

PENTECOST XXI

17. October. 2021
8:30 am and 10:00 a.m.

Mass: Rite II

We are delighted to welcome you to our online/in-person hybrid liturgy. Fully vaccinated clergy and lay leaders may remove their masks while speaking or singing, according to diocesan guidelines. All other participants are asked to remain masked and maintain a 3-foot distance from members of other households.



*Before the Liturgy, it is our tradition to spend the time in quiet prayer.
As the old adage says:*

“Before Mass, talk to God.

During Mass, let God talk to you.

After Mass, talk to each other.”

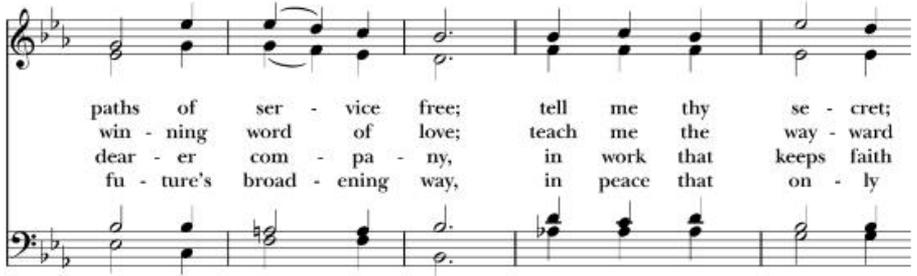
The Prelude: Meditation in A minor

The Welcome

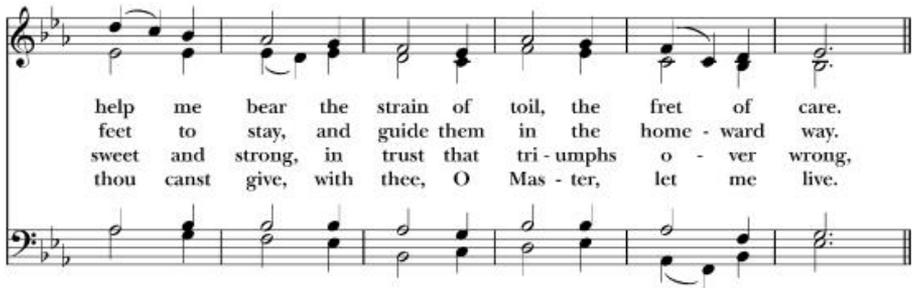
The Introit Hymn: *Maryton* *Hymnal #660* [Standing]



1 O Mas - ter, let me walk with thee in low - ly
2 Help me the slow of heart to move by some clear,
3 Teach me thy pa - tience; still with thee in clos - er,
4 in hope that sends a shin - ing ray far down the



paths of ser - vice free; tell me thy se - cret;
win - ning word of love; teach me the way - ward
dear - er com - pa - ny, in work that keeps faith
fu - ture's broad - ening way, in peace that on - ly



help me bear the strain of toil, the fret of care.
feet to stay, and guide them in the home - ward way.
sweet and strong, in trust that tri - umphs o - ver wrong,
thou canst give, with thee, O Mas - ter, let me live.

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The people standing

Priest: Blessed be God, Father, Son, and Holy Spirit. *BCP, Page 355*
People **And blessed be God's kingdom, now and forever. Amen.**

The Collect for Purity

***All:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

The Gloria *Said at 8:30 am*

Hymnal #S280

1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly
King, al - might - y God and Fa - ther, we wor - ship you, we
give you thanks, we praise you for your glo - ry. 3. Lord Je - sus
Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy

on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
 ceive our prayer. 6. For you a - lone are the Ho - ly One,
 you a - lone are the Lord, 7. you a - lone are the Most
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the
 glo - ry of God the Fa - ther. A - men.

The Collect of the Day

Priest: The Lord be with you.

All: **And also with you.**

Priest: Let us pray.

Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Sermon

[Seated]

The First Lesson: Job 38:1-7

The LORD answered Job out of the whirlwind:

"Who is this that darkens counsel by words without knowledge?

Gird up your loins like a man,

I will question you, and you shall declare to me.

"Where were you when I laid the foundation of the earth?
Tell me, if you have understanding.
Who determined its measurements—surely you know!
Or who stretched the line upon it?
On what were its bases sunk,
or who laid its cornerstone
when the morning stars sang together
and all the heavenly beings shouted for joy?

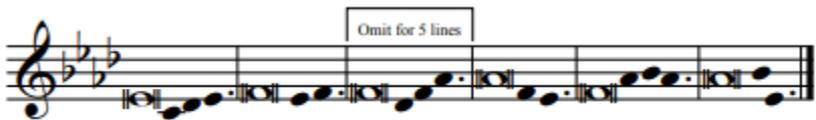
Reader: The Word of the Lord.

All: **Thanks be to God.**

Psalm *Benedic, anima mea* Psalm 104:1-9, 25, 37b

[Recited/seated at 8:30 am; Sung/Standing at 10:00 am]

St Meinrad Mode VIII (6-line)



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Bless the LORD, O my soul;
O LORD my God,
how excellent is your greatness!
you are clothed with majesty and splendor.
You wrap yourself with light as with a cloak
and spread out the heavens like a curtain.

You lay the beams of your chambers
in the waters above;
you make the clouds your chariot;
you ride on the wings of the wind.

You make the winds your messengers
and flames of fire your servants.

You have set the earth upon its foundations,
so that it never shall move at any time.

You covered it with the Deep as with a mantle;
the waters stood higher than the mountains.

At your rebuke they fled;
at the voice of your thunder they hastened away.

They went up into the hills and down to the valleys beneath,
to the places you had appointed for them.

O LORD, how manifold are your works!
in wisdom you have made them all;
the earth is full of your creatures.

Hallelujah!

The Epistle: *Hebrews 5:1-10 [Seated]*

Every high priest chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for his own sins as well as for those of the people. And one does not presume to take this honor, but takes it only when called by God, just as Aaron was.

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him,

“You are my Son,
today I have begotten you”;
as he says also in another place,

“You are a priest forever,
according to the order of Melchizedek.”

In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission.

Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

Reader: The Word of the Lord.

People: **Thanks be to God.**

The Gospel: *Mark 10:35-45* (Standing)

Priest: The Holy Gospel of our Lord Jesus Christ according to Mark.

All: **Glory to you, Lord Christ.**

James and John, the sons of Zebedee, came forward to Jesus and said to him, “Teacher, we want you to do for us whatever we ask of you.” And he said to them, “What is it you want me to do for you?” And they said to him, “Grant us to sit, one at your right hand and one at your left, in your glory.” But Jesus said to them, “You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?” They replied, “We are able.” Then Jesus said to them, “The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared.”

When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, “You know that among the Gentiles those whom they recognize as their rulers lord it over

them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many.”

Priest: The Gospel of the Lord.

All: Praise to you, Lord Christ

The Nicene Creed

BCP, page 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Intercessions: (Kneeling)

O God, Creator, Redeemer, Spirit—the One who knows and loves us best—we thank you for the great gift of your presence among us. Hold

us close when we struggle with the noise of life. Call us to a quiet place so that we can hear your voice and come to understand your will.

Lord, in your mercy

Hear our prayer.

Keep your church rooted in your Word and grounded in your love. Guide our leaders as they walk beside us, supporting us in our journey of faith. We pray for Marc our Bishop, and for Fr Shane, Daniel, and our future Rector.

Lord, in your mercy

Hear our prayer.

Give those in authority an imagination and determination for peace between peoples, of plenty for all, of justice for everyone, even those who are forgotten.

Lord, in your mercy

Hear our prayer.

In places where famine and weather disasters have destroyed lives and drained people of hope, we pray for those who suffer loss as well as those who seek to relieve their distress.

Lord, in your mercy

Hear our prayer.

We pray for healing for those close to us, especially: Max Gumbert, Isabella, Jerry Boykin, and Carol Newman. Assure them of your goodness that never ends, your grace that surrounds them on every side. We pray also for those who are voiceless, who have never known you, who are imprisoned by fear, that we witness to them your steadfast love.

Lord, in your mercy

Hear our prayer.

We pray for those who are born today as well as those who are being welcomed home to your eternal kingdom. May your will for each of those you love be fulfilled here on earth and in the life to come.

Lord, in your mercy

Hear our prayer.

For what else shall we pray?

All: **Grant these our prayers, O Father, for Jesus Christ’s sake, our only Mediator and Advocate. Amen.**

The Confession & Absolution

God is love and we are his children. There is no room for fear in love. We love because he loved us first. Let us confess our sins in penitence and faith. (*Silence*)

All: **Have mercy upon us, most merciful Father; in your compassion forgive us our sins, known and unknown, things done and undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.**

Priest: Almighty God have mercy on you, (+) forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

(Standing)

The Peace

Lord Jesus Christ, you said to your apostles, “Peace I leave with you; my own peace do I give you.” Regard not our sins, but the faith of your Church, and grant us peace and unity according to your will, who lives and reigns God throughout all ages, world without end. **Amen.**

Priest: The peace of the Lord be always with you.

All: **And also with you.**

Priest: Let us offer one another a non-tactile sign of Peace.

The Offertory Sentence: Whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve.

The Offertory Anthem-Choir:

Come Follow Me Forever – Arr. Liebergen

The Sanctus & Benedictus

Hymnal #S125

[Recited at 8:30 am]

The musical score is written on five staves of music. Each staff has a treble clef and a key signature of one flat (B-flat). The lyrics are printed below the notes. The first staff begins with 'Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,'. The second staff continues with 'heaven and earth are full of your glo - ry. Ho -'. The third staff has 'san - na in the high - est. Ho - san - na in the high - est.'. The fourth staff says 'Blessed is he who comes in the name of the Lord. Ho -'. The fifth and final staff concludes with 'san - na in the high - est. Ho - san - na in the high - est.'.

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All: We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Priest: And now, as our Savior Christ taught us, we are bold to say:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.**

**And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory
forever and ever. Amen**

The Fraction:

We break this bread to share in the Body of Christ.

All: Though we are many, we are One Body, because we all share in one bread.

The Gifts of God for the people of God.

[The Eucharist may be consumed]

The Agnus Dei:

Hymnal #S159

[Recited at 8:30 am]

O Lamb of God, that ta - kest a - way
the sins of the world, have mer - cy
up - on us. O Lamb of God,
that ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of
the world, grant us thy peace.

In this season, when our whole community of faith cannot all gather together, we give thanks for the gift of the Eucharist – a gift that we hold all the more precious in these days when we cannot share the one bread and the one cup. Yet, even in the absence of this sacramental sharing, the mystical Communion between Christ and his church, and among us as members of Christ’s body, remains unbroken. And so, mindful of this deep bond of the Spirit, let us unite ourselves to Christ and one another.

If you would like to receive holy communion (under one kind [host] during the pandemic), please:

- 1. Come up the center aisle keeping 6 feet distance*
- 2. Receive the host in your hand*
- 3. Wait until you are socially-distanced to lower your mask and consume the host.*

The Post-communion Prayer:

Eternal God, whose Son prayed at table that his disciples might be one, even as you and he are one; draw us closer to him, that in common love and obedience, we may be united to one another in the fellowship of the one Spirit, that the world may believe that he is Lord, to your eternal glory; through the same Christ, our Lord. Amen.

The Announcements

The Benediction:

[Standing]

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, (+) the Father, the Son, and the Holy Spirit, be upon you, and remain with you always. **Amen.**

The Recessional Hymn: Repton

Hymn 653 [Standing]



1 Dear Lord and Fa - ther of man - kind, for -
2 In sim - ple trust like theirs who heard, be -
3 O Sab - bath rest by Gal - i - lee! O
4 Drop thy still dews of qui - et - ness, till
5 Breathe through the heats of our de - sire thy



1 give our fool - ish ways! Re - clothe us in our
2 side the Syr - ian sea, the gra - cious call - ing
3 calm of hills a - bove, where Je - sus knelt to
4 all our striv - ings cease; take from our souls the
5 cool - ness and thy balm; let sense be dumb, let



1 right - ful mind, in pur - er lives thy ser - vice find, in
2 of the Lord, let us, like them, with - out a word, rise
3 share with thee the si - lence of e - ter - ni - ty in -
4 strain and stress, and let our or - dered lives con - fess the
5 flesh re - tire; speak through the earth - quake, wind, and fire, O



1 deep - er rev - erence, praise, in deep - er rev - erence, praise.
2 up and fol - low thee, rise up and fol - low thee.
3 ter - pret - ed by love! in - ter - pret - ed by love!
4 beau - ty of thy peace, the beau - ty of thy peace.
5 still, small voice of calm, O still, small voice of calm.

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The Dismissal.

Priest: Let us go in peace to love and serve Our Lord.

People: **Thanks be to God.**

The Postlude: Go Now In Peace

N. Sleeth

ANNOUNCEMENTS

Weekly Calendar

DAY	DATE	TIME	EVENT
Sunday	Oct 17	8:30 am	Mass
Sunday	Oct 17	10:00 am	Mass
		10:00 am	Youth Grp Mtg, Courtyard
		11:00 am	Coffee Hour, Courtyard
		11:30 am	Stewardship Campaign Kickoff
Monday	Oct 18	1:00 pm	Zoom Bible Study
Tuesday	Oct 19		
Wednesday	Oct 20	10:00 am	Contemplative Meditation
Thursday	Oct 21	7:30 pm	Choir Rehearsal
Friday	Oct 22		
Saturday	Oct 23		
Sunday	Oct 24		

TODAY

Sunday, Oct 17, 10:00 am Youth Group Meeting, Courtyard
Sunday, Oct 17, 11:00 am Coffee Hour, Courtyard
Sunday, Oct 17, 11:30 am Stewardship Campaign Kickoff Brunch

THIS WEEK

Monday, Oct 18, 1:00 pm Zoom Bible Study. For Zoom link, please contact Daniel Tate at dtate@ses.cdsp.edu or 650-799-7084

Sandwiches on Sunday:

The next Sandwiches on Sunday will be at noon on October 31st at the Fair Oaks Community Center. We will be assembling the brown bags containing sandwiches, chips and fruit at the church from noon to 2 p.m. on Saturday, October 30th.. If you would like to help or have any questions, please contact Steve Yuen (341- 966, stevebyuen@aol.com).

Choir Rehearsals

Saint Ambrose Choir will resume rehearsals on **Thursdays at 7:30 PM**. We will be masked and correctly distanced and would be happy for anyone who wishes to join us. If you wish to join us, please let me

know so that I can prepare a folder for you. You may contact me at mhfromme@yahoo.com or 415.990.6758.

Worship Leaders Needed

Please sign up as a Lector for our 8:30 am Mass by emailing stambrose@mindspring.com

We also need Worship Leader volunteers for our 10:30 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians.

Contact us at stambrose@mindspring.com or use the following link to signup: [Signup Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship) or Click on the following link <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

Sign up for as many weeks and for as many opportunities you can fill. Father Shane will provide introductions and training for new volunteers.

Reflection and Gratitude

This summer, Saint Ambrose would like to invite you to a time of reflection and gratitude, especially after the pandemic.

The scope is:

1. Reflect on how the pandemic has impacted you
2. Reflect on the blessings received and on how our Church has helped you navigate through this unprecedented time

If you like, please share with the community: come and write your thoughts on a poster board located in the Narthex of Saint Ambrose or send an email to St Ambrose Reflections and Gratitude (reflections.gratitude@gmail.com). We will copy your email on a post-it that will be displayed on the board. This way, as a community, we can be more mindful about what we went through, pray together, and share gratitude.

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Carl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Contemplative Meditation

Father Shane guides a thirty-minute weekly ‘Zoom-Zen’ contemplative meditation on Wednesdays at 10am, Please send an email to Hamilton Fong (hffongster@gmail.com) or to Nilda Chong (nchongmd@gmail.com) if you wish to be included in the Zoom invitation.

Prayer list: We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Frank Brown, Barbara and John Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet McAnnally, Marilyn Canon, Alison LeBlanc, Ronnie Rosen, and Leo Gauthier, John David Tate

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]

The Altar Flowers are given by

The Altar Guild to the Glory of God

In the Anglican cycle of prayer we pray for:

The Church in the Province of the West Indies, the Diocese of Goma (Congo), the Diocese of Gambe (Nigeria) the Diocese of Grafton (Australia), Diocese of Grahamstown (South Africa), the Diocese of Guadalcanal (Melanesia) and the Diocese of Guatemala

In the Diocesan cycle of prayer we pray for Revs:

Izabella Sempari, The Rt. Rev. Marc Andrus, Dr. L. William Countryman, Pamela Cranston, Dr. Janyce Lyman, Mark Ruyak, Claire Ranna, and Richard Vettel-Becker

Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God
in Jesus Christ as we care for each other and
our larger community. We worship in the
Episcopal and Anglican tradition, extending
an open and inclusive invitation to all
people, welcoming children into our church family
and serving those in need.

Worship Leaders Thank You to Each of You

The Rev'd Dr. Shane Scott-Hamblen, Interim Rector
Dulce Lord/ Warren Wong Lectors
Shelley Keefe, Intercessor
Hamilton Fong, Cantor
Frank Saunders, Organist
Alison LeBlanc Livestream Technician

Worship Leader Rota:

- 17 Oct Lector: Dulce Lord/Warren Wong; Intercessor: Shelley Keefe,
Usher: Elliott Dun; Greeter: Jim Neubert; Acolyte: Jimmy Bradford,
Livestream Technician: Alison LeBlanc
- 24 Oct Lector: Eugene Hetzer/Stephen Yuen; Intercessor: Yvonne Sidell,
Usher: Stephen Yuen; Greeter: Warren Wong; Acolyte: Don Gundry,
Livestream Technician: Shelley Keefe
- 31 Oct Lector: Warren Wong/Suzanne Tjandra; Intercessor: Dulce Lord,
Usher: Jim Neubert; Greeter: Warren Wong; Acolyte: Jimmy Bradford,
Livestream Technician: Shelley Keefe
- 7 Nov Lector: Suzanne Canada/ Warren Wong; Intercessor: Yvonne Sidell,
Usher: Larry Buyers; Greeter: James Neubert; Acolyte: Jimmy Bradford
Livestream Technician: Alison LeBlanc
- 14 Nov Lector: Shaiji Ajit/Stephen Yuen; Intercessor: Shelley Keefe,
Usher: James Neubert Greeter: Clara Padilla, Acolyte: Reuben Ajit
Livestream Technician: Alison LeBlanc

Fr Shane can be contacted on 845-240-4516, or at FrshaneSH@gmail.com