

PENTECOST V

27. June. 2021

10:00 a.m.



Mass: Rite II

We are delighted to welcome you to our online/in-person hybrid liturgy. During this time of pandemic, we regret that we cannot administer Holy Communion to some of you. Nonetheless, we remain one in the Spirit through our receiving of Spiritual Communion.

The Prelude: *Sinfonia #9 in F minor*

J. S. Bach

The Welcome

The Introit Hymn: *Unction Seminary* *Worship Hymnal #731*



1. Draw us in the Spir - it's teth - er, For when
2. As dis - ci - ples used to gath - er In the
3. All our meals and all our liv - ing Make as



hum - bly in your name, Two or three are met to -
name of Christ to sup, Then with thanks to God the
sac - ra - ments of you, That by car - ing, help - ing,



geth - er, You are in the midst of them,
Fa - ther Break the bread and bless the cup,
giv - ing, We may be dis - ci - ples true.



Al - le - lu - ia! Al - le - lu - ia!
Al - le - lu - ia! Al - le - lu - ia!
Al - le - lu - ia! Al - le - lu - ia!



Touch we now your gar - ment's hem.
So now bind our friend - ship up.
We will serve with faith a - new.

Text: Percy Dearmer, 1867-1936, alt., © Oxford University Press
Tune: UNION SEMINARY, 8 7 8 7 44 7; Harold Friedell, 1905-1958, © 1957, H.W. Okey Co., Inc.; Harm. by Jet Turner, 1928-1984, © Christian Board of Education

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The people standing

Priest: Blessed be God, Father, Son, and Holy Spirit. *BCP, Page 355*

People **And blessed be God's kingdom, now and forever. Amen.**

The Collect for Purity

***All:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

The Gloria

Hymnal #S278

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
might - y God and Fa - ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry. 3. Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For
 you a - lone are the Ho - ly One, you a - lone are the Lord,
 7. you a - lone are the Most High, Je - sus Christ, with the
 Ho - ly Spi - rit, in the glo - ry of
 God the Fa - ther. A - men.

Setting: William Mathias (h. 1934)

The Collect of the Day

Priest: The Lord be with you.

All: **And also with you.**

Priest: Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen. (Seated)*

The Sermon

The First Lesson: 2 Samuel 1:1, 17-27

After the death of Saul, when David had returned from defeating the Amalekites, David remained two days in Ziklag.

David intoned this lamentation over Saul and his son Jonathan. (He ordered that The Song of the Bow be taught to the people of Judah; it is written in the Book of Jashar.) He said:

Your glory, O Israel, lies slain upon your high places!
How the mighty have fallen!

Tell it not in Gath,
proclaim it not in the streets of Ashkelon;
or the daughters of the Philistines will rejoice,
the daughters of the uncircumcised will exult.

You mountains of Gilboa,
let there be no dew or rain upon you,
nor bounteous fields!

For there the shield of the mighty was defiled,
the shield of Saul, anointed with oil no more.

From the blood of the slain,
from the fat of the mighty,
the bow of Jonathan did not turn back,
nor the sword of Saul return empty.

Saul and Jonathan, beloved and lovely!
In life and in death they were not divided;
they were swifter than eagles,
they were stronger than lions.

O daughters of Israel, weep over Saul,
who clothed you with crimson, in luxury,
who put ornaments of gold on your apparel.

How the mighty have fallen
in the midst of the battle!

Jonathan lies slain upon your high places.
I am distressed for you, my brother Jonathan;
greatly beloved were you to me;
your love to me was wonderful,
passing the love of women.

How the mighty have fallen,
and the weapons of war perished!

Reader: The Word of the Lord.

All: **Thanks be to God.**

Psalm: *De profundis*

Psalm 130

St Meinrad Mode V (6-line)



© Saint Meinrad Archabbey

Out of the depths
have I called to you, O LORD;
LORD, hear my voice;
let your ears consider well the voice of my supplication.
If you, LORD, were to note what is done amiss,
O Lord, who could stand?

For there is forgiveness with you;
I wait for the LORD; my soul waits for him;
in his word is my hope.
My soul waits for the LORD,
more than watchmen for the morning,
more than watchmen for the morning.

O Israel,
wait for the LORD,
for with the LORD there is mercy;
With him there is plenteous redemption,
and he shall redeem Israel
from all their sins.

The Epistle: 2 Corinthians 8:7-15

As you excel in everything-- in faith, in speech, in knowledge, in utmost eagerness, and in our love for you-- so we want you to excel also in this generous undertaking.

I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something-- now finish doing it, so that your eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has-- not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written,

“The one who had much did not have too much,
and the one who had little did not have too little.”

Reader: The Word of the Lord.

People: **Thanks be to God.**

The Gospel: Mark 5:21-43 (Standing)

Priest: The Holy Gospel of our Lord Jesus Christ according to Mark.

All: **Glory to you, Lord Christ.**

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the sea. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, “My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.” So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from hemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, "If I but touch his clothes, I will be made well." Immediately her hemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, "Who touched my clothes?" And his disciples said to him, "You see the crowd pressing in on you; how can you say, 'Who touched me?'" He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, "Daughter, your faith has made you well; go in peace, and be healed of your disease."

While he was still speaking, some people came from the leader's house to say, "Your daughter is dead. Why trouble the teacher any further?" But overhearing what they said, Jesus said to the leader of the synagogue, "Do not fear, only believe." He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, "Why do you make a commotion and weep? The child is not dead but sleeping." And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, "Talitha cum," which means, "Little girl, get up!" And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

Priest: The Gospel of the Lord.

All: **Praise to you, Lord Christ**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Intercessions: (Kneeling)

Grant us courage and good companions, humor and humility. We are thankful for this gathering of faithful friends and ask your blessing on those with whom we work and live and worship.

Be present within us and our relationships, Lord.

Gracious and liberating God, whom in Jesus knows what it's like to be an oppressed person, knows what it's like to live in a world as a rejected soul, cut off from the community, and to experience state sanctioned violence just for being yourself, guide us to be fierce advocates for our LGBTQ+ siblings in Christ.

Be present beside us as we work for reconciliation and peace.

We pray for the institutions that serve us, the courts that pursue justice, and all leaders who work for the common good. Give them wisdom to know and the courage to do what is right.

Be present before us as we form and live in community.

Many among us are hurting in ways that are known and in ways that are unknown to us. We pray for all who suffer and for those who care for them with skill and compassion, especially for Miles Martin, Frank Brown, Barbara and John Milligan.

Be present among us, and make your presence known in the ways we help each other.

We pray for the repose of Peggy Redmond and Krish Venkat and all those who have died and are now in their eternal home with you and the hosts of heaven.

Be present among them in everlasting glory.

For what else shall we pray?

All: Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.

The Confession & Absolution

God is love and we are his children. There is no room for fear in love. We love because he loved us first. Let us confess our sins in penitence and faith. (*Silence*)

All: Have mercy upon us, most merciful Father; in your compassion forgive us our mistakes, known and unknown, things done and undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

Priest: Almighty God have mercy on you, (+) forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Lord Jesus Christ, you said to your apostles, "Peace I leave with you; my own peace do I give you:" Regard not our sins, but the faith of your Church, and grant us peace and unity according to your will, who lives and reigns God throughout all ages, world without end. **Amen.**

(Standing)

Priest: The peace of the Lord be always with you.

All: **And also with you.**

Priest: Let us offer one a non-tactile sign of Peace.

The Offertory Sentence: "If I but touch his clothes, I will be made well."

The Offertory Hymn We Shall Overcome

Gather #724



1. We shall o - ver - come, we shall o - ver - come,
2. We'll walk hand in hand, we'll walk hand in hand,
3. We shall live in peace, we shall live in peace,
4. We are not a - fraid, we are not a - fraid,



we shall o - ver - come some - day, Oh,
we'll walk hand in hand some - day, Oh,
we shall live in peace some - day, Oh,
we are not a - fraid to - day, Oh,



deep in my heart I do be - lieve
deep in my heart I do be - lieve
deep in my heart I do be - lieve
deep in my heart I do be - lieve

we shall o - ver - come some - day.
 we'll walk hand in hand some - day.
 we shall live in peace some - day.
 we are not a - fraid to - day.

5. We shall stand together...
6. The truth will make us free...
7. The Lord will see us through...
8. We shall be like him...
9. The whole wide world around...

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 harm. by J. Jefferson Cleveland, b.1937, from *Songs of Zion*, harm. © 1981, by Abletton Press.

The Eucharistic Prayer (from the Scottish Episcopal Church)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

Worship and praise belong to you, Father, in every place and at all times.

All power is yours. You created the heavens and established the earth; you sustain in being all that is. In Christ your Son our life and yours are brought together in a wonderful exchange. He made his home among us that we might for ever dwell in you. Through your Holy Spirit you call us to new birth in a creation restored by love.

As children of your redeeming purpose,

who worship the mystery of your Godhead, Father, Son, and Holy Spirit, we offer you our praise, with angels and archangels and the whole company of heaven, singing the hymn of your unending glory:

The Sanctus & Benedictus

Hymnal #S128

Ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

Setting: William Machias (b. 1934)

Glory and thanksgiving be to you, most loving Father, for the gift of your Son born in human flesh He is the Word existing beyond time, both source and final purpose, bringing to wholeness all that is made. Obedient to your will he died upon the Cross. By your power you raised him from the dead. He broke the bonds of evil and set your people free to be his Body in the world

On the night when he was given up to death, knowing that his hour had come, having loved his own, he loved them to the end. At supper with his disciples he took bread and offered you thanks. He broke the bread, and gave it to them, saying:

"Take, eat. This is my Body: it is broken for you."

After supper, he took the cup, he offered you thanks, and gave it to them saying:

"Drink this, all of you. This is my Blood of the new covenant; it is poured out for you, and for all, that sins may be forgiven. Do this in remembrance of me."

We now obey your Son's command:

**All: We recall his blessed passion and death,
his glorious resurrection and ascension;
and we look for the coming of his Kingdom.**

Made one with him, we offer you these gifts and with them ourselves, a single, holy, living sacrifice. Hear us, most merciful Father, and send your Holy Spirit upon us and upon this bread and this wine, that, overshadowed by his life-giving power, they may be the Body and Blood of your Son, and we may be kindled with the fire of your love and renewed for the service of your Kingdom.

Help us, who are baptised into the fellowship of Christ's Body to live and work to your praise and glory; may we grow together in unity and love until at last, in your new creation, we enter into our heritage in the company of the Virgin Mary, the apostles and prophets, S. Ambrose, and of all our brothers and sisters living and departed.

Through Jesus Christ our Lord, with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be to you, Lord of all ages, world without end. **Amen.**

Priest: And now, as our Savior Christ taught us, we are bold to say:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power, and the glory
 forever and ever. Amen

The Fraction:

We break this bread to share in the Body of Christ.

All: Though we are many, we are **One Body**, because we all share in one bread.

The Gifts of God for the people of God.

[The Eucharist may be consumed]

The Agnus Dei:

Hymnal #S165

Je - sus, Lamb of God: have mer - cy

on us. Je - sus, bear-er of our sins: have mer - cy

on us. Je - sus, re-deem-er of the world: give us your peace.

Setting: William Matthias (b. 1934)

In this season, when our whole community of faith cannot gather together, we give thanks for the gift of the Eucharist – a gift that we hold all the more precious in these days when we cannot share the one bread and the one cup. Yet, even in the absence of this sacramental sharing, the mystical Communion between Christ and his church, and among us as members of Christ’s body, remains unbroken. And so, mindful of this deep bond of the Spirit, let us unite ourselves to Christ and one another.

If you would like to receive holy communion (under one kind [host] during the pandemic), please:

- 1. Come up the center aisle keeping 6 feet distance*
- 2. Receive the host in your hand*
- 3. Wait until you are socially-distanced to lower your mask and consume the host.*

The Post-communion Prayer:

Eternal God, whose Son prayed at table that his disciples might be one, even as you and he are one; draw us closer to him, that in common love and obedience, we may be United to one another in the fellowship of the one Spirit, that the world may believe that he is Lord, to your eternal glory; through the same Christ, our Lord. Amen.

The Announcements

The Benediction:

Almighty God, who has redeemed us through the resurrection of Christ, give you joy and peace in faith, and bring you to your eternal inheritance; and the blessing of God Almighty, (+) the Father, the Son, and the Holy Spirit, be upon you, and remain with you always. Amen.

The Recessional Hymn: Michael

Hymnal #665



1 All my hope on God is found - ed; he doth still my
2 Mor - tal pride and earth - ly glo - ry, sword and crown be -
3 God's great good - ness e'er en - dur - eth, deep his wis - dom
* 4 Dai - ly doth the al - might - y Giv - er boun - teous gifts on
5 Still from earth to God e - ter - nal sac - ri - fice of



1 trust re - new, me through change and chance he
2 tray our trust; though with care and toil we
3 pass - ing thought: splen - dor, light, and life at -
4 us be - stow; his de - sire our soul de -
5 praise be done, high a - bove all prais - es



1 guid - eth, on - ly good and on - ly true. God un -
2 build them, tower and tem - ple fall to dust. But God's
3 tend him, beau - ty spring - eth out of nought. Ev - er -
4 light - eth, plea - sure leads us where we go. Love doth
5 prais - ing for the gift of Christ, his Son. Christ doth



1 known, he a - lone calls my heart to be his own.
2 power, hour by hour, is my tem - ple and my tower.
3 more from his store new-born worlds rise and a - dore.
4 stand at his hand; joy doth wait on his com - mand.
5 call one and all: ye who fol - low shall not fall.

Words: Robert Seymour Bridges (1844-1930), alt., after Joachim Neander (1650-1680)
Music: *Michael*, Herbert Howells (1892-1983)

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The Dismissal.

Priest: Let us go forth in the name of Christ.

People: **Thanks be to God.**

The Postlude: *Lord, Dismiss Us With Your Blessing*

John Fawcett (1786)

ANNOUNCEMENTS

Weekly Calendar

DAY	DATE	TIME	EVENT
Sunday	June 27	10:00 am	Worship Service
		11:00 am	Zoom Coffee Hour & Courtyard
		4:00 pm	Youth Group Mtg, Courtyard
Monday	June 28	1:00 pm	Zoom Bible Study
Tuesday	June 29		
Wednesday	June 30	10:00 am	Contemplative Meditation
Thursday	July 1		
Friday	July 2		
Saturday	July 3		
Sunday	July 4		

We are looking for additional Lectors and Intercessors please contact Margie Lee at stambrosefc@att.net if you are interested in joining our Sunday Services to be added to our rotation.

TODAY

Sunday, June 27, 11:00 am: Zoom Coffee Hour & Courtyard, contact Ali Le Blanc on 650-281-9236 for questions

Join Zoom Meeting with the following link: [Zoom Coffee Hour Meeting ID: 872 7420 6121](#)

Passcode: 681474

Sunday, June 27, 4:00 pm Youth Group Meeting, Courtyard

THIS WEEK

Monday, June 27, 1:00 pm Zoom Bible Study. For Zoom link, please contact Daniel Tate at dtate@ses.cdsp.edu or 650-799-7084

Contemplative Meditation

Father Shane will be guiding a thirty-minute weekly contemplative meditation on Wednesdays at 10am, We're fortunate that in his previous life Father Shane was a monk and are looking forward to sharing this experience with him. Please send an email to Hamilton Fong (hfgongster@gmail.com) or to Nilda Chong (nchongmd@gmail.com) if you wish to be included in the Zoom invitation.

Prayer list: We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Frank Brown, Barbara and John Milligan, Ed Avakoff, Max Gumbert, Isabella, Ding Jai Li, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Frank Saunders, Arjun Katyan, Janet McAnnally, Mary Ota

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

The Altar Flowers are given by

Phoebe Venkat in loving memory of Krish Venkat

In the Anglican cycle of prayer we pray for:

Diocese of Coventry (England), Diocese of Cuba, Diocese of Cueibet (South Sudan), Diocese of Cuernavaca (Mexico), Diocese of Curitiba (Brazil), Diocese of Cuttack (India), Diocese of Cyangugu (Rwanda)

In the Diocesan cycle of prayer we pray for:

Matthew Dutton-Gillett, Simon Mainwaring, Este Gardner Cantor, Cn. Abbott Bailey, Jay Watan, Maurice Turner, The Ven. David Stickley, Margaret Deaths, Dr. John Fitterer, Dr. Robert Gregg, Matthew McDermott and Leonard Oakes

The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God
in Jesus Christ as we care for each other and
our larger community. We worship in the
Episcopal and Anglican tradition, extending
an open and inclusive invitation to all
people, welcoming children into our church family
and serving those in need.

Worship Leaders Thank You to Each of You

Daniel Tate, Officiant
Eugene Hetzner/Maureen Fromme Lectors
Yvonne Sidell, Intercessor
Hamilton Fong, Cantor
Frank Saunders, Organist
Lydia McIntyre/Shelley Keefe Technicians

Thank you to the Worship Team and virtual congregation for joining in worship.

Lector/Intercessor Rota:

27 Jun (R) Eugene Hetzner/Maureen Fromme
Yvonne Sidell (I)
4 Jul (R) David McIntyre/Cathy Rincon
Shelley Keefe (I)
11 Jul (R) Warren Wong/Yvonne Sidell
Jim Neubert (I)
18 Jul (R) Cathy Rincon/Shelley Keefe
David McIntyre (I)
25 Jul (R) Warren Wong/David McIntyre
Cathy Rincon (I)
1 Aug (R) Jim Neubert/Maureen Fromme
Yvonne Sidell (I)

Fr Shane can be contacted on 845-240-4516, or at

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