation to all  
people, welcoming children into our church family  
and serving those in need.

### **Worship Leaders Thank You to Each of You**

*Daniel Tate, Officiant*  
*Warren Wong/David McIntyre Lectors*  
*Cathy Rincon, Intercessor*  
*Hamilton Fong, Cantor*  
*Frank Saunders, Organist*  
*Lydia McIntyre/Shelley Keefe Technicians*

Thank you to the Worship Team and virtual congregation for joining in worship.

#### **Lector/Intercessor Rota:**

*20 Jun (R) Warren Wong/David McIntyre*  
*Cathy Rincon (I)*  
*27 Jun (R) Maureen Fromme/Jim Neubert*  
*Yvonne Sidell (I)*  
*4 Jul (R) David McIntyre/Cathy Rincon*  
*Shelley Keefe (I)*  
*11 Jul (R) Warren Wong/Yvonne Sidell*  
*Jim Neubert (I)*  
*18 Jul (R) Cathy Rincon/Shelley Keefe*  
*David McIntyre (I)*

**Fr Shane** can be contacted on 845-240-4516, or at  
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