

PENTECOST VI

4. July. 2021

10:00 a.m.



Mass: Rite II

We are delighted to welcome you to our online/in-person hybrid liturgy. During this time of pandemic, we regret that we cannot administer Holy Communion to some of you. Nonetheless, we remain one in the Spirit through our receiving of Spiritual Communion.

The Prelude: *Mazurka Op. 14 No. 4 in A minor*

F. Chopin

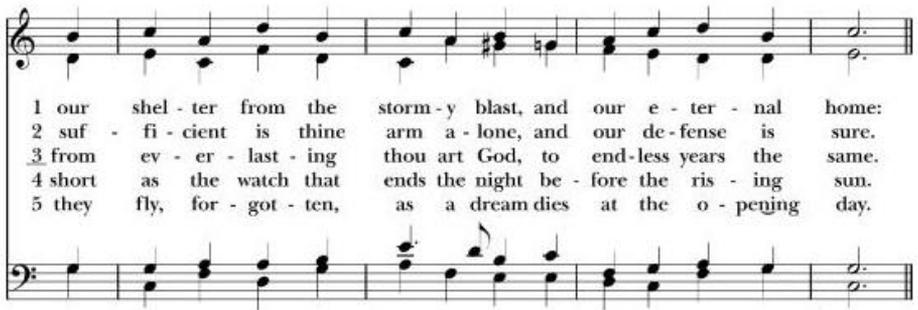
The Welcome

The Introit Hymn: *S. Anne*

Hymnal #680



1 O God, our help in a - ges past, our hope for years to come,
2 un - der the sha - dow of thy throne thy saints have dwelt se - cure;
3 Be - fore the hills in or - der stood, or earth re - ceived her frame,
4 A thou - sand a - ges in thy sight are like an eve - ning gone;
5 Time, like an ev - er - roll - ing stream, bears all our years a - way;



1 our shel - ter from the storm - y blast, and our e - ter - nal home:
2 suf - fi - cient is thine arm a - lone, and our de - fense is sure.
3 from ev - er - last - ing thou art God, to end - less years the same.
4 short as the watch that ends the night be - fore the ris - ing sun.
5 they fly, for - got - ten, as a dream dies at the o - pen - ing day.

6 O God, our help in ages past,
our hope for years to come,

be thou our guide while life shall last,
and our eternal home.

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The people standing

Priest: Blessed be God, Father, Son, and Holy Spirit. *BCP, Page 355*

People **And blessed be God's kingdom, now and forever. Amen.**

The Collect for Purity

***All:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love**

you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Gloria

Hymnal #S278

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
might - y God and Fa - ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry. 3. Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy on us;

5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For
 you a - lone are the Ho - ly One, you a - lone are the Lord,
 7. you a - lone are the Most High, Je - sus Christ, with the
 Ho - ly Spi - rit, in the glo - ry of
 God the Fa - ther. A - - men.

Setting: William Mathias (h. 1934)

The Collect of the Day

Priest: The Lord be with you.

All: **And also with you.**

Priest: Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Sermon

The First Lesson: 2 Samuel 5:1-5, 9-10

All the tribes of Israel came to David at Hebron, and said, "Look, we are your bone and flesh. For some time, while Saul was king over us, it was you who led out Israel and brought it in.

The LORD said to you: It is you who shall be shepherd of my people Israel, you who shall be ruler over Israel." So all the elders of Israel came to the king at Hebron; and King David made a covenant with

them at Hebron before the LORD, and they anointed David king over Israel. David was thirty years old when he began to reign, and he reigned forty years. At Hebron he reigned over Judah seven years and six months; and at Jerusalem he reigned over all Israel and Judah thirty-three years.

David occupied the stronghold, and named it the city of David. David built the city all around from the Millo inwards. And David became greater and greater, for the LORD, the God of hosts, was with him.

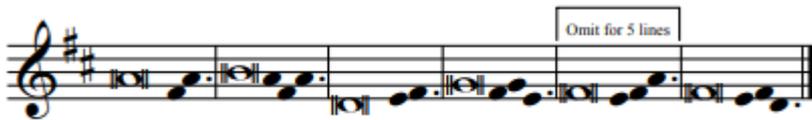
Reader: The Word of the Lord.

All: Thanks be to God.

Psalm: *Magnus Dominus*

Psalm 48

St Meinrad Mode V (6-line)



© Saint Meinrad Archabbey

Great is the LORD, and highly to be praised;
in the city of our God is his holy hill.

Beautiful and lofty, the joy of all the earth, is the hill of Zion,
the very center of the world and the city of the great King.

God is in her citadels;
he is known to be her sure refuge.

Behold, the kings of the earth assembled and marched together.
They looked and were astounded;
they retreated and fled in terror.

Trembling seized them there;
they writhed like a woman in childbirth,
like ships of the sea when the east wind shatters them.

As we have heard, so have we seen,
in the city of the LORD of hosts,
in the city of our God;
God has established her for ever.

We have waited in silence on your loving-kindness, O God,
in the midst of your temple.

Your praise, like your Name O God, reaches to the world's end;
your right hand is full of justice.

Let Mount Zion be glad and the cities of Judah rejoice,
because of your judgments.

Make the circuit of Zion;
walk round about her;

Count the number of her towers.

Consider well her bulwarks;
examine her strongholds;
that you may tell those who come after.

This God is our God for ever and ever;
he shall be our guide for evermore.

The Epistle: 2 Corinthians 12:2-10

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than

what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

Reader: The Word of the Lord.

People: **Thanks be to God.**

The Gospel: Mark 6:1-13 (Standing)

Priest: The Holy Gospel of our Lord Jesus Christ according to Mark.

All: **Glory to you, Lord Christ.**

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?” And they took offense at him. Then Jesus said to them, “Prophets are not without honor, except in their hometown, and among their own kin, and in their own house.” And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, “Wherever you enter a house, stay there until you leave the

place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.” So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

Priest: The Gospel of the Lord.

All: **Praise to you, Lord Christ**

The Nicene Creed

BCP, page 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Intercessions: (Kneeling)

Blessed Creator, you have filled the world with beauty and our lives with precious freedom. Grant us a spirit of gratitude for all that we have in

this nation. Keep us mindful of those whose lives are challenged and limited by oppression and poverty.

Lord, in your mercy, hear our prayer.

You have claimed us for yourself and brought us close to your heart. Let your people rise to sing your praise as they align themselves with your mission. Keep us mindful of those whose hearts yearn for you and for those who are persecuted around the world in your name.

Lord, in your mercy, hear our prayer.

We thank you for bodies and minds, for friendships that nurture and challenge us. Keep us mindful of those who live in pain or fear or isolation. Strengthen our resolve to bring your love into their lives, to surround them with compassion. We pray especially for Ed Avakoff, Max Gumbert, Isabella, and Ding Jai Li

Lord, in your mercy, hear our prayer.

We give thanks for those we have known and loved, remembering especially Peggy Redmann, and who now are in your eternal embrace. Keep us mindful of those who are dying and keep alive the lessons of love we have learned from them.

Lord, in your mercy, hear our prayer.

For what else shall we pray?

All: Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen.

The Confession & Absolution

God is love and we are his children. There is no room for fear in love. We love because he loved us first. Let us confess our sins in penitence and faith. (*Silence*)

All: Have mercy upon us, most merciful Father; in your compassion forgive us our mistakes, known and unknown, things done and undone; and so uphold us by your Spirit that we may live and serve

you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

Priest: Almighty God have mercy on you, (+) forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

Lord Jesus Christ, you said to your apostles, “Peace I leave with you; my own peace do I give you.” Regard not our sins, but the faith of your Church, and grant us peace and unity according to your will, who lives and reigns God throughout all ages, world without end. **Amen.**

(Standing)

Priest: The peace of the Lord be always with you.

All: **And also with you.**

Priest: Let us offer one a non-tactile sign of Peace.

The Offertory Sentence: “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

The Offertory Hymn: Jesus Calls Us O'er The Tumult

Alexander/Jude

1. Je - sus calls us o'er the tu - mult Of our life's wild re - stless sea;
2. Je - sus calls us from the wor - ship Of the vain world's gol - den store,
3. In our joys and in our sor - rows, Days of toil and hours of ease,
4. Je - sus calls us: by Thy mer - cies, Sa - vior, may we hear Thy call,

Day by day His sweet voice sound - eth, Sa - ying, "Chris - tian, fol - low Me!"
From each i - dol that would keep us, Sa - ying, "Chris - tian, love Me more."
Still He calls, in cares and plea - sures, "Chris - tian, love Me more than these."
Give our hearts to Thine o - be - dience, Serve and love Thee best of all.

The Eucharistic Prayer (from the Scottish Episcopal Church)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

Worship and praise belong to you, Father, in every place and at all times.

All power is yours. You created the heavens and established the earth; you sustain in being all that is. In Christ your Son our life and yours are brought together in a wonderful exchange. He made his home among us

that we might for ever dwell in you. Through your Holy Spirit you call us to new birth in a creation restored by love.

As children of your redeeming purpose,
who worship the mystery of your Godhead, Father, Son, and Holy Spirit,
we offer you our praise, with angels and archangels and the whole
company of heaven, singing the hymn of your unending glory:

The Sanctus & Benedictus

Hymnal #S128

The image shows a musical score for a hymn. It consists of five staves of music in a single system, all written on a treble clef. The lyrics are written below the notes. The lyrics are: "Ho - ly, ho - ly, ho - ly, Lord, God of power and might, heaven and earth are full of your glo - ry. Ho - san - na in the high - est. Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est." The music is in a simple, hymn-like style with a steady rhythm.

Setting: William Mathias (b. 1934)

Glory and thanksgiving be to you, most loving Father, for the gift of your Son born in human flesh He is the Word existing beyond time, both source and final purpose, bringing to wholeness all that is made. Obedient to your will he died upon the Cross. By your power you raised him from the dead. He broke the bonds of evil and set your people free to be his Body in the world

On the night when he was given up to death, knowing that his hour had come, having loved his own, he loved them to the end. At supper with his disciples he took bread and offered you thanks. He broke the bread, and gave it to them, saying:

"Take, eat. This is my Body: it is broken for you."

After supper, he took the cup, he offered you thanks, and gave it to them saying:

"Drink this, all of you. This is my Blood of the new covenant; it is poured out for you, and for all, that sins may be forgiven. Do this in remembrance of me."

We now obey your Son's command:

**All: We recall his blessed passion and death,
his glorious resurrection and ascension;
and we look for the coming of his Kingdom.**

Made one with him, we offer you these gifts and with them ourselves, a single, holy, living sacrifice. Hear us, most merciful Father, and send your Holy Spirit upon us and upon this bread and this wine, that, overshadowed by his life-giving power, they may be the Body and Blood of your Son, and we may be kindled with the fire of your love and renewed for the service of your Kingdom.

Help us, who are baptised into the fellowship of Christ's Body to live and work to your praise and glory; may we grow together in unity and love until at last, in your new creation, we enter into our heritage in the company of the Virgin Mary, the apostles and prophets, S. Ambrose, and of all our brothers and sisters living and departed.

Through Jesus Christ our Lord, with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be to you, Lord of all ages, world without end. **Amen.**

Priest: And now, as our Savior Christ taught us, we are bold to say:

**Our Father, who art in heaven,
hallowed be thy Name,**

thy kingdom come, thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power, and the glory
 forever and ever. Amen

The Fraction:

We break this bread to share in the Body of Christ.

All: **Though we are many, we are One Body, because we all share in one bread.**

The Gifts of God for the people of God.

[The Eucharist may be consumed]

The Agnus Dei:

Hymnal #S165

Je - sus, Lamb of God: have mer - cy

on us. Je - sus, bear-er of our sins: have mer - cy

on us. Je - sus, re-deem-er of the world: give us your peace.

Setting: William Matthias (b. 1934)

In this season, when our whole community of faith cannot gather together, we give thanks for the gift of the Eucharist – a gift that we hold all the more precious in these days when we cannot share the one bread and the one cup. Yet, even in the absence of this sacramental sharing, the mystical Communion between Christ and his church, and among us as members of Christ's body, remains unbroken. And so, mindful of this deep bond of the Spirit, let us unite ourselves to Christ and one another.

If you would like to receive holy communion (under one kind [host] during the pandemic), please:

- 1. Come up the center aisle keeping 6 feet distance*
- 2. Receive the host in your hand*
- 3. Wait until you are socially-distanced to lower your mask and consume the host.*

The Post-communion Prayer:

Eternal God, whose Son prayed at table that his disciples might be one, even as you and he are one; draw us closer to him, that in common love and obedience, we may be United to one another in the fellowship of the one Spirit, that the world may believe that he is Lord, to your eternal glory; through the same Christ, our Lord. Amen.

The Announcements

The Benediction:

Almighty God, who has redeemed us through the resurrection of Christ, give you joy and peace in faith, and bring you to your eternal inheritance; and the blessing of God Almighty, (+) the Father, the Son, and the Holy Spirit, be upon you, and remain with you always. **Amen.**

1 O beau - ti - ful for spa - cious skies, for am - ber waves of grain,
2 O beau - ti - ful for he - roes proved in lib - er - at - ing strife,
3 O beau - ti - ful for pa - triot dream that sees be - yond the years

for pur - ple moun - tain ma - jes - ties a - bove the fruit - ed plain!
who more than self their coun - try loved, and mer - cy more than life!
thine al - a - bas - ter ci - ties gleam, un - dimmed by hu - man tears!

A - mer - i - ca! A - mer - i - ca! God shed his grace on thee,
A - mer - i - ca! A - mer - i - ca! God mend thine ev - ery flaw,
A - mer - i - ca! A - mer - i - ca! God shed his grace on thee,

and crown thy good with bro - ther - hood from sea to shin - ing sea.
con - firm thy soul in self - con - trol, thy lib - er - ty in law.
and crown thy good with bro - ther - hood from sea to shin - ing sea.

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The Dismissal.

Priest: Let us go forth in the name of Christ.

People: **Thanks be to God.**

The Postlude: Go Now In Peace

Natalie Sleeth

ANNOUNCEMENTS

Weekly Calendar

DAY	DATE	TIME	EVENT
Sunday	July 4	10:00 am	Worship Service
		10:00 am	Youth Group Mtg, Courtyard
		11:00 am	Coffee Hour, Courtyard
Monday	July 5	1:00 pm	Zoom Bible Study
Tuesday	July 6		
Wednesday	July 7	10:00 am	Contemplative Meditation
Thursday	July 8		
Friday	July 9		
Saturday	July 10		
Sunday	July 11		

Worship Leaders Needed

We are now resuming in-person service and will now need volunteers for Worship Leaders. We will need Intercessors, Lectors, Greeters, Ushers and Acolytes. Please sign up on Signup Genius for as many weeks and for as many opportunities you can fill or email us

Stambrose@minspring.com. We welcome you even if you have limited experience. Use the following link to signup: [Signup Genius](#) or

<https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Carl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Contemplative Meditation

Father Shane will be guiding a thirty-minute weekly contemplative meditation on Wednesdays at 10am, We're fortunate that in his previous life Father Shane was a monk and are looking forward to sharing this experience with him. Please send an email to Hamilton Fong (hfongster@gmail.com) or to Nilda Chong (nchongmd@gmail.com) if you wish to be included in the Zoom invitation.

Prayer list: We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Frank Brown, Barbara and John Milligan, Ed Avakoff, Max Gumbert, Isabella, Ding Jai Li, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Frank Saunders, Arjun Katyan, Janet McAnnally, Mary Ota

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

The Altar Flowers are given by

The Altar Guild to the Glory of God

In the Anglican cycle of prayer we pray for:

The Diocese of Cyprus and Gulf, Diocese of Daejeon (Korea), Diocese of Dallas (USA), Diocese of Damaturu (Nigeria), Diocese of Dar-es-Salaam (Tanzania), Diocese of Delhi (India), Diocese of Delaware (USA)

In the Diocesan cycle of prayer we pray for Revs:

Pamela Higgins, Richard De Bruyn, Peter Champion, Darren Miner SCP, Merry Ong, Timothy Smith, Heather Van Deventer, Justin Cannon, Patricia Cunningham and Deborah Hawkins

The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God
in Jesus Christ as we care for each other and
our larger community. We worship in the
Episcopal and Anglican tradition, extending
an open and inclusive invitation to all
people, welcoming children into our church family
and serving those in need.

Worship Leaders Thank You to Each of You

The Rev'd Dr. Shane Scott-Hamblen, Interim Rector
Maureen Fromme/Warren Wong Lectors
Shelley Keefe, Intercessor
Hamilton Fong, Cantor
Frank Saunders, Organist
Lydia McIntyre/Shelley Keefe Technicians

Thank you to the Worship Team and virtual congregation for joining in worship.

Lector/Intercessor Rota:

4 Jul (R) Maureen Fromme/Warren Wong
Shelley Keefe (I)
11 Jul (R) Warren Wong/Yvonne Sidell
Jim Neubert (I)
18 Jul (R) Yvonne Sidell /Shelley Keefe
Vacant (I)
25 Jul (R) Warren Wong/Yvonne Sidell
Vacant (I)
1 Aug (R) Jim Neubert/Maureen Fromme
Yvonne Sidell (I)
8 Aug (R) Vacant/Vacant
Shelley Keefe (I)

Fr Shane can be contacted on 845-240-4516, or at
FrshaneSH@gmail.com