



St. Ambrose Episcopal Church

June 18, 2023,

The Third Sunday after Pentecost:

900 Edgewater Blvd
Foster City, CA 94404

(650) 574-1369 - office@stambrosefostercity.org - <http://www.stambrosefostercity.org>

Rector • pastoral calls and emergencies The Rev. Jason B. Lucas-Green 612.865.54422
frjason@stambrosefostercity.org

THE LITURGY OF THE WORD

Welcome and Announcements

Prelude: Praeludium No. 1 in C major

J. S. Bach

Processional Hymn 391 *Before the Lord's Eternal Throne*

1 Be - fore the Lord's e - ter - nal throne, ye
2 His sov - ereign Power with - out our aid formed
3 We are his peo - ple, we his care, our
4 We'll crowd thy gates with thank - ful songs, high
5 Wide as the world is thy com - mand, vast

1 na - tions, bow with sa - cred joy; know that the Lord is
2 us of clay and gave us breath; and when like wan - dering
3 souls, and all our mor - tal frame: what last - ing hon - ors
4 as the heavens our voic - es raise; and earth, with her ten
5 as e - ter - ni - ty thy love; firm as a rock thy

1 God a - lone; he can cre - ate, and he des - troy.
2 sheep we strayed, he saved us from the power of death.
3 shall we rear, al - might - y Ma - ker, to thy Name?
4 thou - sand tongues, shall fill thy courts with sound - ing praise.
5 truth must stand, when roll - ing years shall cease to move.

Words: Isaac Watts (1674-1748), alt.; para. of Psalm 100. Music: *Winchester New*, melody from *Musicalishes Hand-Buch*, 1690; harm. William Henry Monk (1823-1889).

Opening Sentences

Celebrant: Blessed be the One, Holy, and Living God.

People: **Glory to God for ever and ever. Amen.**

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ. **Amen.**

The Collect of the Day

Celebrant: God be with you.

People: **And also with you.**

Celebrant: Let us pray.

Keep, O Lord, your household the Church in your steadfast faith and love, that through your grace we may proclaim your truth with boldness, and minister your justice with compassion; for the sake of our Savior Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Lesson Exodus 19:2-8a

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the Lord called to him from the mountain, saying, "Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites."

So Moses came, summoned the elders of the people, and set before them all these words that the Lord had commanded him. The people all answered as one: "Everything that the Lord has spoken we will do."

Reader: The Word of the Lord.

People: **Thanks be to God.**

Psalm 100

Jubilate Deo

1 Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.

2 Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.

3 Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.

4 For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.

Second Lesson Romans 5:1-8

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

Reader: The Word of the Lord

People: Thanks be to God.

Hymn Caribbean Alleluia – *two times through* RS 396



Holy Gospel Matthew 9:35-10:8(9-23)

Deacon: The Holy Gospel of our Lord Jesus Christ according to Matthew.

People: **Glory to you, Lord Christ.**

Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest.”

Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: “Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, ‘The kingdom of heaven has come near.’ Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. [Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for laborers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgment than for that town.

“See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes.”]

Deacon: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Hymn Caribbean Alleluia – *one time through* RS 396

Sermon The Rev. Fr. Jason Lucas-Green

THE NICENE CREED

**We believe in one God, the Father, the Almighty, maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the
Father, God from God, Light from Light, true God from true God, begotten, not
made, of one Being with the Father. Through him all things were made.**

For us and for our salvation he came down from heaven:

**by the power of the Holy Spirit he became incarnate from the Virgin Mary,
and was made man.**

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead, and his kingdom will
have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father
and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

INTERCESSION A BEATITUDE PEOPLE

Lord Jesus Christ,
we pray once more for your Church and for its ministry to the world.
May it be a source of love, hope and comfort, compassion, challenge and inspiration.

Lord, in your mercy,
hear our prayer.

May your followers in every place find the faith and courage,
vision and commitment, to live as beatitude people,
poor and humble in spirit, merciful in attitude,
pure in heart, hungry for peace and thirsty for righteousness,
and so, as individuals and together, may your Church testify to your redeeming love
and renewing power, speaking through word and deed of your care for all,
your desire for justice, and your willingness to show mercy.

Lord, in your mercy,
hear our prayer.

Reach out through all you specially call to proclaim your name -
those gifted as evangelists, those working abroad as missionaries
or here in our own country, each seeking to share their faith
and to make your love known. But reach out also through everyday believers such as us,
ordinary Christians telling others about their experience of your goodness
and about the difference you have made to their lives.

Lord, in your mercy,
hear our prayer.

Grant to all your people the inspiration of your Holy Spirit
and the light of Christ in their hearts.
Help them to recognise the opportunities you provide,
to respond to your guidance and so faithfully to proclaim the good news.

Lord, in your mercy,
hear our prayer.

For we ask it in your name. **Amen.**

CONFESSION AND ABSOLUTION

Leader and People

Have mercy upon us, most merciful God; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ. Amen.

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all
your sins, confirm and strengthen you in all goodness, and keep you in
eternal life; through Jesus Christ.

People: Amen.

The Peace

Celebrant: The peace of Christ be always with you.

People: And also with you.

THE HOLY COMMUNION

Offertory Hymn: Save Us, O Lord, Carry Us Back

B. Dufford

The Great Thanksgiving Supplementary Eucharistic Prayer 2 (S2)

Celebrant God be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to God.

Celebrant Let us give thanks to God.

People It is right to give our thanks and praise.

Celebrant Eternal God, Source of all being, we give you thanks and praise for your faithful love. You call us into friendship with you and one another to be your holy people, a sign of your presence in the world. When those we trust betray us, unfailingly you remain with us. When we injure others, you confront us in your love and call us to the paths of righteousness. You stand with the weak, and those, broken and alone, whom you have always welcomed home, making the first last, and the last first. Therefore we raise our voices with angels and archangels, forever praising you and saying

Sanctus - Land of Rest R442

Ho - ly, ho - ly, ho - ly Lord God of pow-er and
might, heav - en and earth are
full of your glo-ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the
Lord. Ho - san - na in the high - est, Ho -
san - na in the high - est.

Blessed are you, O Holy One. When you called Israel out of slavery, you brought them through the wilderness into the promised land. When your people were taken into exile you wept with them by the river Babylon and carried them home. At the right time you sent your Anointed One to stand with the poor, the outcast, and the oppressed. Jesus touched lepers, and the sick, and healed them. He accepted water from a woman of Samaria and offered her the water of new life. Christ knew the desolation of the cross and opened the way for all humanity into the redemption of your reconciling love. On the night he was betrayed, Jesus, at supper with his friends, took bread, gave you thanks, broke the bread, gave it to them, and said, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine, and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Loving and Holy One, recalling Christ's death and resurrection, we offer you these gifts, longing for the bread of tomorrow and the wine of the age to come. Therefore we proclaim our hope. Dying you destroyed our death, rising you restored our life. Lord Jesus, come in glory.

Pour out your Spirit on these gifts that through them you may sustain us in our hunger for your peace. We hold before you all whose lives are marked by suffering, our sisters and brothers. When we are broken and cast aside, embrace us in your love

Through Christ, with Christ, and in Christ in the unity of the Holy Spirit, all honour and glory are yours, O Source of all life, now and for ever. *Amen.*

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Fraction Anthem

WLP 874

Principal Canon

Who - ev - er eats this bread will live for - ev - er.

Who - ev - er eats this bread will live for - ev - er.

Secondary Canons

A
This is the true bread which comes down from heaven, and gives life to the world.

B
Who - ev - er be-lieves in me shall not hun-ger or thirst, for the
bread which I give for the life of the world is my flesh.

Invitation

Spiritual Communion

(Those watching at home, may, if they wish, say this prayer during the time of Communion.)

In union, blessed Jesus, with the faithful gathered at every altar of our Church where your blessed Body and Blood are offered this day, and remembering particularly my own parish and those worshiping there, I long to offer praise and thanksgiving for creation and all the blessing of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. And particularly for the blessings given me: (Here, those watching at home may add particular blessing for which they wish to give thanks). I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen

Communion Hymn Let Us Break Bread Together #325

1 Let us break bread to - geth-er on our knees; _____
 2 Let us drink wine to - geth-er on our knees; _____

let us break bread to - geth-er on our knees; _____
 let us drink wine to - geth-er on our knees; _____

Refrain
 when I fall on my knees, with my face to the ris-ing sun,

O Lord, have mer-cy on me. _____

3 Let us praise God to - geth-er on our knees; _____

let us praise God to - geth-er on our knees; _____

Refrain
 when I fall on my knees, with my face to the ris-ing sun,

O Lord, have mer-cy on me. _____

Words: African-American spiritual. Music: *Let Us Break Bread*, Afro-American spiritual; arr. and harm. David Hurd (b. 1950).

Postcommunion Prayer

Eternal God, your Son at supper prayed that the disciples might be one, as he is one with you. Draw us daily closer to him, that in common love and service to you we may be united with one another in your Spirit through the same Jesus Christ, your Son, our Lord. Amen

The Blessing

Go now,
 Not to serve yourself,
 But to serve others;
 Not to seek your glory, but the glory of God the Father;
 And so may all you are and do make him known,
 And the Blessing of God Almighty, Father, Son, and Holy Spirit
 Be with you always. Amen

The Dismissal

Closing Hymn 535 | *Ye Servants of God*

1 Ye ser - vants of God, your Mas - ter pro - claim,
 2 God rul - eth on high, al - might - y to save;
 3 Sal - va - tion to God who sits on the throne!
 4 Then let us a - dore, and give him his right:

and pub - lish a - broad his won - der - ful Name;
 and still he is nigh: his pres - ence we have.
 Let all cry a - loud, and hon - or the Son.
 All glo - ry and power, all wis - dom and might,

the Name al - vic - to - rious of Je - sus ex - tol:
 The great con - gre - ga - tion his tri - umph shall sing,
 The prais - es of Je - sus the an - gels pro - claim,
 and hon - or and bless - ing, with an - gels a - bove,

his king - dom is glo - rious; he rules o - ver all.
 as - crib - ing sal - va - tion to Je - sus our King.
 fall down on their fa - ces, and wor - ship the Lamb.
 and thanks nev - er - ceas - ing and in - fi - nite love.

Words: Charles Wesley (1707-1788), alt. Music: *Paderborn*, melody from *Catolisch-Paderbornisches Gesang-buch*, 1765; harm. Sydney Hugo Nicholson (1875-1947).

Postlude Go Now In Peace

N. Sleeth

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The Mission of St. Ambrose Church of Foster City

Is to proclaim the Good News of God in Jesus Christ as we care for each other and our larger community. We worship in the Episcopal and Anglican tradition, extending an open and inclusive invitation to all people, welcoming children into our church family and serving those in need.

Worship Leaders:

The Rev. Fr. Jason Lucas-Green, Rector
Frank Saunders, Organist
Maureen Fromme, Choir Director

Worship Leader Rota:

Intercessor
Warren Wong/Lector
Usher
Alison LeBlanc, Livestream Technician

ANNOUNCEMENTS

Pastoral Visits

Fr. Jason would love to come and visit you. If you would like a visit with Fr. Jason please use this link <https://calendly.com/frjason-1> or you can email him at Frjason@stambrosefostercity.org. Now that the holidays are over my goal this year is to meet and get to know the parish better.

Choir and Music Directors

Friends, with Frank announcing his retirement I have taken a look over our current staffing for our music directors. The common practice in the diocese is that the choir and music director be the same person. With that said, in our search for a new music director, we will be looking for a person who can do both organist as well as direct our choir. With that said, our amazing Choir director will be leaving us. Her last day will be August 31. I am so thankful to Maureen and Frank for the many amazing years of service to our community.

If you would like to be apart of the search committee for our new music director please let me know. frjason@stambrosefostercity.org

Bayview Mission Outreach for the Summer

Our outreach focus for this summer will be dental supplies for our friends at Bayview Mission. We are collecting toothbrushes, toothpaste (Travel size preferred), floss, and mouthwash (travel size). Please bring in your items and I will transport them to Bayview.

We also have purchased 60 laundry bags for our unhoused friends served by Bayview Mission. Many thanks in advance for your generosity.

Sunday School is back!

Teacher Fe and Teacher Raphaelle will conduct the class outdoors every week for children Pre-K and up. Class will offer story time, songs, and lots of fun! We are looking forward to seeing your kids, with their big smiles!

To support this program, we would like to engage our community. We are calling for helpers as we (Fe and Raphaelle) will each teach every other week and **will need one helper every week** (no special skills required).

Please reach to saintambrosesundayschool@gmail.com for more information.

St. Ambrose Choir

The choir will resume rehearsals on Thursdays at 7:30 p.m. We will be masked and correctly distanced, and would be happy for anyone who wishes to join us. If you wish to join us, please let Maureen know so she can prepare a folder for you. You may contact her at mhfromme@yahoo.com OR 415.990.6758.

Volunteers Needed

We are looking for volunteers for coffee hour, summer days and stewardship dinner. If you are interested, please contact me at valentin_fe@yahoo.com! *Thank you*

Coffee Hour

Join us for Coffee Hour after mass at 11:00 am in the courtyard. Coffee hour will be hosted by the Vestry on the first Sunday of the month. Please volunteer for the other weeks by using the link below or by the signup sheet in the Narthex by the Reflections & Gratitude Board:

Sign Up Genius <https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-coffee1>

Worship Leaders Needed

Please sign up as a Lector for our 8:30 am and 10:00 am Mass by emailing office@stambrosefostercity.org or the Church signup sheet.

We also need Worship Leader volunteers for our 10:00 am Mass. There are openings for Intercessors, Lectors, Greeters, Ushers and Acolytes, and Livestream Technicians. Contact us at office@stambrosefostercity.org or use the following link to signup: [Signup Genius](https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship) or Click on the following link

<https://www.signupgenius.com/go/60B0D4FA5A82CA0F94-worship>

Rides for Gene Hetzer

Gene Hetzer a longtime church member and Karl his guide dog need rides on an alternating basis from church members. Please contact Jim Neubert to schedule a day for driving.

Prayer Support Group

Every 1st and 3rd Sunday after the service at 11:30am, we will be meeting in the Fellowship Hall to have a prayer meeting. Please join us any time as you are able. For questions, please contact Daniel Tate at 650-799-7084, or dtate@ses.cdsp.edu

Prayer list: We pray especially for Yvonne Sidell, Jerelyn Weber, Charlene Adolph, Miles Martin, Barbara Milligan, Ed Avakoff, Max Gumbert, Isabella, Jerry Boykin, Carol Newman, Clara Padilla, Bettie Davis, Arjun Katyan, Janet Mc Annally, Elliott Dun, Alison LeBlanc, Ronnie Rosen, Leo Gauthier, Alice Deckel, Mike Frisch, and the pupils and staff of Sea Breeze School. ***For those who have died:*** Judi Guilford, John David Tate, Martin Gardiner

The Altar Flowers are donated by:

Nellie & Warren Wong - In loving memory of Nellies' parents, Herbert and Lily Gee

Don Gundry -In honor of Donald P and Joy V. Gundry's wedding anniversary - June 19, 1936

[Please contact the parish office to add any names of the sick and suffering to be prayed for in our monthly cycle of prayer.]